

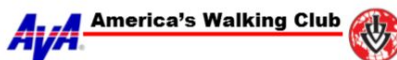


# Madison Area Volkssport Association Newsletter

March-April 2019

[www.dairylandwalkers.com](http://www.dairylandwalkers.com)

Vol 2019-02



## March –April Events

March - **NOW**: Register in advance for the March 16 Pie Walk to order pie: Contact Barb Lund at [lund\\_b@sbcglobal.net](mailto:lund_b@sbcglobal.net)

March 9 Saturday - DeForest Walk & Eat Group - Western Green Park Shelter

March 13 Board Meeting 6:00pm Lakeview Branch Library - Madison 2845 N. Sherman Ave.,

March 16 Pie Walk-Middleton St. Luke's Lutheran Church

March 28 Big Give - AVA National Donations

March 30 - Capital Walk Sat. Walk & Eat Group

April 10 Membership Meeting Hody Bar and Grill,

1914 Aurora St., Middleton April 13 FLW Madison Walk Rennebohm Park Shelter 115 N. Eau Claire Ave.

April 20 Saturday - Civil War Sat. Walk & Eat Group

April 27 Highway Clean-up

### Future

May 18 Cottage Grove Walk 8:00 - 12:00 Noon Start

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## Dates of Interest?

### March

American Red Cross Month  
National Peanut Month  
1 Dadgum That's Good Day  
3 Simplify Your Life Day  
8 Intern. Women's Day  
12 Girl Scouts' Birthday  
20 Intern. Astrology Day  
20 Full Moon – 8:42 pm CDT  
30 I Am In Control Day

### April

Jazz Appreciation Month  
Stress Awareness Month  
1 Sorry Charlie Day  
2 Reconciliation Day  
10 National Sibling Day  
17 Ford Mustang Day  
19 Good Friday  
19 Full Moon – 6:12 am CDT  
21 Easter  
22 Earth Day  
30 Bugs Bunny Day

## NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for  
May – June  
2019

Deadline: April 20

Put an **Article Specific Title**

on the subject line, not merely "March/April Newsletter Article" and send articles to the DW Newsletter email address:

[dairylandnews@gmail.com](mailto:dairylandnews@gmail.com)

This email address is regularly monitored ten days before and ten days after a newsletter edition is published.

## Membership Meeting – Wednesday, April 10

By Jerry Wilson - Information Supplied by Terry Wendt, Vice-President

The next Dairyland Walkers Membership Meeting will be on Wednesday, April 10, 2019 at the Hody Bar and Grill beginning at 6:30pm. Come early to eat and support the Middleton business that allows the use of their meeting area.

## I'm Thinking Pi!! By Don Suloff

Our annual Pie Walk is just around the corner and you'll want to make your reservations now. This is one of few walks that we conduct where we request advance reservations. This is necessary in order to properly order the pies for the post-walk indulgence!

On Saturday, March 16<sup>th</sup> (close to 3.14!), we will meet at St. Luke's Lutheran Church in Middleton for a guided 5K walk, followed by a slice of Hubbard Avenue Diner pie for each participant. The walk will depart St. Luke's at precisely 2:00 pm with all registration completed prior to that time. To reserve your piece of pie please contact Barb Lund by email at least two days prior to the walk. Barb can be reached at [lund\\_b@sbcglobal.net](mailto:lund_b@sbcglobal.net). Note the underscore between the "d" and the "b".

The fee for all participants will be \$4.00. Dairyland Walker Frequent Walker coupons may not be used for this walk. There will not be a separate sanction number for this walk – the stamp for the Middleton year-round walk will be used.

### Volunteer Opportunities

- 1) Help register walkers, take payments, and stamp books between 1:15 pm and 2 pm at the start point.
- 2) Take on Barb's responsibilities for future year(s) in accepting reservations, ordering pies from the Hubbard Avenue Diner, and picking the pies up on the day of our walk.  
Barb has been doing this for a number of years and deserves a break!

## 2018 VIP Finishers By Russ Crane

I would like to congratulate all 23 walkers that completed our Volkssport Incentive Program (VIP) for 2018. These 23 finishers completed a combined total of 372 walks.

The 2018 VIP goal was to complete any 12 of our 24 Year-Round/Seasonal walks. The reward for completion was any IVV/AVA achievement book of their choice. As an added incentive participants could choose to complete the program a second time. However, the second time had to be the 12 walks not completed the first time, making it a *Clean Sweep* of all of our Year-Round/Seasonal walks. Nine walkers completed the program twice.

