

# **Madison Area Volkssport Association Newsletter**

January-February 2021

www.dairylandwalkers.com

Vol 2021-01

### January-February Events

### **January**

January 9 Saturday -Cancelled East Towne Walk

January 13 Wednesday Board Meeting via Zoom

### **February**

February 6 Saturday -**Cancelled** West Towne Walk

February 10 Wednesday Membership Meeting -Cancelled

#### Other: March

Look for an update on walk box locations and any boxes remaining homeless.

### Newsletter Contents

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Walks - Cancelled

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You-2021

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Nov. 11, 2020 Board

#### Meetina

- Draft Minutes
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Dec. 6, 2020 Membership Meeting - Cancelled, No Minutes

11 Attachment C **Events Cancelled** 

11 Attachment D

Waiver and Start Card

## **Dates of Interest**

#### January

Financial Wellness Month National Soup Month

- 1 New Year's Day
- 1 Polar Plunge Day Some
- 4 Trivia Day
- 8 Bubble Bath Day
- 15 National Bagel Day
- 18 Martin Luther King Jr. Day
- 28 Full Moon 1:18pm CST
- 29 National Puzzle Day

#### February

Library Lovers Month Youth Leadership Month

- 1 Change Your Password Day
- 2 Groundhog Day
- 4 USO Day
- 9 E T Visitor Day
- 14 Valentine's Day
- 17 Ash Wednesday
- 26 Skip the Straw Day
- 27 Full Moon 2:19am CST

### **NEWSLETTER** ARTICLE **SUBMITTAL DEADLINE**

for March - April 2021

Deadline: February 20

### Put an Article Specific Title

on the subject line, **not** merely "Sept.-October" Newsletter Article" or "Next Newsletter". and send articles to the DW Newsletter email address:

dairylandnews@gmail.com

This email account is regularly monitored ten days before and ten davs after a newsletter edition is published.





Dairyland Walkers January 9 East Towne Walk and February 6 West Towne Walk - Cancelled! By Terry Wendt, Vice-President

Due to concerns about the Covid-19 virus and the restricted mall hours the walks at East & West Towne Malls usually held in January & February have been cancelled or postponed for the present time.

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# AVA National Office is Relocating - Hold That Mail Until After January 10 Picked-up from an AVA Facebook Post By Henry Rosales

Our National Office is relocating!

"While we will have regular USPS forwarding services of our mail, we are suggesting that you hold off mailing any of your Event or Distance Books beginning December 10, 2020 and through January 10, 2021. There is so much mail traffic during the holiday season and we find that mail service becomes a bit slower and less reliable. We surely do not want anyone's books/records to get lost in the move. We will get our new address out to the AVA clubs and members as quickly as possible. The new location will also be posted on the AVA website. Thank you for your cooperation."

Since this notice was published, in the December Checkpoint email it was asked that mail to the National Office be held until after January 1, 2021.

AVA National Office is Relocating - New Address!
Picked-up from an AVA Facebook Post By Henry Rosales

American Volkssport Association 1008 S. Alamo Street San Antonio, TX 78210

# 2021 Walking in Wisconsin - January - March 2021 By Jerry Wilson

The Madison Capital and Middleton Walk boxes remain homeless for the immediate future. If you want to walk these two routes you can contact the walk POC and make arrangements to connect with the walk box:

- Madison WI (State) Capital walk: Jerry Wilson, POC:
  - Email: jpatw4@gmail.com Please message in advance of the day you want to walk.
  - Phone: 608-695-6449 Please leave a message. Please call in advance of the day you want to walk.
- Middleton WI City Walk: Don Suloff, POC:
  - Email: <a href="mailto:suloff@tds.net">suloff@tds.net</a> Please message in advance of the day you want to walk.

Phone: 608-821-0263 Please leave a message if necessary. Please call in advance of the day you want to walk.

