



Spring has sprung, and Dairyland Walkers' thoughts turn to getting out and getting walking stamps! That said, this monthly round up is a couple of days early, to let you plan for our April events!

This Month's Walks & Events:

4/5 (Sat), 9:30am, Troll Stroll (see below for details) [Add to Calendar](#) 

4/19 (Sat), 8:45am, Civil War Walk & Eat (see below for details) [Add to Calendar](#) 

Articles:

Join us for a Troll Stroll in Mt Horeb! By Kristi Kenyon

Saturday, April 5, we will have a guided 5K group walk in Mount Horeb, the Troll Capital of the World. This is a great opportunity to earn a stamp in your Walking with the Wild Things special program book. Other special programs include Rails-to-Trails, Step to the Beat, Town Halls/City Halls, and Walking with America's Veterans. The walk will use the Military Ridge State Trail as well as downtown streets. We will pass many of Mount Horeb's famous trolls. We will meet at the Old Trail Depot Shelter on 2nd Street, between Front and Lincoln Streets, in Mount Horeb, across 2nd Street from Brix Cider. There is parking at the shelter lot and on the street. Registration starts at 9:30 AM. We will start walking at 10:00 AM. The walk will use the Traveling Guided Walk stamp. Walk fee is \$4. Dairyland Walker Frequent Walker Coupons may not be used for this walk. After the walk, join us for a beverage or lunch at The Grumpy Troll.

Saturday, April 19 Madison Civil War Walk & Eat, by Mary Liebig

Join the Dairyland Walkers for the Civil War Walk on the near West Side of Madison on Saturday morning, April 19. We'll meet at the start point of the Civil War Walk, inside the lobby of the Best Western Inn Towner, located at 2424 University Ave at 8:45 a.m. to register for the walk and start walking at 9 a.m.

A parking option is our lunch location, the Blue Moon Bar & Grill at 2535 University Ave. The Blue Moon opens at 11 a.m. and should be able to accommodate our group.

Year-Round and Seasonal Walks, by Pam Wilson

Now that you have the choice of our year-round and seasonal walks, take advantage of any beautiful spring days to get out on your own (or with a walking buddy) to check off one of our many club walks! Can you add one more beyond your 2024 walks total? Please note a couple of corrections to the chart sent in December...

<i>Year-Round Walks:</i>	<i>Seasonal Walks (April-December):</i>
DeForest Madison - Arboretum Madison - Capitol Madison - Civil War Madison - Eastside Madison - Monona Bay Madison - Picnic Point Madison - West Side Parks Madison - West Towne Mall Middleton Monona Verona Walk	Appleton Baraboo - Devils Lake State Park Cedarburg Eau Claire Fond Du Lac Janesville Kaukauna (starts July 1 this year only, due to construction) La Crosse Lake Geneva (April - October) Milwaukee Neenah Oshkosh Port Washington Quincy Walk (April - September)

May Walking Week

May is National Walking Month and the Dairyland Walkers are celebrating it in grand fashion! We have a week designated in May, Monday May 12 through Sunday, May 18 when we'll have a guided walk every day.

The guided walks will be 5k and mostly in natural settings. All of the walks, with the exception of the Beverage and Food Forage walk will have registration from 1:00 p.m. to 1:30 p.m. with the walk starting at 1:30 p.m. Registration for the Beverage and Food Forage walk on the near east side of Madison is from 3:30 p.m. to 4:00 p.m. with the walk starting at 4:00 p.m. Those wishing to walk a 10k on their own may have that choice on some of the walks.

Here is a list of the walks offered:

Monday May 12 - Upper Yahara River Trail, DeForest

Tuesday, May 13 - Arboretum, Madison

Wednesday, May 14 - Holy Wisdom Walk, Middleton

Thursday, May 15 - Beverage & Food Forage Walk, Madison
Friday, May 16 - Cambridge Walk
Saturday, May 17 - East Side Parks Walk, Madison
Sunday, May 18 - West Verona and Epic campus, Verona
Click [here](#) for more details such as start points and parking.

Stores Corner, By Kristina Kenyon

2024 VIP Finishers

Congratulations to 12 walkers that completed our Volkssport Incentive Program (VIP) for 2024!

The 2024 VIP goal was to complete any 12 of our 25 Year-Round/Seasonal walks. The reward for completion was any IVV/AVA achievement book of their choice (a \$6 value). As an added incentive, participants could choose to complete the program a second time to earn a second IVV/AVA achievement book, participating in 12 walks not completed the first time. The program could be completed multiple times. Five walkers participated multiple times as denoted in parentheses behind their names.

Completed 24 walks

Beth Levers
Chris Flessert
Jerry Wilson (1.5)
June Quesnell
Kristina Kenyon (1.5)
Pam Wilson (1.5)
Patrick Jones (3.5)
Samantha Stegura (2)

Completed 12 walks

Beth Halverson
Don Suloff
Mary Liebig
Jill Ruef

Great job everyone and thank you for supporting the Dairyland Walkers!

New for 2025 - We now have 26 Year-Round and Seasonal walks, 12 in the greater Madison area, and 14 further away around the state. It's easier than ever to complete the first VIP book staying in the Madison area! The first book requires 12 walks, then the second book requires 12 of the 14 not walked with the first book. You may still complete the program multiple times. Pick up a 2025 VIP book at most events or contact me. 2025 Frequent Walker Coupons can be used for physical start box registrations at these 26 Year-Round and Seasonal walks. Coupons are \$30 for 10 coupons, a savings of \$1 per walk. We'd love to see more folks complete this program and earn free IVV/AVA achievement books!

Watch the news for Monday night VIP walks coming this summer. Details coming soon.

Let me know of any questions you have about our Frequent Walker Coupons or VIP program.

AVA's Mailing Address, by Kristi Kenyon

In October 2024, AVA moved their headquarters to 1032 S Alamo St, San Antonio, TX 78210. When you are sending in your books, make sure to use this new address. Kristi Kenyon has stickers with the new address that can be affixed over the old one on your books so you'll have the right information once your book is complete. Find Kristi at an upcoming event.