



# Madison Area Volkssport Association Newsletter

January-February 2017

[www.dairylandwalkers.com](http://www.dairylandwalkers.com)

Vol 2017-01

## Jan. - Feb. Events

- Jan. 11 Board Meeting 6pm  
– Lakeview Br. Library
- Jan. 21 West Towne Walk  
Start 8:00am, End by Noon
- Feb..4 Sat. Walk & Eat -  
West Towne Walk  
– Register 8:45am
- Feb. 8 Members Meeting  
Hody Bar & Grill, 6:30pm
- Feb. 18 East Towne Walk  
Start 8:00am, End by Noon

## Club Dates in January and February By Terry Wendt

West Towne walk Jan 21, 2017 starting point will be at the Firestone Store on Mineral Point Rd. at the north end of West Towne. Starting time will be 8AM, Finish at noon. Someone will watch coats in the food court. (7:45-10:00 start time per dairylandwalkers.com)

Next Membership meeting will be on Feb 8, 2017 at 6:30PM, at Hody Bar & Grill 1914 Aurora St. Middleton WI. the speaker will be Adam Lindsey from Body Mechanics.

East Towne walk Feb 18, 2017 starting point will be at the Firestone store on East Washington Ave. at the north end of East Towne. Starting time will be 8AM, finish at noon. Someone will watch coats in the food court. (7:45-10:00 start time per AVA.org)

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## Membership Dues and 2017 "Blue Book" Listing of Events By Mary Liebig

Dairyland Walkers Membership Dues of \$12.00 annually, per household, are payable in January each year.

You may have already received your 2017 Listing of Wisconsin Events (Blue Book) by the time you read this newsletter. Be sure to look for the envelope stuffed in the middle of the Blue Book to mail your dues checks to me. Please make checks payable to the Madison Area Volkssport Association.

If you have any questions, please contact Mary Liebig at (608) 846-2299 or [mbliebig@charter.net](mailto:mbliebig@charter.net)

## Dairyland Walkers on Facebook By Mary Liebig and Kristi Kenyon

The Dairyland Walkers have their own Facebook page. Search for "Dairyland Walkers" and select the Public Group or go directly to <https://www.facebook.com/groups/219571588086255/>. Click the "Join" button. Kristi Kenyon serves as the Administrator and she will approve your join request. We have 56 members on our Facebook page, and we'd like more of you to join this group! We can share news and pictures from our walks, walking tips, and publicize our events.

For those of you interested in walking throughout the United States, be sure to check out the American Volkssport Association Facebook page at <https://www.facebook.com/groups/AmericanVolkssportAssociation/> or search for "American Volkssport Association". This site currently has about 1,500 members who post a lot of pictures and news about walks all over the U.S. You can also join in on discussions on ways to improve the AVA- America's Walking Club.

If you have any questions or issues concerning the Facebook group, contact Kristi Kenyon at [608-798-3006](tel:608-798-3006) or [kensinginn@tds.net](mailto:kensinginn@tds.net).

## Dates of Interest?

### Date

#### **Jan.** Nat. Blood Donation Month

- 1 New Year's Day
- 2 Badger Football –12:00pm
- 4 Trivia Day
- 8 Bubble Bath Day
- 12 Full Moon – 5:34 am CST
- 16 MLK Jr. Day
- 20 National Cheese Lovers Day

#### **Feb.** Boost Self-Esteem Month

- 1 Change Your Password Day
- 2 Ground Hog Day
- 10 Full Moon – 6:33 pm CST
- 14 Extraterrestrial Visitor Day
- 14 Valentine's Day
- 14 Nat. Women's Heart Day
- 20 President's Day
- 23 Curling Is Cool Day

## NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for  
March – April  
2017

Due: February 20  
(Firm date)

Put an **Article Specific Title**  
on the subject line and  
send articles to the  
DW Newsletter email  
address:

[dairylandnews@gmail.com](mailto:dairylandnews@gmail.com)

This email address is regularly  
monitored ten days before and  
three days after a newsletter edition  
is published.

