

Madison Area Volkssport Association Newsletter

September-October 2015

www.dairylandwalkers.com

Vol 2015-05

Sept.–October Events

Sept. 9 Board Meeting – Lakeview Br. Library–6pm Sep. 19 Lake Wissota Walk Sept. 20 Sunday Durand and Menominee Walks

October 10 Madison Westside Walk October 14 Membership Meeting 6:30pm at Hody Bar & Grill, Middleton October 24 Gov, Nelson State Park Walk

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One Last 2015 Multi-Event Walking Weekend – September 19 and 20 By Don Suloff

Over the weekend of September 19 and 20, the Dairyland Walkers will be descending on Chippewa, Dunn, and Pepin Counties.

We will walk in Lake Wissota State Park on Saturday with registration between 10 am and 2 pm and all walkers to be finished by 4 pm. The walk will be on natural surfaces through the prairies, woods and shoreline of Lake Wissota. To reach the park, go north on I-94. Approaching Eau Claire, take Hwy 53 north. Take Hwy 29 eastbound from Hwy 53, then take Cty X (Exit 80) for about four miles, then Cty K north for about four miles, and then Cty O west for about two miles to the entrance to Lake Wissota State Park. Enter the park (park stickers are required) and follow the main park road to the Riverview Shelter.

Although the hold on rooms at the Menomonie Super 8 for the evening of September 19 has expired, you still may be able to make your own reservations either there at a nearby motel. The phone number for the Super 8 Menomonie is (715) 235-8889 and the address 1622 N Broadway St, Menomonie, WI 54751. Interested walkers will gather at the nearby Perkins Restaurant at 1720 Broadway for the evening meal at 6:30 p.m. We will order off the menu and individual checks will be offered.

We will begin Sunday morning at Riverside Park in Menomonie with registration between 8 and 11 am with walkers finishing by 1 p.m. This walk will include a number of historic buildings, the University of Wisconsin-Stout campus, the Dunn County Fairgrounds, and the Red Cedar Trail. From I-94 follow Hwy 25 south, crossing Main. Take the next right (Hwy 29 – Hudson Rd) to the start point on the left after crossing the Red Cedar River.

After the Sunday Menomonie walk, return to Hwy 25 and follow it south for about 21 miles to Durand, crossing the Chippewa River. In Durand continue on Hwy 25 which will also be called Prospect St. Turn right on 2nd Ave E to the start point in Memorial Park. Registration is between noon and 3 p.m. with walkers finishing by 5 p.m. The walk will combine city streets and natural surfaces as it follows the Chippewa River Trail, the Chippewa River, and old town Durand.

October Membership Meeting – Wednesday, October 14 By Terry Wendt

The October 14, 2015 Dairyland Walkers Meeting will be held at Hody Bar & Grill, 1914 Aurora St., Middleton WI. at 6:30 PM. The guest speaker will be Francis Mueller from the Walking Co. Come a little early & have a sandwich or bowl of soup before the meeting.

Autumn is a beautiful time to walk in Wisconsin. Let's get out there and do it!

Dates of Interest?

Date

- **Sept.** Cholesterol Education Mon. 7 Labor Day
- 8 International Literacy Day
- 18 National Respect Day
- 23 Autumnal Equinox
- 26 Johnny Appleseed Day
- 27 Full Moon 10:50 pm
- 29 VFW Day

October Financial Planning Mon. Emotional Wellness Month

- 5 Child Health Day World Teachers Day World Habitat Day
- 9 Lief Erickson Day
- 15 White Cane Safety Day
- 16 World Food Day
- 23 Full Moon 8:05 am
- 31 Halloween

NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for November – December 2015

Due: October 20

Send articles to the DW Newsletter email address:

dairylandnews@gmail.com

Saturday Walk & Eat Group By Mary Liebig

Civil War Walk – Saturday, September 5, Devil's Lake State Park – Saturday, October 17

More Group Walk and Eat opportunities in September and October: On Saturday, September 5 we'll meet at the start point start point of the Civil War Walk, the Best Western Inn Towner, located at 2424 University Ave. at 8:45AM to register for the walk. Both 10k and 5K walking routes will be offered. It is worth noting that parking has been tight at the Best Western, so it may be helpful to park at our lunch location, Blue Moon Bar & Grill at 2535 University Ave. The Blue Moon opens at 11AM on and should be able to accommodate our group. For those interested in lunch after the walk, here is a link to the Blue Moon Bar & Grill menu: http://www.bluemoonbar.com/menu.php

Saturday morning, October 17 will find us walking at Devil's Lake State Park in Baraboo. Hopefully we'll see some fall colors on the bluffs then. We'll meet at the Visitor's Center on the North Shore, the start point, at 8:45AM to register for the walk. There are four walking options at Devil's Lake: a 10K and 6K on <u>the East Bluff, a 6K</u> on the West Bluff, and a fairly flat 5K along the west side of the lake. We'll plan to eat at the Farm Kitchen just outside the park, after our hike.

Under a Harvest Moon By Don Suloff

Every other year the club holds a guided moonlight walk and this is the "other" year! On the evening of October 24th we will hold such a walk at Governor Nelson State Park. We will meet at the fish cleaning area at the end of the park road and go out in groups according to distance to be walked and anticipated walking speed. Slow 10K walkers will depart at 6:30 p.m., fast 10K walkers will start at 6:45, and 5K walkers will leave at 7 p.m. Registration and book stamping will precede the walk start so be sure to arrive a little early. Flashlights and mosquito repellant are encouraged, but hopefully not necessary! We will be within three days of a full moon, so if the weather cooperates we will have a lovely moonlit walk through the prairies and woods of Governor Nelson, with spectacular views of Madison and the State Capital across Lake Mendota.

