



Madison Area Volkssport Association Newsletter

January-February 2013

www.dairylandwalkers.com

Vol 2013-01

Jan.-Feb. Events

- Jan. 1 West Towne Mall
Year Round Walk
Begins (Mall opens at
10:00 am on Jan. 1ST,
but may want to phone
Firestone start point)
- Jan. 9 Board Meeting
– Lakeview Library
Branch - 6:00 pm
- Jan.12 West TowneWalk
- Feb. 9 East Towne Walk
- Feb. 13 Membership
Meeting – site: TBD –
6:30pm

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Middleton Pie Walk

Remembering Barbara Borde BY Bonnie Hamer

On November 13, the Dairyland Walkers' lost a member and I lost a friend. Barbara Borde had been battling cancer for the last few months and her death came suddenly - catching many by surprise. It's hard to believe that she and I were walking two 10 and 11K's each day at the Canadian Volkssport Convention in May of this year or after returning from it we were climbing the hills mapping out a route for the Lapham Peak Walk held by the club in June.

Barb's love of volkssporting began long before there was a Madison Area Volkssport Association when she would go to events sponsored by the now-defunct Cedarburg and LaCrosse clubs. It was her enthusiasm for the sport that led her to volunteer to help organize a club closer to home in 1995. This club became known as the Madison Area Volkssport Association (aka Dairyland Walkers). Throughout the years, Barb was sure to take part in every event put on by the club and, traveled and volunteered her services at AVA conventions all over the USA. The last books she submitted to the AVA for processing showed 850 events and 12,000 KM's walked. Not only did she support her local club, but she was also a member of the Greater Des Moines Volkssport Assn., Menominee River Volkssport Club, and Twin City Volkssport Club.

My friend loved to travel and most of her travels found her searching out her Starting Point to find a walk that was going to be nearby. In August 2011, she completed the International Olympiad in Turkey. Not only did she want to see the world and make new friends, but she wanted others to have the experience as well. Thus, she organized three European walking trips to include 11 countries for the Dairyland Walkers.

She loved antique furniture and was very accomplished at refinishing, upholstery and sewing. Other interests included tending her many flower beds and volunteering at numerous organizations. It is very fitting that the Dairyland Walkers' Board has decided to set the September 14, 2013 Waunakee Walk to be in her honor and to have the walk route go through Schumacher Farms where Barb volunteered.

Barb was a friend who had to endure quite a lot those last few weeks and I'm sorry that she is not a cancer survivor. You will be missed by us all!



Additional Memory By Jerry Wilson

As 2012 comes to a close and walk box coordinators ready for 2013, I cannot help thinking of Barbara. For the eight years I have coordinated the start box at the Inn on the Park, many of those early years Barbara and I jockeyed to be the first walker of the new year (no. 1). Finally we got into a rotation and switched off years. She found other local walks to inter-mix. But she always wanted to be out there right away walking each new year.

We will all miss Barbara!

Dates of Interest?

Date

- Jan.** 1 New Year's Day
- 4 Trivia Day
- 21 Martin Luther King Jr. Day
- 24 Beer 1st Sold in Cans 1935
- 25 Opposites Day
- 26 Dentist Drill Invented 1875
- Feb.** 2 Ground Hog Day
- 10 Chinese New Year's
- 12 Mardi Gras (Fat Tuesday)
- 14 Valentine's Day
- 20 Hoodie Hoo Day
- 23 US Marines Raise Flag on Iwo Jima 1945
- 29 Yellowstone Park Becomes 1st National Park 1872

**NEWSLETTER
ARTICLE
SUBMITTAL
DEADLINE**

for
March - April

Due: February 20

Send to
newsletter email address:
dairylandnews@gmail.com

Sending newsletter input
to other than this e-mail
address may not get
considered for newsletter
insertion!

**Barb Borde Memorial Walk
By Don Suloff**

The Dairyland Walkers will commemorate the memory of Barb Borde by designating our September 14, 2013, walk in Waunakee the "Barb Borde Memorial Walk". The walk will pass through Schumacher Farm County Park, one of many recipients of Barb's donated time. At the walk we will accept contributions to be made to either Agrace Hospice or Carbone Cancer Center in keeping with Barb's wishes.

**DW Christmas Party
By Gwen Kraemer**

The Dairyland Walkers Club Christmas Party was held Dec. 2 from 12:30 PM to 4:30 PM. A very nice show of members at the start and by 1:00 PM we started our walk. The walk was about a 5K around the Village of Plain. The weather was very agreeable for us with temps. in the 50 degrees. There were a few that even climbed to St Anne's Chapel. With outstanding views and plenty of sunshine.

