



Madison Area Volkssport Association Newsletter

September-October 2022

www.dairylandwalkers.com

Vol 2022-05

Sept.-October Events September

September 10, Saturday
Walk & Lunch -
Monona Walk
8:45am Register
(See Article Page 3)

September 14, Wednesday,
6:00pm
DW Board Meeting - Zoom
(See Article Page 1)

September 17, Saturday
Monroe Walk - Gree Co.
Cheese Days,
Start 8:00-Noon, Park at
Twining Park, 14th Avenue
(See article Page 2)

October

October 8 Saturday
Starkweather Creek Walk,
Start 8:00-Noon
(See article Page 2)

October 15 Saturday,
1:00pm 5 km Walk
2:00pm Membership
Meeting, Including
Officer Elections
(See Article Page 3)

October 22, Saturday Walk
& Lunch -Devil's Lake Walk
8:45am Register
(See Article Page 3)

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Days Walk - Monroe: Sept. 17

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October 8

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- Draft Minutes

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Meeting - Draft Minutes

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Days Walk in Monroe
(See Article Page 2) and
Attachment

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Oct. 8 Starkweather Creek
Walk (See Article Page 2)
and Attachment

Dates of Interest

September

Nat. Healthy Aging Month
National Guide Dog Month
2-3 Cow Chip Throwing -
Sauk Prairie
2 International Bacon Day
2 National Tailgating Day
5 Labor Day
8 World Physical Therapy Dy
20 Nat. String Cheese Day
22 Ice Cream Cone Day
13 Full Moon - 4:58am CDT

October

Learn to Bowl Month
Nat. Reading Group Month
1 International Coffee Day
1 World Vegetarian Day
7 World Smile Day
9 Full Moon - 3:54pm CDT
15 Nat. Cheese Curd Day
17 National Pasta Day
27 Black Cat Day
31 Halloween

February 2023:

19 - 23 IVV Olympiad
24 AVA Membership Meeting
24 - 26 IML - Texas Trail
Roundup



NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for
November-December 2022
Newsletter
Deadline: October 20

Put an **Article Specific Title**
on the subject line, **not**
merely "Sept.-October"
Newsletter Article" or
"Next Newsletter",
and send articles to the
DW Newsletter email
address:
dairylandnews@gmail.com

This email account is regularly
monitored ten days before and
ten days after a newsletter
edition is published.



September 14 Board Meeting Via Zoom By Barb Lund

The board meeting will be held on September 14 via zoom at 6:00. Contact Douglaswiest@yahoo.com if you would like to join us on-line..

Green County Cheese Days Walk - Monroe Walk - Saturday, September 17

By Jerry Wilson

Come walk in Monroe and enjoy Green County Cheese Days. Both routes start at a DNR shelter along the Badger State Trail just off 14th Avenue. To reach the start/finish table drive to Twining Park, 425 14th Avenue, Monroe and park in the first parking lot. Look for the AVA sandwich board signs. Once parked, cross the road to the DNR open shelter along the trail. This is a different starting point than we used in past walks, but it is almost in sight of the past start point. (Any one dropping off materials for the start point enter the small DNR parking lot off 16th St.)

The Green County Cheese Days are held every two years and are starting up again with the easing of COVID-19 restrictions. Come for the walk and enjoy the cheese! The city square will be filled with celebrations and options for cheese. Some locations serve Limburger cheese sandwiches, yum! Both routes (5km and 10km) take walkers past the Minhas Winery, Distillery and Brewery.

Bring your special programs books. We utilize portions of the Badger State Trail (Rails-to-Trails). We pass the City Hall (Town Halls/City Halls). I'm not a special programs expert but the F-86 Saber Jet we pass could possibly qualify for a stamp in your Walking with America's Veterans book. We didn't look, but there may be Lil Libraries along the route, this book needs to be redeemed by 12/31/2022.

Check in between 8:00 am and 12:00pm noon and complete your walk no later than 3 pm. (Walkers can always go downtown for a limburger sandwich after checking in after the walk!)

5 KM Walk Directions QR Code

10 Km Walk Directions QR Code

From each you can open the map while walking..



Starkweather Walk - Discover Madison's North Side - Saturday, October 8

By Don Suloff

Walk trails and sidewalks on the north side of Madison that are often unnoticed and seldom trod. Beginning in the parking lot for Madison College's Robin Robert's Field, the walk begins by passing through Madison College's main campus building and moving on to pass Truax Field. We then join the Starkweather Creek Bike Trail passing by several college athletic fields, the Bridges Golf Course, and a number of park areas before returning to the start point.

