



Madison Area Volkssport Association Newsletter

May-June 2014

www.dairylandwalkers.com

Vol 2014-03

May - June Events+

- + Apr. 26 DeForest Walk
- May 14 Board Meeting –
Lakeview Branch Library
– 6:00 pm
- May 17 & 18 Big Three
State Walks (Platteville,
Galena and Dubuque)
- June 11 Membership
Meeting 6:00 pm
Site: Hody Bar & Grill
- June 28 Lake Kegonsa
State Park Walk

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Saturday Walk & Eat Group

By Mary Liebig

More Saturday Group Walk and Eat opportunities are coming up in May and June:

On Saturday, May 10, we'll meet at the start point of the Arboretum Walk, Bluephies Restaurant located at 2701 Monroe St. shortly before 9AM to register for the walk. Both 10k and 5K walking routes will be offered. Maybe the crabapple trees and lilacs will be in bloom as we walk through the arboretum. For those interested in lunch after the walk, we'll plan to eat at Bluephies afterward. Here is a link to their menu: <http://www.bluephies.com/#menu>

Saturday morning, June 7 will find us walking to Picnic Point in Madison. Again we'll meet at the start point of the Picnic Point walk, the Best Western Inn Towner, located at 2424 University Ave. shortly before 9AM to register for the walk. We'll plan to eat at a nearby restaurant after the Picnic Point walk, the Blue Moon Bar & Grill on University Avenue. Here is a link to their menu: <http://www.bluemoonbar.com/menu1.htm>

These group walks offer an opportunity to socialize with other walkers, get some exercise, and support our start point businesses. It's also a great way to work on completing the 2014 Volkssport Incentive Program (VIP).

Talkin Trash – Sunday, April 13, 2014

By Joanne Reuter

A big thank-you to: Diane Thornbery, June Quesnell, Terry Wendt, Ed Reid, Ted Newell and Tom Doyle for their help on April 13th to pick up trash along the club's adopted stretch of Hwy 12. Luck was on our side as we managed to complete our task before the rain began. Then we hurried into Nora's II for some drinks and laughs. The next trash pick-up will be in the fall. In the meantime, spread the word: Don't Litter!!

DeForest Walk – Saturday, April 26, 2014 - Reminder!

By Mary Liebig

Plan to join us as we walk a fairly new trail in DeForest on Saturday, April 26. The Upper Yahara River Trail was completed in September 2012 and is located just north of the Lake Windsor Golf Club. Both the 5K and 10K walking routes are mostly on the Upper Yahara River Trail, a 4K trail of 10-foot porous asphalt and boardwalk that begins at Windsor Road and continues north to Sunnybrook Park. Much of the trail is in a natural and wooded setting along the Yahara River. It is truly the pride of DeForest. For those of you that have done our 10K Middleton Walk, the trail reminds me of portions of the Pheasant Branch Conservancy. The finish to both the 5K and 10K routes includes a 1.5 K stroll through the residential Conservancy Place neighborhood.

The start point/registration table will be located at Conservancy Commons Park Shelter at 6822 Yellowwood Lane in DeForest. Restrooms and water will be available at the Park Shelter; parking is available off street. Start: 9AM to Noon; Finish by 3PM.

Dates of Interest?

Date

May Arthritis Awareness Month;

Global Health & Fitness Month

- 1 May Day
- 5 Cinco de Mayo
- 11 Mother's Day
- 14 Full Moon – 3:16 pm
- 15 Pease Officer Apprec. Day
- 16 Nat. Bike to Work Day
- 26 Memorial Day

June Dairy Month;

Cancer From the Sun Month

- 1 Oscar the Grouch Day
- 13 Full Moon – 12:11 am
- 14 Flag Day
- 15 Father's Day
- 23 Public Service Day

NEWSLETTER ARTICLE SUBMITTAL DEADLINE

for
July – August
2014

Due: June 20

Send to
DW Newsletter email address:

dairylandnews@gmail.com

The Big Three State Walk - Something For Everyone! By Don Suloff

Our weekend of walking in the three state area is just around the corner and you will want to be part of it – we already have had people indicate their plans to join us from Indiana and Alabama! They will be joining us to register for all three walks between 8 a.m. and noon on May 17th and 18th at the Wisconsin Welcome Center located in Platteville at 275 W. Business 151. Although our block of rooms have filled up, there are other lodging opportunities in the area.

