



# Madison Area Volkssport Association Newsletter

July-August 2018

[www.dairylandwalkers.com](http://www.dairylandwalkers.com)

Vol 2018-04



## July – August Events

July 8 Sun. Beaver Dam W.  
July 11 Board Meeting  
6:00pm - Goodwill North.  
July 18 Wed, Evening Walk  
July 21 Sat. Walk and Eat –  
Monona (See p. 2)  
July 28 Sat. Walk and Eat –  
Middleton (see p. 2)  
Aug. 1 Wed. Evening Walk  
Aug. 4 Sat. Oregon Walk  
Aug. 8 Membership Meet.  
5:00pm Lakeview Com.Pk  
Aug. 15 Wed. Evening Walk  
Aug. 18 Sat. Walk & Eat –  
Madison East (See p. 2)

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### Beaver Dam Walk – Sunday, July 8 By Russ Crane

On Sunday, July 8, the Dairyland Walkers will sponsor 5K and 10K walks in Beaver Dam. Registration will be available from 9:00 am to noon with a requested finish time of 3:00 pm. The start/finish will be at the Smythe Court Park shelter at the corner of Smythe Court and Greenwich Street.

Walkers will cross the dam that creates the Beaver Dam Lake, cross the Beaver Dam River several times, explore downtown Beaver Dam and a number of residential areas.

During 2017 the Walldogs (a traveling group of artists) painted 15 murals throughout the city, some of which you will see on the walks. The main attraction will be the “A Day in the Park Arts and Crafts Show” in Swan Park. This will be the 41<sup>st</sup> year of this annual event, the largest in the area. There will be over 200 vendors. Both the 5K and 10K walks will experience the arts/craft show.

Walkers on the 10K route will see the home where Fred MacMurray’s grandfather lived and where Fred lived while he was growing up in Beaver Dam. The 10K will also walk on the campus of Wayland Academy, a renowned co-ed college preparatory, boarding and day school for grades 9-12.

Any walkers wishing to go out as a group should plan to be at the start point, the Smythe Court Park shelter, at 9:30 am. Following the walk participants may want to gather at Ming's Garden Chinese Restaurant, 150 Front Street, for a buffet lunch and socializing.

### Oregon Walk – Saturday, August 4 By Dave Riyeff

All are welcome to join the Dairyland Walkers as we take to the streets in Oregon WI on Saturday, August 4, 2018. The walk begins in the historic downtown district, makes its way to Keller Alpine Meadows Park, a beautiful natural area at the edge of town, and then through neighborhoods with winding city streets. We'll pass by a variety of local shops and eateries as we make our way back through the downtown area. The walk start point is the pavilion at Kiser Fireman's Park, 245 Brook St. in Oregon. Walkers can begin between 8:00 AM and 12 noon. All need to finish by 3:00 PM. See you then!!

### Membership Meeting – Wednesday, August 8 By Terry Wendt

The August 8, 2018 meeting will be held at Lake View Park on Allen Blvd in Middleton. There will be a 5K walk beginning at 5PM, meeting and pot luck supper begins at 6PM. Members are asked to bring a dish to pass and what they want to drink.

### North Central Regional Convention – September 7 – 9, 2018

Registration Form: See Attachment E. Sign-up and join us.

## **Dates of Interest?**

### **Date**

**July** Nat. Parks and Rec. Month

National Grilling Month

2 Made in the USA Day

4 Fourth of July

7 Father-Daughter Take a Walk  
Together Day

15 National Ice Cream Day

27 Full Moon – 3:20 pm CDT

30 Nat. Chicken & Waffles Day

**August** Boomers Make a  
Difference Month

Nat. Immunization Awareness Mo.

2 IPA Beer Day

3 Watermelon Day

11 Go Bowling Day

17 I Love My Feet Day

21 Senior Citizen's Day

26 Full Moon – 6:56 am CDT

29 More Herbs Less Salt Day

## **NEWSLETTER ARTICLE SUBMITTAL DEADLINE**

for  
September – October  
2018

Deadline: August 20

Put an **Article Specific Title**  
on the subject line and  
send articles to the  
DW Newsletter email  
address:

[dairylandnews@gmail.com](mailto:dairylandnews@gmail.com)

This email address is regularly  
monitored ten days before and ten  
days after a newsletter edition is  
published.

## **Saturday Walk & Eat Group – Saturday, July 21 & 28 and Aug. 18 By Mary Liebig**

### **Monona – July 21, Middleton – July 28, Madison Eastside August 18**

More Saturday Group Walk and Eat opportunities are coming up in July and August:

#### **July 21 Monona**

Saturday morning, July 21 will find us walking in Monona. We'll meet in the parking lot at a bench at Monona City Hall, the start point, located at 5211 Schluter Road to register for the walk. Right now we are only planning to do the 11k route; if anyone would like to volunteer to lead the 6k Monona route, let me know and I'll add that information in an email update. Walkers should meet at 8:45 a.m. to register for the walk; plan to start walking at 9 a.m. After the Monona walk we'll eat at Tully's II located at 6401 Monona Dr. (near the intersection with W Broadway) Here is a link to their menu: <http://tullys2.com/menus.html>

#### **July 28 Middleton**

On Saturday morning, July 28 we'll meet inside the start point of the Middleton Walk, the Hubbard Avenue Diner, at 7445 Hubbard Avenue in Middleton, at 8:45 a.m. to register for the 10k walk. Plan to start walking at 9 a.m. If anyone would like to volunteer to lead the 5k route, let me know and I'll add that information in an email update. We'll plan to eat at the Hubbard Avenue Diner after our walk. Here is a link to their menu <https://hubbardavenuediner.com/menus/>

