



Madison Area Volkssport Association Newsletter

September-October 2012

www.dairylandwalkers.com

Vol 2012-05

Oct.-Nov. Events

- Sept. 12 Board Meeting
– Lakeview Library
Branch - 6:00 pm
- Sept. 15 Green Co.
Cheese Days Walk,
Monroe
- Oct. 6 Manitowoc
Walk
- Oct. 10 Membership
Meeting – site: TBD –
6:30pm
- Oct. 13 & 14 Another
Walking Weekend
- Oct. 20 Hwy Cleanup

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Pool (From Madison)
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Blue Moon (Did you know?) By Jerry Wilson

The night this newsletter goes out should be a blue moon, assuming I get to send this out per schedule on August 31.

A blue moon is the second full moon in a calendar month. For a blue moon to occur, the first of the full moons appears at or near the beginning of the month so that the second within the same month (the average span between two moons is 29.5 days) would be the blue moon. The full Moon on Aug. 31, 2012 is considered a blue moon. The last blue moon occurred on December 31, 2009. Two full moons in one month may occur in any calendar month except for February, which is shorter than the lunar cycle. No blue moon of any kind will occur in 2014, and 2017. The phrase, *once in a blue moon* today has come to mean "every now and then" or "rarely".

Cheese Days - Monroe By Jerry Wilson

The Cheese Days AVA Walk in Monroe WI is almost upon us. Saturday, September 15 the walk will start at Twining Park between 8:00 am – Noon, finish by 3:00 pm. Driving to the start point please enter off 14th Avenue. The road through the park is a one-way road.

Driving directions: Local Driving Directions: St Hwy 11, exit St Hwy 69 toward Monroe; Right on Mansion Drive; Left on 14th Avenue; Drive past YMCA to main entrance to Twining Park on the right and follow AVA start point signs.

Walkers will travel through many of the Cheese Days Events, in fact we will have you walk portions of the “city square” more than once. Plan to spend the day! Besides doing the walk, tours are available, some for cost (e.g. small cheese factory, Minhas Brewery, and the just opening Minhas Micro Distillery, among others). Traditionally there is also a car show, farmers market, craft show, and several opportunities to buy cheese, including limburger cheese! We tried limburger cheese sandwiches at the last Cheese Day celebration (2010), and found we liked it! (To our surprise!)

One change, the shorter distance walk will be 6K instead of 5K. Also for those stamping Special Program event books I have to sadly say no stamp will be available for your Main Streets USA books – Can you imagine, a walk in a small mid-western town and we pick one with no Main Street!

Come to Monroe on September 15th, we'll be looking for you.

Manitowoc Walk: Saturday, Oct 6th By Tom Doyle

Anyone wish to get a Manitowoc stamp in their WI County book? Some of us are planning a day trip to Manitowoc. We would depart the American Family Park n Ride off of Hwy 151 between East Towne and Sun Prairie. Depart 8 am Arrive 10:30 Walk n eat lunch (5 & 10 K options) Depart Manitowoc 2 pm (sooner if all finished walking/eating) Possible additional 5 K in Fond du Lac and/or Horicon Marsh (Dodge Co) if all agree. Arrive home No Later Than 7 pm.
Let's car pool: my van holds 7 Contact Tom @ 608 576 7414 or tjdoyle98@msn.com

Dates of Interest?

Date

Sept. 3 Labor Day
8 International Literacy Day
11 911 Remembrance Day
12 Chocolate Milk Shake Day
13 Uncle Sam Day (1st used 1813)
17 Constitution Day
22 Octoberfest Begins
38 National Good Neighbors Day
Oct. 6 Nat. Custodial Worker Day
5 World Teacher Day
7 Octoberfest Ends in Germany
8 Columbus Day
14 Nat. Dessert Day
27 Make a Difference Day
31 Halloween

NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for
November-December

Due: October 20

Send to
newsletter email address:
dairylandnews@gmail.com

Sending newsletter input
to other than this e-mail
address may not get
considered for newsletter
insertion!