Each walk will offer a number of special programs for those who are filling in these program books, in fact the Platteville walk will fulfil the requirements of thirteen programs!

As a special treat the first fifty walkers who register for dinner at the walk, we will meet at the local Benevenutos at 6:30 on May 17th for a pasta buffet with a cash bar. Separate checks will be distributed with tips and taxes included automatically in the bills with an anticipated total of about \$10 per diner. A gluten-free menu will also be available.

Walk Sparta and Black River State Forest By Don Suloff

Our second weekend of walks on the road is coming up July 19th and 20th in Sparta (on Saturday) and Black River State Forest (on Sunday). Both walks will have registration between 8 a.m. and noon with walkers requested to have completed their walks by 3 p.m. The Sparta start point is at shelter #1 in Evans Bosshard Park near 425 East Avenue and the Black River start point is at the Smrekar shelter at 4048 Smrekar Road near Millston. Driving directions for both walks are available on line.

We have again blocked 20 rooms for "Dairyland Walkers", this time at the Sparta Country Inn for Saturday, July 19th. The rooms will be held until **June**. Each room has two queen-sized beds with a rate of \$121.54 including tax. Discounts of 10% are available for AAA, AARP, and military guests. The Country Inn's phone number is (608) 269-3110 and its address is 737 Avon Road in Sparta. Saturday evening after our walk we plan to meet at the Sparta Family Restaurant next to the Country Inn at 6 p.m. for dinner. There will not be a separate room for us, but will seat us together in the restaurant. Billing arrangement still have to be made.

Mark this weekend on your calendars so you can check off Monroe and Jackson Counties in your books.

Smiles All Around By Don Suloff

You can always tell when the club has held a successful walk by the smiles on the walkers faces and we had 55 smiling faces at Hody's on March 15th following our annual pie walk. Of course, the smiles may have been due to the delicious pie that we were enjoying. If you missed this event, make sure to be part of the party next year and join the regulars and the new faces which are joining our club.

Out of Town Walk and Eats Continue By Bonnie Hamer

This year's spring weather hasn't been the most inviting to travel a distance to do a walk has it?

Everyone awoke on our first scheduled walk and eat to Cedarburg on April 3 to a mixture of sleet and rain beating on their windows. Not an ideal day to want to go out for a walk. Yet some folks said they would really like to do this walk, could we do it Saturday instead when it sounds like the weather could improve. And what a difference two days can make. Six of us drove to Cedarburg that Saturday morning and walked in the most ideal of walking conditions. We enjoyed lunch at The Farmstead and the gals spent the rest of the afternoon checking out Cedarburg's quaint shops.

Appleton was our scheduled April 16th walk and eat. Only three of us made it but we thoroughly enjoyed getting to know one another as we walked the 10K route past Lawrence University and trails along the Fox River. Lunch was at the Stone Cellar where they served up delicious burgers and micro brews. I found these walks are an excellent opportunity to get to know Dairyland Walkers who live in another part of our state.

We still have three more of these walk and eat dates during the week scheduled until we take a break for the summer months. They are:

Thursday, May 1 – Eau Claire Walk

Meet at the Menomonie Street Dairy Queen
1160 Menomonie Street
Eau Claire, WI

Wednesday, May 14 – Port Washington Walk

Meet at the Dockside Deli
222 E Main Street
Port Washington, WI

Thursday, May 29 – Fond du Lac Walk

Meet at Kwik Trip
471 N Park Avenue
Fond du Lac, WI

Contact Bonnie Hamer at bonnie4walk@yahoo.com or 920-563-3481 if you would like more information.



Lake Kegonsa Walk – Saturday, June 28 (see article on page 4)
Left: Upper Picnic Area (Walk Start Point) Right: Lake Kegonsa Trail

Lake Kegonsa State Park Walk – Saturday, June 28, 2014

By Paula Romeo and Victor Emanuel

Just one week into the official start of summer will be the Lake Kegonsa State Park Walk in Stoughton, Wisconsin. The park was officially established as a state park by the Wisconsin Conservation Commission in October 1962. Many areas have been restored into native prairies, oak woodlands, and wetlands. In addition to picnic areas, there are campsites, a boat landing and hiking trails. The name Kegonsa is attributed to the Ho-Chunk (Winnebago) Indians who once lived in this area. Kegonsa means “Lake of Many Fishes.”