#### **August 18 Madison Eastside**

On Saturday, August 18, we'll meet just outside the start point of the Madison Eastside Walk, Monty's Blue Plate Diner located at 2089 Atwood Ave. Those wishing to walk 10k should meet at 8:45 a.m. to register for the walk and plan to start walking at 9 a.m. Ellen Twing has volunteered to lead the 6k walk. Those wishing to walk the 6k with Ellen should meet outside Monty's Blue Plate Diner at 9:30 a.m. Please let Ellen know at [emtwing@gmail.com](mailto:emtwing@gmail.com) or 608-220-3822 (Cell) if you plan to walk the 6k route. A parking option is the United Way Reserved Parking Lot located across the street from the United Way Building at 2059 Atwood Avenue. It is only reserved for United Way parking from 3 a.m. to 5 p.m. Monday – Friday and should be available for public parking on Saturdays. For those interested in lunch after the walk, we'll plan to eat at the Daisy Café & Cupcakery at 2827 Atwood Ave. Monty's Blue Plate Diner does not accept reservations and cannot accommodate our group. Here is a link to the menu at the Daisy Cafe: <https://daisycafeandcupcakery.com/>

## **Seasonal WI Ice Age Trail (IAT) Hikes - Update By Jerry Wilson**

Registration is open on the On-line Start Box (OLSB). Use your PayPal account to register for Wisconsin Ice Age Trail (WI IAT) hikes. \$2.00 will be claimed for registration to obtain hike directions and the map. When you return to the OLSB signing off event completion the third dollar (\$1.00) will be collected and stamp pages created. Details still to come on the regional program book, but plans are that the entire book, including event stamps will be created when the 16<sup>th</sup> event is complete.

## **Wednesday Evening 10K Group Walks** **By Mary Liebig**

### **Wednesday Evening 10k Group Walks** **July and August – 1<sup>st</sup> and 3<sup>rd</sup> Wednesdays Each Month**

As promised, we will offer some additional 10k group walks in the Madison area on the 1<sup>st</sup> and 3<sup>rd</sup> Wednesday evenings of the spring and summer months. The walks will start at 5:30 p.m., plan to be at the start point listed below to sign in and register for the walk around 5:15 p.m.

Here's what's on tap in July and August:

#### **Wednesday, July 4 – Happy Fourth of July – No Walk**

#### **Wednesday, July 18 – Middleton Walk**

**Meeting location/Start Point:** Outside the Hubbard Avenue Diner located at 7445 Hubbard Ave. in Middleton.

**Volunteer Leader:** Don Suloff

#### **Wednesday, August 1 – Aboretum Walk**

**Meeting location/Start Point:** See the Monthly E-mail for Details

**Volunteer Leader:** Chris Flessert

#### **Wednesday, August 15 – Civil War Walk**

**Meeting location/Start Point:** See the Monthly E-mail for Details

**Volunteer Leader:** Don Suloff

## **Changes to the “AVA Event Registration Log Form” (Example attached as Attachment D)** **By Joanne Reuter**

The above-mentioned form is found in the binder of each walk box for year-round and seasonal walks. You sign this form each time you register to do one of these walks. The AVA has made some changes to this form, and I want to make you aware of them. This new form is attached to the newsletter for you to refer to as you read this article.

At the top of the form is the “Amateur Athletic Waiver and Release of Liability” document. Please read through this. When you sign your name to register for a walk, you are saying that you understand what is written in this section. Numbers 1 and 2 have phrases that will now include minor children participants in the waiver and release of liability document. Number 5 is entirely new, and deals with any photos you submit to the AVA.

The lower section is what I consider to be the Event Participation Log. There is a change in the column entitled: “Name & Address of Participant”. In order to safeguard the personal information of participants, the AVA has now made listing your address as optional. You are only required to print your name in this column. You can continue to use address labels here if you don't mind sharing your address.

Our club made some “tweaks” to the AVA form to better suit our purposes. In the column entitled: “Participation Category”, we created a separate listing for Minor child because we are required to gather statistics on this.

The other change our club made was in the last column. It previously had the title of “Total”, but we felt that the title of “Payment” better reflects the intent.

I plan on having these new forms placed in all the binders by mid-July.

Any questions, seek me out or email me at: [jmreuter815@gmail.com](mailto:jmreuter815@gmail.com)

## **Seventy-Two Down!**

### **By Don Suloff**

During our walking weekend the first group of walkers completed the Tom Doyle Walking Wisconsin Counties program. Congratulations! Dave and Kim Rieff surprised those completing the program with a lapel pin with an outline of Wisconsin surrounding the number 72. Thanks Dave and Kim. More formal recognition of those completing the program in 2018 will occur at our annual holiday party in December. Although no more counties will be the focus of our walks, those wishing to complete the program either this year or in future years should contact Don Suloff for information.

The weekend of walking was attended by 26 walkers who enjoyed wonderful walking weather and some excellent walks. Diane Thornbery and Joanne Reuter again hosted a delightful wine and cheese party, followed by a fun evening at a local Mexican restaurant (see photo). Our walking weekends have been so popular that we will continue them into future years. Plan on attending the next one!