Another Weekend – Two More Counties!! By Don Suloff

Another Dairyland Walker weekend of walks is just around the corner. On Saturday, October 13th we will meet at High Cliff State Park to walk the trails of this beautiful Calumet County park on the shores of Lake Winnebago. We expect clear fall skies and beautiful autumn colors as we walk the natural surface and asphalt trails of this area dominated by the Niagara Escarpment. The walk will pass historic lime kilns and century-old effigy mounds. The 10 K walk will go up the escarpment early in the walk before dropping down below it late in the walk. Note that this walk is in a park fee area and starts between NOON and 3 p.m., walkers need to complete the walk by 5 p.m.

The next morning we will relocate to the Maywood Environmental Park on the north side of Sheboygan in Sheboygan County. Registration will be available between 8 a.m. and noon, with walkers to be finished by 3 p.m. The trails of the park are natural surface and will visit prairies, wetlands, and both hardwood and coniferous forests. A unique feature along the trail is a beautiful reclaimed rock quarry.

A limited number of rooms have been reserved for the Dairyland Walkers within a few miles of the Maywood Environmental Park at the Quality Inn for the night of Saturday, October 13th. The Quality Inn can be reached at (920) 457-7724. Ask for the Dairyland Walker rooms and then hold a room under your own name with a credit card. The Inn has a hot breakfast buffet included in the room rate. Although there are no plans for a group dinner, there are two fast food chains and four restaurants within ½ mile of the Inn.

This will be another great weekend you will want to be part of as we continue our effort to walk all 72 Wisconsin counties!!

October Hwy Cleanup By Terry Wendt

The fall hiway clean up will be on Saturday October 20, 2012 at 10:00 am. We meet at the intersection of Hi Way 12 & 18 and Cty BN, at Nora's II. Bring gloves, bags & vests will be provided.

Capital Walk Changes Coming - Soon By Jerry Wilson

The Capital Walk route will be changed soon. (I won't promise how soon, but it's being worked on.) Reasons for changes: We have some Special Award books ending and others beginning January 1st, we want to cleanup the directions on campus-end, and it's time to challenge walkers and my direction writing abilities. Look for slight changes before the end of the 2012.

The start point will not change. We thank the Inn on the Park for hosting the Dairyland Walkers start box!

National Road Trip By Karen Reger

On Sunday, June 24, Russ Crane and I started out for Ohio to do a series of walks along the Historic National Road. We had decided that the first non-series walk that we would do would be at Put-in-Bay on South Bass Island in Lake Erie, so our first overnight stop was in Port Clinton, Ohio.

That Monday we rode the ferry over to the island. The ride was rather choppy because of the breeze and also rather cool, but we would wish for that coolness in the days to come. The walk started from the dock area, going to the village of Put-in-Bay. We visited the National Park Visitor Center, adjacent to Perry's Victory & International Peace Memorial, established to honor those who fought in the Battle of Lake Erie during the War of 1812. Both the tourists and the locals used golf carts as a means of transport, so you had to keep a watch out for them. Since we were in no hurry, we walked around the downtown area, had lunch, and then on the way back to the dock we played miniature golf.

The next day, Tuesday, we were off to Cleveland Heights, to do another non-series walk. This was the Cleveland Cultural Walk, with a 2K option into a cemetery. The walk through the cemetery was definitely worth it. We visited the James A. Garfield Monument, the final resting place of the 20th President. The whole walk was nice, with many items of interest being pointed out. We then had a late lunch at the start point, the Winking Lizard Tavern.

On Wednesday morning we drove on a very winding road to Wheeling, West Virginia, for our first National Road walk. The National Road was the nation's first Federally-funded interstate highway. Construction began in Cumberland, Maryland, in 1811, extending an earlier route from Baltimore. It eventually went as far as East St. Louis, Illinois. On this walk we went across the Wheeling Suspension Bridge, built in 1849, the first to span the Ohio River and one of the few bridges in the U.S. to be designated a National Historic Landmark.

