



November-December 2015

www.dairylandwalkers.com

Vol 2015-06

Nov. – Dec. Events

Nov. 11 Board Meeting –
Lakeview Br. Library–6pm

Nov. 14 Veteran's Day
Weekend Walk

December 6, Sunday
Membership Meeting
and Holiday Party at
Goodman Center:
3:00pm 5 K Walk
Following with Meeting
and Eating

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Veteran's Day Weekend
Walk

Veteran's Day Weekend Walk – Braving the Fall Weather

By Jerry Wilson

The Veteran's Day Weekend Walk is ready to go. This walk was not on the Club's original schedule. This year's walk will be held Saturday, November 14. The start will be between 9:30 and 11:00 AM from the lobby of Inn on the Park, following a route reminiscent of the December 2014 Time to Walk event. This is not a guided walk. An AVA stamp, different than the everyday Capital Walk, will be available. Come join us! The walk will go to some of the armed forces Veterans' sites in downtown Madison, such as the upper level of the state capital rotunda, and the Veterans Museum on the capital square. The capital rotunda has been under renovation, but is scheduled to re-open the Monday preceding our event.

Not knowing the weather in November, the walk will take advantage of some warming areas such as circling inside the state capital on multiple levels, an option of stopping into the Chazen Art Museum and UW Memorial Union, and two chances to tour the WI Veterans Museum. Walkers can decide to go through the WI Vets Museum exhibits early in the walk after exiting the state capital building or near the end of the walk. The capital building has an elevator, if desired, and all exhibits at the WI Veterans Museum are on first floor. Admission to the WI Veterans Museum is free, donations encouraged.

The finish table will be in the back room at Plaza Tavern, where food and drink items are available at cost to help you warm up. (The Plaza Burger was number 12 on the "Madison in 100 Objects" list in 2014!) Walkers could also eat at the Inn on the Park before starting the walk or at restaurants along State Street. The Memorial Union and Langdon Street remain under construction, the walk directions will take construction into consideration.

Dairyland Walkers Christmas Party – Sunday, December 6

By Terry Wendt

The Christmas Party will be on Sunday December 6, 2015, at the Goodman Community Center on Madison's eastside. Located between Atwood Ave. and Milwaukee St. There will be a 5 K walk beginning at 3 PM. Meeting and dinner after we get back. This is a pot luck dinner, everyone is asked to bring a dish to pass. The Board of Directors will provide chili.

Contact Terry G Wendt (608)849-5702 or tgwendt@tds.net

Tom Doyle Completed His 50h State Walk

By June Doyle

Tom Doyle completed the AVA 50 State Walking Program in September 2012 when he walked in New Mexico while on a trip rafting the Colorado River through the Grand Canyon. That was truly a "trip of a lifetime", but, not known for prompt paperwork completion, he only recently submitted his books.

Walkers, don't try this at home.



Dates of Interest?

Date

Nov. Nat. Family Caregivers Mon.
Military Family Appreciation Mon.

1 Daylight Savings Time Ends
10 World Science Day
10 Marine Corps Birthday
11 Veterans Day
25 Full Moon - 4:44 pm
26 Thanksgiving Day

Dec. Aids Awareness Month

3 World Day of Persons With Disabilities
6 Hanukkah Begins
12 National Cocoa Day
21 Winter Solstice 10:48 pm
24 Christmas Eve
25 Full Moon - 5:11 am
25 Christmas Day
31 New Year's Eve

NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for
January – February
2016

Due: December 20

Send articles to the
DW Newsletter email
address:

dairylandnews@gmail.com

Saturday Walk & Eat Group By Mary Liebig

Middleton – Saturday, November 7

There is one final 2015 Group Walk and Eat opportunity on Saturday, November 7 in Middleton.

On Saturday morning, November 7 we'll meet at the start point of the Middleton Walk, the Hubbard Avenue Diner, at 7445 Hubbard Avenue in Middleton, at 8:45AM to register for the walk. There are two walking options, a 10K and a 5K. We'll plan to eat at the Hubbard Avenue Diner after our walk. Here is a link to the Hubbard Avenue Diner menu: <http://www.hubbardavenuediner.com/menu/>

New Sanctioned Walk Coordinator By Tricia Gundlach

Joanne Reuter will be taking over the duties of the Dairyland Walkers new Sanctioned Walk Coordinator. She is responsible for keeping all 23 walk boxes in proper condition and with up to date information. Joanne joined the club in 2009 and volunteered for a number of duties. She currently coordinates the twice yearly trash pickups along the club's adopted highway stretch and she is in charge of taking orders for the Dairyland Walkers Spirit Wear. She takes care of 3 walk boxes and is just finishing up a 1 year term as Director at Large. She joined the club primarily to exercise outdoors and to meet others with similar interests, she volunteers because she enjoys helping others and it's a great way to get acquainted with fellow members.