To reach the start point from Hwy 151 just south of it's intersection with Hwy 51, turn west on Wright Street and then left on Straubel Street, passing tennis courts to your right. On reaching a large parking lot look for the start point to your right in the parking lot.

Check in between 8 am and noon and plan to complete your walk no later than 3 pm.

October 15 Membership Meeting

By Barb Lund

A membership meeting will be held on Saturday October 15 at Orchids Heights Park around 2:00pm. This will be preceded by a 5k guided walk which starts at 1:00pm. Election of officers will be held at the meeting.

Group Walking Opportunities: Monona – September 10, Devil’s Lake SP – October 22**By Mary Liebig**

More Saturday Group Walk & Eat opportunities are coming up in September and October.

Saturday Walk & Eat Group**September 10 Monona 10k or 6k Walk**

Saturday morning, September 10 will find us walking in Monona. We’ll meet just inside the Monona City Hall/Police Station, the start point located at 5211 Schluter Road to register for the walk. Walkers should meet at 8:45 a.m. to register for the walk; plan to start walking at 9 a.m. After the Monona walk, we’ll eat at Tully’s II located at 6401 Monona Dr.

(near the intersection with W Broadway) Here is a link to their menu: <http://tullys2.com/menus.html>

October 22 Devil’s Lake State Park 10k or 6K, 5k Hike

Catch some fall colors with a hike at Devil’s Lake State Park in Baraboo on Saturday morning, October 22. We’ll meet inside at the Visitor’s Center on the North Shore at 8:45 a.m. to register for the walk. If interested, plan to eat at the Tumbled Rock Brewery & Kitchen located at S5718 State Road 136 & DL just outside the park. Here is a link to their menu:

<https://tumbledrock.com/>

If anyone would like to volunteer to lead the shorter routes of either the Monona walk or Devil’s Lake State Park, let me know and I will add that information in an email update. Also note that on both September 10 and October 22 the UW Badgers have home football games at Camp Randall that start at 2:30 p.m. Both the Monona and Devil’s Lake State Park locations should keep us away from the traffic near Camp Randall, plus give those interested a chance to watch or listen to the game after the walk.

A Sneak Peek at 2023 and Even 2024**By Don Suloff**

For those curious about where we will be walking in 2023, here you go with a peek ahead! After our traditional mall walks in January and February and our March Pie Walk, we will have a series of guided walks on some favorite trails over several weekends in April.

We will begin our core walking season with a return to Evansville in May followed by new walks in Sun Prairie, Greendale, and Cherokee Marsh in June, July, and October. In August we will have a special walk in association with the club’s picnic and we will encourage members to participate in the “North Central Choose Your Own Walk” sponsored by the Iowa Club in September. We will then wrap up the year with our traditional Veterans Walk in November and Christmas Party Walk in December.

And then . . . look ahead and plan to participate in a club-sponsored bus trip over Labor Day Weekend in 2024 which will include various walks around Lake Michigan highlighted by the unforgettable Mackinac Bridge walk.

Please actively support your club by participating in as many of these walks as possible! More specific information including walk dates will be in our next newsletter.

2023 IVV Olympiad and/or IML-San Antonio, TX**By Jerry Wilson**

According to the AVA website at AVA.org: Discounted registration fees are available until September 30, 2022. After this date, the registration prices increase.

On-line registration is open at AVA.org. See the IVV Olympiad and IML-Texas Trail Round-up block on the AVA home page.

Word From Some of Your Walk Box POCs (Points of Contact)

Compiled By Jerry Wilson

Madison-Capital Walk, By Jerry Wilson

Saturdays the Farmers Market is held on the capital square and inching its way down State St. Wednesdays there is also a smaller farmers market on Martin Luther King Jr. Blvd.

Oshkosh Walk, By Jerry Wilson

On Saturdays there is a farmers market that stretches for blocks. We walked this route in August and enjoyed the marketsights and sounds.



Neenah Walk, By Jerry Wilson

Saturdays there is a farmers market held almost directly across from the DW Walk start point.. We walked this route in August and enjoyed the city and the weather.



Oshkosh Walk, By Jerry Wilson

This seasonal walk has been sanctioned through October 31st, 2022. You'll want to finish this walk route in the next eight weeks Anytime of year this walk is great, Autumn is no exception..