Walkers may also obtain emailed walk directions by emailing a completed and signed Waiver / start card, and later payment, see Attachment D, to Jerry Wilson at jpatw4@gmail.com. Either hold payment for later or mail payment with printed waiver to: Jerry Wilson, 1827 E. Washington Avenue #210, Madison WI 53704-5247. Event stamps can be emailed for walkers to print, cut and paste/tape into AVA achievement books.

Year Round (YRE) walk boxes in their normal location and waiting for you beginning in very early January 2021 are:

- DeForest
- Madison Arboretum
- Madison Eastside
- Madison West Towne Mall
- Monona

## Individual Volunteers for the 2021 AVA Biennial Convention - Those Mentioning They Want to Help By Jerry Wilson

Some people have mentioned when seeing me at a 2020 club event that they are willing to volunteer, even pumped to volunteer for the 2021 Convention! Could you send me an email restating your interest. Another way to volunteer is for those registering to attend the convention the on-line registration system will provide a link for volunteering. Also see the following article for volunteering details.

### 2021 Convention Volunteers By Jerry Wilson

As you know the national AVA Biennial Convention is coming to the Midwest in 2021 and we will need lots of help to pull this off to a level that we can all be proud. The effort will start with the following pre-convention walks and bike rides, culminating with four days in Madison WI. I am asking that you Don Suloff is coordinating sporting events at pre-convention sites and in Madison) and Jerry wilson is coordinating volunteers in Madison for all events other than walk related. In both areas we are planning volunteer shifts to allow folks enough time to also walk or bike the events. Individual volunteers can register on-line as a spin-off of the convention registration system, or you and communicate directly with Don or Jerry. The pre-convention events, and event shifts in Madison follow:

Saturday, June 26 (main event): Galena IL - This event has drawn the attention of a group of volunteers from the

Greater Des Moines Volkssport Assn., but Don may have a few remaining openings.

Sunday, June 27 (main event): Oconomowoc WI Monday, June 28 (main event): Green Bay WI Tuesday, June 29 (main event): Sparta WI

Basically, the event shifts are planned to be 7:30-10:00am, 10:00am-12:30pm, 12:30-3:00pm, with Set-up prior to 7:30am, and Takedown after 3:00pm, some time changes may be necessary. Don estimates that each site will require approximately 37 volunteer slots throughout set-up, the event, and take down. In Madison time slots will be similar, plus we will need volunteers to help with social events, meeting facilitation, silent auction staffing, supporting merchandise sales, supporting event registration, cash raffle sale staffing, etc. Madison dates follow:

Tuesday afternoon and night, June 29 Convention set-up, supporting merchandise sales, supporting convention registration, silent auction staffing, event check-in, event help with the evening Meet and Greet, and event help with the evening Dessert Time with presentation by an author that has walked the complete Ice Age Trail.

Wednesday, June 30 Event registration, walk event start including bus loading, and unloading at the Pheasant Branch Conservancy, supporting merchandise sales, supporting convention registration, supporting delegate credentialing, raffle ticket sales staffing, silent auction staffing, supporting Regional Meeting sessions, supporting the General Session including voting system help, assisting as needed with starting optional evening events.

Thursday, July 1 Event registration, walk event start, supporting merchandise sales, supporting convention registration, supporting delegate credentialing, supporting workshop start and flow, raffle ticket sales staffing, silent auction staffing, Gala set-up, Gala staffing, Gala minor cleanup, and closing out the silent auction.

Friday, July 2 Event registration, walk event start including bus loading and unloading at Olbrich Gardens start, supporting merchandise sales, supporting convention registration, supporting delegate credentialing, raffle ticket sales staffing, silent auction wrap-up, support workshop sessions, and supporting the General Session including voting system help. Saturday, July 3 Event registration, walk event start and finish. Help with community outreach to share walking benefit information, club information, etc. SHould be wrapped up by 3:00pm.