Governor Nelson State Park is located on Cty M between Middleton and Hwy 113. State park stickers are required on vehicles parking in the Park.

Talkn' Trash By Joanne Reuter

Guess what? There's MORE TRASH on Hwy 12 & 18 again!! The fall highway trash pickup day will be Sunday October 25th. We'll meet at Nora's II, 1843 US 12, Deerfield, WI at 1pm. Safety vests and garbage bags will be provided. Bring work gloves to wear to protect your hands. I'm hoping for a larger turnout for this pickup, as we were only able to pick up half of our assigned distance in the spring. After the work is done, we hang out at Nora's II for some drinks and great conversation. Please join us!

20th Anniversary Walk By Don Suloff

On June 24, 1995, the Madison Area Volkssport Association (aka Dairyland Walkers) was granted a charter by the American Volkssport Association. The charter members were Tom and June Doyle, Bonnie Hamer, Ted and Virginia Newell, Mike Roy, Bob and Jo Sparks, and Jerry and Pam Wilson. Thanks to the foresight of that group, we are actively walking throughout the state and even the country. In those 20 years the club has sponsored nearly 200 traditional walks and more than 25 year-round and seasonal walks. The club has had five presidents: Tom Doyle, Jerry and Pam Wilson, Tom and LaVonne McCrill, Liz Odgren, and Doug Wiest, and achieved a membership of 300 members.

On October 10th we will meet at the shelter at Garner Park off of Mineral Point Road on the west side of Madison and conduct a special walking event commemorating our anniversary. Registration will be open from 9 a.m. to noon with walkers expected to be finished by 3 p.m. We will have a special recognition of charter members at noon. The route will pass through six city parks, with a near guarantee that several of the parks will be new to all! Club founders will be recognized at this walk.

So What's in a Name By Don Suloff

At a 2007 Dairyland Walkers board meeting, Tom Doyle proposed beginning a program to conduct walks in each of Wisconsin's 72 counties. Other clubs have taken up such an effort within their states, but usually the state has a number of clubs coordinating the effort. Although the board agreed to initiate this walking program, there were a number of skeptics! Now, in 2015 we have the successful conclusion of the program in sight, with hopes of walking county number 72 in 2018. In recognition of Tom's vision and his effort in planning walks in many of our northernmost counties, the board passed a motion at the July meeting to formally designate this program as the "Tom Doyle Walking Wisconsin Counties" program and all certificates and/or patches awarded on completion of the program will reflect this formal name. Thanks for your initiative and perseverance, Tom!

Visiting Tours By Mary Liebig

Thirty Six members of the Wandering Wheels Volkssport Club from Fairborn Ohio capped off their visit to Wisconsin by hiking our Devil's Lake State Park seasonal walk on a foggy Saturday morning August 29. They arrived in Madison on Monday, August 24 after walking in Janesville. Other walks they completed were in Milwaukee, (including a stop at MillerCoors Brewery), the Capital Walk, Arboretum Walk, Middleton Walk, and Monona. The Middleton walk was one of their favorites, because they stopped for pie at the Hubbard Avenue Diner after the walk. They also enjoyed a tour of the Cedar Grove Cheese Factory in Plain. The Wandering Wheels plan a couple of walking trips each year in their quest to visit and walk in all fifty states. http://www.avaclubs.org/wanderingwheels/

In September 2016, the Dairyland Walkers plan to welcome Tater Tours as they do some of our walks on a trip through Michigan, Wisconsin, and Illinois.



Mary Liebig with some of the Wandering Wheels walkers at Devil's Lake State Park

Celebration of Volunteers By Tricia Gundlach

Our August Membership Meeting and picnic was an opportunity for everyone to see the many contributions of the volunteers who keep our club running. Volunteers entered for a chance to win a prize.

The volunteer awards were well received and appreciated. A total of 9 prizes were given out.

- Doug Wiest Rocky Rococo's Pizza, Monona 1)
- 2) Curt Armstrong Rocky Rococo's Pizza, Monona
- 3) Gary Wenzing Morgan Shoe's, Hilldale Mall
- Ronny Guski Morgan Shoe's, Hilldale Mall 4)
- June Quesnell Perkin's Restaurant, Madison 5)
- Don Suloff 6)
- Morgan Shoe's, Hilldale Mall 7) Russ Crane El Bollilo Monona Bakery
- Kathleen Larson Perkin's Restaurant, Madison 8)
- Willie Peickert Perkin's Restaurant, Madison 9)

We would especially like to thank the businesses listed above who donated the prizes!

New Volkssporting Club in Illinois By Karen Reger

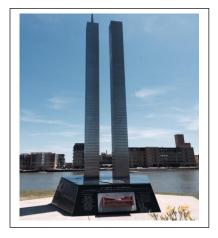
There is a new volkssporting club in Illinois, the Kishwaukee Valley Wanderers, and they will hold their inaugural volksmarch on Saturday, September 12. The 6K/10K event will start from Carroll Memorial Park in Genoa, which is southeast of Rockford. The park is located about 16.5 miles east of I-39 on IL-72 at Madison Street. The start point will be about 600 feet south of IL-72, near a pedestrian bridge that crosses the river. There will be other activities in the park so it may be necessary to search for the start point. Start times are from 8 to 11 a.m., finish by 2 p.m. The walk brochure is on their Facebook page. They will have an "A" award, a pin. For the award and credit, the cost will be \$10 on the day of the event. For additional information, contact Carolyn Tobinson at 815-761-4660 or kvwanderers@gmail.com. Let's have a good showing of our club members at this event and welcome this new club into the AVA.