Arriving back we had a short meeting (see the minutes) for that information.

The potluck supper was outstanding with quite a variety of delicious food and lots of good conversations about future events.



Gwen Kraemer leads the Christmas Party 5 K walk on December 2nd in Plain, WI

Labor Day Walking Weekend Trip By Chris Flessert

On August 31st, forty-four Dairyland Walkers and other club members and friends, headed north to the upper Michigan peninsula with our trip leader, Cindy Haagensen, at the helm. The drive there offered us lovely views of our beautiful state and the upper Michigan scenery. We got acclimated to the area eating culture by enjoying a wonderful seafood buffet in Munising, Michigan. We were joined by 2 more walkers from the Twin Cities Club.

On Saturday, our walk at Pictured Rocks National Lakeshore offered us 6K, 8K, and 11K walk options. All of these walks gave us breathtaking views of Lake Superior along with the lovely forest terrain including some waterfalls. One of our members, Otty Schaefer, surprised us with her swim in Lake Superior, in the clear, clean, and warm water. Due to a mix up at our Wetmore, MI hotel, Cindy effortlessly re-arranged our schedule. We ate a quick lunch in Munising, and boarded a glass bottomed boat for an enjoyable 2-1/2 hour boat ride viewing several shipwrecks. It was fascinating that several of these wrecked ships were fully intact in hundreds of feet of water after many years. We boarded the bus and headed to Mackinaw City for our overnight stay.

On Sunday morning we got an early start and boarded Shepler's ferry as a group and traveled to Mackinac Island. The island was ours to explore for the day and what fun it was!! With our directions and maps in hand, June Quesnell and I along with other Dairyland Walkers walked the 12K perimeter of Mackinac Island. We had to share the path with many other walkers and bicycles. We were blessed with a beautiful, sunny day which made the views of Lakes Michigan and Huron picturesque. We walked up to the Grand Hotel but stopped as the steep fee of \$5 was charged to go onto the hotel grounds. Several members of our group enjoyed a fabulous Sunday brunch at the Grand Hotel. As we were wandering about the island, we came across a wedding party and guests coming out of one of the quaint churches. What a lovely place for a wedding! We enjoyed dinner at a local restaurant.

We got up quite early on Monday morning so our bus could depart the hotel at 6:30 am to make our way to the start point for the 10K Labor Day Mackinac Bridge walk at St. Ignace. We were greeted by thousands of other walkers, entire families and groups for their annual Labor Day "Mighty Mac" walk. We started walking at 7 a.m. with the sun coming over the horizon and a gentle breeze off of the lake. What a fantastic walk it was!! Our walk ended back in Mac City with the bus waiting for us and everyone aboard for a 9 a.m. departure.

A big thank you to Cindy for organizing this wonderful walking trip, Russ for all his time and effort to get these walks laid out and sanctioned, and Barb Lund for getting the water.

Added by Cindy: Thank you to Chris and June for collecting the money and stamping our books!



Dairyland Walkers to Host AVA North Central Regional Event - 2014

By Tricia Gundlach

The Dairyland Walkers have been selected by AVA to host the North Central Regional Event in 2014. The dates of this event are to be determined, but it will likely be held in the fall of 2014. This event is intended to give walkers from various clubs in the region to get to know each other, build relationships, and discuss AVA issues.

The details of the event are in the beginning planning stages and a committee is working on arrangements. This walking event usually takes place over a 2-3 day period and includes 2-4 walks. The walks will be held in and around the Madison, WI area. It also includes some "meet and greet" activities, a meal together, and may include a presentation or entertainment. There will also be a 2 hour informal meeting. This is quite an opportunity for our club to show-off our lovely walks!

We can expect about 50-100 full-event participants with additional numbers for the traditional walks. The Regional Director for AVA is expected to attend along with other AVA members. We can also expect club officers from other clubs to attend. This will give the Dairyland Walkers a great deal of exposure as there will also be media coverage of the event.

More information will be forthcoming as soon as the newly formed committee works out the details. All Dairyland Walker Club members are invited to participate as walkers and/or volunteers. We will need lots of volunteers to help and it will be a great deal of fun for all! The benefits include getting to know other club members better and meeting walkers from our region. Volunteer opportunities will include helping on a committee, registration, walk preparation and set-up, meet and greet volunteers, or simply helping out by making a batch of cookies. More information will be provided as the date and place is finalized by the committee. Those interested in helping should contact Tricia Gundlach by e-mail at tnt84@chorus.net or 608-358-6961.