Volunteer Opportunity By Tricia Gundlach

Our club would like to offer more group walk opportunities. Everyone seems to enjoy them and it is a great way to get to know other club members! In order to do this we need a few volunteers willing to sign-up once or twice a month to help people get registered and get started. Volunteers interested in helping could pick their available times during the months of April through September. If you have been wanting to get out and walk more often, this is the perfect volunteer opportunity for you! If you can help, please let Tricia Gundlach know. We would like to get started organizing for the 2016 walking season. tnt84@chorus.net [608-222-4200](tel:608-222-4200) [608-358-6961](tel:608-358-6961) (cell)

Walk Through History By Don Suloff

Rosemary Sprenger has learned of a Road Scholar program centered out of Sharpsburg, MD, which will offer guided walks in Thurmond, MD; Frederick, MD; Harpers Ferry, WV; Shepherdstown, WV; and Gettysburg, PA. The walks will explore this region's history, in many cases off the beaten track including historic houses, nature trails, and Civil War battlefields. It is uncertain how many of the walks will be sanctioned AVA walks.

The 2016 schedule for this program is April 10-15, May 29-June 3, June 19-24, and September 25-30. To learn more about this opportunity, call Rosemary at [608 257-4032](tel:608-257-4032).

Election Results – 2016 Board By Tricia Gundlach

President:	Doug Wiest
Vice-President:	Terry Wendt
Secretary:	Susan Wester
Treasurer:	Diane Thornbery
Director At Large:	Cindy Haagensen

Congratulations to our officers who were unanimously elected at the Membership Meeting on October 14th.

Dairyland Walkers New Membership Coordinator By Tricia Gundlach

Mary Liebig was appointed as our new Membership Coordinator. She was the DLW Club Secretary for the last 5 years and added much to the functioning of the board as well as the club. She developed the Walk and Eat groups and while leading them she found she really enjoyed the contact with new members. Her enthusiasm for the club is contagious and she wants to make sure that new members have a great experience. She belongs for fun, fitness and friendship and enjoys seeing new sights on her travels. She takes advantage of the fact that our club is part of a network of clubs throughout the United States and other countries. She joined the club 15 years ago, in the fall of 2000. She serves as the Point of Contact for the Devil's Lake State Park Walk, and planned walking routes for several Traditional Events. She looks forward to serving the club in her new role. She volunteers because she enjoys walking, the Dairyland Walkers club, and she wants to help others enjoy it too!

Thank You To Volunteers By Tricia Gundlach

We want to thank all of our volunteers who make our club so much fun! Be sure to attend our Holiday Party on Sunday, December 6th at the Goodmann Community Center, 149 Waubesa St. Madison. The group walk starts at 3:00pm and the pot-luck dinner will follow our short meeting and volunteer recognition fun. The Dairyland Walker Board Members will provide chili so bring your favorite dish to pass!



Dairyland Walkers – 20th Anniversary Celebration

By Tricia Gundlach

On October 11, 2015, the Dairyland Walkers celebrated their 20th Anniversary and they celebrated in true walker's style. Walkers celebrated with a walk on a beautiful sunny fall day, followed with a cake and a short ceremony honoring our charter members. "Our charter members set the tone and volunteer spirit that continues in our club today" said Gundlach. Each charter member was introduced by a member of the Dairyland Walkers Awards Committee and were given a certificate of appreciation along with a gift. Below is the history and contributions of our charter members.

Tom Doyle first got involved in Volksmarches while stationed in Germany with the military. When he returned back to the United States, he and June Doyle continued to complete AVA walks. They learned that although there were clubs in Wisconsin, no club or walk existed in the capitol of Madison. With the help of club members from Des Moines they helped form the first club in the fall of 1995. The first capitol walk was held in April 1996. Tom and June have been very active in the club to this day, in many roles to include President, Membership Chair, and many more.

Jerry and Pam Wilson first got involved in 1993 with the Military Ridge Trail. They enjoyed walking as a family with their children. When he learned about AVA on a Military Ridge Trail walk from another walker, Barb Borde (another long-time club member), Jerry through Madison needed a club. He contacted AVA and learned that Tom Doyle had already inquired about starting a club. Jerry now serves as our Regional Director for AVA. Jerry and Pam also served as Club Presidents.

Mike Roy, developed a life-long love of hiking/walking during his Boy Scout years. He participated in Volksmarches while in Germany with the military. When he returned to Washington DC he connected with AVA clubs and joined. When he later lived in Madison he wanted to connect with our other early club members and became one of our charter members.

Bonnie Hamer has always been interested in walking and participated in a Cedarburg, WI walk as a guest. This prompted her to search for others closer to home and found them in the newly organizing Dairyland Walkers Club. Bonnie continues to volunteer for the club and sends out regular e-mails to club members to help keep them informed.

Ted and Virginia Newell were the "nuts and bolts" of the club in the early years. As a couple, they set up many of the early event walks and those who participated really enjoyed them. They were also involved in planning many joint walks with other clubs.

Bob and Jo Sparks had recently moved to Wisconsin from Texas in 1995 when they saw a group of walkers near an Army Reserve Center and joined in walking with them. They quickly became a major influence in the developing the club. Bob served as Treasurer and Jo as a dynamo organizer really got the club moving. They made signs and banners, ran start and finish tables and kept track of many details. Jo also published the newsletter.

The efforts of our charter members set the standards for the current Dairyland Walkers club officers and members. Our charter members continue to be a wealth of support and wisdom to the club. They are much appreciated by all.