Recent Walk Pictures By Jerry Wilson



Verona Walk – August 15

The kiosk at the Verona Trailhead of the Military Ridge State Trail.





Green Bay Walk – July 19 Center: A portion the Twin Towers affixed to the base of this memorial. Right: The Packers were organized here on August 11, 1919

I Did a Second Walk in Indiana (A Scanned Document) By Rosemary Sprenger

I DID A SECOND WALK IN INDIANA by Rosemary Sprenger

When I walked in Indiana for my 50 states in 2010, I mostly walked in Louisville, Kentucky. In June 2015, I walked part of the 11k capital walk in Indianapolis while staying at the Hilton Hotel on Market St. for a Road Scholar program. I had never taken Amtrak to or from Chicago, so I booked a Delta flight from Madison to Indy and a Hoosier train from Indy to Chicago and a thruway (Van Galder) bus from Chicago to Madison.

Thousands of people attending a convention were in the city, some got the airport shuttle I wanted, and I began walking after lunch. Using directions a member of the Indy "G" Volkssport Association had mailed to me, I passed the repertory theatre and a red statue that is supposed to be a cardinal, the state bird. I registered for the walk at the White River State Park visitors center. What looked like a pool of water got wider as I walked and that was the canal. Since the map of the route is on the back of the directions, I didn't know I should be on the left side of the canal until I couldn't turn into a fitness garden. I enjoyed the cyclists and boaters I saw, but at mid-afternoon I returned to the hotel before reaching the first checkpoint of the walk.

I had free time Sunday morning to walk to Union Station, partly a hotel, and see where the Amtrak station was located. This was the world's first union station and famous for its Romanesque Rivival architecture. I returned by walking on S. Meridian St. After dinner that evening, I walked past the Soldiers and Sailors Monument honoring Civil War soldiers at Monument Circle. This landmark is tall enough to help me find the hotel.

In mid-afternoon on Monday, I walked to N. Meridian St. and E. New York St. to continue the walk, skipping Indiana Ave. and the Peace Garden. I passed various war memorials. The Murat Theater on New Jersey St. looks like a temple one would find in Egypt but is an entertainment venue. Streets near here intersect like spokes on a wheel, I didn't turn on Park Ave. but did pass St. Mary's Catholic Church. I decided to skip the second checkpoint and try to visit the capitol before it closed at 5 p.m. However, the capitol is near the hotel, I had to wait for traffic and stoplights and decided I wouldn't get to the capitol before it closed. I went inside Circle Centre mall to the Artsgarden on second floor. Free concerts are held here, and I noticed a visitors center.

During the program, we visited the zoo, state museum, NCAA Hall of Campions and the Eiteljorg Museum of Native American and Western Art--all are on or near the walk. This program ran from Thursday until Tuesday, allowing us to visit the Indian market while at the Eiteljorg museum. I saw a huge copper statue of a buffalo there that I later saw at Madison's Art Fair Off the Square this July. We also saw places not on the walk, but if I return to Indy, I hope to visit the capitol.

Pictures From DW Year Round and Seasonal Walks By Jerry Wilson



Left: Eastside Walk: The Bolz Conservatory at Olbrich Gardens lit up for the Fourth of July

Right: LaCrosse Walk: Preparing for the Fireworks show over the Mississippi River



Club Milestones By Doug Wiest

The following are the milestones of club members as reported by the August/September 2015 issue of The American Wanderer:

| Events | | Kilometers | |
|--------|-----------------|------------|-----------------|
| 10 | Susan Wester | 2,000 | Cindy Haagensen |
| 200 | Cindy Haagensen | 13,000 | Carol Hollar |
| 225 | Cindy Haagensen | 16,000 | Edwin Reid |
| 1,050 | Charles Head | 22,000 | Dannie Peters |
| 1,050 | Lois Head | | |
| 1,250 | Carol Hollar | | |
| 2,100 | Dannie Peters | | |
| 2,100 | Ellen Peters | | |

2,500 Jan Haugen

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at <u>douglaswiest@yahoo.com</u> and they will be listed in the next Dairyland Walkers newsletter.

