

Madison Area Volkssport Association Newsletter

September-October 2014

www.dairylandwalkers.com

Vol 2014-05

Sept.-October Events

Sept. 10 Board Meeting – Lakeview Branch Library – 6:00 pm

Sept. 13 Lake Waubesa Walk

October 3-5 NC Regional Rendezvous – Tenney Park Shelter Maple Bluff Walk Olbrich Gardens Walk Capitol Rendez. Walk

Oct. 8 Membership/Annual Meeting-Site & Time TBD October 26 Hwy Cleanup – Nora's II – 1:00 pm

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Lake Waubesa/Lake Farms County Walk By Barb Lund

On September 13th we will be walking at Lake Farms County Park. You will be walking in the woods by Lake Waubesa and prairies. The 5 and 10K walks will have registration between 8:00am and noon with walkers to have completed their walks by 3:00pm.

The walk starts at Shelter 3 which is located off of Libby Rd. Coming from the west side of Madison, at exit 264, take ramp right and follow signs for South Towne Dr., Turn right onto S. Towne Dr. At roundabout take 2nd exit. Road name changes to Raywood Road, Turn left onto Moorland Rd, name changes to Lake Farm Rd. Turn left on Libby Rd.

Volunteers Needed By Tricia Gundlach

If you ever wanted to get a little more involved in our walking club, here is a great opportunity! Please check out the link below for all the short, one-time volunteer jobs at our North Central Regional Rendezvous, October 3-5th at Tenney Park in Madison. Volunteering with us is loads of fun and you will have an opportunity to meet walkers from surrounding states. This is a perfect opportunity to get to know more club members. Our club is hosting this event so we want to get as many club members involved as possible. You can pick a volunteer job that suits you and will only take a few hours of your time. You will still have plenty of time to complete the walks.

You can safely click on this link without getting spam. We need help with bringing a dish to pass, registration and finish tables, set-up and take-down, etc. All the volunteer jobs and times are outlined when you click on the link. If you prefer, you may contact Tricia Gundlach directly at 608-358-6961 or at <a href="mailto:theta:thet

Here is the link to volunteer and it lists all the help needed. Please check it out!

www.SignUpGenius.com/go/10C0E4EA5AA2FA7F94-dairyland

Regional Rendezvous Reminder By Karen Reger

The Early Bird Rate of \$45.00 has gone by, and the Pre-registration Rate of \$50.00 must be received by September 12. If you do not wish to purchase a total package, you can pay for just the individual events that you want to participate in. But, you must pre-register by September 12 to attend the Meet & Greet and/or the Saturday meal.

If you know someone who is interested in walking, this may be a good time to show them how volkssporting works. It would only cost them \$2.00 apiece for each of the three walks that will be offered plus a one-time \$10.00 venue fee. Hopefully, the road construction that is going on everywhere will be winding down by the time of the rendezvous.

Volunteers are still needed for all three days. Please consider volunteering so we can make this a stellar event. Tricia Gundlach has created an online *Signup Genius* signup page. Contact her at 608-222-4200 or email her at tnt84@chorus.net for access details.

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Dates of Interest?

Date

Sept. Cholesterol Education Month

- 1 Labor Day
- 8 International Literacy Day
- 8 Full Moon Harvest Moon!
- 19 Nat. Talk Like a Pirate Day
- 21 World Alzheimer Day
- 28 Gold Star Mother's Day

Oct. Protect Your Hearing Month

- 8 Full Moon Hunter's Moon
- 13 Columbus Day Observed
- 13 Navy Birthday
- 15 White Cane Safety Day
- 26 Howl at the Moon Night
- 31 Halloween

NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for November – December 2014

Due: October 20

Send to DW Newsletter email address:

dairylandnews@gmail.com

Saturday Walk & Eat Group By Mary Liebig

Saturday and Monday (Labor Day) Walk & Eat Group Civil War – Monday, September 1 Devil's Lake – Saturday, October 18

More Group Walk and Eat opportunities are coming up in September and October. Thanks to the three home Badger Football games on Saturdays in September, I can't call this the Saturday morning walk and eat group for this newsletter. So instead, on Monday, September 1, which is Labor Day, we'll meet at the start point of the Civil War Walk, the Best Western Inn Towner, located at 2424 University Ave. shortly before 9AM to register for the walk. Both 10k and 5K walking routes will be offered. It is worth noting that parking has been tight at the Best Western, so it may be helpful to park at our lunch location, the Blue Moon Bar & Grill at 2535 University Ave. The Blue Moon opens at 11AM on Labor Day and should be able to accommodate our group. For those interested in lunch after the walk, here is a link to the Blue Moon Bar & Grill menu: http://www.bluemoonbar.com/bluehome.html

Saturday morning, October 18 will find us walking at Devil's Lake State Park in Baraboo. Hopefully we'll see some fall colors on the bluffs then. We'll meet at the Visitor's Center on the North Shore, the start point, shortly before 9AM to register for the walk. There are four walking options at Devil's Lake: a 10K and 6K on the East Bluff, a 6K on the West Bluff, and a fairly flat 5K along the west side of the lake. We'll plan to eat at the Farm Kitchen, located just outside the park at S5718 State Road 123 after our hike. Here is a link to the Farm Kitchen website: http://www.farmk.com/

These group walks offer an opportunity to socialize with other walkers and get some exercise. It's also a great way to work on completing the 2014 Volkssport Incentive Program (VIP).

Talk'n Trash By Joanne Reuter

Summer is flying by quickly and soon it will be time for the fall trash pickup along Hwy 12 & 18. We will meet as a group at Nora's II, 1843 US 12, Deerfield, WI on Sunday Oct 26th at 1 pm. Safety jackets and garbage bags will be provided. Bring work gloves to wear. The more volunteers we have, the faster the job is done. Then we troop back into Nora's for drinks and fun. Hope you can make it!