Great job everyone and thank you for supporting the Dairyland Walkers.

Curtis Armstrong	2	June Quesnell	2
Russell Crane	1	Karen Reger	1
Irene Erwin	2	Joanne Reuter	1
Chris Flessert	2	Phillip Ringhand	1
Charles Gentile (CO)	1	David Riyeff	1
Cindy Haagensen	1	Kim Riyeff	1
Bonnie Hamer	1	Jill Ruef	1
Vernon Hessey	1	Don Suloff	1
Kristina Kenyon	2	Diane Thornbery	1
Mary Liebig	2	Jerry Wilson	2
Joan Miller (IL)	1	Pam Wilson	2
Susan McMahon (IL)	1		

**Saturday Walk & Eat Group**  
**By Mary Liebig**

**Saturday Walk & Eat Group**

Hope the weather cooperates with our early start to walking outside on Saturdays!

**DeForest Walk – March 9**

We'll walk the new year-round walk in DeForest on Saturday, March 9 that travels on paved sections of the Western Green Trail along the Yahara River, strolls through downtown DeForest and continues on the 10' wide porous asphalt Upper Yahara River Trail. I'll bring the walk box with registration materials and maps to Western Green Park.

Plan to meet at the Western Green Park Shelter located at 417 Acker Pkwy in DeForest at 8:45 a.m. (located between River Rd. and Main St) We'll start walking around 9 a.m. Either the Norske Nook or BB Jacks, both located on Holum St. in DeForest, will be the meeting spot for lunch following the walk.

**Capital Walk – March 30**

On tap for Saturday, March 30 is the Capitol Walk. Meet at the start point of the Capitol Walk, the Park Hotel (Inn on the Park), located at 22 South Carroll St. at around 8:45 a.m. to register for the walk, we'll start walking at 9 a.m. After the walk, we'll eat at the restaurant inside the Park Hotel, The Post.

**Civil War Walk – April 20**

Saturday morning, April 20, will find us walking the Civil War Walk on the near west side of Madison. We'll meet at the start point of the Civil War Walk, the Best Western Inn Towner, located at 2424 University Ave. at 8:45 a.m. to register for the walk and start walking at 9 a.m. It is worth noting that parking has been tight at the Best Western, so it may be helpful to park at our lunch location, the Blue Moon Bar & Grill at 2535 University Ave. The Blue Moon opens at 11 a.m. and should be able to accommodate our group.

**Talk'n Trash – Sunday, April 27**  
**By Joanne Reuter**

I'm sure when you look outside, it's hard to imagine that spring is just around the corner, but it is! Once the snow melts, you can see all the litter that has accumulated along the highways. It looks awful. Join our group this year to make a small stretch of WI highway look better!

Earth Day falls on April 22 this year. Keep your environmental motivations going by participating in this spring's highway trash pick up on Saturday, April 27th! We'll meet at 10am at Nora's II, 1843 Hwy 12, Deerfield. Safety jackets and garbage bags will be provided. Bring safety gloves to protect your hands. Each team picks up trash along a one mile stretch of highway, which takes about one hour to complete. Then we gather back at the bar for cold drinks and laughs. Please join us!

**AVA Biennial Convention - Albany NY - June 9 - 16, 2019**  
**By Jerry Wilson**

Registration for the 2019 AVA Biennial Convention is open on-line. Check it out at AVA.org. AVA Associate Members save \$\$\$.

## **Walking in Frank Lloyd Wright's Footsteps - 2019** **By Don Suloff**

Frank Lloyd Wright, born in 1867, is recognized as one of America's most influential, if controversial, architects. Wright's grandfather emigrated from Wales in 1858 and settled on the property near Spring Green, Wisconsin, where Wright later developed his acclaimed "Taliesin". After living in Oak Park, Illinois, from 1898 to 1909 where he developed his Prairie School architecture concept, Wright moved to the Taliesin property in 1911 following a marital scandal, and despite periods living elsewhere, lived or interacted with this property the rest of his life, dying in 1959. Although Wright-designed buildings can be found in many parts of the U.S., many of his most famous designs can be found in Wisconsin. Inspired by Wright's creativity, the Dairyland Walkers will be hosting traditional walks in five different Wisconsin cities during 2019 showcasing Wright-designed buildings.

