



Please note, at the end of this mailing you will find a link to the most recent Dairyland Walkers meeting. To limit the number of mailings you receive from us, we will be adding meeting minutes to the Month Ahead mailing.

This Month's Walks & Events:

2/1 (Sat) 10:00am West Towne Indoor Mall Walk (meet at the food court) [Add to Calendar](#) 17

Articles:

New Middleton Walk, by Don Suloff

The Middleton walk has a new 10K route which is substantially different from the 2024 route; however, to provide options for frequent walkers, the 2024 directions have been retained in the start box. Either route may be walked for credit. The new directions are on a different paper color.

Changed Date for Pie Walk, by Don Suloff

The pie walk has been moved from March 15 to March 8. I'm changing the date since the library start point is not available on the 15th but is on the 8th.

Walking Botanical Gardens, by Mike Roy

While traveling, a favorite past-time of mine is discovering and walking botanical gardens. Admittedly, many (probably most) botanical gardens are not included in registered AVA walks, so you cannot earn events or kilometers for time spent walking most gardens. But they do provide a new perspective to any area you might visit; and some gardens are located very near a registered walk and thus make an enjoyable detour. Walking the large gardens, and there are many worldwide—Kew near London, Melbourne or Sydney, Kyoto or Tokyo, Hamilton or Wellington, for example—occupies many hours and kilometers. Both larger and smaller gardens are often co-located with historic sites, hiking trails, shorelines, river walks, university campuses and shopping areas. For most gardens there is a small fee, many are free and only a few in large urban areas charge significant entry. Today it is a simple task to locate a garden before travelling or, using a phone or

hotel computer, to identify it upon arrival. All provide information on public transportation, parking and nearby activities or restaurants and a garden map. Botanic gardens are beautiful in any weather and, if it happens to rain or you become chilled there are usually "glass houses" nearby, toasty-warm and open to view exotic plants. And gardens often offer the finest gift shops in town; some have excellent cafes or diners. So, on your next trip, add an extra day or half-day to walk the local botanic garden.

AVA's Mailing Address, by Kristi Kenyon

In October 2024, AVA moved their headquarters to 1032 S Alamo St, San Antonio, TX 78210. When you are sending in your books, make sure to use this new address. Kristi Kenyon has stickers with the new address that can be affixed over the old one on your books so you'll have the right information once your book is complete. Find Kristi at an upcoming event.

Meeting Minutes:

Pending board approval, here is the [link](#) to minutes from the most recent club board or membership meeting.