Access to Tenney Park Shelter and Additional Parking, if Needed By Jerry Wilson

NC Regional Rendezvous - October 3 - 5

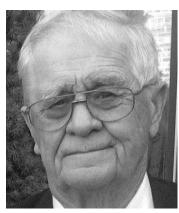
The driving approach to the Tenney Park shelter is off Sherman Avenue with parking available near the shelter, and along Thornton Avenue facing the Yahara River. Should more parking be needed, on-street parking is allowed on one side of Marston Ave., bordering the park between E. Johnson St. and Sherman Ave. Getting to the shelter from Marston Ave. is easy by foot, following park paths.

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Gaylord Matti Obituary Submitted By Tom and June Doyle



Gaylord Eugene Matti, age 89, passed away Thursday, Aug. 7, 2014.

Gaylord was born on Dec. 27, 1924, to the late Nettie Matti (Kramer) and Harrison Matti. He was born in Glen Haven, Wis., but was raised in Eastman, Wis. He graduated from Prairie du Chien High School in 1942. He served his country in World War II in the Merchant Marine and later in the U.S. Army. After his war service, he worked for the Cuba Club on University Avenue in Madison and later started Gaylord's Catering Service in 1963. He retired in 1983.

He spent his time golfing, traveling and playing cribbage. For 26 years, Gaylord and his wife, Anne spent their winters in Naples, Fla. enjoying time with family and their many friends. He was a member of the American Volkssport Association. He traveled across the country and logged 3,500 km walking in 275 different events. An avid cribbage player, Gaylord participated and organized many tournaments for the American Cribbage Congress. He also used his time and talents to support many organizations. He was on the MATC board and president of the East Side Businessmen Association. Gaylord was a generous man, a successful business owner and a devoted husband and father. He was passionate about life and politics. We will miss him terribly.

Gaylord is survived by his wife of 63 years, Anne E. Matti; seven children, Susan (Phil) Schroeder, Steven Matti, Nancy (Steve) Irlbeck, William Matti, Jeff (Kit Hamm) Matti, Jennifer (Mike) Wirth and Christopher Matti; 11 grandchildren, Emily Schroeder, Allison Matti, Bryan (Carly Scheer) Irlbeck, Kevin Irlbeck, Hannah Matti, Nina Matti, Anne Wirth, Madeline Wirth, James Wirth, Kesslyn Matti, Mason Matti; three siblings, Ethel Lorenz, Neal Matti and Sherwood Matti; other relatives; and many friends. Gaylord was preceded in death by his sister, Leila Peterson.

It's About Time!! By Don Suloff

The American Volkssport Association's National Executive Council (NEC) is challenging local clubs to celebrate a rare consecutive date occurrence which happens this year, but will not again occur for another 50 years! This December it is possible to perform a Saturday walk which starts at 10:11 am, which results in a time sequence of 10:11, 12.13.14! Your club board has decided to join clubs around the country in holding a walk on that date with that start time.

On December 13, 2014, we will have a walk starting at the Plaza Tavern (just off Capital Square across from the Inn on the Park). Although we challenge participants to start the walk promptly at 10:11 a.m., we will have walk registration available between 10 a.m. and 11 a.m. Since the Plaza Tavern is permitting us to use their back room, we would encourage participants to have lunch at the Tavern after the walk. Ample parking is available at the nearby Carroll Street parking ramp.

This walk will have its own sanction number. Recognizing the uncertainty of December weather we will have a modified version of 10K Capital Walk available, as well as a shortened 5K walk which will attempt to maximize opportunities to "pop" into public facilities to warm up if necessary. Plan on joining us for this unique walking opportunity!

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Coming Attractions By Don Suloff

Your board has been busy and has developed our walk schedule for 2015 - and here it is! The schedule is still subject to change until walks have been sanctioned, but we would anticipate few if any changes. Mark your calendars for another great year of walks.

January 17, 2015	West Towne Walk	Dane County	
February 21, 2015	East Towne Walk	Dane County	
March 14, 2015	Pie Walk – Middleton	Dane County	
April 18, 2015	Whitewater	Walworth County	
May 16, 2015	Evansville	Rock County	
June 5, 2015	Walk Wisconsin - Stevens Pt	Portage County	
July 18, 2015	Oconto	Oconto County	Noon Start!
July 19, 2015	Green Bay	Brown County	
August 15, 2015	Verona	Dane County	
September 19, 2015	Durand	Pepin County	
September 19, 2015	Menominee	Dunn County	Noon Start!
September 20, 2015	Lake Wisota State Park	Chippewa County	
October 10, 2015	Madison West Side Parks	Dane County	Dairyland Walkers 20th Anniversary
October 24, 2015	Governor Nelson State Park	Dane County	Moonlight Walk

2015 - Great Britain By Doug Wiest

Remember to mark your calendars for a hiking adventure with the Dairyland Walkers to Great Britain in Autumn 2015! Details will be forthcoming later this year.

Dairyland In Alaska By Tom Gundlach

On June 11, 2014, 24 members and friends of The Dairyland Walkers arrived in Fairbanks, Alaska for the start of what turned out to be a fabulous land tour and southbound cruise. Of those 24 people, 15 were members of DLW, one was a walker from San Antonio, TX who traveled with his sister from Maryland, two were from Virginia (and liked our club so much they joined on the trip), two were from Illinois, and three were from the Des Moines, IA club.