## Saturday Walk & Eat Group By Mary Liebig and Diane Thornberg

### Saturday Walk & Eat Group Middleton – Saturday, February 4

Join us for our second annual “sandwiched” mall walk - in between our January and February annual events. Sandwich means food and this one is a Walk and Eat! We will gather at the **West Towne Mall Food Court on Saturday, February 4 at 8:30 am**, slightly earlier than usual so that we may beat the shopping crowd. No need to go the Firestone Starting Point as we will have the box available at the food court. Your coats and other paraphernalia will be watched during the walk. Lunch will follow at Granite City. Enjoy walking without fear of falling, a temperate temperature, and a chance to converse with friends without struggling to hear and speak through hats and scarfs. Can it get any better than this in February? See you there!

## Everything You Wanted to Know About Volkssporting But Were Afraid to Ask! By Don Suloff

Your Board of Directors has chosen to present a special program for newer walkers at our general meeting in April. Although the meeting will be designed to help new walkers understand the various aspects of our walking program, old hands might also learn something to make their walks more enjoyable. Among the topics of discussion will be new walker packets, walk boxes, the difference between year-round, seasonal, and traditional walks, what staffing a walk involves, etc. More details of this program will be included in the March/April newsletter.

## Walking at EPIC By Don Suloff

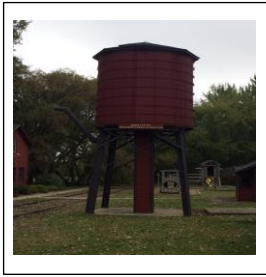
Although we were unable to get clearance to hold an indoor sanctioned walk at EPIC Systems campus this winter, Don Suloff plans to take small groups (6-8 people at a time) to walk through this amazing complex. These walks will be approximately 10K (with a 5K option), but will not have a walk stamp. The walks will be announced in Mary Liebig's emails and will be strictly first come/first served. Look for the first of these walks being announced sometime in January.

## Think Pi and Pie! By Don Suloff

With the holiday season behind us we have time to work up an appetite for more pie and we have just the answer! On March 11 we will again get together at St. Luke's Lutheran Church in Middleton for a guided 5K walk, followed by a slice of Hubbard Avenue Diner pie for each participant. The walk will depart St. Luke's at precisely 2:00 pm with all registration completed prior to that time. Although there is no pre-registration for the event, walkers intending to participate are asked to notify Barb Lund (249-5139 or [lund\\_b@sbcglobal.net](mailto:lund_b@sbcglobal.net)) so we can estimate the number of pies required. The fee for all participants will be \$4.00. Dairyland Walker Frequent Walker Coupons may not be used for this walk. There will not be a separate sanction number for this walk – the stamp for the Middleton year-round walk will be used.

## Minnesota County Walk Pictures – Fall 2016

By Jerry Wilson



Great turn around point for one of the many Minnesota County Walks in 2016. Note the engine turntable at the “end of the line.”

## (Don't) Look at the Sun!

By Don Suloff

On August 21, 2017, American skywatchers will witness the first total solar eclipse visible from the continent in nearly 40 years. The 70-mile-wide path will stretch from Oregon to the Carolinas. While everyone in the United States will be able to see a partial eclipse, the main event is an experience not to be missed and will only occur on a relatively narrow band across the country. The Nebraska Trailblazers, a fellow North Central region club, will host a weekend of walking from August 18-21, 2017, culminating with a walk in Grand Island on August 21<sup>st</sup> which will include the total eclipse period from 12:58:34 to 1:01:09 pm. This may be a once-in-a-lifetime opportunity. If interested, go to the Nebraska Trailblazers website at [netailblazers.club](http://netailblazers.club) for more information.

## From the AVA.org Website – AVA Trail / Route Rating System

By Jerry Wilson

People ask me about the trail / routing ratings. Here is what the AVA website tells us:

### AVA TRAIL/ROUTE RATING SYSTEM

	Part 1 – INCLINE/ELEVATION		Part 2 - TERRAIN
1	Very small hills or very little stair climbing.	A	Almost entirely on pavement.
2	Some moderate hills or stair climbing.	B	A significant part of the route is on well-groomed trails with very few obstacles.
3	Some significant hill or stair climbing.	C	A significant part of the route is on somewhat difficult terrain (rocky/rooted paths or soft sand.)
4	Lots of significant hills or stair climbing.	D	A significant part of the route is on very difficult terrain.
5	Many steep hills.	E	The majority of the route is on very difficult terrain.