Pictures from the 20th Anniversary Walk by Karen Reger

Articles From the 1995 Club Newsletter
 Researched By Karen Reger

MADISON AVA CLUB HOLDS ORGANIZATIONAL MEETING

The newly chartered Madison AVA Walking Club held its first meeting on Monday, October 2. Tom Doyle presided and Jerry Wilson volunteered to take minutes for the first meeting. Over 20 people learned how Joan Sanders from Iowa agreed to help get things started so Madison could join the list of state capitals having a year-round walk available.

Joan explained to the group that the national AVA has an award program for walks completed and total distance walked.

Officers will be elected at the next meeting on November 7. Two committees are already in operation: newsletter - Jo and Bob Sparks, publicity - Barb Borde. Membership dues will be \$5 per address and those who pay their 1996 dues before January 1 will be charter members.

The club needs a nick-name, a logo, and a schedule of walks for next year. These will be discussed at the next meeting. Future meetings will include an educational or informational portion - suggestions are needed and will be welcomed.

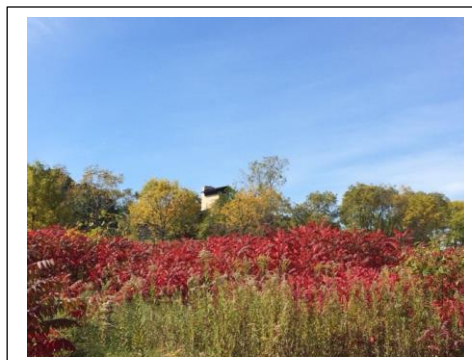
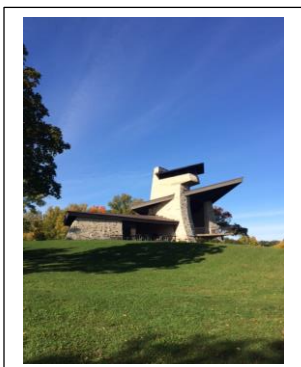
CHARTER CLUB MEMBERS AS OF OCTOBER

Shelly / Marc Anderson
 Barbara Borde
 Tom / Denise Charkowski
 Tom / June Doyle
 Karl / Bonnie Gilbertson
 Bonnie Hamer
 Dan Staab

Dave Mittlesteadt
 Judy Meidl
 Virginia Newell
 Michael Roy Family
 Jim Runningen
 Joan Sanders

Sue Sanders
 John Schultz
 Theresa Schwartz
 Nancy/ Emma Rose Sheahan
 Bob / Jo Sparks
 Jerry / Pam Wilson Family
 Cary / Kelly Wood

Pictures From The 20th Anniversary / Westside Parks Walk By Jerry Wilson



Mark Your Calendars

By Don Suloff

As next year's calendars begin arriving in your mail, now is the time to make sure that you block off the dates of the Dairyland Walkers events for 2016, which your board has just finalized. So break out those calendars and your pencils before reading on and start planning for another great year of walking.

Our year starts similarly to other years with a couple of mall walks to get us walking in spite of the weather. We will start at East Towne Mall this year on January 16, to be followed on February 20 with a walk in West Towne Mall. Next comes the popular Pie Walk starting again from St Luke's Lutheran Church on March 12 (almost 3.14!) and featuring Hubbard Avenue Pie.

On April 23 we will reprise a walk from the past at Indian Lake, followed by a new walk in an old walk site as we return to Fort Atkinson (Jefferson County) on May 21.

Our 2016 walking weekend will be on June 25 and 26. On the 25th we will walk in Wautoma (Waushara County) and spend the evening there. On the 26th we will walk in Roche-a-Cri State Park (Adams County) and Westfield (Marquette County).

With the summer well underway we will walk in Lodi (Columbia County) on July 23, in Jefferson (Jefferson County again) on August 27, and Westport on September 24. Our autumn walks will be at the McKenzie Environmental Center (Columbia County) on October 8 and our Veterans Walk again on November 19.

Clearly we have a great offering of walks for you, but on top of these weekend walks, there will seasonal walks available from June 1 to October 31 in Hayward (Sawyer County), Phillips (Price County), Mercer (Iron County), and Manitowish Waters (Vilas County). Happy walking!

On the Road to Get Our 48th and 49th States

By Karen Reger

September 27, 2015 – Day 1: Russ Crane and I spent the day driving to Metropolis, on the southernmost tip of Illinois. Along the way, we saw the "world's largest cross", 198-foot tall Cross at the Crossroads by Effingham. Upon arriving in Metropolis, we saw the 15-foot bronze statue of Superman in Superman Square. In 1972, DC Comics declared Metropolis the "hometown of Superman". Also saw a statue of Noel Neill, the actress who played Lois Lane in the 1950s TV show "Adventures of Superman".

Day 2: Spent the day driving through Kentucky, Tennessee, and North Carolina. Crossed the Appalachian Trail. Arrived at our destination, Spartanburg, South Carolina.