We spent two nights in Fairbanks, doing some sightseeing and, of course, eating lots of salmon, as well as doing the Fairbanks 10K walk. From there, we took the Alaska Railroad to Denali National Park, where our Premier Alaska Tours motorcoach picked us up and took us straight to the Denali 10K walk start point. What a great walk that one is! Part of the walk takes you down the side of a bluff to Horseshoe Lake. Several of us were standing by the lake edge, taking in the beautiful scenery, when a cow moose strolled out of the brush and into the lake, not 10 yards from us. She proceeded to feast on the underwater vegetation for almost half an hour, apparently oblivious to us as we jabbered excitedly and took picture after picture.

The next morning, we all boarded a park bus for a seven hour deep park tour. Our driver/quide was extremely knowledgeable and kept our attention with thorough explanations of every part of the park we traveled through. One of the highlights of this park tour is promoted as a great opportunity to see some the majestic wildlife that make this area their home. Apparently, this was our lucky day. We were the first tour bus of the day, and we saw plenty. There were numerous moose, several small groups of caribou, some Dall sheep high up on the rocky slopes, and, best of all, two grizzly bears, CLOSE-UP!

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Yes, that is a grizzly walking right down the middle of the road! The other grizzly was feeding on roots in a ditch right next to the road. We saw the one on the road on the way into the park, and the other one on the way out of the park.





We also saw a huge golden eagle being chased by a very determined magpie. Apparently, the eagle must have gotten too close to the magpie nest, and the magpie took umbrage at that. The eagle at one point landed on a hillside. The magpie landed a few feet behind it, then in three hops, jumped right on the eagle's back. It was amazing! Later we talked with some people who were on the same tour later in the day, and they said they didn't see any wildlife. Guess it pays to get up early, sometimes.

After our park tour, our motorcoach and tour guide from Premier Alaska Tours picked us up and we were off on our way to Anchorage. We arrived late, almost 9 pm, and since we had been up at about 5:30 because of our early Denali tour, there was not a lot of interest in starting a 10K walk at that point. But many did just walk part way around Lake Hood and the Anchorage airport for a stretch after the 6 hour bus ride.

On Sunday, June 15, after breakfast and being joined by 4 more club members and one friend, our group of now 29 was off in our motorcoach to Seward, AK, to do another walk before boarding our cruise ship, Holland America's Oosterdam, for our 7 day southbound cruise to Vancouver. The walk in Seward is one that our club created and sanctioned as a remote start walk for 2014. It has both 5 and 10K options. We were the first ones to try it out, and it was really fun. Seward is an historic city, and the 10K walk covers a good deal of it. Founded in 1903, it is the start of the Iditarod National Historic Trail, and is the ocean terminus of the Alaska Railroad. After completing our walk, we boarded the Oosterdam and sailed that night for Glacier Bay, arriving there the morning of Tuesday, June 17. After spending several hours viewing the incredible, massive glaciers, we sailed on to Haines, AK.

Haines is the site of the second of our three DLW remote start walks in Alaska. Again, we were the first to try the directions for this walk, and again, the turned out extremely well, despite many streets with no signs. The Haines walk offers a 5K loop and a 9K loop, both starting at the cruise pier. The 5K goes through much of the small, quaint town, while the 9K loop goes out a trail to a scenic point and returns. That loop is quite a workout, as much of the trail is dirt, rocks, tree roots and steep hillsides, but it is breathtakingly beautiful! The trail is currently being improved, and in another year will probably be much better than the primitive state it is in now.

From Haines, we sailed to Juneau, the state capitol. The existing 10K walk there is another beautiful walk, with a lot of hills, stairs and amazing vistas.





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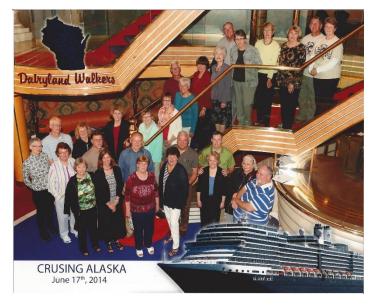
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From Juneau, we sailed on to Ketchikan, AK, where we did the third of the three DLW remote start walks, again being the first to try it out. The Ketchikan walk is comprised of two 5K loops, both starting at cruise pier #2. One loops through the historic and touristy area known as Creek Street, then moves on into a residential area. This walk becomes really strenuous, even though it is almost entirely on paved streets and sidewalks. Ketchikan is built on the side of hills leading up to the mountains, and this walk proves it. But, when you see some of the views along the way, it is definitely worth the effort required!

All in all, we had a fantastic trip. We could not have asked for better luck with the weather. It was cool in the mornings, perfect for walking. Sometimes it was overcast, and the forecast predicted rain every day, but we never got wet on a walk! I could not have had a better group of people to travel with. We all hit it off and just had a great time together. This truly was a trip of a lifetime!







Alaska Walks Available Through 2014 – Remote Registration By Mary Liebig

I posted this on the AVA Facebook page to remind other walkers of our three seasonal walks in Alaska this year:

WALKING IN ALASKA- Just a reminder that there are three additional seasonal walks in Alaska in 2014 that have been sanctioned by the Dairyland Walkers. The walks are in Seward, Haines, and Ketchikan. Great opportunity to walk for those doing a cruise on the Inside Passage. Twenty eight of us just finished a cruise/land package in Alaska. Beautiful scenery and wonderful walks in the great state of Alaska! Check the Dairyland Walkers website at http://dairylandwalkers.com/walks/year-round-seasonal-walks/ for more information on these walks.