#### Examples

When determining elevation gain, if a route goes up for 50 feet and down for 50 feet and back up for another 75 feet, the cumulative gain would be 125 feet.

A route that is mostly on flat pavement would be rated 1A.

A beach walk would be rated 1C.

A route with moderate hills on well groomed trails would be rated 2B.

## My Fall Trip to Arizona By Rosemary Sprenger

On The Trail--"My Fall Trip to Arizona"  
by Rosemary Sprenger

In late October, I did a Road Scholar program that involved volunteering at Navajo Nation boarding school in Tuba City, Ariz. Rather than take a chance that Van Go Shuttle would leave without me if my flight was late, I took a Delta flight to Phoenix on Oct. 29, one day early. This also gave me time to do the downtown OK capital walk.

After dropping off my luggage at the Hilton Garden Inn near the airport, I rode the light-rail train to Central Ave. and Van Buren St., which is near the YMCA start. I ate lunch at Z-pizza. A modern city hall with a sunburst design on the front provides contrast to the Evans House, a Queen-Anne style built for a physician and his wife in 1893.

It was about 90 degrees, so I rested in a bus stop on the way to the copper-domed capitol. Near here are various veterans' memorials. On the way back, I sat in the shade provided by the roof of the modern Sandra Day O'Connor federal courthouse. The mission-revival Union Station appealed to me, but passenger trains no longer come to Phoenix.

I was able to get directions and a map prior to the walk by mailing a completed waiver to the point of contact. I was disappointed that I didn't see the Orpheum Theater, a Spanish Colonial building built in 1929; I believe I was supposed to go diagonally through a plaza. If I had done the remaining 4K, I would have seen shops, Arizona State University and possibly an automated ball maze.

About 3 p.m., I rode a bus to the zoo, arriving about an hour before closing time. I saw palm trees, flowers and animals during a 25-min. train ride; enjoyed Halloween decorations; and saw a few lego sculptures before calling the hotel shuttle to pick me up.

On Sunday through Friday, our group of 13 stayed at the lodge near the Cameron Trading Post and ate most meals in the interesting restaurant. We rode through the Painted Desert on the way to and from the school, and Friday afternoon we stopped at Coal Mine Canyon after going to a flea market and Navajo museum. I don't itemize deductions for my taxes, but if I did, I could deduct some of my expenses. This program was easy compared to service learning programs that involve, say, building homes in Louisiana or washing the deck of a ship in Pearl Harbor, Honolulu.

If you'd like to learn more about Road Scholar programs, call me at 257-4032 so I can give them your name and address. Then, we can both be entered into a monthly drawing to win a discount on a future program IF you're not already on their mailing list.

## **Membership Update**

**By Mary Liebig, Membership Coordinator**

Please welcome our newest member, who joined since our last newsletter:

- Crystal Martin; Madison, WI

## **Club Milestones**

**By Doug Wiest**

The following are the milestones of club members as reported by the December 2016/ January 2017 issue of The American Wanderer:

Events		Kilometers	
100	Marilyn Troyan	4,500	Chris Flessert
350	Joanne Reuter	5,000	Chris Flessert
400	Phillip Ringhand	5,000	Phillip Ringhand
425	Chris Flessert	6,000	Jill Ruef
425	Phillip Ringhand	7,500	Pam Wilson
450	Chris Flessert	10,000	Jerry Wilson
475	Chris Flessert		
475	Thomas McCrill		
500	Diane Thornbery		
575	Jill Ruef		
700	Pam Wilson		
850	Jerry Wilson		
1,050	Donald Suloff		
3,400	Bonita Johnson		

Congratulations to all on your accomplishments!

If I, or The American Wanderer, overlooked your accomplishments, send me an e-mail at [douglaswiest@yahoo.com](mailto:douglaswiest@yahoo.com) and they will be listed in the next Dairyland Walkers newsletter.