The year's theme will begin in Madison on April 13, 2019, with 5k, 8k and 12k options. The walk start point is at the Rennebohm Park shelter located at 115 N. Eau Claire Ave., Madison. Walkers may register between 8 am and noon and are requested to have completed the walk by 3 pm. To reach the start point from US Hwy 12/14/18/151 on the south side of Madison take exit 258 north on Midvale Ave and follow it north approximately 2.1 miles. Turn left on Regent St. and follow it approximately 0.5 miles. Turn right on N Eau Claire to the start point on the right. Those wishing to walk with a group should plan to arrive, register and start to walk at 9:00am.

The 12k option will pass four Wright-designed properties, with three others within an easy drive of the walk's start point. The John Pew House is often compared to Fallingwater in Pennsylvania. The house is an excellent example of Wright's organic designs by blending in with its surroundings and cantilevered over an adjoining ravine. The walk continues past the First Unitarian Society Meeting House, completed in 1951. As one of its members, Wright designed a structure with a notable prow-like roof covered with blue-green copper supported by an innovative series of trusses which allow an interior span of 64 feet without supports. The Usonian-style Herbert Jacobs House, built in 1936, resulted from a challenge to create a decent home for \$5,000. The resulting affordable architecture was widely adopted in ranch-style houses in later years. The 1959 Usonian-style Walter Rudin House features a wall of windows with horizontal board and batten siding which make a cantilevered roof appear to float above the home. The home is unusual for a Wright-designed home in having a full basement.

The three homes requiring a short drive begin with the 1956 Eugene Van Tamelen House secluded in a park-like setting. Wright personally supervised the landscaping of this Usonian-style home. The Eugene Gilmore House is unusual for Wright-designed Prairie-style designs by standing tall and straight rather than the more common horizontal forms. The appearance of the structure lends to its nickname of the "airplane house" and is featured on a Dairyland Walker year-round-event. Although designed in 1938, the Monona Terrace was not opened until 1997, well after Wright's death. The beautiful convention facility is visited on another Dairyland Walker year-round-event.

The 5K walk will pass the Walter Rudin House and the Walter Rudin House, with the other Wright-designed homes requiring a short drive.

The 8K walk will pass the John Pew House and the First Unitarian Society Meeting House, with the other Wright-designed homes requiring a short drive.

### **Volunteer Opportunities**

- 1) Help register walkers and collect walk fees between 8 am and 9 am at the walk start point.
- 2) Help collect and collate start cards and stamp books between 11 am and 1 pm at the walk start point.

## Steppin' on Out By Diane Thornbery

Hopefully, you've had a chance to stretch your legs between the last newsletter and this one. Besides the West Towne Mall walk, there are five other walks sponsored by the Dairyland Walkers that are sanctioned for walking year round. Unfortunately, we can't control the weather and some of those events include portions that would include tramping through snow or paths closed due to conditions for now. This segment will focus on a walk that is exclusively on sidewalks or cleared bike paths so that – puddles be damned – it should be available to the hearty outdoor walker.

### Capitol Walk

This walk takes in our beautiful capitol, great lake views and downtown Madison at its best. Truly located in the heart of Madison, the walk offers many reasons to get over the hump of paying for parking and can lead to an entire day downtown, re-experiencing State Street and other delights. It's impossible to completely cover all the opportunities entailed with this walk, particularly if you include dining and shopping as part of your repertoire. Here's more information than we could possibly include in the directions, but may be of help to you before you go.

If you want to plan more efficiently for parking consider using this website:

<https://www.cityofmadison.com/parking-utility/garages-lots> - it can show you available parking stalls in each lot and allow you to compare rates.

**Starting Point:** Inside the beautifully redone lobby of the Park Hotel you will find an office area for valet parking attendants. This is across from the main desk. Here, it is necessary to ask for the box. If the office is empty, they may be retrieving a car but will be back shortly. Please be patient.

### Tips:

- The Monona Terrace – perfect for Frank Lloyd Wright lovers, and it dovetails nicely with the theme of many of our event walks this year. Here is a bit more information on the tours offered there. No reservations are needed for groups of ten or less.
  - 1pm every day, weekdays and weekends. (May 1-October 31)
  - 1pm Friday, Saturday, Sunday, Monday (November 1-April 30)
  - Admission is \$5.00 per adult and \$3.00 per student.
  - Tickets may be purchased in the Gift Shop.
  - There are occasional blackout dates for tours, so if this is very important to you, please consult this website before you go: <https://www.mononaterrace.com/experience-monona-terrace/tours-and-education/>
- Wisconsin State Capitol – the two most popular AVA special programs are accumulating stamps from the “50 States” and the “State Capitols.” Let this local beauty start you off on seeing our nation's state capitols. I may be prejudiced, but I don't think I've seen a more gorgeous one. Though you are free to wander, you should take an official tour at least once! No reservations are needed for groups of ten or less.
  - It is open to the public weekdays from 8:00 a.m. to 6:00 p.m. and weekends and holidays from 8:00 a.m. to 4:00 p.m. Free tours are offered daily, year round except on the following holidays: New Year's Day, Easter, Thanksgiving, Christmas Eve and Christmas. Tours start at the information desk Monday through Saturday at 9:00, 10:00, 11:00 a.m. and 1:00, 2:00, 3:00 p.m.; and Sundays at 1:00, 2:00, and 3:00 p.m. A 4:00 p.m. tour is offered weekdays (Monday - Friday), excluding holidays, during Memorial Day through Labor Day. Plan on spending 45-55 minutes for a tour. The sixth floor museum and observation deck are open during the summer months.