Alaska Walk Pictures By Mary Liebig





Alaska Cruise Photos:

Haines Walk (upper left)

Ketchikan Walk (upper right)

Seward Walk (left)

Juneau Walk (lower left)

Moose at Horseshoe Lake (lower right)





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Special Programs Ending December 31, 2014 (Per www2.ava.org) By Jerry Wilson

Some AVA Special Programs end each year. Following is a list of programs that will end in December of this year. If you need event stamps in these books you may want to focus your walking September through December:

America's Family Bakeries Celebrating Golden Cinemas Classic American Diners Strolling Somewhere Over the Rainbow Struttin' Down Main Street Walking America's Murals Work Projects Administration (WPA)

Platteville Tornado By Don Suloff

Those of you who enjoyed the beauty of Platteville during our Three State Weekend in May will be interested in the following information received from the developer of the Platteville walk. The tornado that hit Platteville the night of June 16th began at Memorial Park, the first park we walked through, then "walked" up the hill to get into the University. Over 1,000 trees in the park were destroyed that night. The DNR and a lumber company have been cutting trees since the hit. Personnel were not permitted in the area for weeks to see the damage as it remained dangerous. Viewing the area from an upper parking lot was sickening. The tornado also damaged the Super 8 (where many of you stayed) and destroyed many of the trees on the motel grounds and on the trail. There was a very large tree down behind the Visitors Center that damaged some of Katie's Garden. The houses, residence halls, stadium, and classroom buildings can be rebuilt, but the beautiful trees will take a very long time to return. We were fortunate to have had this walk when we did.

Donald County Park Walk Photos By Jerry Wilson





A portion of the trail we didn't walk on Saturday, August 23 (tree down). The photo illustrates the morning fog that kept walkers cooler even with high humidity. (left)

"Horse parking" near the walk start point at Donald County Park! (right)

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Membership Update By Tom Doyle, Membership Chair

We welcome 4 new members, 2 from very near and 2 from a little distance away!!

Nancy Mueller McFarland
Lauris Wagner Cross Plains
Ann & Ralph Misener Fredricksburg, VA

Club Milestones By Tom Doyle

We have some club members who have completed their very first books (10 events). Hooray!

EVENTS		DISTANCE (K's)	
10	Cheryl Batease	2500	Kathy Schultz
10	Patty Buehler	3000	Jackie Kittle
10	Ed Buehler	5000	Jill Ruef
175	Joanne Reuter	10000	Don Suloff
225	Kathy Schultz	19000	Jogena Wiest
275	Diane Thornbery 55000 Doug Wies		Doug Wiest
350	0 Jackie Kittle		
475	5 Jill Ruef		
950	Don Suloff		
1150	Jogena Wiest		
2400	Doug Wiest		

Congratulations to everyone on their Milestone accomplishments.

2014 Dairyland Walkers Calendar

Saturday, January 11	East Towne Walk	Participants = 35 (32 Adults, 3 Non-Credit)
Saturday, February 8	West Towne Walk	Participants = 38 (34 Adults, 1 Youth, 3 N C)
Saturday, March 15	Middleton Pie Walk	Participants = 55 (55 Adults, 0 Youth, 0 N C)
Saturday, April 26	DeForest Walk	Partic. = 109 (62 Adults, 1 Youth, 46 N C)
Saturday - Sunday,	Tri-State Walks: Platteville, WI	Platteville Participants =
May 17 and 18	Galena, IL and Dubuque, IA	117 (108 Adults, 2 Youth, 7 N C)
Saturday, June 28	Lake Kegonsa State Park Walk	Participants = 42 (33 Adults, 0 Youth, 9 N C)
Saturday, July 19	Sparta Walk – Monroe County Walk	Participants = 55 (44 Adults, 2 Youth, 9 N C)
Sunday, July 20	Black River State Forest Walk – Jackson Co. Walk	Participants = 45 (39 Adults, 2 Youth, 4 N C)
Saturday, August 23	Donald County Park Walk - Near Mt. Horeb	Participants = 30 (27 Adults, 0 Youth, 3 N C)
Wednesday, Sept. 10	D W Board Meeting	Site: Lakeview Library Branch – 6:00 pm
Saturday, September 13	Lake Waubesa Walk	Start: 8:00-Noon - Shelter 3, End by 3:00pm
Friday - Sunday,	North Central AVA Region Rendezvous –	See Pamphlet, Copy of Registration form:
October 3 - 5	Three walks originating at the Tenney Park	Attachment D
	Shelter in Madison.	
Wednesday, October 8	D W Membership Meeting - Annual Meeting	Site: TBD
Saturday, December 13	"It's Time to Walk" Event New Club Event Added!	Register:10:00-11:00 at Inn on the Park
	A walk planned to start at 10:11 AM on 12/13/14	Planned Start 10:11am!
	"10:11/12/13/14"	Finish at Plaza Tavern, 319 N. Henry St.,
		one block off State St. (4 blocks from Start)

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Dairyland Walkers Board Meeting Lakeview Branch Library July 9, 2014

Minutes Pending Approval

Board Members Present

Doug Wiest (President)
Terry Wendt (Vice President
Mary Liebig (Secretary)
Diane Thornbery (Treasurer)
Don Suloff (Trailmaster)
Karen Reger (Publicity Chair)

Tricia Gundlach (Volunteer Coordinator)

Tom Gundlach (AVA Electronic Sanctioning Volunteer)

Welcome (Doug)

The meeting was called to order at 6:00PM by President Doug Wiest and after adding a few additional items, the agenda was adopted. Also in attendance was Russ Crane.

Vice President Report (Terry)

Terry told us that the Lakeview Park shelter in Middleton has been reserved for our August 13 Membership Meeting/Potluck Picnic.