## 2016 Dairyland Walkers Calendar at a Glance – Final

Wednesday, January 6	Volunteers Prepared 2016 Blue Books for Mailing	Thank you volunteers!
Saturday, January 16	East Towne Walk	Results: Total 37; Adults: 36; Non-Credit: 1
Saturday, February 20	West Towne Walk	Results: Not Provided
Saturday, March 12	Middleton Pie Walk	Results: Total 59; Adults: 59; Non-Credit: 0
Saturday, April 9	Indian Lake County Park Walk	Results: Tot. 57; Adults: 42; Youth:2; Non-Crd.: 13
Sunday, April 24	Trash Pick-up – Nora's II, 1843 US Hwy 12	Five Volunteers Participated
Saturday, May 21	Fort Atkinson Walk	Results: Total 61; Adults: 47; Non-Credit: 14
Saturday, June 25	Wautoma Walk – Boarders Inn & Suites	Results: Total 55; Adults: 50; Youth:1; Non-Crd.: 4
Sunday, June 26	Roche-a-Cri State Park - Shelter	Results: Total 56; Adults: 51; Youth:1; Non-Crd.: 4
Sunday, June 26	Westfield Walk – Pioneer Park Shelter	Results: Total 51; Adults: 46; Youth:1; Non-Crd.: 4
Saturday, July 23	Lodi Walk – Habermann Park Shelter	Results: Total 48; Adults: 40; Non-Credit: 8
Saturday, August 27	Jefferson W. – River Front Park – North Shelter	Results: Total 28; Adults: 23; Non-Credit: 5
Saturday, Sept. 24	Westport Walk – Jackson Landing Shelter	Results: Total 39; Adults: 37; Non-Credit: 2
Saturday, October 8	McKenzie Environmental Education Center	Results: Total 32; Adults: 29; Non-Credit: 3
Saturday, October 29	Highway 12 & 18 Trash Pickup	13 D W Club Members Participated – Thank you!
Saturday, November 19	Veteran's Weekend Walk	Results: Total 24; Adults: 23; Non-Credit: 1
Wednesday, Dec. 28	Volunteers Prepare 2017 Blue Books for Mailing	Thank you volunteers!

## 2017 Dairyland Walkers Calendar at a Glance

Wednesday, Jan. 11	Board Meeting – Lakeview Branch Library 2845 N. Sherman Ave., Madison	6:00pm Meeting
Saturday, January 21	West Towne Walk, Madison, WI – Firestone Check-in	Start 7:45 – 10:00am, Finish by Noon
Saturday, February 4	Saturday Walk and Eat – West Towne Walk	Gather at 8:30am. See article on page 2.
Wednesday, February 8	Membership Meeting - Hody Bar & Grill 1914 Aurora St. Middleton WI	6:30pm Meeting
Saturday, February 18	East Towne Walk, Madison, WI – Firestone Check-in	Start 7:45 – 10:00am, Finish by Noon
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Saturday, March 11	Middleton Pie Walk, Middleton, WI	
Saturday, April 22	MATC / Starkweather Creek Walk, Madison, WI	
Saturday, May 27	Rhineland, WI Walk	
Sunday, May 28	Merrill, WI Walk	
Wednesday, June 7 – Friday, June 9	AVA Biennial Convention – Billings, Montana	
Sunday, June 24	Plain, WI Walk	
Saturday, July 22	Oconomowoc, WI Walk	
Saturday, August 24	Delavan, WI Walk	
Saturday, September 23	Firefighters Memorial Park, Middleton, WI (Airport Rd)	
Friday, October 6	Pheasant Branch Moonlight Walk, Middleton, WI	
Saturday, November 4	Veterans Walk, Downtown Madison, WI	
Sunday, December 3	Christmas Party Walk	
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**Attachment A**

**Minutes Pending Approval**

**Dairyland Walkers Board Meeting  
Alicia Ashman Branch Library  
November 9, 2016**

**Members present:** Karen Reger, Russ Crane, Doug Wiest, Susan Wester, Diane Thornberry, Joanne Reuter, Terry Wendt, Don Suloff, Mary Liebig, Kristi Kenyon

The meeting was called to order at 6:01 p.m. by President Doug Wiest. The agenda was adopted without comment. The minutes of the 14 September 2016 Board meeting were approved as published.

**Officer Reports**

**President:** No report.

**Vice President:** Terry Wendt said plans are in place for the December 4 general meeting/holiday party at the Goodman Center. The West Towne walk on January 21 has been cleared with Firestone, where the walk box is located. The Lakeview Park Shelter has been reserved for August 9, 2017.