The 10K and 5K walks start point and registration table will be in the Upper Picnic Area. The walk hours are from 8:00 a.m. to 3:00 p.m. Walkers will loop throughout the park on numerous trails of various lengths. Park trails may be rough in some areas and not suitable for wheelchairs for strollers. Part of the walk is along the beautiful glacial-hewn Lake Kegonsa. Flush and vault toilets are near trails on both routes.

Parking: A State Park admission sticker is needed. A Wisconsin license plate, daily fee is \$7. An out-of-state plate, daily fee is \$10. If you happen to be a Wisconsin Senior (65 or older), the daily fee is \$3. Annual fees are also available. Entrance to the park is located at 2405 Door Creek Road, Stoughton.

Pets: Although pets are welcome at Lake Kegonsa State Park in certain areas on a leash 8 feet or shorter, this event takes place at locations that do not permit pets.

Links of Interest:

1. Dairyland Walkers information on the Lake Kegonsa State Park walk: <http://dairylandwalkers.com/walks/event-walks/lake-kegonsa-walk-stoughton-wisconsin/>
2. AVA Special Programs: <http://www2.ava.org/specprog.php>
3. Stoughton, Wisconsin: <http://stoughtonwi.com/visit/default.asp>
4. Lake Kegonsa State Park: <http://dnr.wi.gov/topic/parks/name/lakekegonsa/>
5. Wisconsin Department of Natural Resources Admission Fees: <http://dnr.wi.gov/topic/parks/admission.html#patron>

We look forward to enjoying Lake Kegonsa with the Dairyland Walkers and guests.

Volunteers are needed for the Start/Finish. If you can volunteer, or have questions about the walk, please contact: Paula Romeo and Victor Emanuel at 608-835-9626 or paula2159@charter.net

Mark Your Calendars For a Hiking Adventure to Great Britain in Autumn 2015

By Elke Austin-Foote

Plans are ongoing for an exciting hiking experience in Great Britain the last week of September and first week of October, 2015. Highlights of this trip will be exploring Scotland’s capital, Edinburgh, Edinburgh Castle, the Royal Mile as and a sanctioned walk. We will also spend several days in the Lake District; experience a sanctioned walk, a visit to Beatrix Potter’s home and garden, and a lake cruise. Next the countryside of Cheshire is on the agenda. We enjoy a sanctioned walk, visit the Roman town Chester, and enjoy a medieval banquet at Ruthin Castle. Another highlight is a visit to Stratford-upon-Avon, birthplace of England’s greatest poet William Shakespeare. We see the Shakespearian highlights including the famed Anne Hathaway Cottage. Our next stop is in Wales, where we go on a sanctioned walk and have time to visit the impressive Cardiff Castle. The next few days are spent in Devon County, where another sanctioned walk acquaints us with the delightful countryside including a visit to the “English Riviera” spending time in the picturesque fishing village Dartmouth. We also stop in Winchester, admire ancient Stonehenge, and do a sanctioned walk in the countryside before spending the last 2 days in London.

There will be an option available to extend for 3 days after the tour of England and take the Chunnel from London to Paris. Paris, the “City of Lights”, also provides the opportunity to do a sanctioned walk. A land only cost and estimated airfare will be available by the end of October of this year. Space will be limited to 25 – 30 persons.

Elke Austin-Foote of Foote Loose Travel, who has led some hiking adventures for the Dairyland Walkers in the past, is making arrangements for this trip as well. Doug Wiest will keep you posted at upcoming membership meetings and in future newsletter articles as the time approaches. Specifics and costs won’t be finalized until later this year.

Ice Age Trail Hiking Award Program for Dane County

By Gary Wensing & Kristi Kenyon

The Dane Co Chapter of the Ice Age Trail Alliance has started a hiking award program. Dubbed Dane Drifters, its purpose is to offer a small reward to anyone who fully hikes every segment of the Ice Age Trail in Dane County. The reward (as if the hiking experience were not enough) is a certificate of achievement, a patch and recognition of your efforts in the IAT Chapter newsletter.

How do you join in the fun? First, you register for the program. You can contact DLW members Gary Wensing or Kristi Kenyon at kensinginn@tds.net and we'll send you the registration form with more info. Or go to <http://dane.iceagetrail.org> and select Hike the Chapter from the left hand menu for a link to download the registration form. The form includes a hiking log to record when you complete each segment. We also will send you some maps and trail information to help you out.