Day 3: Did the 12K Spartanburg walk (state #48), going on the campuses of Converse College and Wofford College. Since Converse is an undergraduate college for women, they have several nice statues of prominent women on the grounds. We passed the world headquarters for Denny's, the restaurant chain. Spartanburg is known for its high number of fountains, of which we saw a fair number. One path leading out of a park was closed due to construction, but since there were no workmen around to chastise us, we walked on it anyway.

After the walk, we headed for Helen, Georgia, which is a replica of a Bavarian alpine town. Coming into the town, it looks just like a German village. It only has a population of 430, but it is Georgia's 3rd most visited city. Walked around the downtown area, with its many shops. They were celebrating their 45th Oktoberfest at the Festhalle on Edelweiss Street, with music, dancing, food, and drinks. Saw a Lamers bus in our motel's parking lot, with people from the Green Bay area.

Day 4: Did the 12K walk, which went from Helen to Unicoi State Park. (With a nod to Bill Bryson, this was a "Walk in the Woods". This was an out and back to the park's lodge, which made for a very welcome midway stop, with its air conditioning, water, and restrooms. Saw a flock of turkeys on the trail, as well as a good-sized turtle. Spent the rest of the day walking around the downtown shopping area.

Day 5: Travel day to Pelham, Alabama. Was overcast and drizzling almost all day. This was a complicated route, as I didn't want to go anywhere near Atlanta with all of its traffic. Hurricane Joaquin was by the Bahamas.



Day 6: Drove to Montevallo, Alabama. This was our favorite walk of the whole trip. The 10K route went into Orr Park, home of the “Tingles”. Artist Tim Tingle carved faces and animals into dead or dying trees, starting in 1993, and it’s fun trying to find all 30 or so sculptures. We also walked right up to and along the side of the home of the president of the University of Montevallo, with no fencing to keep us off the grounds. The start/finish was a nice coffeehouse/bookstore, where we had lunch after the walk. We then continued on to Pearl, Mississippi.



Day 7: Drove to Jackson, Mississippi (state #49). Registered at the Mississippi Agricultural Museum and then drove to a hospital parking ramp. Did the 10K walk, consisting of two 5K loops. Visited the Old Capitol Museum and went by the Governor’s Mansion and the present capitol. Went by author Eudora Welty’s home. She wrote novels about the South and won a Pulitzer Prize. Drove to Natchitoches (Nack-a-tish), Louisiana. (Along the way, we saw a sign which said, “Bears next 10 miles”. The Carolinas are being flooded – got out just in time.

Day 8: Did the 10K walk in Natchitoches, which was founded as a French outpost in 1714, making it the oldest city in Louisiana. Passed several sites used in the movie *Steel Magnolias* and passed through several very interesting old cemeteries. Got confused on the grounds of Northwestern State University. After the walk, we had their famous Meat Pies for lunch. Then drove to Little Rock, Arkansas, passing cotton fields.

Day 9: Did the Little Rock 11K, at least our version of it. It didn’t start off well with not being able to go through the security checkpoint at the Clinton Presidential Library because we had bottles of Gatorade with us. We deviated from the official route in order to walk on a very nice riverfront path with a lot of interesting sculptures and historic information. We made several other changes to the route, including walking through an historic district with many nice homes. We went through the Old Statehouse and into the present capitol building.

Day 10: Drove to Branson, Missouri, on very curvy roads with a lot of ups and downs. Did the Branson Landing 10K walk. Think of every store you’ve ever seen in every mall you’ve ever been in, and that’s Branson Landing, anchored by Bass Pro and Belk Department Store.

Day 11: Drove on more curvy, up and down roads to Crane, Missouri. Took Russ’ picture by the town sign and had breakfast there. We then proceeded northward. I got tired of so much sitting, so we parked in Marshall and walked around the Square, with its old nice-looking courthouse. Went through the Jim the Wonder Dog Memorial Garden, and went into the adjacent museum/bike shop. Jim the Wonder dog was featured in Ripley’s Believe It or Not as a dog who could do amazing things in the 1930s. As a note of interest, the bike shop owner’s son lives in Oregon, Wisconsin, and does a lot of biking.

We then went north to Reger, but because of road construction we didn’t see a town sign that I could stand by and have my picture taken. Reger is unincorporated and has about six short streets. Stayed overnight in Kirksville, Missouri and then proceeded home the next day through Iowa.

Miscellaneous comments:

Pepsi is my drink of choice, and I wasn’t able to indulge until we stopped at a gas station in Missouri on the way home. Maybe something to do with Coke being headquartered in Atlanta?

Saw a lot of trees, semis, and red clay on the trip.

The lowest price of gas was \$1.97.

Whoever makes the “bridge may ice in cold weather” or “bridges ice before road” signs must have made a killing.

Saw several Little Free Libraries during walks.

Saw quite a few turkey buzzards floating on thermals.

Saw a lot of Dollar General and similar stores.

Whoever designs areas around road exits don’t take pedestrians into mind – you take your life in your hands by walking anywhere, like from your motel to a nearby restaurant.

