



Madison Area Volkssport Association Newsletter

November - December 2023

www.dairylandwalkers.com

Vol 2023-06

November Events

November 4, Saturday
Veterans Week Walk
10:00-11:30am Start
Finish After 12:00 Noon
But, Finish by 1:00pm
(See p. 2 and
Attachment C.)

November 8, Wednesday,
6:00pm DW Board Meeting
- Teams App. (See p. 1)

November 24, Friday Walk
Opt Outside - Madison
Arboretum Walk;
8:45am Register;
9:00am Walk (See p. 2)

December Events

December 3 Holiday Party -
Register for Walk,
3:00pm Guided Walk,
4:30 Meet,
Followed by a Potluck -
Bring a Dish to Pass and
Your Own Beverage
(Article p. 2)

December 31 - Last Day to
Walk Routes - 2023 Stamp

Upcoming January Event

January 20 East Towne Walk
Traditional Walk

Newsletter Contents

Page

- 1 Board Meeting - via Teams -
Wednesday, November 8
- 2 November 4 Veterans Week
Walk - Traditional
- 2 Opt Outside - Friday, Nov. 24
- 2 December 3 Holiday Party -
5 KM Guided Walk, Meet
and Potluck
- 3 A New POC is Needed for the
La Crosse Walk
- 3 2024 Walks Update
- 3 Iowa Walks Pictures
- 3 Two - A Quote of Note
- 4 Walk Box POCs
- La Crosse
- Lake Geneva
- All Other Seasonal Walks
- Madison - Capitol Walk
- 4 Club Milestones
- 4 Membership Update
- 4 A Quote of Note
- 4 A Quote of Note - Fall
- 5 2023 Freedom Fest Pictures
- 5 2023 DW Calendar-at-Glance
- 6 2024 Traditional Walk Dates

6-7 Attachment A

September 11 Board
Meeting - Draft Minutes

8-9 Attachment B

October 21 Annual
Membership Meeting
- Draft Minutes

10 Attachment C

Veterans Week Walk -
November 4 (See Article
Page 2)

Dates of Interest

November

- 2 Day of the Dead - Mexico
- 4 National Bison Day
- 5 Daylight Savings Day
- 10 Marine Corps Birthday
- 18 Apple Cider Birthday
- 23 Thanksgiving Day
- 24 Black Friday & Opt Out
Day (See page 2 Article)
- 25 Small Business Saturday
- 27 Full Moon - 3:16am CDT
Full Beaver Moon

December

- 7 Hanukkah Begins Sundown
- 13 National Cocoa Day
National Guard Birthday
- 15 Hanukkah Last Day
- 18 Bake Cookies Day
- 24 Christmas Eve
- 25 Christmas Day
- 26 Full Moon - 6:33pm CT
Full Cold Moon
- 31 New Years Day

NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for
January - February 2024
Newsletter
Deadline: December 20

Put an Article Specific Title
on the subject line, **not**
merely "Jan.-February"
Newsletter Article" or
"Next Newsletter",
and send articles to the
DW Newsletter email
address:

dairylandnews@gmail.com

Please send photos
separately.

This email account is
regularly monitored ten
days before and ten days
after a newsletter edition
is published.



November 8 Board Meeting Via Microsoft Teams - Wednesday, November 8, 6:00pm By Mary Liebig

The November Board Meeting will be held on Wednesday, November 8 at 6:00 p.m. via Microsoft Teams.
Contact Douglaswiest@yahoo.com if you would like to join us.

Veteran's Week Walk - Saturday, November 4, 2023

By Jerry Wilson

Fun and Fitness, Honor the American Veteran: The Dairyland Walkers will hold their traditional November walk on Saturday, November 4th honoring military veterans. We start walking from the Concourse Hotel, at 1 W. Dayton St., Madison, the home to the WI Capitol Walk start box. The start point will be open 9:30 - 11:30am. 10K walkers can begin once registered, but we encourage starting around 10:00am at the earliest. The finish point opens no earlier than 12:00pm Noon for food and bar service. 5K walkers should start around 10:30 or a little later.