You may already know that the Ice Age Trail is a work in progress and it is not continuous in Dane County. There is a mix of trail and connecting routes (unmarked paths along town or county roads that link trail segments). These connecting routes are optional for the program, so you can qualify for the award without completing the connecting routes. In total, there is about 31 miles of marked trail in Dane County to explore. But if are up for the challenge or want to work toward becoming a thousand miler (hike the whole trail), you can also hike an additional 30 miles of connecting routes.

When you complete all of the trail segments (and the connecting routes if you opt to include them), send in your completed hiking log and you'll get your award.

The registration cost is \$12 or just \$10 for current IATA members. If you have friends or people in your household that will be joining you, we only charge \$6 for companions (anyone who is hiking along with the primary registrant but doesn't need a separate copy of the map and trail information). All participants completing the program will receive the certificate and patch.

How do I sign up? Just send us the registration form and fee (contact us at kensinginn@tds.net or 608-798-3006) and we will get you going. If you have any questions, just let us know.

And watch the Ice Age Trail calendar (<http://www.iceagetrail.org/calendar>) – we have hikes scheduled throughout the year on each segment so that you can join in the fun as a group.

Membership Update

By Tom Doyle, Membership Chair

Membership Update

We welcome two new members with this newsletter:

Maurine McCabe Madison
Lacey Austinson Madison

I hope Maurine and Lacey can soon join us on our walks along with all of our new members.

Walking the 50 States Continues

By Curtis Armstrong

Second year started out with a trip to FL for the month of Feb. Did a couple of walks in FL. On the way home I stopped in AL to do a walk at a State Park. Was planning on doing more walks going down & on the way home but than a storm front was moving in I was trying to beat it both going down and home. Which I did. Going down I was half a day ahead of tornados in TN one day and GA the next. Had to drive an hour to get ahead of the snow in IL.

As it happened the National rally for Aliners was in the opposite direction the next year. Out east in PA. Spending a week in Gettysburg PA. 1st venture was to get NJ and DE. Got to NJ and did walk but trying to get to DE was a problem. The GPS would get to 99% calculating and hang up. Had no idea here I was or how to get out to where I wanted to go and traffic all around. Finally figured it out. I had GPS on avoid tolls. Evidently you can get into NJ for free but you can't get out without paying a toll. Finally made DE and did the walk there. With VA, WV just south of Gettysburg I planned on those 2 states also. I thought it was 50 states, not 50 states and the District of Columbia too. When I found that out I looked up what was in DC. Found a starting point with info to best walk on Sunday when parking was free in Georgetown. So off we were on Sunday. What a zoo! The National zoo and cars bumper to bumper and no parking anywhere. Those that know me know I always say if you have a clean mind and a pure heart these things will come to you. And so it happened a car pulled out right in front of the McDonalds which was the starting point. Did the Embassy walk there. Not much happening on Sunday morning most don't even pick up their morning paper.

Visiting my sister up in northern WI I crossed over the boarder to MI and caught another state.

In the fall we had a gathering of Aframes in OH at the foot hills of Appalachia. It's a beautiful area great hiking trails. The end of the WI lobe of the last ice age glacier.

Winter I was heading back to FL and caught MS & GA along the way.

2 years of traveling around for other ventures and picked up over half of the states already. What a start. I can see where I am forming pockets of states to do yet, that I may have to actually make a trip just to catch them. But then it was never about getting all the states just traveling and having fun. If I get closer I may switch gears and make it about doing all 50 states. If I do what a start.

Club Milestones

By Tom Doyle

100 Events in one calendar year!! The following Dairyland Walkers did just that. Wow!!

Carol Hollar, Hacketstown, NJ
Janice Jerebek, Forresthill, CA
Bonnie Johnson, Fridley, MN
Jackie Kittle, Madison, WI