Membership Update

By Mary Liebig, Membership Chair

Please welcome the following new members who have joined since our last newsletter:

- Lisa Onken, who joined at the Verona Walk on August 15
- Susan and John Shackelford, who joined at the Madison West Side Parks Walk on October 10
- Leah, Shane, and Gustov Koch from Milwaukee, who joined with a gift membership from Leah's uncle

Club Milestones

By Doug Wiest

The following are the milestones of club members as reported by the October/November 2015 issue of The American Wanderer:

Events	Kilometers - Distance		
225	Hannah Wensing	5,500	Jeanne Van Houweling
250	Cindy Haagensen	7,000	Pam Wilson
325	Kristina Kenyon	9,000	Jerry Wilson
525	Jeanne Van Houweling	10,000	Charles Head
550	Jeanne Van Houweling	10,000	Lois Head
650	Pam Wilson		
800	Jerry Wilson		
1,100	Phyllis Olson		
2,700	Jane Legaard		
2,700	Kenneth Legaard		

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at douglaswiest@yahoo.com and they will be listed in the next Dairyland Walkers newsletter.

2015 Dairyland Walkers Calendar

Saturday, January 17	West Towne Walk	Results: 37 Adult, 1 Youth, 1 Non-Credit =39
Saturday February 21	East Towne Walk	Results: 28 Adult, 0 Youth, 0 Non-Credit =28
Saturday, March 14	Middleton Pie Walk	Results: 65 Adult, 0 Youth, 0 Non-Credit =65
Saturday, April 18	Whitewater Walk – Walworth County	Results: 47 Adult, 0 Youth, 3 Non-Credit =50
Saturday, May 16	Evansville Walk	Results: 42 Adult, 0 Youth, 7 Non-Credit =49
Saturday, June 6	Walk Wisconsin – Stevens Point	Results: 20 Adult, 0 Youth, 0 Non-Credit =20
Saturday, July 18	Oconto Walk– Oconto County	Menominee River V Club
Sunday, July 19	Green Bay Walk – Brown County	Menominee River V Club
Saturday, August 15	Verona Walk	Results: 30 Adult, 1 Youth, 5 Non-Credit =36
Saturday, September 19	Lake Wissota State Park Walk – Chippewa County	Results: 52 Adult, 2 Youth, 6 Non-Credit =60
Sunday, September 20	Menominee Walk – Dunn County	Results: 49 Adult, 2 Youth, 7 Non-Credit =58
Sunday, September 20	Durand Walk – Pepin County	Results: 47 Adult, 2 Youth, 4 Non-Credit =53
Saturday, October 10	Madison Westside Parks Walk	Results: 33 Adult, 0 Youth, 9 Non-Credit =42
Saturday, October 24	Governor Nelson State Park – Moonlight Walk	Results: 18 Adult, 1 Youth, 9 Non-Credit +28
Wednesday, Nov. 11	Board Meeting – Lakeview Branch Library	6:00pm
Saturday, November 14	Veteran's Week Walk – Downtown Madison	Start: 9:30 – 11:00am at Inn on the Park; Finish at Plaza Tavern
Sunday, December 6	Christmas Party: Goodman Community Center, 149 Waubesa St., Bolz Auditorium	Walk 3:00pm, followed by a Meeting and Dinner. Bring a dish to pass. (See articles on page 1 and 3)

Pictures from Menominee and Durand Events

By Jerry Wilson



Left to Right Pepin County Courthouse, now a museum, UW Stout Campus, and Mabel Tainter Memorial built in 1889.

Additional Pictures from Dairyland Walkers' Year Rounds and Seasonals

By Jerry Wilson



Left to right: Henry Vilas Zoo building with a start on Autumn colors. Native American plaque and Burial Mounds on Madison – Arboretum 5 K Walk.

Attachment A

Minutes Pending Approval

**Dairyland Walkers Board Meeting
Lakeview Branch Library
September 9, 2015**

Board Members Present

Doug Wiest (President)
Terry Wendt (Vice President)
Mary Liebig (Secretary, Membership Coordinator)
Joanne Reuter (Board Member at Large)
Don Suloff (Trailmaster)
Bruce Dewey (Sanctioned Walk Coordinator)
Karen Reger (Publicity Chair)
Tricia Gundlach (Volunteer Coordinator)
Tom Gundlach (AVA Electronic Sanctioning Volunteer)

Welcome (Doug)

The meeting was called to order at 6:03PM by President Doug Wiest and the agenda was adopted. Also in attendance at the meeting was Russ Crane.

Meeting Minutes (Mary)

The minutes of the last Board Meeting held on July 8th 2015 had been previously emailed to the Board. There were no corrections or additions to the minutes, and they were approved as distributed.

Treasurer's Report (Diane)

Diane had emailed the Treasurer's Report to the Board. The balance on August 12, 2015 was \$3,661.59. Since that time, income totaled \$485.00 and expenses were \$86.18. The current balance on September 9, 2015 is \$4,060.41. Of that balance, \$1,000 is restricted for large, up-front charges for club events. The Treasurer's report was accepted and filed for audit.

Vice President Report (Terry)

The next membership meeting will be held on Wednesday, October 14 at Hody's Bar & Grill in Middleton. Frances Mueller of The Walking Company, located at the West Towne Mall, will be our speaker. We discussed the location of the 2016 membership meeting/potluck picnic. It was decided that Lakeview Park in Middleton is a good location for most members. Terry will plan to reserve the Lakeview Park shelter on Wednesday, August 10, 2016 for this event.