## **FAQ Frequently Asked Questions**

### **By Joanne Reuter**

This is a new series of articles designed to answer questions asked by new members of our club, but may contain information that older members never knew before! Today's questions are: "Why do we have to pay a fee to walk? What does it cover?"

Whether you pay the fee with cash, check, or coupon, \$1.25 of that fee is sent to the AVA. Some AVA expenses are: liability insurance, making the event stamps, participant records management, event and supplies management, the AVA Website, and staff salaries/benefits.

The remaining money stays with our club. Club expenses include: sanctioning fees to the AVA for each walk we sponsor, printing of walk directions, reservation fees for the shelters/rooms at the start point of event walks, walk box supplies, printing costs for the annual VIP and Blue Book, honorariums to speakers, donations that the board deems appropriate, our website and domain fees, and storage unit fees.

My thanks to Russ Crane for giving me the information for this article.

Do you have questions, or feel confused about something? I would love to receive future topic ideas from you: [jmreuter815@gmail.com](mailto:jmreuter815@gmail.com)

## **An Early Look At 2019**

### **By Don Suloff**

One thing I've learned as your trailmaster is that it is never too early to begin planning for the next year – it takes months of planning and preparation to put together an enticing scheduling mixing new venues and old favorites. So saying, here is an early look at 2019. We start the year in normal fashion with our two mall walks followed by the pie walk. Then we will get creative with a focus on the Frank Lloyd Wright (FLW) Trail. In no particular order (yet) we will walk in Racine which will include visiting one FLW site with another within easy driving distance, Milwaukee again visiting one FLW site with another within easy driving distance, Richland Center visiting one FLW site, Spring Green with two FLW sites within easy driving distance (Richland Center and Spring Green will comprise our walking weekend), and Madison visiting as many as six FLW sites. We will supplement this program with a walk at Lake Farm County Park. The year will end with our regular Veteran's Walk and Christmas party walk. This still leaves openings for two more walks and **I would like your help!** Please give me your ideas for a new walk or two. Perhaps you would be willing to map out a new route (with help of course). The success of our program can only be maintained with new people coming up with new ideas!!

## **Club Milestones**

### **By Doug Wiest**

The following are the milestones of club members as reported by the June / July 2018 issue of The American Wanderer:

Events		Kilometers	
50	Cheryl Romo	500	Donald Johnson
575	Phillip Ringhand	500	Cheryl Romo
650	Joan Miller	4,000	Kristina Kenyon
750	Susan McMahon	5,000	Joan Miller
		5,500	Joan Miller
		6,000	Joan Miller
		6,500	Joan Miller
		6,500	Ann Misener
		7,500	Susan McMahon
		8,000	Pam Wilson
		11,000	Jerry Wilson

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at [douglaswiest@yahoo.com](mailto:douglaswiest@yahoo.com) and they will be listed in the next Dairyland Walkers newsletter.

The distance accomplishments that should have appeared in the December 2017/January 2018 and February/March 2018 issues of The American Wanderer are included in this list.

## **Membership Update**

### **By Mary Liebig, Membership Coordinator**

Please welcome the following members who have joined since our last newsletter:

- Kari Austin, Sun Prairie, WI
- Gail Cox, Madison, WI
- Joanne Haglund, Mt. Horeb, WI
- Rosanne Hepner, Waunakee, WI
- Michael Mc Hugh, Madison, WI
- Kevin & Tonja Palmer, Brillion WI
- Matt & Beth Sykes, Madison, WI
- John Whitehead, Cross Plains, WI
- Sharon Wirtz, DeForest, WI



## 2018 Dairyland Walkers Calendar at a Glance

Saturday, January 20	West Towne Walk	Results included in West Towne YR Counts
Saturday, February 17	East Towne Walk	Results: Total=24; Credit=23, Non-Credit 1
Saturday, March 17	Pie Walk, Middleton	Results: 68 Walkers: Middleton YR Counts
Saturday, April 28	DeForest Walk	Results: Total=89; Credit=45, Non-Credit 44
Saturday, June 9	Mazomanie Walk	Results: Total=48; Credit=39, Non-Credit 9
<hr/>		
Wednesday, July 4	<b>NO</b> 1 <sup>st</sup> Wednesday Walk	
Sunday, July 8	Beaver Dam Walk – Smythe Park Shelter - Corner of Greenwich St. and Smythe Court	9:00am-Noon Start, Finish by 3:00pm
Wednesday, July 11	Board Meeting: Northside Goodwill Store - Community Room, 2901 N. Sherman Avenue	6:00pm Meeting
Wednesday, July 18	3 <sup>rd</sup> Wednesday Walk – Middleton Walk	5:30pm Start. Leader: Don Suloff
Saturday, July 21	Sat. Walk and Eat Group – Monona Walk	8:45am Reg., 9:00am 10K Start, 6km option – See article on page 2
Saturday, July 28	Sat. Walk and Eat Group–Middleton Walk	8:45am Reg., 9:00am 10K Start, 5km option – See article on page 2
Wednesday, August 1	1 <sup>st</sup> Wednesday Walk – Arboretum Walk	5:30pm Start. Leader: Chris Flessert
Saturday, August 4	Oregon Walk – Keller Alpine Meadows Park	8:00am-Noon Start, Finish by 3:00pm
Wednesday, August 8	Club Membership Meeting – Lakeview Community Park, Allen Blvd. Middleton	5:00pm 5 km Walk, 6:00pm Meeting and Potluck
Wednesday, August 15	3 <sup>rd</sup> Wednesday Walk – Civil War Walk -- Last 2018 Scheduled Wednesday Evening Walk	5:30pm Start. Leader: Don Suloff
Saturday, August 18	Sat. Walk and Eat Group – Madison Eastside	8:45am Reg., 9:00am 10K Start, 6km option – See article on page 2
<hr/>		
Friday – Sunday, September 7 - 9	North Central Regional Conference – Bloomington, MN Area	Walks, Fun, Social Events, Meet Fellow North-Central Region Walkers
Saturday, October 13	Maple Bluff Walk – Warner Park Comm. Center	9:00am-Noon Start, Finish by 3:00pm
Saturday, November 10	Veterans Weekend Walk – BW Premier Park Hotel	9:30am-11:00am Start, Finish 11:00am-1:00pm