**Secretary:** No report.

**Treasurer:** Diane Thornberry reported that the current balance is \$5574.25, \$259.52 less than last month. Total income was \$337.00. Of this, events brought in \$257.00, with the remainder from donations and book/coupon sales. Expenses were \$596.92, mostly due to AVA sanction fees (\$460.00) and speaker honorarium (\$100.00). The report was accepted and filed for audit.

**Director at Large:** No report.

**Other Reports**

**Membership Chair:** Mary Liebig said that there is one new member. She also has been checking the membership list for new addresses in order to see how many blue books to order.

**Sanctioned Event Coordinator** Joanne Reuter is waiting for blue book information in order to update the walk boxes. Kristi Kenyon said she will soon have the new blue book file ready to email.

**Trail Master:** Don Suloff said he had just received notice of the call for action from the AVA President for hosting an event on Black Friday. It was generally felt that 2 weeks is not enough time to organize an event.

Don also passed out a flyer from the Nebraska Trailblazers for the solar eclipse weekend walks Aug. 18-21, 2017. Nebraska is a good location for viewing the eclipse and there are no walks scheduled here at that time.

He still needs a rough description of points of interest in Delavan and Plain and a start point for Oconomowoc. Otherwise all 2017 walks are set.

The 2017 weekend of walks, including Rhinelander and Merrill, has been rescheduled for Memorial Day weekend due to it being a 3 day holiday. The change was made after consulting board members by email.

**Publicity Chair:** Tricia Gundlach reported (by email) she would like the names of anyone to be nominated for the annual AVA awards.

**Volunteer Coordinator:** No report.

**Newsletter Editor:** No report.

**Website Administrator:** The website is not working correctly at this time. Russ has emailed Scott in regard to this.

**AVA Electronic Sanctioning Volunteer:** No report.

**Unfinished Business**

Newsletter Articles: Articles for the January/February issue were discussed. Mary will ask readers to check their newly received blue books, Don will mention the Pie walk, Doug will comment on Milestones and Terry will write about the East and West Towne walks.

Diane wondered if we should use a general meeting to talk more about the club. One reason for this, for example, would be to help people learn to lead walks. Terry recommended we make April the annual new member meeting. At this meeting, walk boxes, YRE's, seasonal walks, etc. would be discussed. There was a general consensus that this would be a good idea. It will be mentioned in the next newsletter, with details to follow in the March/April issue.

### **New Business**

Using Facebook, "Meet-Up", etc. to promote events: Although the newest member was able to sign up for Dairyland Walker Facebook (FB) page, Kristi said it is currently a closed group. She must approve the people who wish to join. Kristi thought we could change the page to an open group category. More could be done on FB about events.

Diane added that ads can be placed on FB. Unless ads are placed, how would someone know about us in order to look for us? Diane said the fee structure is complicated but very fluid, allowing for pausing of ads, for example.

Meet Up is used by many other clubs in Madison. The cost was thought to be around \$25 per month.

Proposed special projects: Diane sent an email to Board members including a list of possible special projects she could work on in 2017. After discussion, it was felt the priority items were online storage of documents, accessibility to the website, the development of a presentation about the group that anyone could give and a brochure about the club.

Domain name: Russ renewed the domain name for 9 years, until Nov. 21, 2025. The fee is now \$19.95 per year and was paid in a lump sum.

**Adjourn:** The meeting was adjourned by President Wiest at 7:13 p.m.

Next Board meeting – Wednesday, 11 January 2017, Lakeview Branch Library  
Next Membership Meeting and Christmas Party – Sunday, 4 December 2016, Goodman Community Center  
Next Special Event Walks:  
--Veteran's Walk, Capital YRE, Saturday, 19 November, 2016.  
--West Towne Mall Walk, Madison, WI, Saturday, 21 January 2017.  
Next Saturday "Walk & Eat" group walk:  
--West Towne YRE, Saturday, 4 February 2017.

Respectfully submitted,  
Susan Wester, Secretary

**Attachment B**

Minutes Pending Approval

**Dairyland Walkers Bimonthly General Membership Meeting  
Goodman Community Center, Madison, WI  
December 4, 2016**

People present: 38

The meeting was called to order at 4:17 pm, by President Doug Wiest. The agenda was approved without discussion. The minutes of the October 12 Annual Membership Meeting were approved as published,

**Officer Reports**

**President:** No report.

**Vice President:** Terry Wendt said the next membership meeting will be at Hody's in Middleton on February 8. The Lakeview Park shelter in Middleton has been reserved for the August 9 annual picnic. The Goodman Center has been reserved again for the December 2017 Christmas party. The West Towne walk is scheduled for January 21 and the East Towne walk for February 18.

