



Madison Area Volkssport Association Newsletter



November-December 2024 www.dairylandwalkers.com Vol 2024-06

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Club Events

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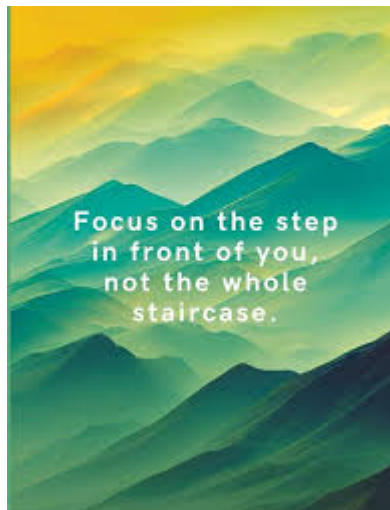
November

9 (Sat) Veteran's Week Walk 

December

8 (Sun) Holiday Party 

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Updates from POC's (Points of Contact)

Year-Round Walks:

[DeForest](#): No update
[Madison - Arboretum](#): No update
[Madison - Capitol](#): No update
[Madison - Eastside](#): No update
[Madison - Monona Bay](#): See [article below](#)
[Madison - West Towne Mall](#): No update
[Middleton](#): No update
[Monona](#): No update
[Verona Walk](#): No update



Seasonal Walks:

[Appleton](#): No update
[Baraboo - Devils Lake State Park](#): No update
[Cedarburg](#): No update
[Eau Claire](#): No update
[Fond Du Lac](#): No update
[Janesville](#): No update
[La Crosse](#): No update
[Lake Geneva](#): No update
[Madison - Civil War](#): No update
[Madison - Picnic Point](#): No update
[Madison - West Side Parks](#): No update
[Milwaukee](#): No update
[Neenah](#): No update
[Oshkosh](#): No update
[Port Washington](#): No update
[Quincy Walk](#): No update

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Veteran's Week Walk - Saturday, November 9, 2024

By Jerry Wilson

Fun and Fitness, Honor the American Veteran: The Dairyland Walkers will hold their traditional November walk on Saturday, November 9th honoring military veterans. We start walking from the Concourse Hotel, at 1 W. Dayton St., Madison, the home to the WI Capitol Walk start box. The start point will be open 9:30 - 11:30am. 10K walkers can begin once registered, but we encourage starting around 10:00am at the earliest. The finish point opens no earlier than 12:00pm Noon for food and bar service. 5K walkers should start around 10:30 or a little later.

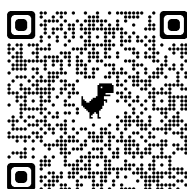
The finish table will be open at Plaza Tavern, 319 N. Henry St., Madison, in the backroom a little after 12:00pm Noon. Please finish by 1:00pm. Shops and restaurants along State St. will be open to return to after checking in at the finish table!

While walking, if it is cold outside, please take advantage of the warmth of the Capitol building, Veterans Museum, Chazen Museum, the Memorial Union and the Finish location. **Friendship and Food:** Come early and purchase coffee at Starbucks inside the Concourse Hotel, or plan lunch after finishing the walk, along State Street, around the Capitol Square area or at Plaza Tavern. This will also be the last Saturday Dane County Farmers Market for 2023, hours: 6:15am - 1:45pm.

5 KM Walk Directions QR Code

10 Km Walk Directions QR Code

From each you can open the map while walking.



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Opt Outside Arboretum Walk - Friday, November 29

By Kristi Kenyon (Copied heavily from Mary Liebig's 2023 article)

Join the Dairyland Walkers as we Opt Outside to do the Arboretum Walk as a group on Black Friday, the day after Thanksgiving, on November 29. We'll plan on meeting at the start point of the Arboretum Walk, Colectivo Coffee, located at 2530 Monroe St. in Madison at 8:45 a.m. to register for the walk and start walking at 9 a.m. Join us after the walk for a bite to eat at Colectivo.

#OptOutside was started by REI in 2015 when they closed their stores on Black Friday, paid their 12,000 employees to spend time outside, and invited other Americans to join them. In 2016, the AVA: America's Walking Club joined the effort and has participated the last eight years. Although REI is no longer running this campaign, the AVA is still encouraging clubs to continue this initiative because of the success that clubs have had getting people to walk with us as well as the awareness it generates for the AVA.

