

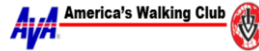


Madison Area Volkssport Association Newsletter

March-April 2018

www.dairylandwalkers.com

Vol 2018-02



March – Apr. Events

- March 14 Board Meeting
6:00pm–Lakeview Br. Lib.
- March 17 Middleton Pie Wk
2:00pm Departure
- March 31 Sat. Walk & Eat –
8:45am Reg. 9:00am Walk
- April 11 Membership
Meeting 6:30pm
Hody's Bar & Grill
- April 14 Sat. Walk & Eat –
8:45am Reg. 9:00 Walk
- April 18 3rd Wed. Walk
- Apr. 21 Hwy 12-18 Cleanup
10:00am Nora's II
- April 28 DeForest Walk

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Reserve Your Piece of the Pie NOW By Don Suloff

Our annual Pie Walk is just around the corner and you'll want to make your reservations now. This is one of few walks that we conduct where we request advance reservations. This is necessary in order to properly order the pies for the post-walk indulgence!

On Saturday, March 17th, we will meet at St. Luke's Lutheran Church in Middleton for a guided 5K walk, followed by a slice of Hubbard Avenue Diner pie for each participant. The walk will depart St. Luke's at precisely 2:00 pm with all registration completed prior to that time. To reserve your piece of pie please contact Barb Lund by email at least two days prior to the walk. Barb can be reached at lund_b@scbglobal.net.

The fee for all participants will be \$4.00. Dairyland Walker Frequent Walker coupons may not be used for this walk. There will not be a separate sanction number for this walk – the stamp for the Middleton year-round walk will be used.

Schedule for Group 10K Walks on 1st and 3rd Wednesdays: 5:30pm Start By Mary Liebig

The Dairyland Walkers will offer another group walking option on Wednesday evenings, utilizing some of our Madison area year-round and seasonal events. These walks will be held every other week, on the 1st and 3rd Wednesdays of the month, beginning on April 18 with the Middleton walk and running through August. The plan is to walk a 10k, starting at 5:30 p.m. However, participants should plan to arrive prior to 5:30 p.m. to allow time to sign in/register and be ready to walk at 5:30 p.m. Listed below is the schedule of Wednesday walks. Stay tuned for the meeting locations which may vary from the normal starting points due to parking concerns.

Schedule for Group 10K Walks on 1st and 3rd Wednesdays

5:30p.m. Start Time

Beginning April 18 through August

	<u>Date</u>	<u>Walk</u>	<u>Volunteer Leader</u>
3rd Wed	April 18, 2018	Middleton	Chris Flessert
1st Wed	May 2, 2018	Madison Eastside	Mary Liebig
3rd Wed	May 16, 2018	Civil War	Don Suloff
1st Wed	June 6, 2018	Picnic Point	Kristi Kenyon
3rd Wed	June 20, 2018	Westside Parks	Chris Flessert
1st Wed	July 4, 2018	<i>No Walk Scheduled</i>	
3rd Wed	July 18, 2018	Middleton	Don Suloff
1st Wed	August 1, 2018	Arboretum	Chris Flessert
3rd Wed	August 15, 2018	Monona	Mary Liebig

Dates of Interest?

Date

March Mad For Plaid Month
American Red Cross Month

- 1 Full Moon – 6:51 pm CST
- 3 Simplify Your Life Day
- 8 Inter. Working Women’s Day
- 10 Daylight Savings Time Starts
- 15 Ides of March
- 31 Full Moon – 7:37 am CDT

April Financial Literacy Month
Distracted Driving Awareness Mon.

- 1 April Fool’s Day
- 6 Walk to Work Day
- 12 Grilled Cheese Sandwich Day
- 16 Boston Marathon Day
- 26 Audubon Day
- 29 Full Moon – 7:48 pm CDT

**Saturday Walk & Eat Group – Saturday, March 31 and April 14
By Mary Liebig**

Saturday Walk & Eat Group

Capital Walk – March 31

The Saturday morning Walk & Eat Group will be heading outside to do the Capitol Walk on Saturday, March 31. Plan on meeting at the start point of the Capitol Walk, the Park Hotel (Inn on the Park), located at 22 South Carroll St. at around 8:45AM to register for the walk, we’ll start walking about 9AM. After the walk, we’ll eat at the restaurant, inside the Park Hotel, The Post.