**Attachment A**

**Minutes Pending Approval**

**Dairyland Walkers Board Meeting  
Hawthorne Library Branch  
2707 E. Washington Avenue, Madison, WI  
May 9, 2018**

**Minutes**

**Members present:** Don Suloff, Karen Reger, Russ Crane, Mary Liebig, Kevin Moore, Terry Wendt, Doug Wiest, Cindy Haagensen, Joanne Reuter, Irene Irwin, Susan Wester

**Call to Order:** The meeting was called to order by President Doug Wiest at 6:00 p.m. The agenda, as well as the minutes from the 14 March Board meeting, were approved without correction.

**Officer Reports**

**President:** No report

**Vice President:** Terry Wendt said that June's general membership meeting will be at Hody's in Middleton. Terry will present an introduction to volkssporting, using Don Suloff's outline from last year's talk. The August general membership meeting will be the picnic, where Don will lead the 5K walk.

**Secretary:** No report

**Treasurer:** Doug reported for Kristi Kenyon. Income for the period ending May 9 was \$438.00 and expenses were \$358.80. The ending balance is \$4,332.74, reflecting an increase of \$79.20. The report was accepted and filed for audit.

**Director at Large:** Cindy Haagenson has heard back that the brochure for the September 7-9 regional conference in the Twin Cities is expected to arrive in a couple weeks. Diane Thornberry is waiting for the brochure and/or additional information in order to investigate the possibility of chartering a bus for the group.

**Other Reports**

**Membership Chair:** No report

**Sanctioned Event Coordinator:** Joanne Reuter indicated that Susan Wester is resigning as POC for the La Crosse walk box at the end of the year.

The AVA has updated the registration log per the most recent Checkpoint. Joanne distributed both the new and old registration forms for comparison, with changes highlighted. After some discussion, it was decided that many of the changes could be implemented. However, some could be confusing for walkers. Joanne will revise the registration log and send it to the walk box POCs in time for the end of June visit.

**Trail Master:** Don distributed a draft of the 2019 walk schedule and asked for feedback. The schedule is still somewhat flexible. He offered 2 choices for the 2019 walking weekend. Attendees informally tended to favor a weekend in Spring Green and Richland Center, rather than one in Racine and Milwaukee.

Don is looking for persons to finalize some of the 2019 walks, including those in Madison, Cottage Grove, Milwaukee and Milton.

**Publicity Chair:** Karen Reger reported that the next Board meeting on July 11 will be at the Northside Goodwill instead of Lakeview Library. It too is located in the Northside Town Center.

**Volunteer Coordinator:** Irene Irwin pointed out that the spring highway clean up occurs on the same weekend as Earth Day. This year the cleanup actually occurred on Earth Day. She indicated that PBS could be a possibility for publicizing information.

She also pointed out that Maureen Engelberger shares the volunteer coordinator position with her. Irene will invite her to the next meeting when she will be appointed co-coordinator.

**Newsletter Editor:** No report

**Website Administrator:** No report

**AVA Electronic Sanctioning Volunteer:** Doug reported for Tom Gundlach that all first quarter walks and the DeForest walk have been entered into the AVA's ESR.

**Unfinished Business:** Newsletter Articles: Don will write up the Oregon walk, Joanne the revised registration form, Russ Crane and Karen the Beaver Dam walk, Mary the walks in July and August, and Doug accomplishments. Joanne suggested she could also write an article describing how walk fees are utilized, based on a question at a recent walk. Perhaps frequently asked questions could be used as regular topics for future newsletters.

**New Business:**

New Members at Meetings: Susan asked if it would help at membership meetings to ask if there are any new people in attendance. The point would be to make them feel welcome. Doug commented that not everyone wants to be singled out as being new. After a some discussion, Cindy suggested that Doug could just welcome any new people in general and ask if there are any questions.

Proposal for changes to Year-round/Seasonal walks in 2019: Mary said Pete Nagan, a member from Appleton ((formerly POC for the Neenah walk) has indicated that the discontinued Appleton walk should be reconsidered. In his opinion the Appleton walk would be more interesting than the Neenah walk. He would be willing to be the Appleton POC. After consideration, Mary thought also that the DeForest walk could replace the FonduLac walk. She would be willing to be the POC for the DeForest walk.

Cindy made a motion to re-instate the Appleton walk with Pete Nagan designated as the POC. The motion was seconded and approved without dissent.

The decision on all 2019 seasonal/year round walks needs to be made at the next Board meeting. To aid in the decision, Joanne will send an email to all POC's with a list of job responsibilities. She will ask for feedback on whether they can continue their positions.