Terry is still trying to reserve Immanuel Lutheran Church on Spaight St. for our December 7 Holiday Membership Meeting. This year there is a form and fee required to reserve the church. We think that we need to reserve the church space for four hours, from 2:30PM to 6:30PM, and that it would cost just over \$100 to do so. Tricia made a motion, seconded by Don, for Terry to send in the reservation form along with the required fee. The motion carried.

Finally, Terry will try to reserve Hody's Bar & Grill for the October 8 Membership Meeting. This will be shortly after the Regional Rendezvous, but we traditionally elect officers for the next year at this meeting.

Secretary Report (Mary)

The minutes of the last Board meeting held on May 14th 2014 had been previously emailed to the Board. There were no corrections or additions to the minutes, and they were approved as distributed.

Mary mentioned that she posted the NC Regional Rendezvous information on the AVA Facebook page, with a link to the Rendezvous brochure. The AVA Facebook page currently has 772 members.

Mary also asked if anyone else was familiar with the Walk with a Doc program that we have in Madison. After checking their website: http://www.walkwithadoc.org she discovered that they have programs in almost all states. She forwarded that information to AVA Headquarters, to see if AVA could somehow partner with Walk with a Doc, to increase AVA participation rates.

Treasurer's Report (Diane)

Diane had emailed the Treasurer's Report to the Board. The balance on May 15, 2014 was \$1,776.49. Since that time, income totaled \$1,742.00 and expenditures were \$683.45. The current checking account balance on July 9, 2014 is \$2,835.04. Of that balance, \$1,000 is restricted for trips. The report also noted that pre-paid expenses of \$3,000 had been made for five years of website hosting by the Stevens Company. It was suggested that the five year date be added to this line. Diane will also ask Tom McCrill about the club's expense for future website hosting fees.

Director at Large (Barb)

Barb had nothing to report.

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Trailmaster Report (Don)

Don has been in contact with Jerry Wilson about using the Plaza Tavern at 319 North Henry St. as the start point for a modified version of our capital walk on 12/13/14. We would be participating in the AVA nationwide walking effort planned for 10:11AM on that day. The Plaza Tavern has a back room that we could use for registration. This walk may only be a 5K if there is bad weather that day. Don will request a new sanction for this walk.

Don has planned the club's next walks in Sparta (Monroe Co.) and Black River State Forest (Jackson Co.) on July 19-20. There is a Happy Hour planned for 5PM, and a dinner at 7PM at the Sparta Family Restaurant, next to the Country Inn.

Lastly, Don gave us copies of the Final Draft of the 2015 Walk Schedule. Here is a listing of the walks planned:

- 1. January 19: West Towne Mall
- 2. February 21: East Towne Mall
- 3. March 14: Pie Walk
- 4. April 18: Whitewater
- 5. May 16: Evansville
- 6. June 5: Walk Wisconsin/Stevens Point
- 7. July 18-19: Oconto and Green Bay (Oconto and Brown counties)
- 8. August 15: Verona
- 9. September 19-20: Durand, Menominee, Lake Wisota State Park (Pepin, Dunn, Chippewa counties)
- 10. October 10: Madison West Side Parks (Club's 20th Anniversary Walk)
- 11. October 24: Governor Nelson Moonlight Walk

Publicity (Karen)

Karen had nothing to report.

Volunteer Coordinator (Tricia)

Tricia reported that 13 people have been nominated for volunteer recognition awards. Nominations are still being accepted until July 15. The Volunteer Recognition Committee is meeting on July 17 to review the nominations. They will send the list of those recognized to Phyllis Olson, Regional Director, by August 1.

Russ asked to meet with Tricia soon to discuss using sign-up genius to recruit volunteers for the Regional Rendezvous. In early August, they hope to begin recruiting volunteers using sign-up genius.

It is expected that Rendezvous volunteer recruitment will take place in August and September.

AVA Electronic Sanctioning Volunteer (Tom Gundlach)

The participation report for the Lake Kegonsa walk has been filed.

The Year Round and Seasonal events for the following year (2015) must be renewed on or before August 31.

Unfinished Business

Dairyland Walkers North Central Regional Rendezvous 2014 (Russ)

Russ gave us a copy of the worksheet he is using to allocate Rendezvous expenses, as registration fees are received. At this time, he has received 38 registration forms.

Walking Vacation to Great Britain 2015 (Doug)

There is no new information. About eleven months before the trip, (maybe in late October) we will know the pricing for this trip.

Newsletter Articles for September/October Edition

The Board suggested the following Newsletter articles for the September/October edition. The submission deadline is Tuesday, August 20:

- 1. September/October Saturday Group Walk and Eats Mary
- 2. Lake Waubesa Walk- Barb to write
- 3. North Central Regional Rendezvous Volunteer Opportunities- Tricia to write
- 4. Bonnie Walk & Eat Fall program?

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- 5. 2015 Schedule Don to write
- 6. Platteville Tornado Don to write
- 7. Still Time to Register for Rendezvous Karen
- 8. Alaska Post-Trip Tom Gundlach to write
- 9. AVA Convention 2015 & Des Moines Club Bus Trip- Russ to write

New Business

Pathway to Excellence

There was not a lot of enthusiasm for participating in this voluntary program. The club will wait to hear what Phyllis says about it at the Regional Rendezvous Meeting in October.

Donation to Platteville Welcome Center

Don made a motion, which was seconded by Tricia, to contribute \$100 to the Platteville Welcome Center. The motion carried. The Welcome Center did a really nice job hosting our Tri-State event there in May.