Added Inducement to Do the Starkweather Creek Walk

By Jerry Wilson

Our Starkweather Creek walk brings to mind the nearby Starkweather Brewing Company, 2439 Atwood Avenue in Madison. While our walk doesn't go directly past the brewery, one of the owners, Tom McVary, wanted to add to the walker's enjoyment. He is sending a supply of cards to Buy-1-Get-1 with the purchase of a glass of delicious starkweather beer. Many of you know that Nancy McVary is a member of the Dairyland Walkers. Together they are treating our walkers! On Saturday, October 8th look for a Buy-1-Get-1 card at the finish table or seek out Jerry Wilson. Thank you, Starkweather Brewing Company.

Club Milestones

By Doug Wiest

The following are the milestones of club members as reported by the September 2022 issue of The American Wanderer and others:

Events			Kilometers		
100	Ellen Twing	1,500	Jogena Wiest	500	Ellen Twing
425	Paul Beck	1,600	Janice Jerabek	5,000	Paul Beck
575	Mary Liebig	1,600	Jogena Wiest	8,000	Chris Flessert
750	Chris Flessert	1,700	Jogena Wiest	11,000	Peggy Watts
850	June Quesnell	3,200	Douglas Wiest	11,000	Pam Wilson
1,000	Peggy Watts	3,300	Douglas Wiest	12,000	Pam Wilson
1,000	Pam Wilson	3,400	Douglas Wiest	14,000	Jerry Wilson
1,050	Pam Wilson	3,500	Douglas Wiest	15,000	Jerry Wilson
1,100	Pam Wilson	3,600	Douglas Wiest	25,000	Jogena Wiest
1,150	Pam Wilson			70,000	Douglas Wiest
1,300	Jerry Wilson				
1,350	Jerry Wilson				
1,400	Jerry Wilson				
1,450	Jerry Wilson				

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at douglaswiest@yahoo.com and they will be listed in the next Dairyland Walkers newsletter.

Membership Update

By Mary Liebig, Membership Coordinator

Please welcome the following member who's joined our group since our last newsletter:

- Deb Calder, Madison, WI

A Quote (or two) of Note

"Keep close to Nature's heart... and break clear away, once in a while, and climb a mountain or spend a week in the woods. Wash your spirit clean."

- John Muir

"In a gentle way, you can shake the world."

- Mahatma Gandhi

2022 Dairyland Walkers Calendar at a Glance

When in doubt, verify on AVA.org or dairylandwalkers.com The Membership Chairperson sends out an informative email each month, check it out!
 Group Walk opportunities are listed on page no. 1 and in more detail on pages no. 2, 3 and 4.

Saturday, January 15 Saturday, February 12	West Towne Walk; Register at Firestone East Towne Walk; Register at Firestone	28 Walkers - Credit: 16, 12 Freq. Walker Coupons 21 Walkers - Credit: 21
AVA National Walking Wk. Fri. April 1-Monona Walk Sat. April 2 - UW Campus Sun. April 3 - Pheasant Branch, Middleton Mon. April 4 - Mt. Horeb Tue. April 5 - Eastside Wed. April 6 Arboretum Trails Thur. April 7 Food & Beverage Walk, Mad.	AVA National Walking Week Existing YR Stamp Traveling Stamp Traveling Stamp Traveling Stamp Existing YR Stamp Traveling Stamp Traveling Stamp	AVA National Walking Week 10 Walkers 9 Walkers 18 Walkers 13 Walkers 12 Walkers 12 Walkers 9 Walkers Total + 83
Saturday, May 21 Saturday, June 25 Saturday, July 23	Verona Walk Waunakee Walk New Glarus Walk	34 Walkers - Credit: 34 22 Walkers - Credit: 22 31 Walkers - Credit: 31
Wednesday, Sept. 13 - Zoom Board Meeting Saturday, September 17	Via Zoom, Contact Doug Wiest for Invite Email (Article on page 1) Green County Cheese Days Walk, DNR Shelter Across from Twining Park, 14th Avenue, Monroe WI Lakeview Park, Middleton	6:30pm Via Zoom Invite Start 8:00-Noon; Finish by 3:00pm
Saturday, October 8	Starkweather Creek Walk - Madison Parking lot for Madison College's Robin Robert's Field Orchids Heights Park	Start 8:00-Noon; Finish by 3:00pm
Saturday, October 15 Membership Meeting		1:00pm Start 5 km Walk; 2:00pm Meeting, and Elections,
Saturday, November 12	Veterans Walk - Madison Start: The Concourse Hotel Finish: Plaza Tavern, backroom	
Saturday December 4	Holiday Party, 5 km Walk & Meeting	Goodman Community Center

Attachment A

Minutes Pending Approval

Dairyland Walkers Board Meeting

Via Zoom

13 July 2022

Location: At everyone's home **Via ZOOM**

--- AGENDA ---

Call to Order 1800 hours (6 P.M.)