We then drove on to St. Clairsville to do our second walk of the day. The best part of this walk was going on the National Road Bikeway through a tunnel. This is the only rail trail in Ohio with a tunnel. Due to the heat, we really wanted to spend more time there but we had to continue on.

The next morning's walk was in Cambridge, and at the start it was hot already. The Hopalong Cassidy Museum wasn't open, which was a disappointment for me. We had lunch at the restaurant start point, then went on to New Concord. There were several interesting points on this walk: the Fox Run "S" Bridge (curvy bridge over a stream), Muskingum College, and John Glenn's boyhood home. After finishing that walk, we drove on to Zanesville, where it was still 96° at 7:50 p.m.

On Friday morning we drove to Columbus for another National Road walk, which was two 5K loops from a motel. At least we got some relief from the heat by resting midway in the motel's lobby. Although the directions didn't say so, part of the walk went through the German Village with its brick homes, streets, and sidewalks. We also stepped into the Ohio state capital – it's nice but ours is nicer.

We then departed from the National Road to go north to Wooster. I collect Cat's Meow Village pieces and the company, which is headquartered in Wooster, was going to celebrate its 30th anniversary the next day, which I wanted to attend. That night it rained a little bit in Wooster, but as we found out later, it really stormed in Columbus and points west, with thousands of people being without power.

On Saturday we attended the 30th anniversary celebration. Of course I couldn't leave without buying a few more pieces. Then we went back to Columbus to stay overnight. We then continued our journey along the National Road by doing a walk in Springfield. This walk was also composed of two 5K routes. Points of interest included a home designed by Frank Lloyd Wright, the Pennsylvania House (early 19th century inn), and a Madonna of the Trail statue.

Then it was on to Vandalia, which was to be our last walk of the trip. Again, it was hot. During the last few Ks of the walk, the sky to the north kept getting darker and darker. All of a sudden the wind really picked up, actually making it hard to walk. We put on a little speed to get back to our motel, which was the start point for this walk. Within a minute after we got to our room, it started to pour. It was indicated on the news that Springfield (which we had left earlier in the day) really got soaked by the storm. The next day, Monday, July 2, consisted of driving back home. The Historic National Road program ends on December 30, 2012, so there's still a little time left to do these walks.

Walking in Alaska By Tricia Gundlach

I have had the opportunity to visit Alaska and complete several AVA walks there on two different occasions. I can honestly tell you that each time I visit I learn more about this largely untouched wilderness and the native population and their customs. Each time I visit I am pleasantly surprised, not only by the walks, but by many other delightful experiences. I could go on and on but will keep this brief! I have a new appreciation for this very vast and diverse state.

For those of you who have never visited Alaska to walk, you might be surprised to learn that Alaska has one of the largest rainforest areas in the world. This means it rains a lot in the Juneau and Ketchikan areas. It also means they have dandelions that are two feet tall and 30 pound cabbages! Both times my visits to Alaska were in the spring and the flowers were spectacular. This is probably due to the amount of rain which they measure by the foot in Ketchikan rather than inches! They also have lots of sunlight! During the times I visited in May-June there was bright sun from 3am until almost midnight. I knew this was the case before visiting but I had no idea the impact that would have on my circadian rhythm. I had so much more energy for the walks!

There are beautiful walks in both Juneau and Ketchikan that wander through the residential areas, but also through unique areas. In Juneau you will see the capitol, governor's mansion and the Red Dog Saloon, but will also experience walking through wooded areas that lead into the mountains. For those who want to add a day-hike into the mountains, I hear there are some fantastic views of the harbor and town from above. Ketchikan has not only an awe inspiring totem pole park with towering totems, but also offers the Creek Street shopping area. I had no idea how much art and unique jewelry you could find in Alaska! That must be how they spend those long winter dark periods. I had to take home a few treasures, along with having some Salmon shipped home.