#### Contacts:

Don Suloff suloff@tds.net 608-695-1240 cell and text

Coordinating pre-convention sport events, and Madison sport events, including the event registration room at the Concourse Hotel

Jerry Wilson convention@ava.org 608-234-2465 cell and text

Madison volunteers other than those volunteering at pre-convention sites and those related to sporting events and registration for sports events in Madison, such as: Volunteers for social events, meetings, workshops, Raffle ticket sales, staffing rooms such as silent auction, booths, Wednesday evening optional event starters, Saturday morning public outreach events, etc.

### Get a Jump on the Convention Events By Don Suloff

Walk directions and maps are available for all of the pre-convention walks for those wishing to get a head start on convention activities. Don would greatly appreciate having his directions pre-walked in order to catch any errors prior to general distribution. It would also enable you to have completed the walks and be available to help the club staff the walk. Obviously, stamps are not yet available, but we will keep track of those who have pre-walked and get books stamped when stamps are available. If interested in taking advantage of this opportunity, contact Don at suloff@tds.net.

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### Ready for 2021 By Don Suloff

Our Dairyland Walker's website is now current with walk information entered for 2021. With the addition of the convention walks and bike rides, it is quite an impressive list of walks. Now we just need healthy conditions! There is still considerable uncertainty surrounding at least the early part of the year. Check the website frequently as we try to keep things up-to-date. If we have to cancel an event given closure of the start point facility, we will try to offer an optional ad hoc walk when possible. And keep walking on your own!

# Help Keep Dairyland Walking - Re-run With A Few Additions for Volunteer Leaders Needed in 2022 By Irene Irwin

2021 will be the last year for some Dairyland Walkers volunteers who have performed critical functions for many years. Can you help us keep Dairyland Walking?

Volunteers are needed to serve as: Vice President, Volunteer Coordinator, Sanction Event Coordinator and Director-at-Large.

Some positions take only 10-20 hours per year, possibly during a predictable season. Others are more time consuming. Stores manager is active during the entire walking season. Most current volunteers are willing to stay on during 2021 to train new volunteers, and there will be other members who can assist in the future.

Volunteering is a great way to meet members & to learn more about how Dairyland Walkers & American Volksport work. To have a no-pressure conversation about what any position entails, contact Irene Erwin at 608-246-8086 or irene.erwin@gmail.com.

# Publicity Chairperson Needed - Re-run By Karen Reger

After I-don't-know-how-many years, I have decided to resign my position as Publicity Chair. With the advent of the 2021 convention in Madison, I decided that someone who is more tech savvy than me should be in charge of publicity for the club.

This position should be able to write articles for various publications, enter information about our walks on various website calendars, and in some cases, design posters to be put out in various places in Madison or given to POCs for them to distribute. In many cases, in order to input information, you have to set up accounts on websites.

Places to be contacted could be TV stations, radio stations, magazines, newspapers, stores such as sporting goods stores, etc. If anyone is interested in this position, I'm certainly willing to show them what I have done in the past (or what various POCs have done in the past) regarding conveying information about various walks.

# Volunteers for the 22nd AVA Biennial Convention - We're Counting on You! - Re-run By Don Suloff

The 22<sup>nd</sup> Annual AVA Convention in Madison, Wisconsin, next summer will be an outstanding opportunity to showcase our city and state, but it won't be without it's challenges. In order to provide a memorable convention for the hundreds of attendees we expect, we will have many volunteering opportunities. These opportunities include, but are not limited to, preparing start cards for hundreds of walkers based on preregistration information, preparing registration "goodie" bags for attendees; staffing positions during the convention; helping with the silent auction; and staffing the eight walks, five bike rides, and one swim we will be hosting. Although there will be many volunteers among our convention visitors and the National AVA Staff play important roles in convention support, we are counting on a large number of volunteers coming from the Dairyland Walkers family. Take those 2021 calendars you have been receiving in the mail and block off the dates from June 26 through July 3, 2021, and plan on volunteering as much as possible and enjoying the convention offerings. We're counting on you!!

# First Annual DW Photo Contest - Winners!! By Kevin Moore

Dairyland Walkers would like to congratulate the winners of the 2020 Photo Contest!