The issue of converting seasonal/year round walks to an electronic start system will also be re-visited. Tricia Gundlach, chair of the ad hoc committee on the matter, will be asked to attend the next meeting as well.

**Adjournment:** The meeting was adjourned at 7: 42 p.m.

Next Board meeting – Wednesday, 11 July 2018, Lakeview Branch Library

Next General Membership Meeting – Wednesday, 13 June 2018, Hody's Bar & Grill, Middleton, WI.

Next Special Event Walks:

- Shawano walk (Shawano Co.), Saturday, 19 May 2018
- Legend Lake seasonal event (Menomonee Co.), Saturday, 19 May 2018
- Antigo walk (Langlade Co.), Sunday, 20 May 2018
- Medford seasonal event (Taylor Co.), Sunday, 20 May 2018
- Mazomanie walk, Saturday, 9 June 2018

Next Saturday "Walk & Eat" group walks:

- Civil War YRE walk, Saturday, 12 May 2018
- Picnic Point YRE walk, Saturday, 23 June 2018

Next Wednesday evening group walks:

- Monona YRE walk, Wednesday, 16 May, 2018
- Picnic Point YRE walk, Wednesday, 6 June 2018

Respectfully submitted,  
Susan Wester, Secretary



**Attachment B**

Minutes Pending Approval

**Dairyland Walkers Bimonthly General Membership Meeting  
Hody's Bar & Grill (lower Level), 1914 Aurora St., Middleton, WI  
June 13, 2018**

**Minutes**

Number of attendees: 21

The meeting was called to order by President Doug Wiest at 6.29 p.m. The meeting's agenda was approved with a corrected location for the July Board meeting to the Northside Good Will and correction of the day of the Beaver Dam walk to Sunday July 8.

**Officer Reports**

**President:** No report.

**Vice President:** Terry Wendt said the next membership meeting is the 8 August picnic at Lakeview Park in Middleton. It is a potluck meal; he encouraged attendees to bring their own beverages to drink. It will be preceded by a 5K walk at 5:00 p.m., with the potluck to begin around 6:00 p.m.

**Secretary:** No report.

**Treasurer's Report:** Kristi Kenyon reported that income for the month was \$490.00 and expenses were \$220.44, resulting in a 13 June balance of \$4,602.30. This represented an increase of \$269.56 from the previous period. The report was accepted and filed for audit.

**Director At Large:** Cindy Haagensen discussed the forthcoming North Central Regional Conference and associated walks to be held September 7-9 (Friday-Sunday). For more information about this, on the Dairyland Walkers website there is a link to Twin Cities Volkssport, the organization hosting the event. The conference brochure with registration form can be downloaded through this link. There will be a total of 6 walks.

Diane Thornbery added that she had looked into chartering a bus to the Twin Cities for the event. The problem in organizing a bus trip is that of the 6 walks, only 1 originates from where the conference activities are. The remaining are in different towns, including Northfield, Rochester and St. Cloud. Because of this, as well as the fact that there is more than one walk per day, a chartered bus would not be economically feasible.

**Other Reports**

**Membership Chair:** No report.

**Sanctioned Event Coordinator:** Joanne Reuter has created a list of duties of walk box coordinators/points of contact. This has been e-mailed to all POC's, who have been asked if they are able and willing to meet all the requirements in the future. A reply before the July Board meeting has been requested. The information from the replies will be used, along with other factors, to determine which year-round and seasonal walks will be sanctioned for 2019. This topic will be on the agenda of the July Board meeting.

**Trail Master:** No report.

**Publicity Chair:** No report.

**Volunteer Coordinator:** Irene Irwin reported that she and co-coordinator Maureen Engelberger have no specific ongoing project at this time.

**Newsletter Editor:** No report.

**Website Administrator:** No report.

**AVA Electronic Sanctioning Volunteer:** Tom Gundlach said that everything is up to date, with special thanks to Russ Crane for entering numbers from the last walk. The re-sanctioning process will begin at the end of August.

**Unfinished Business:** None.

**New Business:** None.

**Speaker:** Terry Wendt spoke on "What the Dairyland Walkers and Volkssporting Are All About." He also answered questions from some new people in attendance.

**Adjournment:** The meeting was adjourned at 7:30 p.m. by Doug Wiest.

Next Board Meeting: 11 July 2018, 1800 hours (6PM), Northside Good Will

Next General Membership Meeting and Picnic: 8 August 2018, 1800 hours (6:00 pm), Lakeview Community Park, Allen Blvd., Middleton, WI. A 5km walk beforehand will begin about 5PM.

Next Special Event Walks:

--Beaver Dam Walk, Sunday, 8 July, 2018.