Sanctioning YREs and Seasonals for 2015

After discussing criteria for continuation of Year Round/Seasonal events at the last Board Meeting, we felt that volunteer effort was a very important consideration in deciding to renew walks. We also thought that we needed Bruce Dewey's input to help with that, and he was not in attendance at this meeting. So, instead of voting on the sanctioning at the meeting, it was decided to handle this task by email. Doug will send an email addressed to Bruce and ask for his input, with all Board Members copied in. The discussion and voting for the sanctioning of 2015 year-round and seasonal walks will take place by email, and be completed before the August 31, 2014 deadline.

Link to SAS (Sports for Active Seniors on DLW website

Tricia will add a link to the Sports for Active Seniors website on the Dairyland Walkers Links page. SAS has been listing all our 2014 walks on their own website.

Diane volunteered to look into adding a disclaimer on our Links page.

Picnic/Membership Meeting August 13

Mary mentioned that there was not a Newsletter article about the August 13 Membership Meeting/Picnic that included details. She will email Bonnie to make sure that this information gets included in her weekly emails:

5PM- Don will lead a 5K group walk version of the Middleton Walk

6PM - Very short meeting

6:15PM Potluck

Members will be encouraged to bring a dish to pass and their own beverage. Russ and Karen will bring paper plates and utensils.

Ordering 2015 Start Points

Russ said that the cost of ordering 2015 Start Points is now \$25.00, but that clubs get a discount. Russ will order 15 of next year's Start Point, which will be available for sale at the Holiday party in December.

Ordering National Volkssport Event Patches for October

Russ will order around 25 patches for sale at the Regional Rendezvous in October.

The next Board Meeting will be on September 10, 2014 at the Lakeview Branch Library. The next General Membership Meeting and Picnic will be on August 13, 2014 at Lakeview Park on Allen Blvd in Middleton. The next special walking events are Sparta (Monroe County) on Saturday, July 19 and Black River State Forest (Jackson County) on Sunday, July 20. The Donald County Park walk is on Saturday, August 23 near Mt. Horeb.

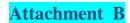
Meeting adjourned at 7:50PM

Submitted by: Mary B. Liebig, Secretary

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Minutes Pending Approval

Dairyland Walkers Bimonthly Meeting Allen Blvd. Middleton, WI August 13, 2014

<u>Officers Present:</u> Doug Wiest (President), Terry Wendt (Vice President), Mary Liebig (Secretary), Diane Thornbery (Treasurer)

<u>Board Members Present:</u> Barb Lund (Board Member at Large), Tom Doyle (Membership Chair), Don Suloff (Trailmaster) Karen Reger (Publicity) Bruce Dewey (Sanctioned Walk Coordinator) Tricia Gundlach (Volunteer Coordinator), Tom McCrill (Website Administrator)

In Attendance: 33

Some of those in attendance completed a 5K version of the Middleton walk prior to the meeting. There was a potluck picnic with table service provided.

Meeting

President Wiest called the meeting to order at 6:15pm. The agenda that was previously emailed to the Board was adopted.

Meeting Minutes (Mary Liebig)

There being no additions or corrections to the minutes of the membership meeting held on June 11, 2014, they stand approved as previously emailed to the Board.

Treasurer's Report (Diane)

The report was previously emailed to the Board. The report noted income of \$3,303.00 and expenses of \$1,174.43 since the previous report. Current balance is \$4,873.61. Of this balance, \$1,000 is restricted for trips. It should be noted that \$2,342.00 of the income reported this month is targeted to be spent on the Regional Rendezvous in October. Also, website hosting expenses of \$300.00 per year have been waived through 2018 per the 2013 agreement signed with The Stevens Company, our website developer. The report was accepted and filed for audit.

Officer Reports

Vice President (Terry):

Terry reported that the hopes that the club Holiday Party will be held on Sunday, December 7 at Immanuel Lutheran Church on Madison's eastside. The church reservation process is different this year. Our club needed to fill out a reservation application, and the church plans to vote on our application on August 18. We still do not have a location for the October 9 Membership Meeting, but it may be held at Hody's Bar & Grill in Middleton.

Secretary (Mary):

Mary reminded us that the next Saturday Walk and Eat opportunity, the Civil War Walk, will actually be held on Labor Day Monday, September 1, due to September Badger home football games. Mary also reported that parking is tight at the Best Western Inn Towner, the start point of the Civil War Walk. A parking alternative is the Blue Moon Bar & Grill at 2535 University Avenue, site of lunch after the walk.

Board Member at Large (Barb):

Barb had sign-up sheets for the Regional Rendezvous volunteer opportunities, and she invited those present to volunteer. There will be an email and newsletter article sent soon that will also invite volunteers to sign up using SignUp Genius.

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Membership Chair (Tom):

Tom reported the death of one of our long-time members, Gaylord Matti. Gaylord had hosted walks in Prairie du Chien and Wyalusing State Park and also completed the 17 mile Syttende Mai walk three times in his seventies. Tom attended Gaylord's funeral, along with a couple of other club members, and he brought copies of Gaylord's obituary and funeral program to the meeting.

Sanctioned Walk Coordinator (Bruce)

Bruce has been checking the condition of the walk-boxes, and replacing them as needed. He explained that the Milwaukee walk box needs to be replaced and asked if anyone would be traveling to Milwaukee soon. Diane Thornbery volunteered to take a replacement box to Milwaukee on Friday, August 15.

Trailmaster (Don)

Don told us that the September-October Newsletter will have the schedule of the 2015 walks. Two walking weekends are planned in 2015 that will have us walking in five new counties:

- July 18-19 Oconto and Green Bay (Oconto and Brown counties)
- September 19-20 Durand, Menominee, Lake Wisota State Park, (Pepin, Dunn, Chippewa counties)

Our next club walk will be Saturday, August 23 at Donald County Park near Mt. Horeb.