**Steppin' on Out (continued)**

- Grace Episcopal Church – on the National Registry of Historic Places, this welcoming church opens to the public for part of each weekday, and a detour from your walk at the right time could provide you with a tour of this phenomenal space complete with some Tiffany-designed windows  
(<http://www.gracechurchprovidence.org/visitors-guide/tour-our-windows/>):
  - Grace Church is OPEN to all members of the public each non-holiday weekday from 11am to 2pm. Our docents look forward to greeting all visitors, and will gladly provide tours of our beautiful church (from Grace's website).
- Farmers' Markets – if finding locally grown and produced foods appeals to you, there are four major farmers' markets in the area including the Late Winter Market, Saturdays on the Square, Wednesday Market, and the Holiday Market. Here's a link for more info on all of these: <https://dcmf.org/>
- Art museums and galleries – free and open to the public are the Chazen Museum of Art (Lake Street and University) <https://www.chazen.wisc.edu/> (closed Mondays); the Madison Museum of Contemporary Art <https://www.mmoca.org/> (also closed Mondays) and galleries within the Overture Center for the Arts <https://www.overture.org/galleries/overture-galleries>
- Lakes Mendota and Monona - whether dotted with ice shanties or sparkling under a summer sun, the opportunity to walk along these lakes is something to be treasured. Here's an option for early Sunday evenings when walking past Law Park:
  - Mad City Ski Team shows: <https://www.madcityskiteam.com/events>

**Consider steppin' on out and walking on your own. Happy trails!**

**Club Milestones**

**By Doug Wiest**

The following are the milestones of club members as reported by the March 2019 issue of The American Wanderer:

Events		Kilometers	
350	Curtis Armstrong	3,000	Curtis Armstrong
425	Mary Liebig	3,500	Joanne Reuter
450	Mary Liebig	4,000	Cindy Haagensen
525	David Riyeff	4,000	Mary Liebig
525	Kim Riyeff	4,500	Irena Paronis
550	Bonnie Hamer	5,000	Irena Paronis
575	Chris Flessert	5,000	David Riyeff
575	Bonnie Hamer	5,000	Kim Riyeff
600	Chris Flessert	5,500	Diane Thornbery
600	Bonnie Hamer	35,000	Bonita Johnson
650	Irena Paronis		
650	Phillip Ringhand		
700	Irena Paronis		
950	Lee Moisant		
1,600	Carol Hollar		
2,500	Dannie Peters		
2,500	Ellen Peters		
2,800	Jan Haugen		

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at [douglaswiest@yahoo.com](mailto:douglaswiest@yahoo.com) and they will be listed in the next Dairyland Walkers newsletter.

## Madison Area Volkssport Association

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### Membership Update

By Mary Liebig, Membership Coordinator

Please welcome the following members who have joined since our last newsletter:

- Heidi & Jim Barnhill, Deerfield, WI

### 2019 Dairyland Walkers Calendar at a Glance

Saturday, January 12 Saturday, February 9	East Towne Walk West Towne Walk	Results: Total=36; Credit=30, Non-Credit=6 Results included in West Towne YR Counts
Saturday, March 9	Saturday Walk & Eat - DeForest Walk Western Green Park Shelter 417 Acker Pkwy, DeForest	8:45am Register, 9:00 Start
Wednesday, March 13	Board Meeting: Lakeview Library Branch 2845 N. Sherman Avenue, Madison	6:00pm Meeting
Saturday, March 16	Pie Walk, Middleton St. Luke's Lutheran Church, 7337 Hubbard Avenue, Middleton, WI	Register <b>before</b> 2:00pm Guided Walk
Thursday, March 28	Big Give - Donate to the National AVA	On-line Donations, or Checks can be mailed to: 1001 Pat Booker Rd., Suite 101, Universal City TX 78148-4147
Saturday, March 30	Saturday Walk & Eat - Capital Walk Park Hotel, 22 S. Carroll St., Madison	8:45am Register, 9:00 Start
Wednesday, April 10	Club General Membership Meeting Hody Bar & Grill, 1914 Aurora St., Middleton	6:30pm Meeting
Saturday, April 13	FLW Walk - Madison - Rennebohm Park 115 N. Eau Claire Ave., Madison, WI	8:00 - 12:00 Noon Start, Finish by 3:00pm
Saturday, April 20	Saturday Walk & Eat - Civil War Walk Best Western Inn Towner 2424 University Ave., Madison	8:45am Register, 9:00 Start
Sunday, April 27	Highway Clean-up Nora's II, 1843 US HWY 12, Deerfield	10:00am

### Future 2019 Traditional Walk Events

- May 18 – Cottage Grove
- June 22-23 Richland Center FLW Trail on Saturday from Noon – 3 p.m. and  
Spring Green FLW Trail on Sunday from 8 a.m. to 11 a.m.
- July 20 – Milwaukee Frank Lloyd Wright Trail
- August 17 – Racine Frank Lloyd Wright Trail
- September 14 – Lake Farm County Park
- October 11 – Moonlight Walk on Friday evening at Pheasant Branch Conservancy
- November 16 – Veteran's Walk, Downtown Madison
- December 1 – Christmas Party Walk, Madison Eastside

Attachment A

Minutes Pending Approval

**Dairyland Walkers Board Meeting  
Northside Goodwill, 2901 N. Sherman Avenue, Madison, WI  
January 9, 2019**

**Minutes**

Members present: Karen Reger, Russ Crane, Don Suloff, Doug Wiest, Susan Wester, Joanne Reuter, Kristi Kenyon, Terry Wendt, Tom Gundlach, Maureen Engelberger, Kevin Moore, Mary Liebig

**Call to Order:** The meeting was called to order by President Wiest at 6:01 p.m. The meeting's agenda was approved with the addition of one item (closure of Menominee River Volkssport Club) to New Business.

The minutes of the 14 November 2018 Board meeting were approved without comment or change.

**Officer Reports**

**President:** Doug Wiest appointed the following Article IX appointed positions:

Membership Chair: Mary Liebig,  
Sanctioned Event Coordinator: Joanne Reuter  
Trail Master,: Don Suloff  
Publicity Chair: Karen Reger  
Volunteer Coordinator: Irene Irwin and Maureen Engelberger  
Newsletter Editor: Jerry Wilson  
Website Administrator: Kevin Moore

The following people were appointed for other positions as well:

AVA Electronic Sanctioning Volunteer: Tom Gundlach  
Stores Manager: Russ Crane

**Vice President:** Terry Wendt indicated preparations have been made for the East Towne walk on Saturday. There are no volunteers yet for this walk, but there is one volunteer so far for the West Towne walk in February.

The date for the 2019 holiday party won't be confirmed until the club actually sends a check to the Goodman Community Center. Terry suggested that future

Blue Books not provide a specific date for the holiday party/meeting, as was done with the 2019 edition.

There is no speaker reserved yet for the February membership meeting.

**Secretary:** Susan Wester indicated the Google Drive folder containing 2018 minutes has been completed. Since she was unable to determine whether this folder is actually being shared with other Board members, she contacted Diane Thornbery. Diane said that it appeared that settings were inadvertently changed during an upgrade to the system. Diane was able to reset it. Maureen Engelberger and Russ Crane added that they are not yet able to access Google Drive.



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**Treasurer:** Kristi Kenyon said income for the latest period was \$487.00, due primarily to Frequent Walker coupons and event income. Expenses were \$1,162.81, divided largely between administrative supplies, AVA sanctioning fees and inventory purchases. The 9 November balance is \$2,895.08, reflecting a decrease of \$675.81 from last month. More AVA expenses are expected, but member dues and walk income should offset this. Kristi also submitted a cashflow comparison of the years 2018 and 2017. Noted in particular was that there was \$1400.00 less in Frequent Walker coupon income in 2018, as compared to 2017. The Treasurer's Report was accepted and filed for audit.

### Other Reports

**Membership Chair:** Mary Liebig stated not much has changed in membership since the most recent member list was distributed to Board members in November. There have been only 2 new members in the intervening time. Dairyland Walkers currently has 243 members.