Announcing New Mentor Program

By Tricia Gundlach

The Dairyland Walkers are in the process of developing a new program to help get our new members off to a great start. We have a number of people who join our club in a burst of enthusiasm but then may not attend walks or events. We have had comments that the club walk registration can be confusing. New walkers may be hesitant to join in a walk if they do not have someone to walk with them until they get to know a few other club members. As a result, this program was developed to welcome new members, determine their interests and walking levels, and then if they like match them up with a mentor to help them get started on their first walk.

Ed Reid volunteered to head up this program and he plans to start contacting new members in our new walking year of 2013. If they are interested in the mentor program he will match them up with a mentor in their area. We are looking for volunteers to serve as mentors for our new members. We would ask mentors to be willing to serve for one year and to be willing to help mentor up to 3 new club members in that year. All that would be required is to contact a new member, learn a little about their comfort level in walking, and help them get started on their first walk. The mentor would be expected to walk with them for one walk. The mentor would help show them how to register for a walk using a walk box and how to track their progress with their books.

Anyone interested in volunteering to serve as a mentor can contact Tricia Gundlach at tnt84@chorus.net or 608-358-6961.

Capital Walk Changed

By Jerry Wilson

The Capital Walk route has been changed as of January 1, 2013 to include some of the newer special awards. Those walking the route in January please look for the 10K directions that have a 2013 handwritten on the top. Should you have any comments please send them via e-mail to the address identified on the request attached to the directions. Some small tweaks may be possible before the directions go to the printer. 5 K directions will be added soon.

The start point will not change. We thank the Inn on the Park for hosting the Dairyland Walkers start box!

Thinking (Way) Ahead **By Don Suloff**

The 2013 walking schedule is complete as published in the last newsletter and you have all of the dates on your calendar – right! So . . . now I start looking ahead to 2014!

In another article in this newsletter you will read that the Dairyland Walkers will be hosting walkers throughout the North Central Region in a gathering in October of 2014. This will be a great chance to show off the great walking venues we have in the Madison area, but will also put an additional strain on our volunteer efforts. With that in mind, I plan to keep our walks closer to Madison with perhaps only two exceptions. I'm planning to have a walking weekend with walks in Sparta (Monroe County) and Black River State Forest (Jackson County). We are also exploring the possibility of having a Tri-State Weekend with walks in Dubuque, Galena, and either Sinsinawa or Platteville (Grant County). For most, if not all, of our remaining walks I'm looking for new walks close to Madison and to reprise some of our favorite walks from the past that we haven't done for several years. Have you ever been in an area and thought that this would be a great area in which to walk? Is there a walk we have done in the past that you would love to do again? Now is your chance to make that information known to me and we'll see how it would fit in 2014. Simply drop me an email at suloff@tds.net and it will become part of our process in developing a 2014 schedule. It would also be great if you would be interested in conducting one of these walks. If so, please let me know that as well. Over twenty-five club members have organized walks in the past so why not give it a try! We'll give you a lot of help and it can be a most satisfying experience.

New Process of Distributing Walk Information **By Don Suloff**

Beginning with our 2013 walks we will no longer be distributing the "goldenrod" brochure listing information describing our special weekend events. The blue book with information on our year round and seasonal events will continue to be printed and distributed to club members. Preparation of the goldenrod special event brochure was very labor intensive and somewhat expensive to produce. Instead of continuing this process we will rely more heavily on electronic media beginning this year. We have always had pertinent information for each walk on our website -- dairylandwalkers.com. In addition, all of this information will be distributed in our bi-monthly newsletters by providing data for walks two or three months into the future. Finally, we will print a limited number of brochures which will be available at our weekend walks and also in our walk boxes. We feel this new procedure will continue to efficiently provide information on future walks while using our resources effectively.

Dairyland Walker Newsletter Schedule (No change to routine!) **By Jerry Wilson**

The 2013 Newsletter e-publishing schedule will be the same as in 2012, please see the following. The next article due date always appears in the newsletter:

Publication (Bi-Monthly) *	Material Due Date
January – February 2013 (vol. 1)	December 20, 2012
March – April (vol. 2)	February 20, 2013
May – June (vol. 3)	April 20, 2013
July – August (vol. 4)	June 20, 2013
September – October (vol. 5)	August 20, 2013
November – December (vol. 6)	October 20, 2013

* The e-publication is scheduled to be out just before the first month that publication is intended for (e.g. the January-February publication should be sent the last day of December if all goes well.) For January-February 2013 the publication is a little early because Jerry will not have word processing capabilities between December 25 – January 25.