--Oregon Walk, Saturday, 4 August, 2018

Next Saturday Walk & Eat Group Walk: --Picnic Point YRE, Saturday, 23 June, 2018

Next Wednesday Evening Walks: --Madison Westside Parks YRE walk, Wednesday, 20 June 2018

--Middleton YRE walk, Wednesday, 18 July 2018

Respectfully submitted, Susan Wester, Secretary

## Attachment C

 July Events – Beaver Dam WI Walk (Sunday Event):

<b>Dates:</b>	<b>7/8/2018 - 7/8/2018</b>
<b>City / State:</b>	Beaver Dam, WI
<b>Event Name:</b>	Beaver Dam Walk
<b>Event Type:</b>	Walk
<b>Event ID:</b>	110664
<b>Distance - Trail Ratings:</b>	10K and 5K - 1A
<b>Description:</b>	GPS: N 43.449355 W 88.844315. The walk will go by historic buildings, including the home where the actor Fred MacMurray lived and the Hotel Rogers which was featured in the movie "Public Enemies", a small portion of Wayland Academy, murals depicting the history of Beaver Dam, and an arts and crafts show in Swan Park.
<b>Amenities:</b>	<b>Strollers:</b> medium   <b>Wheelchairs:</b> NO   <b>Pets:</b> No   <b>Restrooms:</b> Yes
<b>Special Programs:</b>	Amphitheatres, Animal Safari, Bridges - Spanning the USA, Food For Thought, Ice Cream Parlors, Make a Wish at a Water Fountain, Take a Walk In a City Park, United States Post Offices, Walking the USA A – Z
<b>Start Times:</b>	9 am to Noon. Finish by 3 pm
<b>Location:</b>	Smythe Court Park Shelter
<b>Start Point / Driving Directions:</b>	Smythe Ct & Greenwich St, Beaver Dam, WI 53916. From Madison, take US-151 north. Exit US-151 at Exit 129 onto Business US-151 toward Beaver Dam. Go 1.6 miles to Greenwich St. Turn right at Greenwich St. and go two blocks to Smythe Court Park and the start point. Ample parking is available at the start point.
<b>Awards &amp; Fees:</b>	IVV Credit Only
<b>Comments:</b>	SPECIAL PROGRAMS: 1. Amphitheaters 2. Animal Safari 3. Bridges - Spanning the USA 4. Food for Thought 5. Ice Cream Parlors 6. Take a Walk in a City Park 7. United States Post Offices 8. Walk the USA A-Z letter B 9. Wisconsin Counties - Dodge
<b>Host Club:</b>	Madison Area Volkssport Assn.
<b>Contact:</b>	Jill Ruef (608) 643-6142
<b>Website:</b>	<a href="http://www.dairylandwalkers.com/walks/event-walks/beaver-dam-walk/">www.dairylandwalkers.com/walks/event-walks/beaver-dam-walk/</a>
<b>E-Mail Contact:</b>	<a href="mailto:jill.ruef@hotmail.com">jill.ruef@hotmail.com</a>

Excerpt from [www.AVA.org](http://www.AVA.org)

## Attachment C August Event – Oregon, WI Walk

<b>Dates:</b>	<b>8/4/2018 - 8/4/2018</b>
<b>City / State:</b>	Oregon, WI
<b>Event Name:</b>	Oregon Walk
<b>Event Type:</b>	Walk
<b>Event ID:</b>	110669
<b>Distance - Trail Ratings:</b>	10K and 5K - 1A
<b>Description:</b>	GPS: N 42.92702 W 89.38296. The walk will be on city side walks and a paved trail through a natural meadow conservation area. The walk will also make its way through neighborhoods and Oregon's historic downtown.
<b>Amenities:</b>	<b>Strollers:</b> easy   <b>Wheelchairs:</b> easy   <b>Pets:</b> Yes   <b>Restrooms:</b> Yes
<b>Special Programs:</b>	Animal Safari, Bridges - Spanning the USA, Make a Wish at a Water Fountain, Take a Walk In a City Park, United States Post Offices, Walking the USA A - Z
<b>Start Times:</b>	8 am to noon, finish by 3 pm.
<b>Location:</b>	Kiser Fireman's Park
<b>Start Point / Driving Directions:</b>	245 Brook St, Oregon, WI . From Madison, take Hwy 14 south to Cty Rd MM and follow it into Oregon where it becomes Main St. After about two miles turn left on Brook St to the start point. Ample parking at the park and along the street across from the park.
<b>Awards &amp; Fees:</b>	IVV Credit Only
<b>Comments:</b>	SPECIA PROGRAMS: 1. Animal Safari 2. Bridges Spanning the USA 3. Make a Wish - Water Fountains 4. Take a Walk in a City Park 5. U.S. Post Offices 6. Walking the USA A-Z letter O 7. Walk Wisconsin Counties – Dane
<b>Host Club:</b>	Madison Area Volkssport Assn.
<b>Contact:</b>	Dave Rieff (608) 756-1599
<b>Website:</b>	<a href="http://www.dairylandwalkers.com/walks/event-walks/oregon-walk/">www.dairylandwalkers.com/walks/event-walks/oregon-walk/</a>
<b>E-Mail Contact:</b>	<a href="mailto:drieff@hotmail.com">drieff@hotmail.com</a>

Excerpt from [www.AVA.org](http://www.AVA.org)

### Amateur Athletic Waiver and Release of Liability

In consideration of being allowed to participate in any way in American Volkssport Association (AVA) volkssporting programs and related events and activities, the undersigned:

1. Agrees that before or during my or my minor child's participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate;
2. Acknowledges and fully understands that each participant will be engaging in activities that could involve risk of serious injury, including permanent disability and death and severe social and economic losses which might result not only from my own or my minor child's actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known or not reasonably foreseeable at this time.
3. Assumes all the foregoing risks and accepts personal responsibility for the damages following injury, permanent disability or death;
4. Releases, waives, discharges and promises not to sue AVA, its affiliated clubs, their respective administrators, directors, agents, volunteers or employees, other participants, sponsoring agencies, sponsors, and advertisers, and, if applicable, owners and lessors of premises used to conduct the event from demands, losses or damages on account of injury, including serious injury, permanent disability, or death, or damage to property, caused or alleged to be caused in whole or in part by the negligence of any such person or organization, or otherwise.
5. Members, please be aware that when you share photos, via digital image or otherwise, with AVA, such photos or images become the property of AVA and AVA, its legal representatives and assigns, retain the right and permission to publish any such photo or image in any written or electronic publication, including Checkpoint or TAW, on social media, websites or in audiovisual presentations, promotional literature, advertising or in any similar method.