**Sanctioned Event Coordinator:** Joanne Reuter said that there was a recent AVA memo regarding start box readiness for 2019. She noticed new walk box requirements of incident reports and certificates of liability insurance. Joanne will add a new folder of "incident reports" to 2019 boxes. Liability insurance certificates will be placed in the log book.

**Trail Master:** Don Suloff wrote an article for the most recent newsletter reporting that the Middleton walks will be available for walking in 2019, although with some modifications. Not all damage from the 2018 flooding is yet repaired. The Pheasant Branch Conservancy will not be able to repair bridges until 2020.

Stepping stones are in place until then. Tiedeman Pond boardwalk repair will begin in the spring.

Don plans to submit an article to the AVA Wanderer regarding the first three 2019 Frank Lloyd Wright walks.

The start point for the 18 May Cottage Grove walk has been changed to the Community Park because of a conflict with a Ragnar Relay Race occurring in the area the same weekend. About 40 relay teams are expected and the club's walk will be sharing some of the route with them.

**Publicity Chair:** No report.

**Volunteer Coordinator :** No report.

**Director at Large:** Joanne reported for Diane and shared an email complaint recently received by Diane. In it, a member pointed out that the general membership has little voice in approving/denying expenses.

**Newsletter Editor:** No report.

**Website Administrator:** Kevin Moore indicated times for walks can only be entered in half hour increments in the Dairyland Walkers website's Google calendar. The calendar may therefore differ from actual times by 15 minutes.

**AVA Electronic Sanctioning Volunteer:** Tom Gundlach has updated the AVA website with the club's 2019 list of officers. He is currently awaiting 4th quarter walker numbers from Jerry Wilson.

### Unfinished Business

For the March/April issue of the newsletter. Doug plans to write about accomplishments, although being able to do this is dependent on the latest issue of the Wanderer being available. Since the Wanderer has been modified to quarterly distribution in 2019, he may not be able to write an article on accomplishments for every issue of the Dairyland Walkers newsletter.

Don said he would write articles about the next two walks (16 March Middleton Pie Walk and 13 April Frank Lloyd Wright walk in Madison); Kevin said he will write that the Wandering Wheels club, located in Ohio, will be doing the LaCrosse walk on September 9 as part of a bus trip; Mary will submit an article about the walk and eat events in March and April; Russ will report on 2018 VIP finishers; and, Joanne will address the spring trash pick up.

View on the Dairyland Walker Website at [www.dairylandwalkers.com](http://www.dairylandwalkers.com)

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## New Business

Renew bulk mailing permit for 2019(?): Pursuant to the last Board meeting, Mary has been investigating whether to renew the bulk mailing permit, set to expire on 11 January. The annual fee is \$225.00 and a minimum of 200 items are required to be mailed at any one time. The club will have 2 years to reinstate the permit after canceling without reapplying. \$225 is not the entire cost for a mailing, despite the permit, as there is an additional fee amounting to about \$35 based on zip codes and a per item surcharge for returned envelopes.

Mary took the 2019 Blue Book to the post office and was informed it would cost only about \$1 to mail first class. There would also be no requirement for a minimum number of 200 items. Mary's recommendation was not to renew the mailing permit. A motion was made by Maureen not to renew; this was seconded and approved unanimously.

Continue evening group walks in 2019(?): Kristi agreed to coordinate the 2019 evening walks.

Review of Bylaws(?): Maureen stated that the bylaws are viewable on the website, but were last revised in 2012. She asked whether the Board has a schedule for making revisions. Doug replied this has been performed on an as needed basis. They were last revised by Tom McCrill and Russ Crane.

Maureen added that there are some blank areas in the current bylaws where words seem to be missing. She also noted that the newly revised Robert's Rules of Order are referred to in the document, but no actual reference is cited. There was general agreement that the bylaws need to be revised again. Russ indicated that he will approach Tom McCrill about assisting with this. The subject will be discussed again at the March Board meeting.

Closure of Menominee River Club: Don presented a letter from Gilbert Engel announcing disbandment of his club. Received with the letter was a check to Dairyland Walkers for \$42.33, representing the final check from the club's account. Unused supplies were also donated, including new walker packets and multiple record books.