Volunteer Coordinator (Tricia)

Tricia thanked the Volunteer Recognition Committee of Tom Doyle, Kathleen Larson, and Heide Peickert for their work on the volunteer recognition awards.

Website Administrator (Tom McCrill)

Tom had nothing to report.

Old Business

DLW North Central Regional Rendezvous October 3-5 2014 – Brief Update (Russ and Karen)

Karen said that she and Russ have been working on the three walking routes for the Regional Rendezvous, but they have been having difficulty due to road construction. Russ reported that 56 people have already registered for the Rendezvous, with the following breakdown by state: AZ: 2, IL: 2, IA: 6, NE:2, MN:7, SD:3, and WI:34. Finally, Russ explained that there is a budget for Rendezvous food and it does not have to be homemade, it can be purchased.

Walking Vacation to Great Britain Sept-Oct 2015 - (Doug)

Doug said that this trip is still being planned, but pricing won't be available until later this fall.

The next Board Meeting will be September 10, 2014 at the Lakeview Library. The next (Annual) membership meeting will be on October 8, 2014 at a location yet to be determined. The next walking events are: the Donald County Park walk on Saturday, August 23 in Mt. Horeb and the Lake Waubesa walk on Saturday, September 13, 2014.

Meeting adjourned at 6:40 PM Mary Liebig, Secretary

Tom Doyle

5824 Lochinvars Trail Marshall, WI 53559-9720

Attachment C



MADISON AREA VOLKSSPORT ASSOCIATION **MEMBERSHIP APPLICATION**

City:	State:	Zip:	
E-mail address:			
Phone: ()			_
Please list names of other	s in household who wish	to be members:	
	rship	\$12.	.00
[] One-Year Membe		# F 00	
[] Extra New Walker	Packets		
		 Enclosed:	

Send completed Membership Application and payment to the Membership Chair:

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Attachment D

North Central Regional Rendezvous Registration Form - Still Time to Register by September 12 at the Pre-registration Rate!

order to recover some of the participant. Exception, in ord for youths under 18 years of	eve the John Wall Family Pa at cost, there will be a one- ler to encourage family partic age. Note: this exception does for individual events to receive	time \$10.00 for for each pation, this fee is waive not apply to the package
Rendezvous Package: Pack Meet & Greet, and Saturday of	tage includes the Venue Fee meal.	, all three walks, awar
Early Bird Rate - Must be	received by Aug. 15	\$45.00
Pre-registration Rate - Mu		S50.00
Individual Events: If you do can pay for just the individ- register by September 12 to a	o not wish to purchase a total ual events you want to parti- utend the Meet & Greet and/or	cipate in. You must p Saturday meal.
Venue Fee (Required) You	th U \$0.00 Adult U \$10.00	
Friday Meet & Greet	\$10.00	
Saturday Meal	\$20.00	
Award Must pre-register by	Sep 12. \$8.00	1000
Walk Fees: Youth IVV Cred Adult Non-Cred	lit S2.00/walk, Adult IVV Cre lit S2.00/walk	dit \$3.00/walk,
Capital Walk	\$2 or \$3	
Maple Bluff Walk	S2 or \$3	
Olbrich Gardens Walk	\$2 or \$3	
Te	otal (Package or Sum Above)	-
Name:		
Address:		
Phone:	E-Mail:	

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Attachment E September and October Events

Dates:	9/13/2014 - 9/13/2014
City / State:	Madison, WI
Event Name:	Lake Waubesa Walk
Event Type:	Walk
Event ID:	98207
Distance - Trail Ratings:	10K & 5K - 1B
Description:	Walk will be over wide trails varying from grass to dirt to gravel. A portion of the walk will be along Lake Waubesa. Leashed <u>pets permitted</u> with \$5.00 fee.
Amenities:	Strollers: NO Wheelchairs: NO Pets: Yes Restrooms: Yes
Special Programs:	Lakes and Reservoirs
Start Times:	8:00 a.m. to 12:00 noon, <u>finish</u> by 3:00 p.m.
Location:	Lake Farm Park
Start Point / Driving <u>Directions</u> :	4330 <u>Libby</u> Rd., Madison, WI. From the Madison Beltline(US-12/18), take exit 264 & travel south on South Towne Dr to roundabout. Take 2nd exit from roundabout & road name becomes Raywood Rd. After 0.5 miles, turn left onto Moorland Rd for 0.5 miles, where it becomes Lake Farm Rd. In 0.3 miles, turn left on Libby Rd to walk start. <u>Ample parking</u> available.
Awards & Fees:	IVV Credit Only
Comments:	GPS: N43.02544 W89.33097 SPECIAL PROGRAMS INFO: 1. Lakes & Reservoirs - Lake Waubesa 2. Walk the USA A-Z - letter M
Host Club:	Madison Area Volkssport Assn.
Contact:	Barb Lund (608) 249-5139
Website:	dairylandwalkers.com/walks/event-walks/lake-waubesa-madison-wisconsin-walk/
E-Mail Contact:	lund b@sbcglobal.net