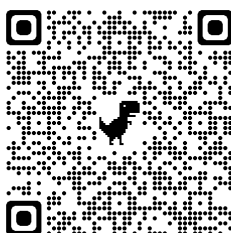
The finish table will be open at Plaza Tavern, 319 N. Henry St., Madison, in the backroom a little after 12:00pm Noon. Please finish by 1:00pm. Shops and restaurants along State St. will be open to return to after checking in at the finish table!

While walking, if it is cold outside, please take advantage of the warmth of the Capitol building, Veterans Museum, Chazen Museum, the Memorial Union and the Finish location. **Friendship and Food:** Come early and purchase coffee at Starbucks inside the Concourse Hotel, or plan lunch after finishing the walk, along State Street, around the Capitol Square area or at Plaza Tavern. This will also be the second to last Saturday Dane County Farmers Market for 2023. hours: 6:15am - 1:45pm.

5 KM Walk Directions QR Code

10 Km Walk Directions QR Code

From each you can open the map while walking.



Friday, November 24 - Opt Outside Arboretum Walk - Friday, November 24

By Mary Liebig

Join the Dairyland Walkers as we Opt Outside to do the Arboretum Walk as a group on Black Friday, the day after Thanksgiving, on November 24. We'll plan on meeting at the start point of the Arboretum Walk, Colectivo Coffee, located at 2530 Monroe St. in Madison at 8:45 a.m. to register for the walk and start walking at 9 a.m.

#OptOutside was started by REI in 2015 when they closed their stores on Black Friday, paid their 12,000 employees to spend time outside, and invited other Americans to join them. In 2016, the AVA: America's Walking Club joined the effort and has participated the last seven years. Although REI is no longer running this campaign, the AVA is still encouraging clubs to continue this initiative because of the success that clubs have had getting people to walk with us as well as the awareness it generates for the AVA.

Sunday, December 3 - Holiday Guided 5K Walk and Annual Club Meeting and Potluck

By Mary Liebig

Join the Dairyland Walkers as we close out the year with our annual Holiday Party on Sunday afternoon, December 3. A 5k guided walk will start at 3 p.m. from the Goodman Community Center located at 149 Waubesa St. in Madison. It'll be a 5k version of the Madison Eastside walk, so Frequent Walker Coupons can be used. The walk will start promptly at 3 p.m., so plan to arrive earlier to allow enough time to register. Following the walk, we'll have a short membership meeting starting around 4:15 p.m. The potluck dinner will follow the meeting; please bring a dish to pass and your own beverage.

Please consider bringing non-perishable food items to donate to the food pantry on-site.

New POC Needed - La Crosse Walk for 2024

A new POC is needed to tend to the LaCrosse Walk and walk box. This walk is a seasonal event which will start in 2024 on April 1st. Anyone interested should contact Chris Flessert at c.flessert@reagon.com. Duties would start prior to April 1st.

2024 Walk Updates By Don Suloff

Shortly after encouraging you all to mark your 2024 calendars with our club's walks, I need to inform you of a change to the previously provided schedule -- the West Towne Mall Walk is being moved from February 17th to March 2nd. In addition, we will hold the Fitchburg walk on both June 15 and 16 in order to provide options for the day of walking. We want to see if holding the walk on both weekend days increases overall attendance.

Finally, we have more information on our weekend of walking: the Manitowoc walk will be open for registration at noon on Saturday, September 21, and the Two Rivers walk will be open for registration at 8:00 am on Sunday, September 22. We will have a block of room reserved for the evening of September 21 in Manitowoc, and are tentatively planning a group dinner for that evening. All of this information, plus specific information for each walk, is now available on our club website which has been updated.

Iowa Walks By Chris Flessert

FYI: Tom McGill grew up in Rock Falls and Sheridan, Iowa. I took the attached pictures from the Rock Falls and Rock Valley walks for the newsletter.



A Quote of Note

"Yesterday's the past, tomorrow's the future, but Today is a gift. That's why it's called the present."

- **Bil Keane**

A Quote of Note

"With the new day comes new strength and new thoughts."

- **Eleanor Roosevelt**

Word From or For Your Walk Box POCs (Point of Contacts)

La Crosse Walk Box POC Needed

See Article on page 3. If interested, as soon as possible contact Chris Flessert at c.flessert@reagon.com.

Lake Geneva Walk Season Ended October 31

The Lake Geneva walk is annually sanctioned through October 31st. In 2024 walk the route April 1 through October 31

All Other Seasonal Walks (Excluding Lake Geneva)

All other Dairyland Walkers Seasonal Walks continue through December 31, 2023. Continue to get out there and enjoy!