My two favorite places to walk in Alaska were Eagle River Nature Preserve and Denali. I think I enjoy walks that take me out in nature the most. Tom Doyle introduced the group of Dairyland Walkers to Eagle River on our first visit and this is still my favorite. I included a picture I took of the mountains reflected in the lake that always puts me right back there every time I look at it.

A must-visit location in Alaska is Denali National Park. Not only will you see wildlife such as Eagles, Dal sheep, moose caribou, grizzly and black bear, but you will see the emergency cabins located throughout the area which gives you a real feel for how hardy you need to be to survive a winter there. The trails are fantastic and the AVA walk takes you to a pristine lake in Horseshoe Bay.

We were delighted on this last trip to Alaska to be able to see Mount Mc Kinley. Only one in 3 visitors sees this magnificent mountain. It took 2 visits for us to see it! Our hotel staff phoned us (per our request) at 5:30am to tell us "the mountain is out". We quickly got ourselves outside to see for ourselves. We spent the entire previous day looking for it peeking through the clouds and finally saw it. Now, I should tell you about the glaciers, train into the mountains, native village, and the whales but will save that for another time. Meanwhile, we are planning our next trip to Alaska for 2014. Want to join us? You can contact us at tnt84@chorus.net or 608-222-4200.



Volunteer Opportunity

By Tricia Gundlach

Volunteer Opportunity- Editor of the Annual Wisconsin Volkssport Club's Year-Round & Seasonal Event Book (Blue Book) and of the Annual Dairyland Walkers Week-End Walk Events Brochure (Goldenrod Brochure)

We are looking for a volunteer to take over the responsibilities as the Editor of our annual guides. Russ Crane has been our editor along with a myriad of other volunteer duties and would like to turn this over to a new person this year. Russ would be willing to work with this person this year to help them get started. The work for the guides normally takes place between September and December and we like having them ready for our annual Holiday party if possible. The duties involved include assembling all the relevant information with the help of each walk coordinator and board members, checking the information for accuracy and arranging for the printing of the book. The printing costs are covered by the club.

The skills needed for this position include the ability to use word processing programs, good organizational skills, and the ability to pay attention to details. Russ has all of the information already contained in a computer file so much of the information is already there but needs to be checked for accuracy and updates made.

If anyone is interested in learning more about this volunteer position you can contact Russ Crane at [608-244-6583](tel:608-244-6583) or e-mail at rwcrane1926@charter.net or Tricia Gundlach at [608-358-6961](tel:608-358-6961) or e-mail at tnt84@chorus.net.

"I've walked them all!"

By Tom Doyle

Several Dairyland Walker Club Members have completed the 50 states walking program. We may have missed some individuals. Please help us update our walking files and let us know also if you are close to finishing up the 50 states program. Congratulations to all who have finished this noteworthy goal.

Dairyland Walkers: Completed 50 State Walking Program with Year and 50th state listed:

Joan Sanders	1994	Alaska (DW Club Co-founder)
Vern Hessey	1998	Hawaii
Jo & Bob Sparks	2002	Alaska
Jim & Barb Czaplicki*	2004	Alaska
*Europa Cup 2001 (Walked in 12 countries including Canada, does not include USA) Have now walked in 22 countries total		
Bonnie Johnson	2005	Utah
Ed Reid	2005	Alaska
Don Suloff	2008	Utah
Nancy & John Spaeni	2008	Hawaii
Gwen Kraemer	2010	Colorado
Marge Oehlke	2010	Vermont
Rosemary Sprenger	2011	Alaska
Bruce Dewey	2012	Colorado
Jane & Ken Legaard	2012	Alaska (July 11 th , Juneau)

NOTE: Alaska is the most common 50th state. Rumor has it the Dairyland Walkers are planning a "land & sea cruise excursion" in 2014. Start saving your nickels & dimes and stay tuned. If at all interested let Tom Gundlach know which month you prefer @ 608-222-4200. Alaska walks are available mid May through September.