**Adjournment:** The meeting was adjourned at 6:58 p.m.

Next Board meeting – 13 March 2019, Lakeview Branch Library

Next General Membership meeting – 13 February 2019, Hody's Bar & Grill

Next Special Event Walks:

– East Towne Mall Walk, Saturday 12 January 2019

– West Towne Mall Walk, Saturday, 9 February 2019

Respectfully submitted,  
Susan Wester, Secretary

Attachment B

Minutes Pending Approval

**Dairyland Walkers General Membership Meeting  
Hody Bar & Grill (Lower level), 1914 Aurora St., Middleton, WI  
February 13, 2019**

**Number of attendees:** 14

**Call to Order:** The meeting was called to order by Vice President Terry Wendt at 6:30 pm. The meeting's agenda, as well as the minutes of the December general membership meeting, were approved without change.

**Officer Reports**

**President:** No report

**Vice President:** No report

**Secretary:** No report

**Treasurer:** Kristi Kenyon reported income for the period of \$1,933.33, about half being from dues. Expenses were \$1,714.39 and included administrative supplies, AVA participation fees, and inventory purchases. The 13 February balance is \$3,114.02, representing an increase of \$218.94 from the previous period. The report was approved and filed for audit.

**Director At Large:** Diane Thornbery, in follow up to January's Board meeting, has set up a Google Drive account for Maureen Engelberger and addressed Russ Crane's issue with his. 2018 and 2019 minutes are also now shared with the Board of Directors.

**Other Reports**

**Membership Chair:** Mary Liebig indicated a lot of dues have been collected already. Mary added that AVA recently has partnered with GroupWorks, which has club communication tools. She has been finding out more information on the AVA Facebook page about this. There will be a presentation on GroupWorks at the 2019 convention.

**Sanctioned Event Coordinator:** Joanne Reuter said beginning this year there will be a new file in the back of the walk box containing incident forms. The forms should be filled out and sent to AVA in the case of an incident. At the end of the binder, there also will be information about AVA's liability insurance.

**Trail Master:** Don Suloff mentioned that beginning with the two walks featured in the next newsletter, there will be information about the need of volunteers for specific tasks associated with the walks.

**Publicity Chair:** No report

**Volunteer Coordinator:** No report

**Newsletter Editor:** No report

**Website Administrator:** No report

**AVA Electronic Sanctioning Volunteer:** Tom Gundlach said all 2019 walks are in the AVA system.

**Stores Manager:** No report

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### **Unfinished Business: None**

**New Business:** Terry reported speakers are still needed for some of this year's membership meetings.

**Speaker:** Kate Hemesath, Fitness Supervisor at the American Center UW Health Wellness Center, spoke on the benefits of walking. She indicated evidence exists that walking is up there with other sports in terms of its health benefits. 30 minutes of walking 4-5 times per week cuts cardiovascular disease risk, eases joint pain and boosts the immune system. Regular walkers are significantly less likely to get sick than sedentary people, and recover more quickly. Walking also improves mental health. The American College of Sports Medicine (ACSM) has issued newer guidelines, indicating a fitness regimen should include not only cardio activity, but also resistance (weight), neuro-motor (balance) and flexibility training.

**Adjournment:** The meeting was adjourned at 7:31 p.m.

**Next Board Meeting:** 13 March 2019, 1800 hours (6 pm), Lakeview Branch Library

**Next General Membership Meeting:** 10 April 2019, 1830 hours (6:30 pm), Hody's Bar & Grill.

### **Next Special Event Walks:**

- Pie Walk, Saturday, 16 March 2019.

- Madison Frank Lloyd Wright Walk, Saturday, 13 April 2019. 6, 8 and 12 K starting at Rennebohm Park.