Capitol - Madison Walk

Chazen Art Museum: Sunday tours have returned to the Chazen! Stop by the front desk at 12:00 Noon. Tours last up to 60 minutes and promote conversation and close looking as you explore works of art.

As many of you know street parking in downtown Madison is free on Sundays and legal holidays, making it in some ways the best day of each week to walk the Capitol Walk route.

Club Milestones

By Doug Wiest

There are no milestones to report for the November-December 2023 issue of the Dairyland Walkers newsletter. The change to the publication schedule for The American Wanderer (TAW) will not always align with our local newsletter publication schedule.

Membership Update

By Mary Liebig, Membership Coordinator

Please welcome the following member who's joined our group since our last newsletter:

Gail O' Brien, Prairie du Sac, WI

A Quote of Note



A Quote of Note - Fall

“Love the trees until their leaves fall off, then encourage them to try again next year.”
- Chad Sugg

2023 Freedom Fest in Virginia

Walking the 22nd Annual Freedom Fest routes was great. On so many routes you could see some of the monuments. We also added a night time dinner cruise of the Potomac River.



2023 Dairyland Walkers Calendar at a Glance

When in doubt, verify on AVA.org or dairylandwalkers.com The Membership Chairperson sends out an informative email each month, check it out! Group Walk opportunities are listed on page no. 1 and in more detail on pages no. 2, 3 and 4.

<p>Saturday, January 14 Wednesday, February 8 Saturday, March 18 April 1 - 7 Nat. Walk Week Saturday, May 20 Saturday, June 24 Saturday, July 15 Traveling Guided Walks: - Sunday, Oct. 1 - Monday, Oct. 2 - Tuesday, Oct. 3 - Wednesday, Oct. 4 - Thursday, Oct. 5 - Friday, Oct. 6 Saturday, October 7</p> <hr/> <p>Saturday, November 4 Traditional Walk Wednesday, November 8 (See Article page 1) Friday, November 24</p> <hr/> <p>Sunday, December 3</p>	<p>West Towne Walk East Towne Walk Middleton Pi Walk Seven Locations - Seven Days Historic Evansville Walk Sun Prairie Walk Greendale Community Walk</p> <p>East Side Park UW Campus Monona Bay Tenney Park Starkweather Creek Arboretum Trails Cherokee Marsh Walk</p> <hr/> <p>Veterans Week Walk 5km and 10km Options Board Meeting Via Teams (Article p. 1)</p> <p>Opt Outside Walk - Arboretum Walk</p> <hr/> <p>Club Holiday Walk, Party, December Meeting and Potluck</p>	<p>24 Walkers - Credit: 24 22 Walkers - Credit: 22 37 Walkers - Credit: 37 81 Walkers - Credit: 81 (Multiple Duplicates) 38 Walkers - Credit: 38 31 Walkers - Credit: 28; Non-Credit: 3 30 Walkers - Credit: 23; Non-Credit: 7</p> <p>14 Walkers 11 Walkers 10 Walkers 15 Walkers 9 Walkers 8 Walkers 29 Walkers - Credit: 29</p> <hr/> <p>Start Table: 9:30am - 11:00am <u>Finish No Earlier than 12:00 Noon</u>, but by 1:00pm 6:00pm - <u>Request Microsoft Teams Invite in Advance</u></p> <p>8:45am Register at Colectivo Coffee, 9:00am Walk</p> <hr/> <p>Goodman Community Center: Register Before 3:00p. 3:00pm Walk, 4:15pm Meeting, Potluck to Follow. Bring Dish to Pass and Your Own Beverage</p>
--	--	---

2024 Dairyland Walkers Traditional Walks Future Calendar

Saturday, January 20 Saturday, March 2 Saturday, March 16 April 1 - 7 Nat. Walk Week Saturday, May 18 Saturday, June 15 and 16 Saturday, July 13 Wednesday, August 14 Saturday, September 21 Saturday, September 21 Sunday, September 22 Saturday, October 12 Saturday, November 9 Sunday, December 8	East Towne Walk West Towne Walk Middleton Pi Walk Seven Locations - Seven Days Lodi Walk Fitchburg Walk Indian Lake Walk Annual Club Picnic Manitowoc Walk - Start Noon Evening: Group Dinner Two Rivers Walk - Start 8:00 - Noon Yahara Heights Co. Park, and Cherokee Marsh Veterans Week Walk-Madison Downtown Club's Holiday Party and Walk	Revised Date! Revised to Offer Walk on Both Saturday and Sunday

Attachment A

Minutes Pending Approval

**Dairyland Walkers Board Meeting
 Dairyland Walkers Board Meeting 11 September 2023
 Location: At everyone's home Via Microsoft Teams**

Call to Order 1800 hours (6 P.M.)