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Dates:	10/3/2014 - 10/5/2014	
City / State:	Madison, WI	
Event Name:	Maple Bluff Rendezvous Walk	
Event Type:	Walk	
Event ID:	98209	
Distance - Trail Ratings:	10K & 5K - 2A	
Description:	This is one of three walks offered in connection with the 2014 North Central Regional Rendezvous. The walk will include the Yahara River Lock and Dam, Tenney Park Lighthouse, Lake Mendota, Indian mounds, the Governor's Mansion and numerous estates. The trail is on paved city streets and sidewalks.	
Amenities:	Strollers: medium Wheelchairs: medium Pets: Yes Restrooms: Yes	
Special Programs:	Honoring Our Flag, Lakes and Reservoirs, Trekking With the Trees	
Start Times:	8:00 a.m. to 12:00 noon, <u>finish</u> by 3:00 p.m.	
Location:	John Wall Family Pavilion, Tenney Park	
Start Point / Driving <u>Directions</u> :	402 N. Thornton Ave., Madison, WI. From I-90 take exit 138B and go west on WI-30 toward Madison for 3.1 miles. Go south on US-151 (E. Washington Ave.) for 2.2 miles. Turn right onto N Baldwin St. and travel 0.5 miles, then turn right onto Sherman Ave. After 0.2 miles, turn right on N. Thornton Ave. to the start point. Ample parking available.	
Awards & Fees:	A Award	
Comments:	GPS: N43.09186 W89.36703 SPECIAL PROGRAMS INFO: 1. Honoring Our Flag 2. Lakes and Reservoirs 3. Trekking With Trees - Maple 4. Walk the USA A-Z - letter M 5. Wisconsin Counties: Dane County	
Host Club:	Madison Area Volkssport Assn.	
Contact:	Russell Crane (608) 244-6583	
Website:	dairylandwalkers.com/walks/north-central-regional-rendezvous/rendezvous-maple-bluff/	
E-Mail Contact:	rwcrane1926@charter.net	

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Dates:	10/3/2014 - 10/5/2014
City / State:	Madison, WI
Event Name:	Olbrich Gardens Rendezvous Walk
Event Type:	Walk
Event ID:	98301
Distance - Trail Ratings:	10K & 5K - 1A
Description:	This is one of three walks being offered in connection with the 2014 North Central Regional Rendezvous. The walk will include the Yahara River Parkway, Lake Monona, shoreline Indian mounds, and Olbrich Botanical Gardens. A portion of the route is on an abandoned rail bed. The trail is on paved city sidewalks and trails.
Amenities:	Strollers: medium Wheelchairs: medium Pets: Yes Restrooms: Yes
Special Programs:	Celebrating Golden Cinemas, Diners, Honoring Our Flag, Lakes and Reservoirs, Murals
Start Times:	8:00 a.m. to 12:00 noon, <u>finish</u> by 3 p.m.
Location:	John Wall Family Pavilion, Tenney Park
Start Point / Driving <u>Directions</u> :	402 N. Thornton Ave., Madison, WI. From I-90 take exit 138B and go west on Highway WI-30 toward Madison for 3.1 miles. Go south on Highway US-151 (Washington Avenue) for 2.2 miles. Turn right onto N Baldwin Street and travel 0.5 miles, then turn right onto Sherman Avenue. After 0.2 miles turn right onto N Thornton Avenue to the start point. Ample parking available.
Awards & Fees:	A Award
Comments:	GPS: N43.09186 W89.36703 SPECIAL PROGRAMS INFO: 1. Celebrating Golden Cinemas 2. Classic American Diners 3. Honoring our Flag 4. Lakes and Reservoirs 5. Walking Americas Murals 6. Walk the USA A-Z 7. Wisconsin Counties: Dane County
Host Club:	Madison Area Volkssport Assn.
Contact:	Russell Crane (608) 244-6583
Website:	dairylandwalkers.com/walks/north-central-regional-rendezvous/rendezvous-olbrich-gardens/
E-Mail Contact:	rwcrane1926@charter.net

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Dates:	10/3/2014 - 10/5/2014	
City / State:	Madison, WI	
Event Name:	Capitol Rendezvous Walk	
Event Type:	Walk	
Event ID:	98302	
Distance - Trail Ratings:	10K & 5K - 2A	
Description:	This is one of three walks being offered in connection with the 2014 North Central Regional Rendezvous. The walk will include historical homes, Lakes Mendota and Monona, State Street, the State Capitol and Capitol Square, the Madison Farmers Market (Saturday only), Monona Terrace Convention Center, museums, eclectic Williamson Street, and the Yahara River. The trail is on paved city sidewalks/trails and a gravel path. There are several gradual hills.	
Amenities:	Strollers: medium Wheelchairs: medium Pets: Yes Restrooms: Yes	
Special Programs:	Bakeries Family Owned, Celebrating Golden Cinemas, Fraternal Organization, Honoring Our Flag, Lakes and Reservoirs, Main Street, Murals, State Capital	
Start Times:	8:00 a.m. to 12:00 noon, <u>finish</u> by 3:00 p.m.	
Location:	John Wall Family Pavilion, Tenney Park	
Start Point / Driving <u>Directions</u> :	402 N. Thornton Avenue, Madison, WI. From I-90 take exit 138B and go west on Highway WI-30 toward Madison for 3.1 miles. Go south on Highway US-151 (Washington Avenue) for 2.2 miles. Turn right onto N Baldwin Street and travel 0.5 miles, then turn right onto Sherman Avenue. After 0.2 miles turn right onto N Thornton Avenue to the start point. Ample parking available.	
Awards & Fees:	A Award	
Comments:	GPS: N43.09186 W89.36703 SPECIAL PROGRAMS INFO: 1. Americas Family Bakeries 2. Celebrating Golden Cinemas 3. Fraternal Organizations 4. Honoring our Flag 5. Lakes and Reservoirs 6. Struttin Down Main Street 7. State Capital 8. Walking Americas Murals 9. Walk the USA A-Z 10. Wisconsin Counties: Dane County	
Host Club:	Madison Area Volkssport Assn.	
Contact:	Russell Crane (608) 244-6583	
Website:	dairylandwalkers.com/walks/north-central-regional-rendezvous/rendezvous-capitol/	
E-Mail Contact:	rwcrane1926@charter.net	