Approve/amend agenda - Adopted

Approval of the minutes of the 11 May 2022 Board meeting. Approved

Officer Reports

1. President: Doug - None

2. Vice President: Barb – August membership meeting; checking with Russ & Karen if donating utensils. Orchard Heights shelter Oct 15 th Nominate Board members. 5k walk starts 1 pm, membership meeting 2:30pm

3. Secretary: Jill - None

4. Treasurer: Kristi –
Balance 8 June 2022: \$6,157.80
Income: \$664.00
Expense: \$90.73
Balance 13 July 2022: \$6,731.07

5. Director at Large: Kathy – Will try again for a spot at the wellness fair next year. Did not make the cut this year.

6. Other Reports

--Membership Chair: Mary - Award recognition committee in process.

--Sanctioned Event Coordinator: Chris – Has checked all walk boxes and updated current special programs.

--Trailmaster: Don – Walking Adventures (Vancouver, WA) visiting Devils Lake Wednesday, Sept 7 th . Our Club members are invited to walk with them. October 8th Stark Weather Creek. 2023 review of walks; West Towne (has construction), East Towne (use Traveling Guided Stamp (TGS)), March

- Pie walk using Library, April - Walk Week (use TGS), May - Evansville walk (Diane & Joanne), June - Sun Prairie (Mary) Strawberry Fest, July - Greendale (Riyeff's), August - Club Picnic, September - Encourage to go to North Central Rendezvous Host Iowa club, October - Russ & Karen Cherokee Marsh; November - Veterans.

--Publicity Chair: Jerry – Absent 20th August deadline for news articles.

--Newsletter Editor: Jerry – absent

--Website Administrator: Kevin - none

--AVA Electronic Sanctioning Volunteer: Patrick - none

--Stores Manager: Kristi - none

7. Unfinished Business:

--Newsletter Articles

Doug - Accomplishments. Don - Stark Weather Creek and tease for 2023 walks. Barb -September and October board and membership meeting.

Mary - Saturday walks; Sept 24 th and Oct 22 nd . Joanne - Walking

Adventures, Kristi – Store stuff, Patrick - National year-round for swimming;

Jerry - 2023 Olympian

8. New Business:

--Year-rounds and Seasonal walks for 2023, incl. POCs Make all MAD walks year-round (Westside, Picnic Point and Civil War); Motion Approved.

--Establish committee to determine nominees for 2023 Officer positions. Not needed this year.

--Who plans to continue in their board positions in 2023? All Board Members agreed to remain in positions.

--Purchase a Traveling Guided Stamp for 2023? Cost \$105.00. Determined cost effective. Motion passed.

9. Adjourn

Next Board meeting – Wednesday, 7 September 2022, location TBD.

Next General Membership Meeting and picnic - Wednesday, 10 August 2022, Lakeview Park, Allen Blvd., Middleton.

Next Special Event Walks:

--New Glarus walk, Saturday, 23 July 2022

--Monroe walk, Saturday, 17 September 2022

Next Wednesday and Saturday group walks:

--Middleton 5km walk prior to August meeting and picnic, Lakeview Park, Wednesday 10 August 2022

--Westside Parks YRE, Saturday, 27 August 2022

Attachment B

Minutes Pending Approval

**Dairyland Walkers General Membership Meeting
10 August 2022, Approximately 1800 Hours (6:00pm)
Lakeview park, Allen Blvd., Middleton, WI**

Call to Order ----meeting called to order 6:20 p.m.

Approve/amend Agenda----approved

Approval of the 15 June 2022 General Membership Meeting minutes---approved

Officer Reports:

1. President ---- Doug discussed Electronic balloting for DW. Doug will handle. See 8/10 e-mail from Doug. Russ also replied to email.
2. Vice President---Barb nothing to report
3. Secretary --- absent
4. Treasurer's Report ----Kristi absent
5. Director At Large----- Cathy absent

Other Reports:

--Membership Chair---Mary one new member

--Sanctioned Event Coordinator ---- Chris said, Patrick will take over Port Washington and Cedarburg walks

-Trail Master ---Don discussed remaining walks for 2022 and some of the walks for 2023 and 2024

--Publicity Chair ----Jerry absent

--Newsletter Editor---- Jerry absent

--Website Administrator --- Kevin nothing to report

--AVA Electronic Sanctioning Volunteer---Patrick nothing to report

--Stores Manager --- Kristi absent

Old Business:

New Business: --Electronic balloting by email for North Central Regional Director for 2023.