Civil War Walk – April 14

Saturday morning, April 14, will find us walking the Civil War Walk on the near west side of Madison. We’ll meet at the start point of the Civil War Walk, the Best Western Inn Towner, located at 2424 University Ave. at 8:45AM to register for the walk and start walking at 9AM. It is worth noting that parking has been tight at the Best Western, so it may be helpful to park at our lunch location, the Blue Moon Bar & Grill at 2535 University Ave. The Blue Moon opens at 11AM and should be able to accommodate our group.

**Membership Meeting – Wednesday, April 11
By Terry Wendt**

The April Dairyland Walkers Members meeting will be held at Hody’s Bar & Grill, 1914 Aurora St, Middleton WI. The meeting will start at 6:30 PM. The speaker will be Jerry Wilson talking about the AVA Ice Age Trail Regional Program.

Come early & have a sandwich before the meeting.

**Ice Age Trail Regional Events Qualify for County Program
By Don Suloff**

The new Wisconsin Ice Age Trail walks established for 2018 in Wisconsin will qualify for credit in the Dairyland Walker’s county walking program. These walks will be conducted with an “Online Start Box”, so it will not be possible to stamp your county book. Instead, we will use the make-up stickers which are available for each Wisconsin county. After having conducted a qualifying walk, see Don at one of the Dairyland Walkers event this year and he will provide you with the appropriate sticker for your county book.

**Talk’n Trash
By Joanne Reuter**

Spring cleaning doesn’t just apply to your home! Please help our club collect highway litter on **Saturday, April 21st**. We’ll meet at 10am at Nora’s II, 1843 Hwy 12, Deerfield. Safety jackets and garbage bags will be provided. Bring safety gloves to protect your hands. Each team picks up trash along a one mile stretch of highway, which takes about one hour to complete. Then we gather back at the bar for cold drinks and lots of laughs. It’s rewarding and fun. Please join us!

**NEWSLETTER
ARTICLE
SUBMITTAL
DEADLINE**

for
May – June
2018

Deadline: April 20

Put an **Article Specific Title**
on the subject line and
send articles to the
DW Newsletter email
address:

dairylandnews@gmail.com

This email address is regularly
monitored ten days before and ten
days after a newsletter edition is
published.

DeForest Walk Saturday, April 28

By Mary Liebig

The Yahara River figures prominently in DeForest, with its headwaters located near the Dane/Columbia County line. It's a natural backdrop for a recreational trail, and the DeForest Parks Department has been busy in recent years building and improving trail along this great natural resource. Since our club last walked in DeForest in 2014, more 10' wide porous asphalt and boardwalk trail has been added closer to the downtown area, near Western Green Park.

So, plan to join us on Saturday, April 28 and enjoy a 6k or 10k walk starting from the Western Green Park Shelter at 417 Acker Pkwy in DeForest. Start anytime from 8 a.m. to noon, all walkers must finish by 3 p.m. Restrooms and water will be available near the Park Shelter, and parking is available.

Both walks include Veteran's Park and Downtown DeForest, including the Norwegian inspired public library and Norske Nook restaurant. While downtown, stop at the historical marker paying homage to Isaac DeForest, a Yankee grain farmer who first settled the area in 1854 and lent his name to the village.

After a brief stroll downtown, the walks return to the mostly paved Western Green Trail and Upper Yahara River Trail, and include some residential areas. The 6k route is completely new from our 2014 walk, while the 10k doubles back on some of the trail we covered in 2014. Feel free to bring your leashed dog on the walk with appropriate cleanup, dogs frequently enjoy this trail as much as the walkers, runners, and bicyclists!



April 1st Dairyland Walker Seasonal Walks Begin

By Jerry Wilson

All the Club's seasonal events begin April 1. Be sure to include these 18 routes in your walking plans over the next three quarters!

