



This Month's Walks & Events:

Walking Week Events:

- 5/12, Mon, *DeForest Walk*, 1-1:30 registration,
Windsor Road & Bellflower Dr, DeForest, WI [add to calendar](#)
- 5/13, Tues, *Arboretum Walk*, 1-1:30 registration,
1207 Seminole Hwy, Madison/2880 Longnecker Dr., Madison [add to calendar](#)
- 5/14, Weds, *Holy Wisdom Walk*, 1-1:30 registration,
4306 Fox Bluff Court, Middleton, WI [add to calendar](#)
- (5/14, Weds, 6:30-7:30, Board Meeting via Teams)**
- 5/15, Thurs, *Beverage & Food Forage Walk*, **3:30-4:00** registration, no parking on
E. Washington in front of the building
The Marling Lobby, 1827 E Washington Ave, Madison, WI [add to calendar](#)
- 5/16, Fri, *Cambridge Walk*, 1-1:30 registration,
Keystone Grill, 206 W. Main St, Cambridge, WI [add to calendar](#)
- 5/17, Sat, *East Madison Parks Walk*, 1-1:30 registration,
Intersection of Milo Dr and Boynton Pl., Madison, WI [add to calendar](#)
- 5/18, Sun, *West Verona Walk*, 1-1:30 registration,
384 Breckenridge Rd, Verona, WI [add to calendar](#)

Year-Round and Seasonal Walks:

Don't forget to get out, solo or with friends, to any of our [club walks](#)!

Articles:

2025 Beverage and Food Forage - Walking Week - May 15, by Jerry Wilson

On Thursday, May 15, during the Dairyland Walkers Walking Week we will be doing the Beverage and Food Forage guided walk. Start time is 3:30pm allowing for all the businesses listed on the walk directions to be open for stops by our walkers.

We start at our apartment building, 1827 E. Washington Avenue, Madison. Parking has become more restrictive with the addition of new bus stops. We won't be able to park on

E. Washington Ave. between 3:00 - 6:00pm on the odd-side of the street. Parking is available on the other side of E. Washington Avenue, facing the Capitol, on street parking or in the city park's parking lot. Please use the crosswalk at the corner of 1st Street and E. Washington Ave. Parking is also available on E. Main St. behind the building.

We want to thank Nancy and Tom McVary, from Starkweather Brewing for coupons for 2 for 1 drinks, the brewery is situated along one of the 5 km walk routes, and the 10 km if walking both loops. When you pick up the walk directions please pickup a 2 for 1 card too. Registration and book stamping will be just off the lobby at 1827 !

Club Milestones, by Doug Wiest

The following are the milestones of club members as reported by the March 2025 issue of The American Wanderer:

Events		Kilometers	
75	Michael Roy	1,000	Michael Roy
100	Michael Roy	5,500	Beth Levers
325	Billy Levers	7,000	Kristina Kenyon
475	Beth Levers		
500	Beth Levers		
700	Mary Liebig		
800	Kristina Kenyon		
850	Kristina Kenyon		
1,150	Irena Paronis		
1,200	Susan McMahon		
1,200	Irena Paronis		
1,250	Susan McMahon		

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at douglaswiest@yahoo.com and they will be listed in the next Club Milestones list.

Madison Methodical Meanderers, by Melinda Morag (not a DW member...yet)

Hello Dairyland Walkers. Since your members like to walk, I thought some of them might be interested in a walking group I run.

The goal of the Madison Methodical Meanderers is to walk every street segment in the city limits of Madison, WI. We aim to understand our city and cultivate friendships by exploring together.

Weekly walks are typically 3-4 miles and systematically cover every street (cross streets and cul-de-sacs included!) in neighborhoods all across the city. So far, we've done about 25% of city road miles in just under two years (here's [our map](#)).