Director at Large Report (Joanne)

Joanne had nothing to report.

Membership Chair (Mary)

Mary Liebig is taking over the membership duties from Tom Doyle. The membership application on the website, the newsletter, and the one included with New Walker Packets has been switched to her name. In addition, Mary met with Tom on Sunday, September 6 to receive some training on the New Walker Packets and preparing mailing labels for the Blue Book. Mary would like to switch to collecting the annual membership dues early in the year, in conjunction with mailing the Blue Book. She will review the current membership list to check the status of membership dues payments, and then discuss this at the next Board Meeting.

Sanctioned Event Coordinator (Bruce)

Bruce had nothing to report.

Trailmaster Report (Don)

Don handed out a draft of the 2016 Walk Schedule:

- January 16 – East Towne Mall
- February 20 – West Towne Mall
- March 12 – Pie Walk, Middleton
- April 23 – Indian Lake County Park
- May 21 – Fort Atkinson
- June 25-26 Wautoma (Waushara Co.), Roche-a-Cri State Park (Adams Co.), Westfield (Marquette Co.)
Ron and Nan Wight may reserve a block of hotel rooms at Boarders Inn & Suites in Wautoma for this Walking Weekend.
- July 23 – Lodi
- August 27 – Jefferson
- September 24 – Westport
- October 8 – McKenzie Environmental Center in Poynette
- November 19 – Veteran's Walk, Downtown Madison

In addition to these traditional events, there will be seasonal county walks sanctioned from June 1 through September 30, 2016 in these four locations: Hayward (Sawyer Co.), Phillips (Price Co.), Mercer (Iron Co.), and Manitowish Waters (Vilas Co.)

Don then told us that he will be speaking about the Dairyland Walkers and Volkssporting to the Dane County Chapter of Medical Assistants on Saturday, October 24.

Finally, Don told us that he will be unable to attend the 20th Anniversary Walk on October 10 due to family commitments. However, Bruce Dewey and Ed Reid will handle the set-up for this walk in Don's absence. Joanne volunteered to bring a cake to be served at noon at this event.

Publicity Chair (Karen)

Karen reported that Jerry Wilson was recognized as North Central Regional Director in the Celebrations section of the Wisconsin State Journal in August. She also reported that the Isthmus Annual Manual and Wisconsin State Journal Answer Book were published recently with Tom Doyle's name and address as the Dairyland Walkers Membership Coordinator, before the appointment of Mary Liebig on August 26 to fill out the remainder of his 2015 term.

Don then mentioned that he will contact Madison Magazine to publicize our 2016 walks.

Volunteer Coordinator (Tricia)

At the 20th anniversary walk on Saturday, October 10, the charter members of the Dairyland Walkers will be recognized at noon. They will be presented with a small gift and certificate.

AVA Electronic Sanctioning Volunteer (Tom Gundlach)

All previously approved 19 year round and seasonal events have been sanctioned for 2016. In addition, the four new seasonal county walks have been sanctioned from June 1 through September 30, 2016. Lastly, the East Towne Mall walk to be held on Saturday, January 16, 2016, has also been sanctioned.

Special Reports

Nomination Committee (for 2016 Board Officers)

Tricia spoke on behalf of the Nominating Committee. Here is the slate of officers that will be voted on at the next General Membership Meeting on October 14:

- President – Doug Wiest
- Vice President – Terry Wendt
- Secretary – Susan Wester
- Treasurer – Diane Thornbery
- Director at Large – Cindy Haagensen

Nominations from the floor will also be accepted at the October 14th meeting.

Unfinished Business

Newsletter Articles for November/December Edition

The Board suggested the following Newsletter articles for the November/December edition. The submission deadline is Tuesday, October 20.

- 1) Veteran's Week Walk on November 14 - Jerry to write
- 2) Saturday Group Walk November 7 in Middleton – Mary to write
- 3) Milestones – Doug to write
- 4) Holiday Party at Goodman Center on Sunday December 6 – Terry to write
- 5) Volunteer Recognition at December Holiday Party – Tricia to write
- 6) 2016 Walk Schedule – Don to write
- 7) Road Scholar History & Walking Program – Don to write, if interested contact Rosemary Sprenger
- 8) Results of 2016 officer elections – Tricia to write
- 9) New Membership Coordinator and Walk Box Coordinator – Tricia to write
- 10) 2016 Group Walk Volunteers needed – Tricia to write
- 11) Trash Pick-up Sunday, October 25 recap – Joanne to write

Tuesday Evening Walks-a Week Issues

The Board feels uncomfortable publicizing a Tuesday evening group walk-a-week program for 2016 without a dedicated volunteer or volunteers to manage it. Some members have expressed interest in a daytime group walking program instead. Tricia will try to recruit help to organize group walks in 2016 by writing an article for the next newsletter. It was suggested that it can be noted in the 2016 Blue Book that members can refer to our website for group walking opportunities.

New Business

Recordkeeping – how long to retain documents?