Antigo
Baraboo – Devil's Lake
Cedarburg
Crandon
Eau Claire
Fond du Lac

Janesville
Keshena
LaCrosse
Lake Geneva
Madison Civil War
Madison Picnic Point

Madison West Side Parks
Milwaukee
Neenah
Oshkosh
Port Washington
Shawano

April 1st is the Intended Start Date for the Seasonal WI Ice Age Trail (IAT) Hikes

By Jerry Wilson

All 16 Wisconsin Ice Age Trail (IAT) Regional Program seasonal events begin April 1. These seasonal events will be open each year April 1 – December 31 for ten years. Signing up for these events will soon be available on the on-line start box. National staff and volunteers are also working to set up program registration on the AVA website which will allow participants to use their PayPal account to initially register for the program as well as register for each event.

**2017 VIP Finishers
By Russ Crane**

I would like to congratulate all 24 walkers that completed our Volkssport Incentive Program (VIP) for 2017. These 24 finishers completed a combined total of 387 walks.

The 2017 VIP goal was to complete any 12 of our 23 Year-Round/Seasonal walks. The reward for completion was any IVV/AVA achievement book of their choice. As an added incentive participants could choose to complete the program a second time. However, the second time had to be the 11 walks not completed the first time, making it a *Clean Sweep* of all of our Year-Round/Seasonal walks. Nine walkers completed the program twice.

Great job everyone and thank you for supporting the Dairyland Walkers.

Curtis Armstrong	2	Joanne Reuter	1
Russell Crane	2	Phillip Ringhand	1
Chris Flessert	2	David Riyeff	1
Charles Gentile (CO)	1	Kim Riyeff	1
Cindy Haagensen	1	Jill Ruef	1
Vernon Hessey	2	Don Suloff	1
Kristina Kenyon	2	Diane Thornbery	1
Gwen Kraemer	1	Marilyn Troyan	1
Mary Liebig	1	Douglas Wiest	1
June Quesnell	2	Jogena Wiest	1
Karen Reger	2	Jerry Wilson	2
Ed Reid	1	Pam Wilson	2

**Membership Update
By Mary Liebig, Membership Coordinator**

Please welcome the following members who have joined since our last newsletter:

- Sandy Beaupre, Madison, WI
- Jim Sheibley & Macia Anderson, Wausau, WI
- Jennifer Filbert, Middleton, WI
- Stephen Filbert, Middleton, WI
- Irena Paronis, Darien, IL
- Sean Lyons, Madison, WI

**Club Milestones
By Doug Wiest**

The following are the milestones of club members as reported by the February / March 2018 issue of The American Wanderer:

Events		Kilometers
10	Irene Erwin	(No new accomplishments listed)
3600	Bonita Johnson	

Congratulations to both on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at douglaswiest@yahoo.com and they will be listed in the next Dairyland Walkers newsletter.