For you beginning walkers note there are walks set up in all 50 states and most European countries along with Western Hemisphere countries of USA, Canada and Brazil. If anyone is planning a trip and would like information on how to find these walks and directions let me know. Canada has walks available in all 11 provinces.

Membership

By Tom Doyle

Welcome to: Bunny Brown South Beloit/Aurora IL and Karen Vander Millen Dubuque, IA

Bunny & Karen bring us to 26 new members thus far in 2012. We would sure like to see all new members, including those of you who joined in 2011, join in on one of our walks. I know several have already. Jennifer C of 'Tosa did her first club event at the Syttende Mai, 17 miles. Great. If you would like to partner up with someone to walk with, learn in more detail about our club etc, do not hesitate to ask the membership guy, Tom.

Club Milestones June-July-August-September
By Tom Doyle

We missed listing several club members in the last newsletter who achieved milestones and have therefore listed them along with our newest milestone achievers. Congratulations to all. Completing milestones this year has been difficult with the extreme heat.

<u>EVENTS</u>	<u>DISTANCE</u>	
10 Barb Carson	1000 K's	Hannah Wensing (Completed @ age 10)
30 Tricia Gundlach	1500	Diane Thornbury
Tom Gundlach	2000	Chris Flessert
75 Joanne Reuter	3000	LaVonne McCrill
100 Kathleen Larson	4500	Jill Ruef
150 Diane Thornbury	4500	Jeanne Van Houweling
Hannah Wensing	5500	Ruth DeVore
Kenyon Wensing	6000	Janice Jerabek
200 Chris Flessert	6500	Gary DeVore
Kristi Kenyon	17000	Jing Wiest
250 Louise Swope	17000	Bruce Dewey
300 Kim Riyeff	45000	Doug Wiest (Club Pres)
Dave Riyeff		
325 LaVonne McCrill		
350 June Quesnell		
Sue McMahan		
425 Jill Ruef		
450 Joye Schutte		
Gene Schutte		
575 Ruth DeVore		
Janice Jerabek		
650 Gary DeVore		
900 Russ Crane		
1000 Jing Wiest		
Bruce Dewey		
1300 Ed Reid		
2100 Jane Legaard		
Ken Legaard		
2200 Doug Wiest		

BOOK STAMPING NOTE: Remember to stamp both the Event & Distance books for each walk. For beginners these are the **Green** and **Blue** books.

When you fill your New Walker first **Green Book**, mail it to the address on the book cover. You will then need to purchase another **Green book** for Event stamping.

Any questions about book stamping or new books, contact membership guy @: tjdoyle98@msn.com

New Club Members

Bunny Brown	South Beloit / Aurora IL
Jeri and Steve Cunningham	Madison
Karen Vander Millen	Dubuque IA
Rob and Kathy Molkness	Appleton
Martha Robbins	Madison

Director at Large Report (Barb)

Barb had nothing to report.

Sanctioned Event Coordinator (Bruce)

Bruce mentioned that there has been a suggestion to keep the seasonal walk boxes at their starting point locations year-round. He is comfortable with the current method of pulling all the seasonal walk boxes at the end of December so he can update and restock them himself each winter, though. The Board did not recommend any changes to the current method at this point. Bruce also expressed his concern about the lack of consistency in the walk box coordinators efforts. To alleviate that, Tricia will work with Bruce to write up the job description for a walk box coordinator. They may check with the AVA to see if something like that already exists.

Webmaster Report (Russ)

Russ presented the Usage Report from May 7, 2012 to July 2, 2012 and gave a short explanation of the numbers. The number of web site visits is up in 2012 compared to 2011, and comparable to years prior to 2011.

Unfinished Business

Mackinac Bridge Bus Trip

Cindy Haagensen reported that there are now 42 or 43 people riding the bus. She felt she needed help in planning timelines and bus stops for the bus. The Board suggested that she put a rough draft together of her ideas on restroom and meal stops and then discuss it with Lazars Bus Service.