### **Next Saturday Walk & Eat Group Walk:**

- DeForest YRE, Saturday, 9 March 2019

- Capitol YRE, Saturday, 30 March 2019

Respectfully submitted,  
Susan Wester, Secretary

## Attachment C March Event

### Dairyland Walkers

<b>AVA Sanction #:</b>	2019/Y0675
<b>Dates:</b>	March 16, 2019 - March 16, 2019
<b>Start Location:</b>	St. Luke's Lutheran Church
<b>Location:</b>	7337 Hubbard Avenue, Middleton, WI N43.09496 W089.50806
<b>Hours:</b>	This walk will be a guided walk beginning at precisely 2:00 pm. Registration must be complete prior to that time.
<b>Distance:</b>	5K
<b>Rating:</b>	1A The walk will not be suitable for strollers and wheelchairs.
<b>Special Programs:</b>	Walk the USA A-Z, and Wisconsin Counties
<b>Directions:</b>	From I-39/90 take US 12/18 (Beltline) west. Take University Ave. (exit 251A) east, turning left on University Ave. Proceed to first stoplight, turn right on Parmenter St. Turn at the second left on Hubbard Ave. The church is on the right, just past the library.
<b>Parking:</b>	Ample parking is available in the church parking lot.
<b>Description:</b>	This will be a guided group walk. It will be a modified version of the Middleton year-round walk. Following the walk, participants are invited to enjoy a piece of pie at the church to be provided by the club.
<b>Awards &amp; Fees:</b>	There will be no pre-registration or award for this walk, but walkers intending to participate are asked to notify the walk contact no less than two days prior to the walk in order to estimate the number of pies required. The fee for all participants will be \$4.00. The Dairyland Walkers Frequent Walker Coupons may not be used for this walk. There will not be a separate sanction number for this walk. The stamp for the Middleton year-round walk will be used.
<b>Pets:</b>	Pets will not be permitted.
<b>Amenities:</b>	Restrooms are available at the start point and along the walk route.
<b>Contact:</b>	Barb Lund, 1637 Delaware Blvd, Madison, WI 53704, <a href="mailto:lund_b@sbcglobal.net">lund_b@sbcglobal.net</a>
<b>Disclaimers:</b>	Madison Area Volkssport Association, the AVA, and starting point businesses are not liable for accidents, thefts, personal injury and/or material damage. All attempts will be made to create a safe and enjoyable event. Participants accept the guidelines of AVA Volkssport events and agree to observe the principles of good sportsmanship. Each participant is asked to sign a waiver from liability before the walk.

Per [Dairyland Walkers.com](http://DairylandWalkers.com)

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### Attachment C April Event

<b>Dates:</b>	<b>4/13/2019 - 4/13/2019</b>								
<b>City / State:</b>	Madison, WI								
<b>Event Name:</b>	Frank Lloyd Wright Walk								
<b>Event Type:</b>	Walk								
<b>Event ID:</b>	113511								
<b>Distance - Trail Ratings:</b>	12K & 8K - 2A								
<b>Description:</b>	GPS: N 43.07042 W 089.46287. The walk passes four Frank Lloyd Wright-designed structures with another within a very short drive. The walk passes through or past Indian Hills Park, John C. McKenna Park, Sunset Park, Robin Greenway, and Rennebohm Park. The walk also walks past two golf courses and features beautiful views of Lake Mendota and lakeside homes.								
<b>Amenities:</b>	<b>Strollers:</b> medium   <b>Wheelchairs:</b> NO   <b>Pets:</b> No   <b>Restrooms:</b> Yes								
<b>Special Programs:</b>	Little Free Libraries, Points of Reference, Take a Walk In a City Park, United States Post Offices, Walking the Path of Inventions, Walking the USA A - Z								
<b>Start Times:</b>	8:00 am to 12:00 noon, finish by 3:00 pm								
<b>Location:</b>	Rennebohm Park Shelter								
<b>Start Point / Driving Directions:</b>	115 N Eau Claire Ave, Madison, WI. From US Hwy 12/14/18/151 on south side of Madison take exit 258 north on Midvale Blvd and follow it north approximately 2.1 miles. Turn left on Regent St. and follow it approximately 0.5 miles. Turn right on N Eau Claire to the start point on the right. Ample parking is available.								
<b>Awards &amp; Fees:</b>	IVV Credit Only								
<b>Comments:</b>	<p>SPECIAL PROGRAMS:</p> <table style="width: 100%; border: none;"> <tr> <td style="width: 50%;">1. Little Free Libraries</td> <td style="width: 50%;">5. Walking the Path of Inventions</td> </tr> <tr> <td>2. Points of Reference</td> <td>6. Walking the USA A-Z (Madison)</td> </tr> <tr> <td>3. Post Offices</td> <td>7. Walking Wisconsin Counties - Dane</td> </tr> <tr> <td>4. Take a Walk in a City Park</td> <td></td> </tr> </table>	1. Little Free Libraries	5. Walking the Path of Inventions	2. Points of Reference	6. Walking the USA A-Z (Madison)	3. Post Offices	7. Walking Wisconsin Counties - Dane	4. Take a Walk in a City Park	
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3. Post Offices	7. Walking Wisconsin Counties - Dane								
4. Take a Walk in a City Park									
<b>Host Club:</b>	Madison Area Volkssport Assn.								
<b>Contact:</b>	Don Suloff (608) 821-0263								
<b>Website:</b>	No Website Listed								
<b>E-Mail Contact:</b>	<a href="mailto:suloff@tds.net">suloff@tds.net</a>								

Per AVA.org

View on the Dairyland Walker Website at [www.dairylandwalkers.com](http://www.dairylandwalkers.com)