***The undersigned has read the above waiver and release, understands that I have given up substantial rights by signing it and sign it voluntarily. I further understand that if I place my name on the form upon which this waiver and release is printed, that I voluntarily agree that I understand that I have given up substantial rights.***

### Walker Signature and Event Registration Log

Club Name: **DAIRYLAND WALKERS, MADISON, WIS.**

AVA No. 835

Event No: YR

Start No.	Date	Name & Address of Participant (Please Print/Address is Optional)	Signature of Participant	Participation Category (Mark One)	PAYMENT
				( ) \$3.00 Adult – Credit ( ) \$2.00 Adult – Non Credit ( ) \$2.00 Minor child	
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## Weekend WALK Schedule

**Walk in the footsteps of  
 Paul Bunyan and F. Scott Fitzgerald**

**Friday, September 7 8:00 a.m. to 5:00 p.m.**  
 Time for 2 of the walks of your choice.

**Saturday, September 8 8:00 a.m. to 5:00 p.m.**  
 Time for 2 of the walks of your choice.

**Sunday, September 9 8:00 a.m. to Noon +**  
 LCW's Northfield/Jesse James Bank Robbery  
 Reenactment. Guided walk starts at 9:30 a.m. &  
 includes the 11:00-11:30 a.m. Reenactment

**1 p.m. to 5 p.m.**

CMV's Owatonna/State School Orphanage Walk  
 or another walk that you have not yet completed.

## Weekend Evening FOOD Schedule

(Please note: All other meals are on your own.  
 Special needs? Contact Lois Head)

**Friday, September 7 • 6:15 p.m. to 8:00 p.m.**  
 Meet and Greet Social & Chili Smorgasbord  
 Hearty Woodsman Red Meat Chili and/or  
 Gatsby White Chicken Chili, Blue Ox Corn Bread  
 and Daisy Cupcakes  
*Coordinated by CMV*

**Saturday, September 8 • 6:15 p.m. to 8:00 p.m.**  
 Pot Luck Banquet  
 A Smorgasbord of traditional Minnesota delights  
 prepared with love by experienced club chefs.  
*Coordinated by LCW*

Includes the hosting clubs' welcomes & surprise  
 entertainment as well as an AVA update from  
 President David Bonewitz (and "First Lady"  
 Mindy) and Remarks by Current Regional  
 Director Jerry Wilson & Butch Spaulding  
 (Candidate for Future Regional Director).

## Suggested Hotels

**Baymont Inn & Suites**, 245 Florence Ave,  
 Owatonna, MN 55060  
 507-455-1142.

Ask for Volksmarch rate of \$89.90 (Based on  
 availability.) (Owatonna walk Start Point.)

**American Inn** 1320 Bollenbacher Dr,  
 Northfield, MN 55057  
 507-645-7761 (Northfield walk Start Point.)

Hotels along the I-494 "strip" within 8 miles of  
 the Pearl Park walk Start Point and Social Events:

**Country Inn & Suites** (Start Point for 2 YREs  
 including MOA & Historic Bass Ponds),  
 2221 Killebrew Dr, Bloomington - \$153

**Hilton Minneapolis/Bloomington**, 3900 American  
 Blvd W, Bloomington - \$128

**Courtyard by Marriott**, 7800 Bloomington Ave S,  
 Bloomington - \$99

**Four Points By Sheridan**, 7745 Lyndale Ave S,  
 Richfield - \$124

**La Quinta Inn & Suites**, 5151 American Blvd W,  
 Bloomington - \$99

**Crowne Plaza Aire**, 3 Appletree Sq  
 952-854-9000 - \$107

**Holiday Inn Bloomington West**, 5120 American  
 Blvd, Bloomington - \$110

## SOUVENIR ROUNDUP BANDANNA



**Central Minnesota Volkssports  
 Lake Country Wanderers  
 Twin Cities Volkssports**

**Invite you to Come on Over for a**

# Regional Smorgasbord Roundup

**Friday, Saturday, & Sunday  
 September 7, 8, & 9, 2018**

**Featuring Six (6) Walks  
 2 Lumberjack Tromps  
 with Paul Bunyan & Babe the Blue Ox  
 4 Sophisticated Strolls  
 with F. Scott Fitzgerald**

**Friday Nite Meet & Greet  
 with Chili Choices**

**Saturday Nite Banquet  
 with Pot Luck Choices created  
 especially for you with love by  
 our experienced club chefs**



The 6 walks of this Roundup include 2 walk offerings from each of the 3 sponsoring clubs:

- Rockville (Stearns) County Park CMV
- Owatonna/Historical Orphanage CMV
- Downtown Minneapolis LCW
- Northfield (Guided) LCW
- Pearl Park (3 Mpls parks included) TCV
- Hyland Lake Park Reserve TCV

The guided Northfield walk (to include The Defeat of Jesse James Reenactment) will start at 9:30 a.m. on Sunday, September 9. However, all walks, including the Northfield walk (without the Reenactment), may be done in any order, depending on weather conditions and the directions of your travel.