2018 Dairyland Walkers Calendar at a Glance

Saturday, January 20 Saturday, February 17	West Towne Walk East Towne Walk	Results: Total=24; Credit=23, Non-Credit 1
----- Wednesday, March 14	Board Meeting – Lakeview Library Branch 2845 N. Sherman Ave., Madison	6:00pm Meeting
Saturday, March 17 Saturday, March 31	Pie Walk–St. Luke’s Lutheran Church, Middleton Sat. Walk & Eat – Capitol Walk	2:00pm Departure 8:45am Register, 9:00am Walk
Wednesday, April 11 Saturday, April 14 Wednesday, April 18 Saturday, April 21 Saturday, April 28	Club Membership Meeting-Sequoia Library Branch Sat. Walk & Eat – Civil War Walk 3 rd Wednesday Walk – Middleton Hwy Trash Pick-up – US Hwy 12 / 18 DeForest Walk – 417 Acker Pkwy., Western Green Park Shelter	6:00pm Meeting 8:45am Register, 9:00am Walk 5:30pm Meet at 10:00am at Nora’s II 8:00am-12:00 Noon Start, 3:00pm Finish
----- Wednesday, May 2 Wednesday, May 16 Saturday, May 19 Sunday, May 20 Wednesday, June 6 Saturday, June 9 Wednesday, June 20 Saturday, July 8 Wednesday, July 18 Wednesday, August 1 Saturday, August 4 Wednesday, August 15 Friday – Sunday, September 7 - 9 Saturday, October 13 Saturday, November 10	1 st Wednesday Walk – Madison Eastside 3 rd Wednesday Walk – Civil War Shawano Walk – Sturgeon Park Antigo Walk – City Park West Shelter 1 st Wednesday Walk – Picnic Point Mazomanie Walk – Lions Park Shelter 3 rd Wednesday Walk – West Side Parks Beaver Dam Walk – Smythe Park Shelton 3 rd Wednesday Walk – Middleton 1 st Wednesday Walk – Arboretum Oregon Walk – Kiser Fireman’s Park 3 rd Wednesday Walk – Monona North Central Regional Conference – Minneapolis MN Area Maple Bluff Walk – Warner Park Comm. Center Veterans Weekend Walk – BW Premier Park Hotel	9:00am Walking Wisconsin Weekend 9:00am Walking Wisconsin Weekend

Attachment A

Minutes Pending Approval

**Dairyland Walkers Board Meeting
 Lakeview Library Branch, Madison, WI
 January 10, 2018**

Minutes

Members Present: Karen Reger, Russ Crane, Don Suloff, Doug Wiest, Susan Wester, Kristi Kenyon, Mary Liebig, Terry Wendt, Joanne Reuter, Cindy Haagenen, Kevin Moore.

Call to Order: The meeting was called to order by President Wiest at 1800 hours (6:00 p.m.). The agenda was approved with the addition of an item in New Business (weekly walk program) by Mary Liebig. The minutes of the 8 November 2017 Board meeting were approved as is.

Officer Reports

President: The Article IX Positions were appointed as follows:

Membership Chair - Mary Liebig

Sanctioned Event Coordinator - Joanne Reuter

Trailmaster - Don Suloff

Publicity Chair - Karen Reger

Volunteer Coordinator - vacant

Newsletter Editor - Jerry Wilson

Website Administrator - Kevin Moore

One other position was appointed as well:

AVA Electronic Sanctioning Volunteer - Tom Gundlach

Vice President: Terry Wendt has reserved the Goodman Center for the December 2 party. He has also contacted the Firestone store at West Towne in preparation for the January walk.

Secretary: No report.

Treasurer: Kristi Kenyon reported income of \$863.00 for the month. Donations and dues were \$355.00, event income \$196.00, and coupons and sales \$312.00. Expenses were \$1604.36 with \$1061.36 in administrative supplies, AVA sanction and participation fees of \$65.00 and inventory purchases of \$478.00. The balance as of January 10 is \$3747.31, down \$741.36 from last month. The report was accepted and filed for audit.

Director at Large: Cindy Haagensen indicated she had received an email from a hotel in Mackinac after staying there 5 years ago for a club event, encouraging another visit. Although a walking weekend could be held there again, it would require new sanctioning of all of the walks.

Other Reports

Membership Chair: Mary Liebig said the Blue books have been mailed out and that she is receiving membership dues. She discovered that the process of mailing the Blue books was very time consuming. Postal regulations change every year, making proper bundling of books in advance by zip code difficult. The post office also requires a count. Mary suggested that perhaps next year, bins could be obtained from the post office prior to the time of envelope stuffing at Prairie Cafe.

A separate issue with the Blue books is that the seals are of questionable quality. Multiple seals lost their adhesion, and booklets were opening up even as they were going into the mail. A number of people reported receiving theirs with broken seals. Replacement seals provided by the post office at the time of mailing were no better.

Sanctioned Event Coordinator: Joanne Reuter reported that 6 year round boxes have been updated, including replacing old stamps and ink with the new AVA stamps and gel stamp pads.