Approve/amend agenda - Adopted

Approval of the minutes of the 12 July 2023 Board meeting. Approved

Officer Reports

1. President: Doug - None
2. Vice President: Barb - Absent
3. Secretary: Jill - None
4. Treasurer: Kristi -

Balance 16 August 2023 \$6,743.61
TOTAL INCOME \$370.50
TOTAL EXPENSES \$462.00
Balance 11 September 2023 \$6,652.11

5. Director at Large: Kathy - None

6. Other Reports

- Membership Chair: Mary - None
- Sanctioned Event Coordinator: Chris - None
- Trailmaster: Don -- Moving Chris's walk weekend to June 29-30, 2024 and Patrick's Fitchburg walk to September 21st,2024
- Volunteer Coordinator: Samantha - None
- Publicity Chair: Jerry - Absent
- Newsletter Editor: Jerry - Absent
- Website Administrator: Kevin - None -
- AVA Website Coordinator: Kevin -- Finishing instructions for Monona Bay and Verona. Then submitting for On-line and physical box starts.
- Stores Manager: Kristi -- Buy buy buy.

7. Unfinished Business: Newsletter Articles (November)

Doug - Accomplishments,

Mary - Membership updates, Opt-outside and Holiday Announcement;

Don – Fitchburg and Weekend walks for 2024,

Patrick - Monona Bay and Verona walks starting 2024

8. New Business:

--Announcement of candidates for 2024 Dairyland Walker Officer Positions

President – Doug Wiest

Vice President - Patrick Jones

Secretary - Jill Ruef

Treasure - Kristi Kenyon

Director at Large - Kathy Hazard

--The Big Give donation

Motion approved to donate \$225 to the Big Give

1. Allocation of dollars for Holiday Party gifts: - Motion approved up for \$225 (gifts coupons and Kwik Trip gift cards).
2. Volunteer to reserve Membership Meeting locations in 2024 (Holiday party and Membership meetings):
Kathy volunteered to make the reservations.
3. DLW Board to meet in-person for fall planning/ brainstorming 2024 events: Before the Saturday October 21st Membership meeting, gather at the Free House Pub Parmenter St. 11:30 AM to have a casual discussion of ideas for group walks and events.
4. Make Fitchburg a two-day event, 21 & 22 of September 2024.
5. Proposal to have a walk in the Town of Quincy in 2024. This would be a seasonal walk from April through September. Optional for VIP book. On-line start box only.
6. AVA Walk week April 1 to 7th
7. Mary will include the October walk week information in her October email of events.

9. Adjourn 7:17 PM

1. -----

Next Board meeting – Wednesday, 8 November 2023, 1800 hours (6:00 PM) via Microsoft Teams.

Next (Annual) Membership Meeting – Saturday, 21 October 2023, 1430 hours (2:30 PM), Orchid Heights Park, Middleton.
5km guided walk beginning at 1300 (1 PM) to precede meeting.

Next Special Event Walks:

--North Central Region Adventure weekend, 15 through 17 September 2023

--Cherokee Marsh walk, 6098 N. Sherman Ave., Madison, Saturday, 7 October 2023

--Veteran's walk, Saturday, 4 November 2023

Next Saturday morning walking group walks:

--Devil's Lake seasonal walk, Saturday, 14 October 2023

Walk week 1-6 October

Attachment B

Minutes Pending Approval

Dairyland Walkers Annual Membership Meeting
October 21, 2023, 2:30PM
Location: Orchid Heights Park, Middleton, WI

Call to Order 1430 hours (2:30 PM)

Agenda additions/approval

Review 16 August 2023 General Membership Meeting minutes - Approved

Officer Reports:

1. President: Doug - Absent
2. Vice President: Barb - None
3. Secretary: Jill - None
4. Treasurer's Report: Kristi Absent
Balance 11 September 2023 \$6,652.11
TOTAL INCOME \$530
TOTAL EXPENSES \$376
Balance 21 October 2023 \$6,806.11

5. Director At Large: Kathy - Absent

6. Other Reports:

- Membership Chair: Mary - None
- Sanctioned Event Coordinator: Chris – Seasonal walks ending. Need ideas to increase walkers outside the Madison area.
- Trail Master: Don – Board approved three local sanctioned events;
 - (1) Monona Bay
 - (2) Verona
 - (3) Quincy (2nd & 3rd quarters only)
- Volunteer Coordinator: Samantha
- Publicity Chair: Jerry - Absent
- Newsletter Editor: Jerry - Absent
- Website Administrator: Kevin - Absent
- AVA Website Coordinator: Don - None
- Stores Manager: Kristi - Absent

7. Unfinished Business: None

8. New business:

Don - National is raising the cost of walks from \$3.00 to \$4.00. We need to evaluate the number of walks/walkers from prior years to determine if or how much we raise our walks for 2024.

9. Special Business:

- Election of DLW officers for 2024
President: Doug Wiest
Vice President: Patrick Jones
Secretary: Jill Ruef
Treasurer: Kristi Kenyon
Director at Large: Cathy Hazard,
Membership voted: Approved

10. Adjourn – 2:44 PM

Next Board Meeting: 8 November 2023, 1800 hours (6 PM), via Microsoft Teams.

Next General Membership Meeting & Christmas Party: 3 December 2023, Goodman Community Center, 149 Waubesa St., Madison, WI.

Next Special Event Walks:

--Veterans Weekend Walk, Saturday, 4 November 2023.

--East Towne Mall Walk, Saturday, 20 January 2024.

– Next Saturday "Walk & Eat" group walks: TBD

Attachment C November 2023 Traditional Event - Saturday, November 4, 2023**WHAT IS THE EVENT**

Walk through the upper floors of the State Capitol, then the Wisconsin Veteran's Museum. Continue through UW campus and State Street.

WHAT IS THE EVENT

Veterans Walk **Traditional Walk** **SN: 124125 - 2023**

WHEN IS THE EVENT

Starting Sat, Nov 4th, 2023 for 1 day

Start table open: 9:30 a.m. to 11:00 a.m., finish by 1 p.m.

WHERE IS THE EVENT

Madison, Wisconsin

The address/location to the start table is as follows:

1 W. Dayton St., Madison, WI - The Concourse Hotel

REASONS TO DO THE EVENT**Special programs**

Rockin' Around the Clock
Town Halls / City Halls

Walking the United States - Capitals

Walking with America's Veterans

CC: Dane County

Event comments Hotel parking is limited and with a charge. There are 5 public parking ramps within 3 blocks.

CONDITIONS FOR THE EVENT

Rating: 2B, Distance: 5, 10km Restrooms: Yes Pets: No Strollers: Medium Wheelchairs: Medium
Event information

The walk will include the State Capitol, the Frank Lloyd Wright-designed Monona Terrace Convention Center, a portion of the University of Wisconsin Campus, Madison's famed State Street, and will emphasize armed forces veterans sites including the upper level of the State Capitol building and the Veterans Museum. The walk ends at a local dining establishment where walkers can enjoy lunch.

Awards: IVV CREDIT ONLY**HOW TO GET TO THE EVENT****Driving to the start**

1 W. Dayton St. From I-90 exit W on US-12/18, proceed to John Nolen Dr. exit. At 5th light on John Nolen turn left on Broom St. Proceed to 3rd light, turn right on W Washington Ave. to Capitol Square. Turn right on Carroll St. one block follow the Capital Square around, turn right on Wisconsin Ave. to hotel on left. Hotel parking is limited and there is a charge unless you are a registered guest. Five (5) public parking ramps are within 3 blocks. One ramp is immediately past the Concourse Hotel front door, corner of N. Carroll St. and W. Dayton St.

EVENT SPONSOR

Madison Area Volkssport Assn. (AVA-0835) **Event website: www.dairylandwalkers.com**

POINT OF CONTACT

Jerry Wilson 608-695-6449