Club Milestones December 2012 American Wanderer Posts By Tom McCrill

IVV Event Awards 50 Events Curtis Armstrong – Stoughton	IVV Distance Awards 500 KM Curtis Armstrong - Stoughton Scott Troyan - Madison
75 Events Cindy Haagensen – Madison	1000 KM Cindy Haagensen – Madison Marilyn Troyan - Madison
100 Events Cindy Haagensen – Madison Thomas Hlaban – Waukesha	5000 KM Nancy Spaeni - Madison
200 Events Phillip Ringhand – Albany	10000 KM Russell Crane - Madison
300 Events Gilbert Engel – Niagara	
375 Events Nancy Spaeni – Madison	
600 Events Ruth DeVore – St. Paul, MN	
700 Events Gary DeVore – St. Paul, MN	
850 Events Thomas Doyle – Marshall Karen Reger – Madison	

2013 Dairyland Walkers Calendar

Wednesday, January 9	D W Board Meeting	Lakeview Library Branch – 6:00 pm
Saturday, January 12	West Towne Walk	
Saturday, February 9	East Towne Walk	
Wednesday, February 13	D W Membership Meeting	Site TBD – 6:30 pm
Saturday, March 16	Middleton Pie Walk	
Saturday, April 20	Appleton—Outagamie County	
Sunday, April 21	Waupaca—Waupaca County	
Saturday, May 18	Tenney Park Walk	
Saturday, June 1	Stevens Pt. Walk—Portage County—Walk WI	
Sunday, June 2	Wausau—Marathon County	
Saturday, July 27	Racine—Racine County	
Saturday, August 10	West Bend—Washington County	
Saturday, September 14	East Waunakee	
Saturday, October 5	Cambridge	
Friday, October 18	Pheasant Branch Moonlight Walk	

Attachment A

Minutes Pending
Board Approval

**Dairyland Walkers Board Meeting
Lakeview Branch Library
November 14, 2012**

Board Members Present

Doug Wiest (President)
Gwen Kraemer (Vice President)
Mary Liebig (Secretary)
Kristi Kenyon (Treasurer)
Don Suloff (Trailmaster)
Russ Crane (Webmaster)

Welcome (Doug)

The meeting was called to order at 6:05PM by President Doug Wiest and the agenda was adopted. Also in attendance were Karen Reger, Tom McCrill, Tricia Gundlach, and Barb Lund.

Treasurer's Report (Kristi)

Kristi had emailed the Treasurer's Report to the Board. The balance on October 10, 2012 was \$4,793.52. Since that time, income totaled \$1,004.00 and expenditures were \$678.60. The current balance on November 14, 2012 is \$5,118.92. The Treasurer's report was accepted and filed for audit.

Meeting Minutes (Mary)

The minutes of the last Board meeting held on September 12th 2012 had been previously emailed to the Board. There were no corrections or additions to the minutes, and they were approved as distributed.

Trailmaster (Don)

First, Don had President Doug Wiest sign the facility agreement for the Dells of the Eau Claire County Park, the site of the Marathon County walk next June.

Then Don asked the Board if there were any objections to having the Appleton Walk start time at 9AM, with a finish by 3PM, for the April 20, 2013 event. There were none.

Don said someone had asked him about holding a seasonal walk in Albany. The Board felt this was not a good idea.

Finally, Don said he will solicit members' ideas for 2014 walks that are in the Madison vicinity. Some ideas that he has received so far include: Town of Westport Trails, Donald Park in Dane County, Nine Springs E-Way Trail, Upper Yahara River Trail in De Forest, and Lake Kegonsa State Park

Webmaster Report (Russ)

Russ did not prepare a usage report for the last couple of months. He has had trouble with Sitemeter and plans to switch to StatCounter to track web usage. Therefore, he will not be able to report web statistics until next year, when StatCounter is up and running.

Unfinished Business

Membership Meeting and Holiday Party

The next membership meeting and Christmas party will be held at the Kraemer Library in Plain on Sunday, December 2. Those interested in walking a 5K around Plain can meet at 12:30PM, with the walk starting at 1PM.

There will be a short meeting at 2:30PM, followed by a meal at 3PM. Board Members will bring chili; other club members are asked to bring a dish to pass. Bruce Dewey has made arrangements for club members to carpool to Plain.

North Central Regional Conference 2014.