Places Category: Rosemary Sprenger - Capitol Bucky



People Category: Kristi Kenyon - Dells of Eau Claire



Thank you to all that participated.

Stay Healthy! Keep Walking! Walk Safely!

# Dairyland Walkers February 10 Membership Meeting - Cancelled! By Terry Wendt, Vice-President

Things are right now we probably won't have a place to hold a meeting.

# 2021 Membership Dues By Mary Liebig, Membership Coordinator

### 2021 Membership Dues - \$15.00 Annually per Household

Membership dues are payable on a calendar year basis, in January of each year. If you'd like to continue your membership in the Dairyland Walkers in 2021, please remit a check for \$15.00 payable to the Madison Area Volkssport Association and return it to me at the following address:

Madison Area Volkssport Association Attn: Membership Dues c/o Mary B. Liebig 6809 Bootmaker Way Windsor, WI 53598

Some of you have already paid your 2021 membership dues, if so you can disregard this message.

Thank you for supporting our mission to provide "Fun, Fitness & Friendship" through non-competitive walking in Wisconsin!

### Club Milestones By Doug Wiest

The following are the milestones of club members as reported by the December 2020 issue of The American Wanderer:

Events		Kilometers	
950	Patricia Brinker	7,500	Ann Misener
1,450	Janice Jerabek	17,000	Edwin Reid

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an email at <a href="mailto:douglaswiest@yahoo.com">douglaswiest@yahoo.com</a> and they will be listed in the next Dairyland Walkers newsletter.

# Membership Update By Mary Liebig, Membership Coordinator

Please welcome the following members who have joined our group since our last newsletter:

- Bud & Nanc Kehrli, Middleton, WI
- Nancy & Tom McVary, Madison, WI
- Claudine Towers, Waunakee, WI

### 2021 Dairyland Walkers Meeting Dates By Jerry Wilson

Club membership meetings are held every other month, with Board meetings held the alternative months. All meetings are on the 2nd Wednesday of the month, except in December when a Holiday Party normally replaces the membership meeting on the 1st Sunday. Meeting locations vary, and Board Meetings are held via Zoom on-line when necessary. Following is the schedule for 2021. Pay attention to future newsletters and the monthly email message to confirm times and locations. If planning to attend, feel free to contact club officers to verify times and locations.

Membership Meetings are open to anyone. Non-members and interested parties are encouraged to attend.

Board meetings are open to all members and invited guests.

All Wednesdays *	
January 13	Board Meeting, 6:00pm - Via Zoom Contact Doug Wiest, President for invite.
February 10	Membership Meeting - Cancelled unless otherwise notified.
March 10	Board Meeting - Via Zoom Contact Doug Wiest, President for invite.
April 14	Membership Meeting
May 12	Board Meeting
June 9	Membership Meeting (Possible Convention Registration Package Assembly,
	Preparing Hundreds of Start Cards, and Final Planning Meeting.)
July 14	Board Meeting
August 11	Membership Meeting and Summer Picnic
September 8	Board Meeting
October 13	Annual Membership Meeting
November 10	Board Meeting
December 5 *	* Sunday - Holiday Party, 5 km Walk and Brief Meeting



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## 2021 Dairyland Walkers Calendar at a Glance

When in doubt, verify on AVA.org or dairylandwalkers.com The Membership Chairperson sends out an informative email each month, check it out!