New Business

Addition of Year Round Mall Walk

Club Member Diane Thornbery has proposed that the Board consider adding a year round walk at either the West or East Towne Mall in 2013. She is willing to contact Firestone Tire as a possible walk box location and she is also willing to maintain the walk box. The Board was receptive to the addition of a Mall Walk as a 2013 year round event, but did not feel comfortable approving it until some remaining questions are answered. Doug will contact Diane and Don Suloff to get additional information on a walk box location and mall approval of our event.

Sanctioning of Year Round/Season Events for 2013

In order to be included in the 2013 "Starting Point" the year round/ seasonal events for 2013 need to be approved by the end of August. The club has twenty year-round and seasonal events sanctioned in 2012.(not including Key West and Mackinaw Island, which are 2012 only events) Barb Borde made a motion to eliminate the Madison City Bike Ride event in 2013, that motion carried. Mary Liebig then made a motion to add Appleton as a seasonal walk for 2013, that motion carried as well. Finally, Barb Borde made a motion to approve all remaining nineteen 2012 walks as sanctioned events in 2013, and that motion was approved by the Board. Therefore, twenty year round/seasonal events have been approved for 2013, with the Mall walk discussed above pending approval. Russ Crane would like to pass the responsibility of publishing these 2013 events in booklet form (currently blue) to another club volunteer. Tricia will work with Russ to find a suitable replacement.

Membership Meeting and Picnic

The next General Membership Meeting/Picnic will be on Wednesday, August 8 at Fireman's Park, located at 7400 Lee St. in Middleton. Plans are for those wishing to do a 5K version of the Middleton walk to meet at the park at 5PM to walk as a group. There will be a very short meeting at 6:30PM, followed by a potluck. Members are encouraged to bring a dish to pass and their beverage of choice. Bruce Dewey will bring water to drink and Russ and Karen will supply the plates and silverware.

The next Board Meeting will be September 12, 2012 at the Lakeview Branch Library. The next walking events will be the Great River Walking Weekend on July 21-22 and the Portage walk on Saturday, August 25.

Meeting adjourned at 7:40PM

Submitted by: Mary B. Liebig, Secretary

Attachment B

Minutes Pending Approval

**Dairyland Walkers Bimonthly Meeting
Middleton 5K Walk and Picnic
Fireman's Park, 7400 Lee St. Middleton
August 8th 2012**

Officers Present: Doug Wiest (President), Mary Liebig (Secretary), Kristi Kenyon (Treasurer)

Board Members Present: Russ Crane (Webmaster) Tom Doyle (Membership Chair), Bruce Dewey (Sanctioned Walk Coordinator), Don Suloff (Trailmaster)

In Attendance: 23

Meeting

President Wiest called the meeting to order at 6:30pm. There being no additions or corrections to the agenda previously emailed to the Board, the agenda was adopted.

Meeting Minutes (Mary Liebig)

There being no additions or corrections to the minutes of the membership meeting held on June 13th 2012, they stand approved as previously emailed to the Board.

Treasurer's Report (Kristi Kenyon)

The report was previously emailed to the Board. The report noted income of \$11,028.00 and expenses of \$284.57 since the previous report. Current balance is \$17,007.67. Of this balance, \$13,177.00 is restricted for trips. Mackinac Bus trip payments of \$10,127.00 caused the income to be higher than normal this month and comprise the majority of the restricted funds. The report was accepted and filed for audit.

New Business

Highway Cleanup (Terry Wendt)

The next Highway 12/18 Cleanup will be held on Saturday, October 20 at 10AM. Those interested in helping should meet at Nora's II located at the intersection of US highway 12/18 and Cty Rd AB.

The next membership meeting will held on Wednesday, October 10 at a location yet to be determined.

Meeting adjourned at 6:35PM

Mary Liebig, Secretary