Diane has quite a collection of financial documents stored at her house. She asked for guidance in retaining the following documents:

1. Sales Records forms 2001-present
2. All walk box report sheets 2002-present
3. Invoices 2001-present
4. Check registers/duplicate checks 1996-present
5. Credit Union Statements/deposit slips 1995-present
6. Ledger books 1995-1/2010
7. AVA Statements prior to 2001
8. AVA Annual Financial Reports 2001-present
9. IRS Form 990 2005-present
10. Treasurer's Reports 2001-present
11. Redeemed Frequent Walker Coupons 2002-present

Bruce suggested that she contact Jerry Wilson, our AVA regional director, first for guidance in retaining these documents. The Board felt that many of these items could be destroyed and that perhaps it was only necessary to keep copies of most items for three years.

20th Anniversary Walk

Karen will contact the Wisconsin State Journal to see if we can get any additional publicity for our 20th anniversary walk on Saturday, October 10.

The next Board Meeting will be held on Wednesday, November 11, 2015 at the Lakeview Branch Library. Terry will run the meeting in Doug's absence. The Next Annual Membership Meeting will be on Wednesday October 14, 2015 at Hody's Bar & Grill in Middleton. The next walking events are the Three County Walking Weekend (Chippewa, Dunn, and Pepin) on September 19-20 and the Madison West Side Parks Walk on Saturday, October 10. The next Saturday "Walk & Eat" group walk is the Devil's Lake walk on Saturday, October 17.

Meeting adjourned at 7:35 PM

Submitted by: Mary B. Liebig, Secretary

Attachment B

Minutes Pending Approval

**Dairyland Walkers Bimonthly Meeting
Hody's Bar & Grill, Middleton, WI
October 14, 2015**

Officers Present: Doug Wiest (President), Terry Wendt (Vice President), Mary Liebig (Secretary), Diane Thornbery (Treasurer)

Board Members Present: Joanne Reuter (Board Member at Large), Karen Reger (Publicity), Tricia Gundlach (Volunteer Coordinator), Tom Gundlach (AVA Electronic Sanctioning Volunteer)

In Attendance: 21

Meeting

President Wiest called the meeting to order at 6:30pm. There were no additions or corrections to the agenda previously emailed to the Board, and the agenda was adopted.

Meeting Minutes (Mary)

There being no additions or corrections to the minutes of the membership meeting held on August 12th 2015, they stand approved as previously emailed to the Board.

Treasurer's Report (Diane)

The report was previously emailed to the Board. The report noted income of \$1,799.00 and expenses of \$1,186.47 since the previous report. Current balance is \$4,672.40, and \$1,000 of this balance is restricted for pre-payment of large, up-front charges for club events. The report was accepted and filed for audit.

Officer Reports

Vice President (Terry)

Terry let us know that he has reserved the Bolz Room A at the Goodman Center for the Holiday Party/Potluck on Sunday, December 6. The Goodman Center is located at 149 Waubesa St. and is also on our Madison Eastside walking route. Terry will lead a 5K version of the Eastside walk at 3PM that day. The February 10, 2016 Membership Meeting will be held at Hody's.

Secretary (Mary)

Mary had nothing to report.

Board Member at Large (Joanne)

Joanne had nothing to report.

Membership Chair (Mary)

Mary reported that we had the following new members join the Dairyland Walkers since our last Membership Meeting on August 12:

- Lisa Onken joined at the Verona Walk on August 15
- Susan and John Shackelford joined at the Madison West Side Parks Walk on October 10
- Leah, Shane, and Gustov Koch from Milwaukee joined with a gift membership from Leah's uncle

Publicity Chair (Karen)

The 20th anniversary Madison West Parks Walk on October 10 was highlighted on the front page of the Weekend section of the Wisconsin State Journal on Friday, October 9. Karen tries to take advantage of all the free publicity she can find.

Volunteer Coordinator (Tricia)

Tricia thanked those that helped with the club's 20th anniversary celebration and recognition of charter members on October 10: Joanne Reuter arranged for the cake, and Heide Peickert and Kathleen Larson served on the Volunteer Recognition Committee. Tricia told us to expect more fun from the committee at the Holiday Party/Potluck on Sunday, December 6.

Following this, Tom Doyle thanked Tricia for her efforts in planning and coordinating the club's 20th anniversary celebration.

AVA Electronic Sanctioning Volunteer (Tom Gundlach)

Tom told us that he has already posted the October 10 walk results on the AVA's website.

Unfinished Business.**Retention of Records (Diane)**

At the September 9 Board Meeting, we discussed the collection of financial documents currently stored at Diane's house. The list was shared with Jerry Wilson, our Regional Director, in order to receive guidance from the AVA on retention. The following is the list with AVA's recommended retention, and delineated where we wish to maintain records for longer periods of time per our own club's discretion:

1. Sales Records Forms (most recent 7 years)
2. Walk Box Report Sheets (most recent 7 years)
3. Invoices (most recent 7 years)
4. Check registers/duplicate checks (most recent 7 years)
5. Credit Union Statements/deposit slips (most recent 7 years)
6. Ledger books 1995 - 1/2010 *this takes us to our conversation to electronic records in Quicken and Excel* (keep)
7. AVA statements prior to 2001 (discard - current AVA statements are now included in the Invoices files and would be maintained as above)
8. AVA Annual Financial Reports *2001 to present* (keep)
9. IRS Form 990 *2005 to present* (keep)
10. Treasurer's Reports *2001 to present* (keep)
11. Redeemed Frequent Walker Coupons (discard at end of reporting year)

Special Business**Election of Officers for 2016**

The following slate of officers was presented for election to serve in 2016:

- Doug Wiest, President
- Terry Wendt, Vice President
- Susan Wester, Secretary
- Diane Thornbery, Treasurer
- Cindy Haagensen, Director at Large

There were no nominations from the floor. Tom Gundlach then made a motion to elect the unopposed slate of candidates unanimously. Joanne Reuter seconded the motion, and the motion carried.