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Moving Beyond the Bi-Monthly Newsletter

By Pam Wilson

This will be the last issue of our bi-monthly Dairyland Newsletter...but, **FEAR NOT**, you will still be informed and updated! Given the bi-monthly timing, sometimes news comes too far in advance and may be forgotten by the time of the event; other times, the news comes with barely enough time for individual walkers to be able to attend. So, in the future, we will send more timely emails, specific to needs. Hoping to keep you *better* informed, and hopefully enabling increased attendance for our walks and events, you can expect the following on-going communications in the future:

- Our annual plan of walks, including seasonal, year-round, and special events.
- Monthly notice (as needed) with articles, welcome to new members, acknowledgement of milestones.
- Monthly request for articles.
- For walks and club events, including meetings, you will get a "save the date" as far in advance as practical, PLUS a timely reminder a week or two before the event.
- Links to meeting minutes as soon as they are available.
- A year in review archive of our events.

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AVA Completed Achievement Books

By Jerry Wilson

Jerry and Pam will be driving down to San Antonio TX in February and will be turning in an envelope with our completed AVA achievement books (distance and event). If anyone wants to send completed books with us to avoid some postage cost and inconvenience, while feeling more comfortable that completed books are delivered, we will take other envelopes with us. Details:

- Complete your filled (completed) books with identification information and totals.
- include your AVA Achievement Record Book(s).
- Put all in a large envelope. We use the 8 & 1/2 by 6 inch envelopes.
- Bring the envelope to the holiday party on December 8th to be collected.

Walkers may not get the returned books any faster, but this is one way to get the books in for processing.

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Time To Mark Your 2025 Calendars

By Don Suloff

As we wrap up our 2024 walks, it is not too soon to start thinking about our walking opportunities for next year. I encourage you to mark your 2025 calendars with the following special walks, but be sure to include our diverse program of year-round and seasonal events mixed in with our guided walks. There will be a lot of steps available for you in the next year!

First of all, we will NOT be having traditional walks in April, or July as we cut back a little on our weekend walks. However, note that a spectacular series of walks will be available in April as the biannual national convention is held in Las Cruces, New Mexico, from April 28 through May 2. Consider joining other Dairyland Walkers in attending this fun event.

With snow still on the ground, our first walks will be on January 11 at East Towne Mall and February 1 at West Towne Mall. Those will be followed by our annual Pie Walk on March 15—a can't miss day! During the week of May 12 - 18 the Dairyland Walkers will hold daily guided walks featuring a series of favorite walks from years gone by. Then on June 14 we will return to Watertown for the first time in sixteen years. Our annual club picnic and walk will be on August 13, followed on September 13 with our 30th anniversary walk. A location has not yet been determined for this walk, but the date is one to be noted. With fall weather returning, we will head for Whitewater on October 4, followed by our annual Veterans Walk which will be held on both November 8 and 9 to offer a bit of flexibility. The year will then conclude with our club Christmas party on December 7.

Support your Dairyland Walkers club by noting and attending as many of these walks as you can. [return to contents](#)

Holiday Party and Walk

By Mary Liebig

Join the Dairyland Walkers as we celebrate the holidays with a 5k walk, membership meeting, and potluck. The event will take place on Sunday, December 8 at the Goodman Community Center located at 149 Waubesa St. in Madison.

We'll be doing a 5k version of the Madison Eastside Walk; arrive around 2:30 p.m. to register if planning to walk. The guided walk will start promptly at 3:00 p.m. and Frequent Walker coupons may be used. A membership meeting will follow at around 4:15 p.m. and after that will be a potluck. Board members will be bringing chili; bring a dish to complement the chili and your own drink.

There'll be an opportunity to hear of plans for 2025, purchase 2025 Frequent Walker coupons, and pay 2025 membership dues.