2015 Dairyland Walkers Calendar

| Saturday, January 17 | West Towne Walk | Results: 37 Adult, 1 Youth, 1 Non-Credit =39 |
|------------------------|--|--|
| Saturday February 21 | East Towne Walk | Results: 28 Adult, 0 Youth, 0 Non-Credit =28 |
| Saturday, March 14 | Middleton Pie Walk | Results: 65 Adult, 0 Youth, 0 Non-Credit =65 |
| Saturday, April 18 | Whitewater Walk – Walworth County | Results: 47 Adult, 0 Youth, 3 Non-Credit =50 |
| Saturday, May 16 | Evansville Walk | Results: 42 Adult, 0 Youth, 7 Non-Credit =49 |
| Saturday, June 6 | Walk Wisconsin – Stevens Point | Results: 20 Adult, 0 Youth, 0 Non-Credit =20 |
| Saturday, July 18 | Oconto Walk– Oconto County | Menominee River V Club |
| Sunday, July 19 | Green Bay Walk – Brown County | Menominee River V Club |
| Saturday, August 15 | Verona Walk | Results: 30 Adult, 1 Youth, 5 Non-Credit =36 |
| | | |
| Wednesday, Sept. 9 | Board Meeting – Lakeview Branch Library | 6:00pm |
| Saturday, September 19 | Lake Wissota State Park Walk – Chippewa County | Start: 10:00am – 2:00pm; Finish by: 4:00pm |
| Sunday, September 20 | Menominee Walk – Dunn County | Sunday:Start: 8:00–11:00am; Finish by:1:00pm |
| Sunday, September 20 | Durand Walk – Pepin County | Sunday:Start: Noon-3:00pm; Finish by:5:00pm |
| Saturday, October 10 | Madison Westside Parks Walk | Start: 9:00am – Noon; Finish by: 3:00pm |
| Wednesday, October 14 | Membership Meeting (Annual Meeting) – | 6 30 Meeting Time |
| | Hody Bar and Grill, Middleton | Suggested: Arrive Early to Purchase Dinner |
| Saturday, October 24 | Governor Nelson State Park – Moonlight Walk | Start: 6;30 / 6:45 / 7:00 pm Night Guided Walk |
| 3 . | | See Flyer for Start Details. |
| | | Suggested: Bring Flashlight & Bug Repellant |
| Sunday, October 25 | Highway Cleanup. Bring Work Gloves | Start: 1:00pm Nora's II, 1843 US Hwy 12 & 18 |
| Saturday, November 14 | Veteran's Week Walk – Downtown Madison | Start: 9:30 – 11:00am; Finish at Plaza Tavern |
| | | |

FYI: <u>Some</u> Non-Dairyland Walker events that may affect your driving, getting to a start point and walking in Dane and Sauk Counties, but, also can add to your adventure:

Sept. 5-6Taste of MadisonLet's face it, every good weather weekend has multiple
events planned. manv fund raisers. please plan accordingly!Sept. 19-20Willy St. Fair and Devil's Lake Triathlonevents planned. manv fund raisers. please plan accordingly!Saturday Dane County Farmers Markets on Capital Square:Sept. 5, 12, 19, 26, Oct. 3, 10, 17, 24, and 31Wednesday Farmers Markets on MLK Jr. Dr.:Sept. 2, 9, 16, 23, 30, Oct. 7, 14, 21, and 28

Additional Pictures from Dairyland Walkers Year Rounds and Seasonals By Jerry Wilson



Left to right: Port Washington Walk, two pictures lakeside. The clock of Lakeside Park on the Fond du Lac Walk.

Attachment A

Minutes Pending Approval

Dairyland Walkers Board Meeting Lakeview Branch Library July 8, 2015

Board Members Present

Doug Wiest (President) Terry Wendt (Vice President) Mary Liebig (Secretary) Joanne Reuter (Board Member at Large) Don Suloff (Trailmaster) Bruce Dewey (Sanctioned Walk Coordinator) Karen Reger (Publicity Chair) Tricia Gundlach (Volunteer Coordinator) Tom Gundlach (AVA Electronic Sanctioning Volunteer)

Welcome (Doug)

The meeting was called to order at 6:00PM by President Doug Wiest and the agenda with the addition of the WI County Program was adopted. Also in attendance at the meeting was Russ Crane.

Meeting Minutes (Mary)

The minutes of the last Board Meeting held on May 13th 2015 had been previously emailed to the Board. There were no corrections or additions to the minutes, and they were approved as distributed.

Treasurer's Report (Diane)

Diane had emailed the Treasurer's Report to the Board. The balance on June 10, 2015 was \$3,516.47. Since that time, income totaled \$140.00 and expenses were \$15.88. The current balance on July 8, 2015 is \$3,640.59. Of that balance, \$1,000 is restricted for large, up-front charges for club events. The Treasurer's report was accepted and filed for audit.

Vice President Report (Terry)

The August membership meeting at Lakeview Park in Middleton will be a 5PM group 5K walk followed by a potluck picnic. Terry hopes we can hold the October membership meeting at Hody's Bar & Grill in Middleton. A woman from The Walking Company at the West Towne Mall will speak to our group at this October meeting.

Director at Large Report (Joanne)

Joanne had nothing to report.

Sanctioned Event Coordinator (Bruce)

Bruce reminded us to get out there and walk!

Trailmaster Report (Don)

Don reported that he is close to finalizing the walk schedule for 2016 and hopes to provide the schedule at the next Board meeting in September.

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Publicity Chair (Karen)

Karen was unable to make contact with Gilbert Engel about publicizing the Green Bay and Oconto walks. Karen also updated us on some research she had done with the WI State Journal to publicize the election of Jerry Wilson as North Central Regional Director of the AVA. Don Suloff made a motion, seconded by Terry Wendt, to recognize Jerry as Regional Director in the Celebrations section of the Sunday paper. Karen thinks the cost to put the announcement in the Celebrations section will be \$45.00. The motion carried, so Karen will work on getting this in the paper in the next few weeks.

Volunteer Coordinator (Tricia)

Tricia reminded us that the August Membership Meeting and Picnic will be a celebration of volunteers. The Volunteer Recognition Committee has been working on planning this celebration. Bruce noted that we should recognize the volunteer efforts of our walk box coordinators. Tricia asked that we get our volunteer nominations to her by August 1.