Russ Crane, Bruce Dewey, and Mary Liebig had met recently to discuss the requirements of hosting a North Central Regional gathering in 2014. Russ handed out a sheet to the Board with the committee's thoughts:

- It is NOT a "Convention or Conference" It is intended to be a way for members of the various clubs in the AVA region to get together to build relationships and discuss issues.
- Suggest that it be held October to early November 2014 on a Friday through Sunday
- We would offer 2-3 traditional events.
- It would be held within the immediate Madison area.

Russ made a motion, which was seconded by Gwen that we offer to host the 2014 North Central Regional Convention. The motion carried. Russ will forward this information to Phyllis Olson, our Regional Director.

Don then noted that the weekends of October 11 or October 18, 2014 might be good dates for this event because there are no Badger home football games.

New Business

Contribution to the Maywood Environmental Park in Sheboygan

Don proposed that the Dairyland Walkers make a \$100 donation to the Maywood Environmental Park, site of the recent Sheboygan walk. His motion was seconded by Russ and the motion carried.

AVA Convention Silent Auction Donation

This item was not discussed, as the Board was confused as to the intent. This agenda item will instead be discussed at the January Board meeting

Letter of Appreciation to Machinery Row Bicycles

Mary will send a letter of appreciation to Machinery Row Bicycles, thanking them for hosting our bike box over the years. The club will no longer offer the Madison City Bike Ride, as of January 1, 2013.

Passing of Barb Borde

Barb Borde, Board Director at Large, passed away on November 13, 2012. Don Suloff made a motion, seconded by Mary, to authorize Gwen to spend up to \$100 on a plant for her funeral service. The motion carried. Doug will ask Jerry Wilson to send an email to club members with the news of her visitation and funeral service.

Don then said that he will designate the September 14, 2013 walk in Waunakee that includes the Schuster Farm, as the "Barbara Borde Memorial Walk"

Volunteer Job Duties

Tricia has been collecting job descriptions for all volunteer duties. She will send a template to those people who have yet to document their responsibilities.

Newsletter Coordinator

The Board decided that Newsletter Articles will now be an agenda item at future Board Meetings. It was felt that this may solve the problem of getting articles written for the upcoming newsletter. Don will forward this information to Jerry and ask him for a schedule of the 2013 newsletters. For the next newsletter, the following articles will be included:

1. Don will write an article asking for members' ideas for 2014 walks
2. Gwen will write, or find someone else to write, an article about the December 2 Christmas Party in Plain. Mary offered to take pictures at the event to accompany her article.

Walk Brochures

Russ said that he will no longer prepare the gold brochure that contains the years' week-end walking events. Instead, we will return to preparing walk brochures for each individual event. Russ has a brochure template that he can forward to the walk contacts to help them prepare their brochures. These brochures will be emailed with the newsletter and distributed in walk boxes and other walking events.

Russ still intends to prepare the 2013 Blue Book listing the Wisconsin Volkssport Clubs's Year-Round and Seasonal Events.

The next Board Meeting will be January 9, 2013 at the Lakeview Branch Library. The next membership meeting and Christmas party will be held at the Kraemer Library in Plain on December 2. The next walking events will be the West Towne Walk on Saturday, January 12, 2013 and the East Towne Walk on Saturday, February 9, 2013

Meeting adjourned at 7:30PM

Submitted by: Mary B. Liebig, Secretary

Attachment B

Dairyland Walkers Bimonthly Meeting Christmas Party – Plain WI December 2nd 2012

Minutes Pending Approval

See article by Gwen Kraemer, page 2.

Attachment C

Dairyland Walkers Special Events January – February - March

Check the club website www.dairylandwalkers.com for any updates on the following special events:

January 12 (Saturday) – West Towne Walk

The Club's website will be updated with a special event page soon.

February 9 (Saturday) – East Towne Walk (Extracted from the national AVA website)

Dates:	2/9/2013 - 2/9/2013	Contact:	Terry Wendt
Event - Distance:	95567 - 10K & 5K	Mail Address:	404 Patrick Avenue
Start:	Firestone Complete Auto Care	City State Zip:	Waunakee, WI 53597
Event City:	Madison - East Towne Mall	Phone:	(608) 849-5702
Host Club:	Madison Area Volkssport Assn.	E-Mail:	tgwendt@tds.net
Club Details:	Visit the Club Website	More Information:	Directions, Ratings, etc.

March 16 (Saturday) – Middleton Pie Walk

The Club's website will be updated with a special event page soon.