We suggest that those coming from the west do the Rockville walk first and those coming from the south do the Owatonna walk first.

Rockville is about 80 miles northwest of Mpls and Owatonna is about 40 miles south of Mpls.

If you elect to do these walks before you pick up your Registration Packet, which will include all 6 maps/directions, you will find what you need in these 3 Seasonal Walk Boxes.

You can contact Lois Head at 320-252-7348 or [lmhead@stcloudstate.edu](mailto:lmhead@stcloudstate.edu) for more information.

## Registration Packets

(including your *imprinted fall-colored souvenir bandanna*)

Registration Packets can be picked up in the Pearl Park Small Craft Room from 7:00 a.m. to 5:00 p.m. on Friday, September 7 or Saturday, September 8

**Driving directions:** Pearl Park Recreation Center, 414 E Diamond Lake Rd, Minneapolis, is located 4 miles south of downtown Minneapolis and 3.5 miles north of the I-494 border between Bloomington and Richfield. Take I-35W to Exit 12, Diamond Lake Rd, and proceed East 1/3 mile to Pearl Park. Turn Left into the parking lot.

**For Roundup Flyer and Registration Form, due by August 24, see [tcvwalking.com](http://tcvwalking.com)**

Special Program books will be on sale at \$10 each for Treasure Hunt, State Street Sashay, & Points of Reference.

## Walk with F. Scott Fitzgerald and Daisy Pearl Park TCV

The Pearl Park Walk will begin and end at the convenient registration and social site in south Minneapolis. The 1A routes will feature three parks and two lakes in a residential urban setting. Special Programs include Boardwalks, Bridges, City Park, Louisiana Purchase, Streets, and Treasure Hunt.

### • Downtown Minneapolis LCW

See the hot spots of NE Minneapolis along this 1A route including the Vikings new US Bank Stadium, the Nicollet Mall, and the Mississippi River. Special Programs include Bridges, City Park, Inventions, Louisiana Purchase, Points of Reference, SNOB, and Vice-Presidents.

### • Northfield (Guided) LCW

Walk on paved bike trails close to the Cannon River and through the downtown of this historic town made famous by the Jesse James and Younger brothers bank robbery. The Reenactment of the Defeat of Jesse James will be a part of this 1A guided walk. Bring your earplugs! Special Programs include Animal Safari, Bridges, City Park, Louisiana Purchase, Points of Reference, and Water Fountains.

### • Owatonna/Historical Orphanage CMV

This 1A route passes architectural and recreation highlights of this historic town along the Straight River featuring the grounds of Minnesota's only state school orphanage. (Allow extra time for plaques and audio tour stations.) Special Programs include Animal Safari, Bridges, Boardwalks, City Parks, Food for Thought, Ice Cream Parlors, Inventions, Louisiana Purchase, Points of Reference, Post Office, State Street Sashay, Treasure Hunt, and Water Fountains.

## Walk with Paul Bunyan and Babe the Blue Ox Hyland Lake Park Reserve TCV

The walk in Hyland Lake Park Reserve in west Bloomington will provide a natural trail experience in the midst of more than 1,000 acres of mature woodlands and a breathtaking prairie. Six major bodies of water, plus ponds and wetlands, offer extensive habitat for waterfowl. The 2B routes will be on turf and paved hiking trails. Special Programs include Louisiana Purchase and Points of Reference.

### • Rockville (Stearns) County Park CMV

Trails of a variety of distances and terrains along this 1B route will allow walkers to choose to trek to the Observation Deck that overlooks nearby Eagle Park with its impressive eagle's nest, use the boardwalk to journey into the tamarack bog, wander on grass trails along the edge of the forested areas, or delve deep into the prairies amid the beauty of the wildflowers on the edge of the Sauk River. Scenic overlooks include eagle nest viewing areas and educational interpretative signs. Although most of the terrain is flat, sturdy shoes and walking sticks would be of help for several uneven stretches. Special Programs include Animal Safari, Boardwalks, Bridges, City Parks, Food for Thought, Louisiana Purchase, Points of Reference, and Treasure Hunt.

## Pre-Registration Form

Includes Friday evening Meet/Greet & Saturday evening Banquet plus an imprinted Souvenir Roundup Bandanna

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City/State/Zip \_\_\_\_\_  
Phone(s) \_\_\_\_\_  
e-address \_\_\_\_\_

Per person Pre-Registration Amount \$ 30  
PLUS Walk Fees of \$3 per walk.  
Indicate number of walks \_\_\_\_\_ x \$3 \$ \_\_\_\_\_

- ☐ Rockville (Stearns) County Park  
☐ Owatonna/Historical Orphanage  
☐ Downtown Minneapolis  
☐ Northfield (Guided)  
☐ Pearl Park (3 Mpls parks included)  
☐ Hyland Lake Park Reserve

Check # \_\_\_\_\_ Grand Total: \$ \_\_\_\_\_

(At the door Registration Amount:  
\$35 per person PLUS \$3 per walk)  
Registration coordinated by TCV

**To help us with planning,  
please send by August 24 to:**

TCV Roundup  
% Lynne Grigor  
7600 Lakeside Rd  
Fridley, MN 55432-3637

(Because the color-coded start cards included in your Registration Packet will be used for ascertaining your presence on the trails and then stamping your books, please be sure to carefully mark the walks in which you will be participating.)