We then talked about filling the role of Membership Coordinator. Tricia thought that maybe the job could be shared by a couple of people, one to do more of the administrative tasks and another to be more of a "meet and greet" person. Bruce suggested that we form a committee to make a recommendation for the Membership Coordinator role at the September Board Meeting. Bruce, Tricia, and hopefully one other person will form this committee.

AVA Electronic Sanctioning Volunteer (Tom Gundlach)

Tom did not have much to report, other than he needs to get the second quarter walk numbers from Jerry Wilson to report to the AVA

Unfinished Business

Newsletter Articles for September/October Edition

The Board suggested the following Newsletter articles for the September/October edition. The submission deadline is Thursday, August 20.

- 1) Three County Walking Weekend September 19-20 Don to write
- 2) Madison Westside Parks Walk October 10/20th Club Anniversary Don to write
- 3) Governor Nelson Moonlight Walk Don to write
- 4) Saturday Group Walks September 5 and October 17 Mary to write
- 5) Trash Pickup in October Joanne to write
- 6) Volunteers Recognized at August picnic Tricia to write
- 7) Milestones Doug to write
- 8) New AVA club in Illinois with September walk Karen to write
- 9) Tom Doyle condition Bruce to check with June Doyle
- 10) Tom Doyle Walking the Counties of Wisconsin Don to write

Mailing hard copies of Newsletters - Continue?

We are now mailing 13 hard copies of the newsletter. The Board reviewed the cost of snail mailing the newsletter currently, as well as Diane's estimate of using click2mail.com at \$19.00 per person, per year. There is also the volunteer time involved in snail mailing the newsletter to consider. The Board decided to discontinue snail mailing the newsletter after the mailing of the 2015 September/October edition. Mary will draft a letter for June Quesnell to include with these 13 mailings in September, informing them that this is the last hard copy that they will receive in the mail. We will instead make hard copies of our newsletter can be obtained electronically from our website. The letter will also include our website address, noting that the newsletter can be obtained electronically from our website. The letter will suggest that these members work with a family member, friend, or neighbor who has access to a computer to get a copy of our newsletter.

Tuesday Evening Walks-a Week Issues

Attendance has been sparse for the last couple of years at the Tuesday Evening Walk a Weeks.

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(continued) Mary did not get a chance to develop a survey using "Survey Monkey" to gather members' opinions for a weekly walking program in 2016. Instead, this will be added to the August Picnic Membership Meeting agenda. We will ask members there if they want a weekly group walking option during the day instead of Tuesday evenings next year. We will also ask if there are volunteers to organize a different weekly walking option for 2016.

New Business

2016 Year Round/Seasonal Events

Don made a motion, seconded by Tricia, that we sanction all 2015 year-round and seasonal walks for 2016, with the exception of Appleton, St. Croix Falls, and Sarona. These three walks do not have dedicated walk box volunteers and are a considerable distance from Madison. The motion carried. This means that we will renew the remaining 19 walks in 2016.

In addition, a few days after this Board meeting, it was noted that we also plan to sanction seasonal walks in four new counties in 2016 available from April 1 to September 30: Sawyer County – Hayward Price County – Phillips Iron County – Mercer Vilas County- Manitowish Waters at the site of a former youth conservation camp

The four county seasonal walks for 2016 were approved by the Board via email vote. Including these four walks, there will be 23 year-round/seasonal walks sanctioned in 2016.

Reception for Wandering Wheels Ohio Club during late August visit to Madison

Don will meet this group when they arrive in Madison on Monday, August 24 to welcome them, and make sure they have everything they need to complete our walks. Mary will email Don the directions for the four different route options in Devil's Lake State Park.

Walking Wisconsin Counties

Don made a motion, seconded by Tricia, that we re-name the Walking the Counties of Wisconsin the "Tom Doyle Walking Wisconsin Counties Program". The motion carried. This new name will be reflected on the certificates of completion as well as any patches that are developed.

New AVA Club in Illinois

Russ informed us that a new AVA club had formed in Genoa, IL, the "Kishwaukee Valley Wanderers". They are holding their first event, the Genoa Volksfest Volksmarch – DeKalb County on Saturday, September 12. Karen will write an article for the next newsletter inviting our members to participate in this new club event.

Event Brochure Traditional 1st Place

The Dairyland Walkers received 1st place in the Publicity Contest for Traditional Event Brochure at the 2015 AVA Biennial Convention in Salem, Oregon. The brochure publicized the Upper Yahara River Trail in DeForest on April 26, 2014. Russ presented the blue ribbon that the club received to Mary.

The next Board Meeting will be September 9, 2015 at the Lakeview Branch Library. The Next General Membership Meeting and Picnic will be on Wednesday August 12, 2015 at Lakeview Park in Middleton. The next walking events will be the Two County Walking Weekend (Oconto and Brown) on July 18-19 and the Verona Walk on Saturday, August 15. The next Saturday "Walk & Eat" group walk is the Madison Eastside walk on Saturday, July 11.