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September 2024 Walk Weekend Recap

By Chris Flessert

Our September Walk weekend was enjoyed by all who participated. On Saturday, September 21, the last day of summer, was sunny and warm, which added to the richness of the Manitowoc Walk. We enjoyed watching the S.S. Badger car ferry sail across Lake Michigan returning to Manitowoc from Ludington, Michigan. Walkers walked by the docked S.S. Badger car ferry as they loading for their journey back to Ludington. Many walkers stopped to enjoy lunch, or an ice cream treat at Beerntsen's Confectionary in downtown Manitowoc. Towards the end of the walk, Cedar Crest ice cream store beckoned walkers to stop by to enjoy an ice cream treat. Twenty-one walkers enjoyed the 6k and 10k Walks.

On Saturday evening, we had an enjoyable group dinner at Luigi's Italian Restaurant where we caught up with friends and shared our walking adventures.

Sunday, September 21 (first day of Autumn) greeted us with drizzly rain. The Two Rivers Walk was enjoyed nonetheless by 19 hardy walkers. Continuing with our food theme, walkers walked past the Washington House Museum which claims that the ice cream sundae was discovered by George Hallauer in 1881. The U.S. Coast Guard station was on the route as well as the "Best Beach in Wisconsin", Neshotah Beach. Rogers Fishing Village along the East River provided a look into the history of the Two Rivers fishing industry, which is still ongoing.

If you missed these walks, make sure to mark your calendars to join us for walks in other parts of our wonderful, scenic state.

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Gundlach's Complete 50 State Program

By Mary Liebig

Congratulations to Tom and Tricia Gundlach who completed walking in all fifty states in Honolulu, HI earlier this year. They always loved to travel and enjoyed doing AVA walks wherever they went. Memorable walks were Bryce Canyon, Georgetown, Alaska, Boston, and San Francisco. Walking gave them a great opportunity to see a place from the eyes and route of a local person. As Tricia said, "You really get a feel for a place when you walk through it".

Tom became a travel agent after he retired from his state job and planned several trips for the club that took them to other states. Some of those trips were to Alaska in 2007 and 2014, Canada/New England in 2010, and a road trip to New Orleans in 2012. Both Tricia and Tom served on the Dairyland Walkers Board for a time, Tricia as the Volunteer Coordinator and Tom as the AVA Electronic Sanctioning Volunteer. Tricia is still the Point of Contact for the Monona Walk that goes right past their house.

The Dairyland Walkers appreciate their service to the club and congratulate them on their 50 state achievement!

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Club Milestones

By Doug Wiest

The following are the milestones of club members as reported by the September 2024 issue of The American Wanderer:

Events		Kilometers	
700	Patrick Jones	1,500	Elizabeth Halverson
1,000	Joan Miller	16,000	Evalee Dumas

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at douglaswiest@yahoo.com and they will be listed in the next Dairyland Walkers newsletter. [return to contents](#)

Stores Corner

By Kristi Kenyon

Hello Walkers!

Just a friendly reminder that the Stores has a variety of items for your walking needs. We have IVV/AVA books for Events and Distance for all levels. We also have a limited amount of IVV/AVA Bike Distance books. All IVV/AVA Books are \$6. We have a small supply of 50 States/51 Capital books that are only \$5 each. Need to protect your books? We have blue and red AVA Vinyl Book Covers for just \$3. Find me at an event or contact me via email or phone to purchase. I have some pins and patches for free or donation that I'll bring to the Holiday Party.

Submit your 2024 VIP Books

The Stores are loaded with IVV/AVA books just waiting for you to earn. Finish up your VIP books and redeem for a free IVV/AVA book - a \$6 value! Most of our Year-Round/Seasonal walks are open all the way to 12/31 so there is still time to take advantage of this program. 2024 Frequent Walker Coupons are still available; \$30 for a sheet of 10. When redeeming your VIP book, make sure to circle the AVA book desired on the back. Mail completed books to me or find me at an upcoming event for instant processing.

Prepare for 2025

Join us at the Holiday Party on December 8th. The Stores will have 2025 Frequent Walker Coupons for sale. Each sheet contains 10 coupons and costs \$30, which gives a savings of \$1 per Year-Round/Seasonal walk. 2025 VIP Books will also be available.

New AVA address

In October, the AVA relocated their offices. If you are redeeming any IVV/AVA books, please send to the new AVA office address: 1032 S Alamo Street, San Antonio, TX 78210 [return to contents](#)

Board Meeting Minutes 9/11/24—pending approval: Click to [link](#) to the minutes.

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