Trailmaster: Don Suloff commented on determining and publicizing specified meet up times for people who want to walk together at events. This approach would not need a walk leader. Similarly, an informal meeting with refreshments and/or meals afterward could be planned. It was suggested that this may be something for the Volunteer Coordinator.

Publicity Chair: No report.

Volunteer Coordinator: No report (vacant position).

Mary said the Board should decide whether to proceed with less members or actively recruit a new coordinator. Don suggested Tricia Gundlach be asked to write something about the position in the newsletter. Joanne recommended that before people step back, they should write up a job description to make transition to their replacement easier. She added that perhaps Tricia's job description could be obtained in time for presentation at the next membership meeting.

Newsletter Editor: No report.

Webmaster: Kevin Moore has been considering listing the new Ice Age Trail (IAT) walks, which begin April 1, on the website. He said the AVA walk directions note there are 16 walks, but only 15 are listed. Mary referred Kevin to Jerry Wilson for more information. She also said the number discrepancy may be because the Devils Lake walk is also a Dairyland Walkers event.

It was also asked by Kevin whether the IAT walks could be used for make up county walks. Don answered in the affirmative, but indicated that because there is an online stamping process for IAT walks, anyone interested in having their Wisconsin County book stamped contact him.

There was additional discussion with regard to website posting of the restaurants involved in the Saturday walk and eats. Mary said that due to closing of restaurants from one year to another, sometimes this information is not known until closer to the time of the walk. She recommended omitting restaurant information on the website, with this instead to be provided in her membership emails.

AVA Electronic Sanctioning Volunteer: No report.

Unfinished Business

Newsletter articles for March/April issue Doug will write on accomplishments; Russ - VIP results; Mary - membership update, Saturday walk and eats, and DeForest walk; Joanne - spring trash pick up; Don - the Pie walk and Ice Age Trail walks; Terry - the April membership meeting. The newsletter article deadline is February 20.

New Business

Discussion on placing revision dates and initials on directions for year-round and seasonal walks: Karen would like to see this information on all year round and seasonal walk directions. She passed around an example of how this information would appear.

Weekly Walk program: Mary recommended the Board consider reinstatement of the weekday evening walk program. She has recently encountered 2 people who indicated how much they had liked the Tuesday evening walks with Tom Doyle. Since Dairyland Walkers will be creating a Meet Up group in the spring, this would be something additional to offer. People who use Meet Up may tend to be younger and work full time, so an evening walk on weekdays could suit their schedules as well. The following discussion then included that the particular weekday should be chosen by the walk sponsor, waiting until Daylight Savings time to begin the program, and offering these walks about twice a month.

Adjourn: The meeting was adjourned by President Wiest at 6:44 p.m.

- Next Board meeting – 14 March 2018, Lakeview Branch Library
- Next General Membership meeting – 14 February 2018, Sequoya Library
- Next Special Event Walks:
 - West Towne Mall Walk, Saturday 20 January 2018
 - Saturday Walk & Eat, West Towne Mall, Saturday 10 February 2018
 - East Towne Mall Walk, Saturday, 17 February 2018

Respectfully submitted,
Susan Wester, Secretary

Attachment B

Minutes Pending Approval

Dairyland Walkers Bimonthly General Membership Meeting Sequoya Branch Library, 4340 Tokay Blvd., Madison, WI February 14, 2018

Minutes

Number of attendees: 16

Call to Order: The meeting was called to order at 6:31 pm by President Wiest
The agenda, as well as the 3 December 2017 General Membership Meeting minutes were approved as distributed.

Officer Reports

President: No report.

Madison Area Volkssport Association

March - April 2018

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Vice President: Terry Wendt reported that the East Towne Walk is on Saturday morning. At the next general membership meeting on April 11, Jerry Wilson will speak at Hody's regarding the AVA Ice Ace Trail program.

Secretary: No report.

Treasurer: Kristi Kenyon reported income of \$1,607.00 for the period ending 14 February, 2008. Of this, dues accounted for the majority (\$828.00), with the remainder from donations, event income, Frequent Walker coupons and sales. Expenses for the same period were \$486.39, with \$306.39 of this for administrative supplies and \$180.00 for AVA sanctioning fees. The 14 February balance is \$4,867.92, representing an increase of \$1,120.61.