Meeting adjourned at 7:30 PM Submitted by: Mary B. Liebig, Secretary Attachment B

Minutes Pending Approval

Dairyland Walkers Bimonthly Meeting Lakeview Community Park, Middleton, WI August 12, 2015

<u>Officers Present:</u> Doug Wiest (President), Terry Wendt (Vice President), Mary Liebig (Secretary), Diane Thornbery (Treasurer)

Board Members Present: Joanne Reuter (Board Member at Large), Tom Doyle (Membership Chair), Don Suloff (Trailmaster), Karen Reger (Publicity), Bruce Dewey (Sanctioned Walk Coordinator), Tom McCrill (Website Administrator)

In Attendance: 36

Led by Don Suloff, 22 people completed a 5K version of the Middleton walk prior to the meeting. There was a potluck picnic with table service provided after the meeting.

Meeting

President Wiest called the meeting to order at 6:10 p.m. The agenda that was previously emailed to the Board was adopted.

Meeting Minutes (Mary Liebig)

There being no additions or corrections to the minutes of the membership meeting held on June 10, 2015, they stand approved as previously emailed to the Board.

Treasurer's Report (Diane)

The report was previously emailed to the Board. The report noted income of \$641.00 and expenses of \$620.00 since the previous report. Current balance is \$3,661.59. Of this balance, \$1,000 is restricted for large, up-front charges for club events. Diane pointed out that income of \$24.00 was collected for the Wisconsin counties make-up program. The report was accepted and filed for audit.

Officer Reports

Vice President (Terry):

First, Terry thanked everyone for the cards and donation made by the club to St. Jude's Children's Research Hospital in memory of his son.

The Walking Company from West Towne Mall will provide a speaker at our next Membership Meeting on October 14. Terry hopes that we will be able to hold this October meeting at Hody's in Middleton. The Holiday Party/Membership Meeting will be held on Sunday, December 6 at the Goodman Community Center on Madison's eastside.

Secretary (Mary):

Mary reminded us that the next Saturday Walk and Eat opportunity is the Civil War Walk on September 5. Mary also reported that parking is tight at the Best Western Inn Towner, the start point of the Civil War Walk. A parking alternative is the Blue Moon Bar & Grill at 2535 University Avenue, site of lunch after the walk.

Mary also reported that the Board is reviewing the Tuesday evening walk-a-weeks for 2016. The club could switch to a different weekly walking option, possibly during a weekday morning, if there are volunteers to help plan it.

Board Member at Large (Joanne):

Joanne had nothing to report.

Membership Chair (Tom):

Holly Brassington is our newest club member, joining in the last few weeks. Tom noted that Holly checked the box: "I would like to be a volunteer. Please keep me informed as to what volunteer opportunities are available" on her membership application.

Sanctioned Walk Coordinator (Bruce)

All the walks and walk-boxes are working fine, get out there and walk.

Trailmaster (Don)

Don gave us a preview of the 2016 walking schedule, which will be published in the newsletter later this year. In addition, there will be seasonal county walks in these new counties in 2016:

- 1. Sawyer County Hayward
- 2. Price County Phillips
- 3. Iron County Mercer
- 4. Vilas County Manitowish Waters

Publicity (Karen)

Karen had nothing to report.

Website Administrator (Tom McCrill)

Tom had nothing to report.

New Business

Awards Committee Recognition of Volunteers

The Volunteer Recognition awards committee, consisting of Tom Doyle, Kathleen Larson, Heide Peickert, Tricia Gundlach, and Bruce Dewey celebrated our club volunteers. Bruce had listed some volunteer activities on poster-board and talked about them. Examples listed were:

Walking Events- planning the route, registration table, coat rack. Year-Round/Seasonal Events- walk box coordinator, route checker Leadership - officers, board members, committee members Other Events - arrange program, obtain speakers, facilities Writing Articles – publicity, newsletters, brochures Food & Drink donations **Financial donations**

This got people thinking about all the roles that volunteers play in the club. Kathleen and Heide then handed out slips of paper, and asked those in attendance to write their name along with a volunteer activity that they had performed in the last year. People were instructed to use up to four slips of paper for their volunteer activities. The slips were collected. After our meal, nine slips were drawn. Tom Doyle named the volunteer and their activity, and these nine volunteers were given a gift certificate from one of four businesses: Perkins Restaurant, Morgan's Shoes, El Bolillo Bakery, and Rocky Rococo.

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The next Board Meeting will be September 9, 2015 at the Lakeview Library. The next (Annual) membership meeting will be on October 14, 2015 at a location yet to be determined. The next walking events are: the Verona walk on Saturday, August 15 and the Three Walk County Weekend in Chippewa Falls, Menominee, and Durand on September 19-20.

Meeting adjourned at 6:40 p.m. Mary Liebig, Secretary

Attachment C



MADISON AREA VOLKSSPORT ASSOCIATION MEMBERSHIP APPLICATION

| Ad | dres | SS: | | | |
|-----|------|---------------------------------|-----------------------|-------------|---|
| Cit | y: _ | | _ State: Zi |): | |
| E-r | nail | address: | | | |
| Ph | one | :: () | | | |
| Ple | ease | e list names of others in house | hold who wish to be m | embers: | |
| Ple | ease | e list names of others in house | hold who wish to be m | embers: | |
| | ease | e list names of others in house | hold who wish to be m | embers: | |
| | | | | | |
| | | One-Year Membership | | \$12.00 | _ |

Send completed Membership Application and payment to the Membership Chair:

Mary B. Liebig 6809 Bootmaker Way Windsor, WI 53598

Attachment D September and October Events

| Dates: | 9/19/2015 - 9/19/2015 |
|--|--|
| City / State: | Chippewa Falls, WI |
| Event Name: | Lake Wissota State Park |
| Event Type: | Walk |
| Event ID: | 101459 |
| Distance - Trail Ratings: | 10K & 6K - 1B |
| Description: | The walk will pass through the forest and prairie areas of the park, ending with a walk along Lake Wissota. |
| Amenities: | Strollers: NO Wheelchairs: NO Pets: Yes Restrooms: Yes |
| Special Programs: | Walking the USA A - Z |
| Start Times: | 10 am to 2 pm, finish by 4 pm |
| Location: | Riverview Shelter, Lake Wissota State Park |
| Start Point / Driving <u>Directions</u> : | 18127 County Hwy O. Take Hwy 53 north from I-94. Take Hwy 29 east from Hwy 53, then at exit 80, take County X east for about 3.5 miles, then turn left on County K north for about 4 miles., then left on County O about 2 miles to Lake Wissota <u>Park entrance</u> (park stickers required). Follow main park road to Riverview Shelter. <u>GPS</u> : N44.95933 W91.28947 |
| Awards & Fees: | IVV Credit Only |
| Comments: | SPECIAL PROGRAMS: Walk the USA A-Z letter W, Wisconsin Counties - Chippewa |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Don Suloff (608) 821-0263 |
| Website: | dairylandwalkers.com/walks/event-walks/lake-wissota-state-park-walk/ |
| E-Mail Contact: | suloff@tds.net |

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| Dates: | 9/20/2015 - 9/20/2015 |
|--|---|
| City / State: | Menomonie, WI |
| Event Name: | Menomonie, WI Walk |
| Event Type: | Walk |
| Event ID: | 101460 |
| Distance - Trail Ratings: | 10K & 5K - 1A |
| Description: | The walk will pass through the historic downtown, the University of Wisconsin-Stout, the Dunn County Fair Grounds, a number of city parks and along the Red Cedar State Trail. |
| Amenities: | Strollers: medium Wheelchairs: NO Pets: Yes Restrooms: Yes |
| Special Programs: | Honoring Our Flag, Lakes and Reservoirs, National <u>Register</u> of Historic Places, Strolling Somewhere Over the Rainbow, Trekking With the Trees, Walking the USA A - Z, Water Towers, You'll Never Walk Alone |
| Start Times: | 8 am to 11 am, finish by 1 pm |
| Location: | Riverside Park |
| Start Point / Driving <u>Directions</u> : | Intersection of Hudson Rd (Hwy 29) and Red Cedar Trail. From I-94 take Exit 41 to Hwy 25 south and proceed south on 25 for about 2.5 miles. After passing Main St, take next right onto Hudson Rd (Hwy 29). Start point is on left immediately after crossing Red Cedar River. <u>GPS</u> : N44.87470 W91.93963 |
| Awards & Fees: | IVV Credit Only |
| Comments: | SPECIAL PROGRAMS: Honoring Our Flag, Lakes & Reservoirs, Nat'l Register of Hist. Places, Strolling Somewhere Over the Rainbow, Trekking With the Trees, <u>Water Towers</u> , Walk the USA A-Z letter M, You'll Never Walk Alone, <u>Wisconsin Counties</u> - Dunn |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Don Suloff (608) 821-0263 |
| Website: | dairylandwalkers.com/walks/event-walks/menomonie-walk/ |
| E-Mail Contact: | suloff@tds.net |

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| Dates: | 9/20/2015 - 9/20/2015 |
|--|---|
| City / State: | Durand, WI |
| Event Name: | Durand, WI Walk |
| Event Type: | Walk |
| Event ID: | 101461 |
| Distance - Trail Ratings: | 10K & 5K - 1B |
| Description: | The walk includes a portion of the Chippewa River Trail, a walk along the Chippewa River, and passes through the old section of Durand. |
| Amenities: | Strollers: medium Wheelchairs: NO Pets: Yes Restrooms: Yes |
| Special Programs: | Fraternal Organization, Honoring Our Flag, Walking the USA A - Z, Water Towers |
| Start Times: | noon to 3 pm, finish by 5 pm |
| Location: | Memorial Park |
| Start Point / Driving <u>Directions</u> : | Intersection of Madison St and 2nd Ave. From I-94 near Eau Claire take exit 65 to Hwy 85 south and drive about 24 miles through Caryville and Rock Falls to Durand. In Durand, Hwy 85 is Prospect St. Turn right on 2nd Ave E to the start point. From Menomonie, take Hwy 29 (Hudson Rd) east to Hwy 25. Turn right (south) on Hwy 25 (Broadway) for about 21 miles to Durand. In Durand, Hwy 25 is Prospect St. Turn right on 2nd Ave east to start point. <u>GPS</u> : N44.62896 W91.96468 |
| Awards & Fees: | IVV Credit Only |
| Comments: | SPECIAL PROGRAMS: Fraternal Organizations, Honoring Our Flag, Water Towers, Walk the USA A-Z letter D, Wisconsin Counties - Pepin |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Don Suloff (608) 821-0263 |
| Website: | dairylandwalkers.com/walks/event-walks/durand-walk/ |
| E-Mail Contact: | suloff@tds.net |