Saturday, January 9 Wednesday, Jan. 13 Saturday, February 6 Wednesday, Feb. 10 Saturday, March 13 April	East Towne Walk - Cancelled Board Meeting - ZOOM Meeting West Towne Walk - Cancelled Membership Meeting - Cancelled Pie Walk - Middleton, WI No Traditional Walk (If working the Convention, maybe do one or more Pre-walks of Pre-convention or Convention walks to review the routes and to be more available to volunteer June 26 - July 3 (see below)	Mall COVID-19 Hour Restrictions Managed by Doug Wiest, 6:00pm Start Time Mall COVID-19 Hour Restrictions COVID-19 Considerations Start Location: TBD Contact Don Suloff for draft walk directions to test Pre-Convention and Convention walk routes: Don Suloff: suloff@tds.net.
Saturday, May 15	Belleville Walk	
Saturday, June 26	Pre-Convention Walk - Galena IL	
Sunday, June 27	Pre-Convention Walk - Oconomowoc WI	
Monday, June 28	Pre-Convention Walk - Green Bay, WI	
Tuesday, June 29	Pre-Convention Walk - Sparta, WI	
Wednesday, June 30	Convention Walk - Pheasant Branch Conservancy, Middleton, WI	Busing To and From Walk
Wednesday, June 30	Optional Convention Walk - Evening - Food and Beverage Forage	5:45pm or on your own - Concourse Hotel Start and Finish
Thursday, July 1	Convention Walk - Monona Bay, Madison	Concourse Hotel Start and Finish
Friday, July 2	Convention Walk - Olbrich Gardens Madison, WI	Busing to Walk, Return to Concourse Hotel via Walk Route
Saturday, July 3	Post-Convention Walk - UW Campus - Madison, WI	Concourse Hotel Start and Finish
August	No Traditional Walk - A Great Month to do Several Club Seasonal Walks	
Saturday, Sept.18	Green Co. Cheese Days W Monroe, WI	
Saturday, October 9	Westport Walk - Westport, WI	
Saturday, November 6	Veteran's Weekend Walk - Madison, WI	Walk at 9:00am, Finish After 11:00am, Before 1:00pm
Sunday, December 5	Holiday Party, 5 Km Walk & Meet	Goodman Center, Madison WI

# 2020 Eau Claire Walk - Before the Snow Fell By Jerry Wilson







### Attachment A

Minutes Pending Approval

## Dairyland Walkers Board Meeting Convened Via Zoom November 11, 2020

Call to Order 1800 hours (6 P.M.)

Approve/amend agenda - adopted

Approval of the minutes of the 9 September 2020 Board meeting. - approved

--2021 AVA Biennial Convention Updates: Jerry -

Planning to start on-line registration December 1, at ava.org. A box will display to register for; (1) Volunteering to work at time of registration and (2) Silent Auction fields require more character space for multiple listings.

Diane asking, Who is creating COVID 19 refund verbiage and cancellation date?

Jerry will be sending out a request for questions about convention sites.

Kudo's to Joanne on checkpoint article.

Don - Provide expenses for sites and miscellaneous. Pre-convention driving directions for non-GPS drivers. Bus connections for events and seasonal events (Madison, Monona and Middleton). Arboretum has been switched with Pheasant Branch (start point will be Firemen's Park in Middleton).

Diane and Joanne have been alternating checkpoint articles, but will skip the December issue.

Jerry - The system is accepting volunteering in Madison from June 29 - July 3<sup>rd</sup>. Des Moines have responded and will be reaching out to Minneapolis for help.

Officer Reports

1. President: Doug - None

2. Vice President: Terry -

- Holiday party cancelled money has been applied to next year Sunday December 5, 2021. 1-5pm
- For this year do a short walk starting at Olbrich Gardens at 1pm.
- Submitted application for Lake View Park, August 11, 2021 club picnic.
- East town walk Firestone is ok to set-up in the front corner. Issue the mall may not be open.

3. Secretary: Jill - None

4. Treasurer: Kristi -

**Balance 22 October 2020** \$1,866.99 **TOTAL INCOME** \$299.00 **TOTAL EXPENSES** \$83.25 **Balance 11 November 2020** \$2,082.74

5. Director at Large: Diane - None

#### 6. Other Reports

- --Membership Chair: Mary sending email in January to remind members to pay \$15 Membership dues.
- --Sanctioned Event Coordinator: Joanne None
- --Trailmaster: Don Entered all walks on our Website Dairyland
- --Publicity Chair: Karen -
- --Volunteer Coordinator:
- --Newsletter Editor: Jerry None
- --Website Administrator: Kevin None
- --AVA Electronic Sanctioning Volunteer: Irene -
- --Stores Manager: Russ -
- 7. Unfinished Business:
- --Location of December membership meeting
- --Newsletter Articles Doug -Accomplishments.