Adjourn---6:29 p.m.

Next Board Meeting, 14 September 2022, 6 PM via ZOOM.

Next (Annual) Membership Meeting, Saturday 15 October 2022, 1430 hours (2:30 PM),
Orchid Heights Park. Preceded by a 5km guided walk starting at 1300 (1:00 PM).

Election of officers for 2023 will be held at the meeting.

Next special Event Walks:

--Monroe Cheese Days Walk, Saturday 17 September 2022

--Madison Starkweather Creek Walk, Saturday, 8 October 2022

Next Saturday & Walk &; Eat; group walks:

--Madison Westside Parks YRE walk, Saturday, 27 August 2022

Attachment C September 2022 Traditional Event - Saturday, September 17 - Monroe Walk

WHAT IS THE EVENT

Monroe Cheese Days Walk

Traditional Walk
SN: 121133 - 2022

WHEN IS THE EVENT

Starting Sat, Sep 17th, 2022 for 1 day
Start table open: 8:00 a.m. to 12:00 noon, finish by 3 p.m.

WHERE IS THE EVENT

Monroe, Wisconsin
Twining Park, 425 14th Ave, Monroe, WI

REASONS TO DO THE EVENT

Event comments

Ample parking is available in the park.

CONDITIONS FOR THE EVENT

Rating: 1B, Distance: 5, 10km

Restrooms: Yes

Pets: No

Strollers: No

Wheelchairs: No

Event information

Beginning in a city park, the walk follows paths and trails to downtown Monroe to meander through the biannual celebration in Cheese City, USA. While in the city walkers pass several homes on the National Register of Historic Places. The celebration will slow a walker's pace, but the sights, sounds, and tastes are worth the slower pace.

Awards: IVV CREDIT ONLY

HOW TO GET TO THE EVENT

Driving to the start

425 14th Ave, Monroe, WI. From Hwy 18/151 west of Madison, take exit 79 to CTY PB. Follow PB to the town of Montrose and go south on WI 69. Follow WI 69 into Monroe where WI 69 becomes 18th Ave. Turn right on 6th St and right again on 14th Ave. Turn into Twining Park on Park Drive and proceed to the 2nd shelter after entering the park.

EVENT SPONSOR

Madison Area Volkssport Assn. (AVA-0835)

Event website: www.dairylandwalkers.com

POINT OF CONTACT

Jerry Wilson 608-695-6449 In case of Emergency call: #911

Attachment C October 2022 Event - Saturday, October 8 - Starkweather Creek Walk, Madison WI

WHAT IS THE EVENT

Starkweather Creek Walk

Traditional Walk

SN: 1134 - 2022

Starting Sat, Oct 8th, 2022 for 1 day

Start table open: 8:00 a.m. to 12:00 noon, finish by 3 p.m.

WHERE IS THE EVENT

Madison, Wisconsin

The address/location to the start table for mapping services such as Google or Siri is as follows:

Robin Roberts Field, Straubel St, Madison, WI

Special programs

Walking the United States -
Capitals

Event comments

Ample parking is available.

CONDITIONS FOR THE EVENT

Rating: 1A, Distance: 5, 10km

Restrooms: Yes

Pets: No

Strollers: Easy

Wheelchairs: No

Event information

After exploring the Madison College campus, the route will join the Starkweather Creek Bike Trail, passing the Bridges Golf Course and several park areas prior to returning to the start point.

Awards: IVV CREDIT ONLY

HOW TO GET TO THE EVENT

Driving to the start

Robin Roberts Field, Straubel St, Madison, WI. From the intersection of Hwy 51 and Hwy 151 in Madison, head southwest (towards city center) on Hwy 151 (E Washington). Turn right on Wright and then left on Straubel, passing tennis courts to your right. On reaching the large parking lot look for the start point to your right in the parking lot.

EVENT SPONSOR

Madison Area Volkssport Assn. (AVA-0835)

Event website: www.dairylandwalkers.com

POINT OF CONTACT

Don Suloff at 608 - 821 - 0263 If an EMERGENCY Call #911