



This Month's Walks & Events:

6/7/25, Saturday, Picnic Point Walk & Eat, 8:45 register, 9:00 start [Add to Calendar](#)

6/11/25, Weds, Membership Meeting & Ice Cream Social, DeForest [Add to Calendar](#)

5:00 registration, 5:30 walk,

6:30-7:30 meeting & social

6/14/25, Saturday, Watertown Walk, 8-11:00 registration, finish by 2:00 [Add to Calendar](#)

Articles:

Picnic Point 10k Walk & Eat Saturday June 7, by Mary Liebig

Meet at the start point inside the lobby of the Best Western Plus InnTowneR, 2424 University Ave. around 8:45 a.m. to register and we'll plan to start walking at 9 a.m. A parking option is our lunch location, the Blue Moon Bar & Grill at 2535 University Ave. The Blue Moon opens at 11 a.m. and should be able to accommodate our group.

Join Us For a Walk and Ice Cream Social - Wednesday, June 11, by Kristi Kenyon

Wednesday June 11 will be our June Membership meeting. We'll walk the DeForest Year-Round 6K followed by an Ice Cream Social. Meet at the Western Green Park Shelter, 417 Acker Pkwy, DeForest. Arrive 5:00-5:30 to register. The group walk will start at 5:30 PM. After the walk, enjoy an Ice Cream Sundae provided by the club.

Can't make it by 5:30 PM for the walk? Arrive around 6:30 PM for ice cream! Contact me with questions. Text 608-643-9913 or email kensinginn2006@yahoo.com. Hope to see you in DeForest!

Monday Night VIP Walks, by Kristi Kenyon

Join us this summer for Monday night VIP walks! We will be walking our 12 Madison area year-round events. Those who attend can work on filling a VIP book and earn a free AVA book (\$6 value)! Find all the details [here](#).

All walks are Monday nights with registration starting 6:00 PM and the walk starting at 6:30 PM.

Most walks allow leashed pets, except in buildings. Let walk leader know if you need assistance with registration.

West Towne Mall has not been scheduled. For extremely bad weather, we may opt to walk at West Towne.

Any changes or cancellations will be posted to the Event listing on Facebook by 5:30 PM on the day of the event.

Follow the Dairyland Walkers on Facebook! by Kristi Kenyon

If you didn't know, the Dairyland Walkers has a Facebook group. Search for "Dairyland Walkers" and click Join. We do post all our Events in the Facebook group. We'd love to see more activity in the group. We welcome pictures from our walks. Feel free to use the group to connect with other members for walks and carpooling. The Event listings are also a good place to find any last minute changes to Events. We'd love to see you join!

What a Week!! by Don Suloff

What do copper mines, cliff dwellings, "Black Jack" Pershing, highways closed by dust storms and missile testing, a hermit's cave, Billy the Kid, Geronimo, the Border Wall, pistachio orchards, and shoes full of sand have in common? These experiences and exposures were all enjoyed (or tolerated) by the participants in the 23 rd Biennial American Volkssport Association Convention held in Las Cruces, New Mexico in late April and early May. The 277 attendees from over 30 states enjoyed walks in Juarez, Mexico; El Paso, Texas; and Silver City, Mesilla, Las Cruces, and Socorro, New Mexico. When not walking, participants enjoyed historical presentations, delightful meals and entertainment, and making new friends and renewing old acquaintances from around the country. Now, what do Norman, Oklahoma; Rogers, Arkansas; and Springfield, Missouri have in common? They are the three candidates for the next convention to be held in 2027. This should definitely be on your bucket list! If you need further encouragement, ask one of the 20 Dairyland Walkers (that's right—20!) who attended the Las Cruces convention if they felt the trip worthwhile. You might also ask them for further clarification concerning the events mentioned in the first sentence! See you in Norman, Rogers, or Springfield in 2027!!





City of Rocks State Park, photo credit: Don Suloff

Thumbs up for the City of Rocks, photo credit: Don Suloff

Remains of an old resort at Dripping Springs, photo credit: Don Suloff

Juárez Mexico, photo credit: Don Suloff

Trekking into White Sands NP, photo credit: Don Suloff

Dairyland Walkers at Dripping Springs in the Organ Mountains - Beth Levers, Ben Levers, Patrick Jones, Bill Levers, Samantha Stegura, Gary Wensing, Don Suloff, Kristi Kenyon. Photo credit: Patrick Jones

White Sands National Park - Patrick Jones, Kristi Kenyon, Gary Wensing, Pam Wilson. Photo credit: Patrick Jones

Juarez Mexico - Gary Wensing, Kristi Kenyon, Samantha Stegura, Patrick Jones. Photo credit: Kristi Kenyon

Walking Week Fun, by Kristi Kenyon

Thank you to all who joined us for Walking Week! We had 9-16 participants each day with a total of 83 for the week.

We enjoyed walks all across the Madison area. From the Upper Yahara River bike trail in DeForest to the CamRock bike trail in Cambridge. From the natural trails at UW-Madison Arboretum to the natural trails at Holy Wisdom in Middleton. From the parks and homes on Madison's East side to the parks and homes on Verona's West side. Our Madison Beverage & Food Forage walk was cut short by rain and hail, but we made it to Starkweather Brewing Company (SwBC) before the worst of the storm. We enjoyed beverages and food made sweeter with discounts provided by club member and SwBC owner Nancy McVary.

Many thanks to our trail master, Don Suloff, and our walk leaders, Mary Liebig, Patrick Jones, Don Suloff, Jerry and Pam Wilson, Chris Flessert, Jill Ruef, and Kristi Kenyon, without whom these events would not have been possible.



Picture: Walking Week West Verona - Kristi Kenyon, Jill Ruef, Dennis Krautkramer, Tina Marie Maes, Terry Perlis, Don Suloff, Beth Levers, Bill Levers

Walking, by Ed Reid

As I move into old age it is very clear how beneficial walking has been to a healthy me! Keep on getting out of that soft comfy chair and give yourself a huge gift of health. No one can do it for you. Thanks to all of you for the gift of a great walking club!

Membership Update, by Mary Liebig, Membership Coordinator

Please welcome the following member who's joined our group since our last newsletter:
Ellen Healy, Windsor, WI

AVA's Mailing Address, by Kristi Kenyon

In October 2024, AVA moved their headquarters to 1032 S Alamo St, San Antonio, TX 78210. When you are sending in your books, make sure to use this new address. Kristi Kenyon has stickers with the new address that can be affixed over the old one on your books so you'll have the right information once your book is complete. Find Kristi at an upcoming event.

Meeting Minutes:

Pending board approval, here is the [link](#) to minutes from the most recent club board or membership meeting.