Director At Large: No report.

Other Reports

Membership Chair: Mary Liebig has developed a schedule of biweekly evening walks beginning April 18. The group 10K walks will be held at 5:30 p.m. on the first and third Wednesdays of the month (with the exception of July 4). At this time, walks are scheduled through August 15.

Sanctioned Event Coordinator: No report.

Trail Master: Don Suloff said the Pie Walk will be March 17 in Middleton. Barb Lund should be emailed by participants at least 2 days before, so that enough pies are ordered. The theme for 2019 walks will be the Frank Lloyd Wright Trail.

Publicity Chair: No report.

Volunteer Coordinator: No report.

Newsletter Editor: Doug reported for Jerry Wilson that, due to his travel plans, newsletter articles need to be in by February 20 if not earlier.

Website Administrator: No report.

AVA Electronic Sanctioning Volunteer: Doug Wiest presented for Tom Gundlach that all 2018 traditional, seasonal and year-round walks have been sanctioned and are on the AVA website. The 2017 4th quarter walks and an update of club officers were recorded as well.

Unfinished Business: None

New Business: None

Adjournment: Doug adjourned the meeting at approximately 6:46 p.m.

Presentation: Following adjournment, Susan Wester and Diane Thornbery projected photos from their October 2017 walking trip on Japan's Kumano Kodo Pilgrimage Trail. They also participated in a JVA walk.

Next Board Meeting: 14 March 2018, 1800 hours (6 pm), Lakeview Library

Next General Membership Meeting: 11 April 2018, 1830 hours (6:30 pm), location Hody's Bar & Grill.

Next Special Event Walks:

--East Towne Mall Walk, Saturday, 17 February, 2018.

--Pie Walk, Saturday, 17 March 2018.

Next Saturday Walk & Eat Group Walk:

--Capital YRE, Saturday, 31 March 2018

Respectfully submitted,
Susan Wester, Secretary

Attachment C March Event – Middleton, Pie Walk – March 17:

Pie Walk

When Sat, March 17, ~~9am—12pm~~ 2:00pm Departure

Where St Luke's Lutheran Church, 7337 Hubbard Ave, Middleton, WI 53562

Excerpt from www.dairylandwalkers.com website

Attachment C April Event – DeForest Walk – April 28

Dates:	4/28/2018 - 4/28/2018
City / State:	DeForest, WI
Event Name:	DeForest Walk
Event Type:	Walk
Event ID:	110651
Distance - Trail Ratings:	10K and 5K - 1A
Description:	GPS: N 43.24753 W 089.34859. The walk is mostly on newly paved sections of the Upper Yahara River Trail around Western Green Park and including Veterans Park. A stroll around downtown DeForest is included.
Amenities:	Strollers: medium Wheelchairs: medium Pets: Yes Restrooms: Yes
Special Programs:	Boardwalks, Bridges - Spanning the USA, Take a Walk In a City Park, Walking the USA A - Z
Start Times:	8:00 a.m. to 12:00 noon, finish by 3 p.m.
Location:	Western Green Park Shelter
Start Point / Driving Directions:	417 Acker Pkwy, DeForest, WI. From US Hwy 51 north of Madison, take exit for E North St in DeForest. At the traffic circle take the exit to stay on E. North St. Turn left onto Cty CV (Main St). Turn right onto Acker Pkwy. Western Green Park is located on the left at 417 Acker. Ample parking is available
Awards & Fees:	IVV Credit Only
Comments:	SPECIAL PROGRAMS: 1. Boardwalks 2. Bridges Spanning the USA 3. Take a Walk in a City Park 4. Walking the USA A-Z letter D 5. Wisconsin Counties Dane County
Host Club:	Madison Area Volkssport Assn.
Contact:	Mary Liebig (608) 846-2299
Website:	www.dairylandwalkers.com/walks/event-walks/deforest-walk/
E-Mail Contact:	mbliebig@charter.net

Excerpt from www.AVA.org website