Don - website updated for 2021

Mary - Membership dues.

Members requesting to attend Membership meeting via zoom should send a request to Doug.

- --Blue Books for 2021 copies needed) Don will be creating an article for the AVA Wanderer noting all the local walks. Consider dropping the Blue Book since most participants use the internet to find walks. Jerry checking whether we need brochures for our walks from National? Or how many?
  - Board voted to stop for 2021 if not required.

#### 8. New Business:

- --Voting by email modify by-laws to permit? Diane is asking, if using this method, are we required to update bylaws? Is a guorum is needed? Doug will check on how to update the bylaws.
- --Draft of new AVA Bylaws Don / Jerry. Changes to be made due to Texas law. The Check Point notes dates of Summary of Amendments. Vote by March 12th by email. Doug Adding to January meeting on how we should vote. (voted on at a membership meeting with 2/3 of the members present at the meeting)
- --Update on Photo Contest Kevin Looking for more submissions. Date is being extended. Kristie suggested checking facebook where members are uploading their walks.

#### 9. Adjourn

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Next Board meeting – Wednesday, 13 January 2021 via ZOOM Next General Membership Meeting - Sunday, 6 December 2020, TBD Next Special Event Walks:

- --East Towne mall walk, Saturday, 9 January 2021
- --West Towne mall walk, Saturday, 6 February 2021

Next Saturday "Walk & Eat" group walks:

### Attachment B

## Dairyland Walkers General Membership Meeting, Walk and Holiday Party 6 December 2020

Meeting Cancelled due to COVID-19 precautions.

### Attachment C January and February 2021 Traditional Events - Both Mall Walks Cancelled

### **Attachment D** Official Event Start Card (Waiver)

Below is the waiver referred to in the article on page 2 for the Capitol and Middleton walks. If you would like to do these YRE Dairyland Walkers events and want to receive the walk directions and map via email see the following steps:

- 1. E-mail Jerry Wilson at ipatw4@gmail.com as many days as possible before planning to walk a specific route:
  - a. Identifying which walk you wish to walk, and the distance desired (medium or short, or both).
  - b. Attach a completed and signed (Waiver) Official Event Start Card form: See Newsletter Attachment D.
- 2. A list will be compiled of walkers and shared with each POC. An email will be return to you with an attached copy of the walk directions and map to be completed when convenient for you. Either print the directions in advance or access directions on a smart phone when you begin to walk.
- Once completed Jerry can send you a PDF of the stamp to print, cut, and paste in your achievement books. Or when walk boxes are again accessible, stop in, stamp your books, complete the registration log, an envelope, include payment and a copy of the submitted (waiver) Official Event Start Card. Payment can also be mailed now to: Jerry Wilson, 1827 E. Washington Avenue #210, Madison WI 53704-5247

	OFFICIAL					Start No.		
Address								
					Zip	Zip		
E-Mail						STAMP #		
Distance _	km	Paic	1.2			NEW WA	ALKED	
In consideration of being allowed to participate in any way in AVA volksporting programs and related events and activities, the undersigned:  1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate.  2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and severe social and sconomic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.					ent	COUPON USE		
						AWARD W/		
					trail e at	IVV CREDIT ONLY		
<ol> <li>Assumes all the foregoing risks and accept personal resp\(\text{Prisingle first}\) for the damages following such injury, permanent disability or death;</li> <li>Release, waive, discharge and promise not to sue the American Volksaport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the agrantization, other</li> </ol>						NON-IVV PARTICIPANT		
used to conduct th	soring agencies, sponsors, ne event, all of which are h unt of injury, including deal egligence of the releasee o	ereinafter referred to as	"releasees", from	demands, losses or		FREE		
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