Our group aims to understand our city and cultivate friendships by exploring together. We talk while we walk and get to know each other. Conversations about urban form/planning/design, architecture, nature, and other geeky topics are especially encouraged! We point out interesting things to each other, read every plaque, and enjoy seeing pets in windows. We walk respectfully and safely. We do not trespass on private property or walk on streets that are unsuitable for pedestrians. Children and well-behaved, leashed dogs are welcome on walks.

If this sounds fun to you, you can e-mail me at melindamorang@gmail.com or join the [Facebook group](#), and I'll make sure you get the announcements about upcoming walks.

Come Walk in the Sunflower State!, by Terri Tyler

Volkssporters! Are you traveling to the 2025 AVA Convention? Depending on your state of residence, consider traveling to (or from) New Mexico via Kansas - the Sunflower State. The Sod Stompers of Topeka have set-up 5 seasonal events in southwest Kansas to help volkssporters have some opportunities to use those walking muscles as they drive towards Las Cruces.

The 5 "mini" seasonals are located in the cities of Great Bend, Larned, Garden City, Liberal, and Elkhart from April 1 to June 10. These communities are reachable by way of U.S. 50, 54, and 56. The towns of Great Bend and Larned are along US 56 - the Historic Route of the Santa Fe Trail. Remember your NPS Passport Book! Liberal is known for its annual Pancake Race and Wizard of Oz sites. Elkhart lies on the Kansas-Oklahoma border and qualifies for the Border Crossing Special Program besides a Rail-Trail. The Lee Richardson Zoo and "The Big Pool" can be enjoyed as you walk in Garden City. Four of these towns will have visible grain elevators as qualifiers for the "Monarch of the Plains" Special Program. All of these walks will have a physical start box. And some of the registration sites will be located at well-maintained motels in their communities - offering discounts to participants.

Now, if you plan your time and travels just right, you can participate in the Sunflower Sod Stompers annual "Huffin' and Puffin' on the High Plains of Kansas" weekend May 7-11. In the pursuit of walking the 105 counties, the club will offer 7 walking events that weekend in 6 "new" counties of the State. These traditional walks will be in Pratt, Saint John, Greensburg, Kingsley, Jetmore, Cimarron, and Dodge City. These sanctioned events are also located in the southwestern part of the State for your convenience. The above mentioned towns are county seats so businesses are based around government, besides farming and ranching, mining, oil, railroading and associated businesses.

Although some of the walking communities are not heavily populated, all of them should provide some interesting sites, histories, and charm for participants. Walkers are invited to come and take-part and enjoy the small towns located on America's High Plains. These traditional events will have a variance of qualifiers for current AVA Special Programs. Two sanctioned swims will be available through the weekend for those who enjoy that aspect of folksporting.

The walking routes will feature local business areas besides well-kept residential sections. Courses are fairly flat but there are some inclines especially in Dodge City. Be prepared to be walking in some full sun even though you will be doing town routes on streets that are tree-lined. The low humidity and the ever-blowing winds in Kansas can dehydrate the body while on the trails so bring your water bottles. Of course the Sod Stompers will have water stops/checkpoints along the way. Conveniences can be rather limited in these communities so take advantage when available.

The Sunflower Sod Stompers would appreciate your support for their efforts. Motels and group meals have been arranged for participants who are attending the traditional May "Huffin' & Puffin'" walking-weekend. If you have any questions regarding these Kansas events, contact Terri Tyler by e-mail: tltyler50@gmail.com. Sarah Long at s.glong@att.net can also provide information for these events.

AVA's Mailing Address, by Kristi Kenyon

In October 2024, AVA moved their headquarters to 1032 S Alamo St, San Antonio, TX 78210. When you are sending in your books, make sure to use this new address. Kristi Kenyon has stickers with the new address that can be affixed over the old one on your books so you'll have the right information once your book is complete. Find Kristi at an upcoming event.

Meeting Minutes:

Pending board approval, here is the [link](#) to minutes from the most recent club board or

membership meeting.