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| Dates: | 10/10/2015 - 10/10/2015 |
|--|--|
| City / State: | Madison, WI |
| Event Name: | West Side Parks` |
| Event Type: | Walk |
| Event ID: | 101462 |
| Distance - Trail Ratings: | 10K & 5K - 2B |
| Description: | This walk will explore six city parks on Madison's west side and neighborhoods surrounding them. |
| Amenities: | Strollers: NO Wheelchairs: NO Pets: Yes Restrooms: Yes |
| Special Programs: | Amphitheatres, Honoring Our Flag, Lakes and Reservoirs, Walking the USA A - Z, You'll Never Walk Alone |
| Start Times: | 9 am to noon, finish by 3 pm |
| Location: | Garner Park Shelter |
| Start Point / Driving <u>Directions</u> : | 333 S. Rosa Rd. From West Beltline Hwy 12 take Mineral Point Rd east (exit 254) and follow it for 2.5 miles to S. Rosa Rd on left. Turn left on Rosa to Garner <u>Park entrance</u> on the right and start point. <u>GPS</u> : N43.06196 W89.47695 |
| Awards & Fees: | IVV Credit Only |
| Comments: | SPECIAL PROGRAMS: Amphitheaters, Honoring Our Flag, Lakes & Reservoirs, You'll never Walk Alone, Walk the USA a-Z letter M, <u>Wisconsin Counties</u> - Dane |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Don Suloff (608) 821-0263 |
| Website: | dairylandwalkers.com/walks/event-walks/west-side-madison-parks-walk/ |
| E-Mail Contact: | suloff@tds.net |

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| Dates: | 10/24/2015 - 10/24/2015 |
|--|--|
| City / State: | Waunakee, WI |
| Event Name: | Governor Nelson Moonlight Walk |
| Event Type: | Walk |
| Event ID: | 101463 |
| Distance - Trail Ratings: | 10K & 5K - 2C |
| Description: | This is a guided moonlight walk with three different start times, depending on your desired speed and distance. The walk winds through a variety of terrains, including woodlands, wetlands, <u>prairies</u> and includes a scenic overlook of Lake Mendota. |
| Amenities: | Strollers: NO Wheelchairs: NO Pets: No Restrooms: Yes |
| Special Programs: | Honoring Our Flag, Lakes and Reservoirs, Walking the USA A - Z, You'll Never Walk Alone |
| Start Times: | Slow 10K @ 6:30pm, Fast 10K @ 6:45pm & 5K @ 7pm |
| Location: | Governor Nelson State Park |
| Start Point / Driving <u>Directions</u> : | 5140 Cty Hwy M. From Madison's west side, take Hwy 12 north (West) to Cty Hwy M (exit 250)(Century Ave). Go east on M about 5 miles to <u>park entrance</u> on right. From Madison's east side, take I-39/90/94 west to Hwy 19 (exit 131), then go west on 19 to Hwy 113. Turn left on 113 to Cty Hwy M. Turn right on M and proceed about 3 miles to park entrance on the left. A park sticker is required for entry to the park. Follow the park road to its end at the <u>fish cleaning</u> station. <u>GPS</u> : N43.12992 W89.43402 |
| Awards & Fees: | IVV Credit Only |
| Comments: | SPECIAL PROGRAMS: Honoring Our Flag, Lakes & Reservoirs, You'll Never Walk Alone, Walk the USA A-Z, Wisconsin Counties - Dane |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Don Suloff (608) 821-0263 |
| Website: | dairylandwalkers.com/walks/event-walks/governor-nelson-moonlight-walk/ |
| E-Mail Contact: | suloff@tds.net |

Attachment E November Event

| Dates: | 11/14/2015 - 11/14/2015 |
|--|--|
| City / State: | Madison, WI |
| Event Name: | Veteran's Day Weekend Walk |
| Event Type: | Walk |
| Event ID: | 101858 |
| Distance - Trail Ratings: | 10km & 5km - 2B |
| Description: | GPS: N43 4.3909 W89 23.0605 The walk will include the State Capitol, the <u>Frank</u> <u>Lloyd</u> Wright designed Monona Terrace Convention Center, a portion of the University of Wisconsin campus, Madison's famed State Street, and will emphasize <u>armed</u> <u>forces</u> veterans sites including the upper level of the State Capitol building and the Veterans Museum. |
| Amenities: | Strollers: medium Wheelchairs: medium Pets: No Restrooms: Yes |
| Special Programs: | Cities in Song, Fraternal Organization, Honoring Our Flag, Lakes and Reservoirs, National <u>Register</u> of Historic Places, State Capital, Walking the USA A - Z, You'll Never Walk Alone |
| Start Times: | Between 9:30 and 11:00 am |
| Location: | Inn on the Park Lobby |
| Start Point / Driving <u>Directions</u> : | 22 S. Carroll, Madison, WI. SW corner of Capitol Square. From I-90 exit west on US-12/18 and proceed to and exit on John Nolen Dr. north At 5th light on John Nolen turn left on Broom St. Proceed to 3rd light and turn right on W Washington Ave. to Capitol Square. Turn right on Carroll St to next corner. <u>Hotel</u> is on the right. Hotel parking may be limited. There is a charge unless you are a registered guest. Five public parking ramps are within 3 blocks. |
| Awards & Fees: | IVV Credit Only |
| Comments: | Special Programs: Cities in Song, Fraternal Organizations, Honoring Our Flag, Lakes and Reservoirs, National Register of Historic Places, State Capitol, Walking the USA A Z, Youll Never Walk Alone |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Jerry Wilson (608) 695-6449 |
| Website: | dairylandwalkers.com/walks/event-walks/veterans-day-weekend-walk/ |
| E-Mail Contact: | jpatw4@gmail.com |