**Secretary:** No report.

**Treasurer:** Diane Thornberry reported \$68.00 in income for the month, with \$56.00 from event income and \$12.00 in dues. Total expenses were \$1198.75, due to AVA participation fees of \$963.75 and \$215.00 for a bulk mailing permit. The ending balance is \$4443.50, down \$1130.75 for the month. The Treasurer's report was accepted and filed for audit.

**Director At Large:** Cindy Haagenen is holding off on putting out signup sheets for 5k walk leaders at the meeting for the time being. Another possibility is being discussed with Mary Liebig.

**Other Reports**

**Membership Chair:** Mary Liebig said the Blue books will be coming out at the end of December or early in January. Annual membership fees are due in January. Members should see the envelope inside the Blue book for dues information.

**Sanctioned Event Coordinator:** Joanne Reuter has heard back from 3 of 7 walk box coordinators. The remaining coordinators should please email her with the required information.

**Trail Master:** Don Suloff said walks are set for 2017 and are on the website, although one still requires a start point. He asked that people please let him know of any problems on the website.

Don reported that the last 4 walks averaged only 30 walkers each. He asked that the group support walk coordinators.

Don also is going to organize informal groups of 8-10 people to walk on the Epic campus. Here, a walk of 10K can be completed indoors. The walks will be placed on the website and will be on a first come basis.

**Publicity Chair:** No report.

**Volunteer Coordinator:** Tricia Gundlach said the Committee has decided people should continue passing out recognition cards when dining at restaurants hosting walk boxes. More cards were made available at the meeting.

Doug Wiest, as President, received a gift certificate for \$50 to be used at any Food Fight restaurant. Everyone's name was then entered into a drawing for door prizes. Committee members spent hours going to businesses asking for donations and also buying door prizes. Numerous prizes were distributed from the name drawing. Everyone got a gift certificate from Culver's. Donors for the door prizes included Shoe Box (Black Earth), Blue River Chiropractic, Pick n Save (Fitchburg), Prairie Flowers and Gifts (Sun Prairie), Culver's Restaurants, Food Fight Restaurants, Cranberry Creek and University Bookstore.

**Newsletter Editor:** No report.

**Website Administrator:** No report.

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**AVA Electronic Sanctioning Volunteer:** Tom Gundlach thanked Russ Crane for filling in walk results during his absence. In the next week he will have all 2017 walks but Oconomowoc sanctioned. A few more details are still needed for Oconomowoc.

**Unfinished Business:** Joanne said she has 11 orders for Spirit wear items, but still needs 1 more to place an order with the company. She also brought to the meeting a container of excess items, mainly T-shirts, that are 50% off.

**New Business:** None.

The meeting was adjourned at 4:42 p.m. by President Wiest.

Next Board Meeting: 11 January 2017, 1800 hours (6 pm), Lakeview Library

Next General Membership Meeting: 8 February 2017, 1830 hours (6:30 pm), Hody's in Middleton.

Next Special Event Walks:

--West Towne Mall Walk, Saturday, 21 January 2017.

--East Towne Mall Walk, Saturday, 18 February, 2017.

Next Saturday Walk & Eat Group Walk:

--West Towne YRE, Saturday, 4 February 2017

Respectfully submitted,  
Susan Wester, Secretary

## **Attachment C**    **January Event – West Towne Walk**

### Dairyland Walkers

<b>AVA Sanction #:</b>	2017 Y1297
<b>Dates:</b>	January 21, 2017 - January 21, 2017
<b><a href="#">Start</a> Location:</b>	Firestone Complete Auto Care
<b>Location:</b>	7105 Mineral Point Road, Madison, Wisconsin N43.06035 W089.50587
<b>Hours:</b>	<a href="#">Registration</a> 7:45 to 10:00 am. Finish by noon.
<b>Distance:</b>	10K and 5K
<b>Rating:</b>	1A Strollers and wheelchairs will have no problems.
<b>Special Programs:</b>	Cities in Song, Point of Reference, Walk the USA and Wisconsin Counties
<b><a href="#">Directions:</a></b>	From outside Madison take US 12/14 to the Gammon Road exit. Turn north and proceed to the stoplight. West Towne Mall will be on your left. From downtown Madison take Regent Street to Speedway to Mineral Point Road. West Towne Mall will be on the left at South Gammon Road.
<b>Parking:</b>	<a href="#">Ample parking</a> is available. Please do not park at the Firestone store while you are doing the walk.
<b>Description:</b>	The walk is entirely indoors and on one level of the mall.
<b>Awards &amp; Fees:</b>	There will be no preregistration or award for this walk. Adult Credit: \$3.00 Youth/Adult Non-credit: \$2.00 The Dairyland Walkers' Frequent Walker Coupons may not be used for this walk. There will not be a separate sanction number for this walk. The stamp for the West Towne Mall year-round walk will be used.
<b>Pets:</b>	Pets will not be allowed.
<b>Amenities:</b>	Restrooms are available along the walk route. A wide variety of restaurants is available in the food court.
<b>Contact:</b>	Terry Wendt, 404 Patrick Avenue, Waunakee, WI 53597, (608) 849-5702, tgwendt@tds.net
<b>Disclaimers:</b>	Madison Area Volkssport Association, the AVA, and starting point businesses are not liable for accidents, thefts, <a href="#">personal injury</a> and/or material damage. All attempts will be made to create a safe and enjoyable event. Participants accept the guidelines of AVA Volkssport events and agree to observe the principles of good sportsmanship. Each participant is asked to sign a waiver from <a href="#">liability</a> before the walk.

Excerpt from [www.DairylandWalkers.com](http://www.DairylandWalkers.com) website

## Attachment C February Event – East Towne Walk

<b>Dates:</b>	<b>2/18/2017 - 2/18/2017</b>
<b>City / State:</b>	Madison, WI
<b>Event Name:</b>	East Towne Walk
<b>Event Type:</b>	Walk
<b>Event ID:</b>	107466
<b>Distance - Trail Ratings:</b>	10 K & 5 K - 1A
<b>Description:</b>	GPS: N43.127992, W089.306230. Firestone store is <a href="#">registration</a> point, only. Please do not park there. Park near and enter the Food Court mall entrance on the E. Washington Ave (US-151) side of the mall. Ample parking available there. Walk is entirely indoors & on one level.
<b>Amenities:</b>	<b>Strollers:</b> easy   <b>Wheelchairs:</b> easy   <b>Pets:</b> No   <b>Restrooms:</b> Yes
<b>Special Programs:</b>	Cities in Song, Points of Reference, Walking the USA A - Z
<b><a href="#">Start</a> Times:</b>	7:45 am to 10:00 am. Finish by noon
<b>Location:</b>	<a href="#">Firestone</a> Complete Auto Care
<b>Start Point / <a href="#">Driving Directions</a>:</b>	4601 East Towne Blvd, Madison WI. From downtown Madison, take East Washington Avenue (US 151) to Zeier Road. Take Zeier Road one block. The Firestone store will be on your right. From outside Madison, take I-39/90/94 or US-151. Exit the Interstate onto US-151 south (towards Madison). East Towne Mall will be on your left, about one mile toward Madison from the US-151 and Interstate interchange. Before East Towne Mall, exit East Washington Avenue (US-151) at Zeier Road. Take Zeier Road one block. The Firestone store will be on your right.
<b>Awards &amp; Fees:</b>	IVV Credit Only
<b>Comments:</b>	SPECIAL PROGRAMS: 1. Cities in Song 2. Points of Reference - Madison Area Volkssport Assn 3. Walk the USA A-Z Letter M 4. Walk Wisconsin Counties - Dane
<b>Host Club:</b>	Madison Area Volkssport Assn.
<b>Contact:</b>	Terry Wendt (608) 849-5702
<b><a href="#">Website</a>:</b>	<a href="http://www.dairylandwalkers.com/walks/event-walks/east-towne-mall-walk/">www.dairylandwalkers.com/walks/event-walks/east-towne-mall-walk/</a>
<b>E-Mail Contact:</b>	<a href="mailto:tgwendt@tds.net">tgwendt@tds.net</a>

Excerpt from [www.AVA.org](http://www.AVA.org) website