New Business

AVA Survey-October Checkpoint

As part of their strategic planning, the American Volkssport Association (AVA) created a survey to gather input. Mary already provided an email link to the online survey for those Dairyland Walker members that use email. Survey response are due by November 1 at 5PM. Mary brought a paper copy of the survey to the meeting for anyone not having access to a computer.

Guest Speakers: Emilie Wepfer and Sarah Gedden of The Walking Company

Terry then introduced our guest speakers, Emilie Wepfer and Sarah Gedden from The Walking Company at the West Towne Mall. Emilie said The Walking Company tries to match shoes to the type of foot that customers have. With that in mind, they offer a scan of your foot in their store, as well as looking at how you walk. Emilie recommends re-measuring your feet every time you are shopping for new shoes, because the size can change over time. Walkers should replace their walking shoes after 600 to 800 miles of walking, or about every six to eight months.

Sarah told us about the performance socks they sell to reduce friction and moisture. She passed around some sock samples. Sarah and Emilie also showed us some samples of orthotics (shoe inserts) available at The Walking Company.

Our club is hosting a West Towne Mall Walk on Saturday, February 20, 2016. The Walking Company may open early that day to accommodate our walkers. They may also advertise our club events on their community board.

The next Board Meeting will be November 11, 2015 at the Lakeview Library. The next General Membership meeting and Christmas Party will be on December 6, 2015 at the Goodman Community Center (Bolz Room A) at 149 Waubesa St. on Madison's eastside. The next walking event is the Governor Nelson Moonlight Walk on Saturday, October 24. Following that, the next walk is the Veteran's Week Walk in Downtown Madison on Saturday, November 14.

Meeting adjourned at 7:30 p.m.

Mary Liebig, Secretary

Attachment C



**MADISON AREA VOLKSSPORT ASSOCIATION
MEMBERSHIP APPLICATION**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail address: _____

Phone: () _____

Please list names of others in household who wish to be members:

<input type="checkbox"/>	One-Year Membership		\$12.00
<input type="checkbox"/>	Extra New Walker Packets	_____ x \$5.00	_____
<input type="checkbox"/>	Donation *		_____
	Total Enclosed:		_____

* The Madison Area Volkssport Association (Dairyland Walkers), is a non-profit organization with 501(c)(3) status. All donations are greatly appreciated and are fully tax deductible.

Send completed Membership Application and payment to the Membership Chair:

Mary B. Liebig
6809 Bootmaker Way
Windsor, WI 53598

Attachment D November Event

Dates:	11/14/2015 - 11/14/2015
City / State:	Madison, WI
Event Name:	Veteran's Day Weekend Walk
Event Type:	Walk
Event ID:	101858
Distance - Trail Ratings:	10km & 5km - 2B
Description:	GPS: N43 4.3909 W89 23.0605 The walk will include the State Capitol, the Frank Lloyd Wright designed Monona Terrace Convention Center, a portion of the University of Wisconsin campus, Madison's famed State Street, and will emphasize armed forces veterans sites including the upper level of the State Capitol building and the Veterans Museum.
Amenities:	Strollers: medium Wheelchairs: medium Pets: No Restrooms: Yes
Special Programs:	Cities in Song, Fraternal Organization, Honoring Our Flag, Lakes and Reservoirs, National Register of Historic Places, State Capitol, Walking the USA A - Z, You'll Never Walk Alone
Start Times:	Between 9:30 and 11:00 am
Location:	Inn on the Park Lobby
Start Point / Driving Directions:	22 S. Carroll, Madison, WI. SW corner of Capitol Square. From I-90 exit west on US-12/18 and proceed to and exit on John Nolen Dr. north At 5th light on John Nolen turn left on Broom St. Proceed to 3rd light and turn right on W Washington Ave. to Capitol Square. Turn right on Carroll St to next corner. Hotel is on the right. Hotel parking may be limited. There is a charge unless you are a registered guest. Five public parking ramps are within 3 blocks.
Awards & Fees:	IVV Credit Only
Comments:	Special Programs: Cities in Song, Fraternal Organizations, Honoring Our Flag, Lakes and Reservoirs, National Register of Historic Places, State Capitol, Walking the USA A Z, You'll Never Walk Alone
Host Club:	Madison Area Volkssport Assn.
Contact:	Jerry Wilson (608) 695-6449
Website:	dairylandwalkers.com/walks/event-walks/veterans-day-weekend-walk/
E-Mail Contact:	jpatw4@gmail.com