Events

250 Diane Thornbery Madison, WI
525 Bonnie Hamer Fort Atkinson, WI
2400 Jane & Ken Legaard Bloomington, MN

Distance K's

2500 Diane Thornbery
5000 Bonnie Hamer
14000 Ed Reid, Middleton, WI

2014 Dairyland Walkers Calendar

| | | |
|---|--|---|
| Saturday, January 11 Saturday, February 8 Saturday, March 15 Saturday, April 26 Wednesday, May 14 Saturday - Sunday, May 17 and 18 Wednesday, June 11 Saturday, June 28 Saturday, July 19 Sunday, July 20 Saturday, August 23 Saturday, September 13 Friday - Sunday, October 3 - 5 | East Towne Walk West Towne Walk Middleton Pie Walk DeForest Walk D W Board Meeting Tri-State Walks: Platteville, WI Galena, IL and Dubuque, IA D W Membership Meeting Lake Kegonsa State Park Walk Sparta Walk – Monroe County Walk Black River State Forest Walk – Jackson Co. Walk Donald County Park Walk Lake Waubesa Walk North Central AVA Region Rendezvous – Three walks originating at the Tenney Park Shelter in Madison. | Participants = 35 (32 Adults, 3 Non-Credit) Participants = 38 (34 Adults, 1 Youth, 3 N C) Participants = 55 (55 Adults, 0 Youth, 0 N C) Start Time: 9:00 – 12:00 Noon; Conservancy Commons Park Shelter; Finish by 3:00 pm Site: Lakeview Library Branch – 6:00 pm Start Time: 9:00 – 12:00 Noon; Platteville Chamber / WI Welcome CTR; Finish by 3:00 Site: Hody Bar and Grill – 6:30 pm Start Time: 9:00 – 12:00 Noon; Upper Park Picnic Shelter; Finish by 3:00 pm See Pamphlet |
|---|--|---|

Attachment A

**Dairyland Walkers Board Meeting
Lakeview Branch Library
March 12, 2014**

Minutes Pending Approval

Board Members Present

Mary Liebig (Secretary)
Diane Thornbery (Treasurer)
Barb Lund (Board Member at Large)
Don Suloff (Trailmaster)
Bruce Dewey (Sanctioned Walk Coordinator)
Tom Doyle (Membership Chair)
Karen Reger (Publicity Chair)

Welcome (Mary)

President Doug Wiest and Vice President Terry Wendt were not in attendance. Because of that, the meeting was called to order at 6:00PM by Secretary Mary Liebig and the agenda was adopted. Also in attendance at the meeting was Russ Crane.

Treasurer's Report (Diane)

Diane had emailed the Treasurer's Report to the Board. The balance on February 12, 2014 was \$1,581.21. Since that time, income totaled \$332.00 and expenditures were \$183.02. The current balance on March 12, 2014 is \$1,760.19. Of that balance, \$1,000 is restricted for trips. The report also noted that pre-paid expenses of \$3,000 had been made for five years of website hosting by the Stevens Company. The Treasurer's report was accepted and filed for audit.

Meeting Minutes (Mary)

The minutes of the last Board meeting held on January 8th 2014 had been previously emailed to the Board. There were no corrections or additions to the minutes, and they were approved as distributed.

Director at Large Report (Barb)

Barb had nothing to report.

Membership Report (Tom)

Tom had emailed the board members an updated membership roster prior to the meeting. Other than that, he had nothing new to report on membership.

Walk Box Coordinator (Bruce)

Bruce said that most of the seasonal walk boxes have been updated for 2014. He and Tom Doyle plan to deliver the four Fox Valley boxes (Fond du Lac, Oshkosh, Neenah, and Appleton) to their start locations on Monday, March 17. Bruce also said that he would give Mary some 2014 Blue Books and Insert Cards at the next Membership Meeting on Wednesday, April 9. These would be for the Saturday Walk and Eat locations.

Publicity (Karen)

Karen told us that Dairyland Walkers Events are now posted on the Sports for Active Seniors website, along with a link to our website, www.Dairylandwalkers.com. In addition, Karen said that she will try to get a speaker from the Sports for Active Seniors club to speak at one of our future Dairyland Walkers membership meetings.

Another idea that Karen may pursue is obtaining someone from the UW Lakeshore Nature Preserve to speak at a future membership meeting. The UW Lakeshore Nature Preserve covers the area of our Picnic Point walk.

Finally, the club may pursue contacting The Walking Company at the West Towne Mall in Madison, to see if one of their employees would like to speak at one of our membership meetings.

Trailmaster Report (Don)

First, Don said that he would talk to Gwen Kraemer to see what help she might need for the Pie Walk on Saturday, March 15.

Don also needs to help Deb Rice finish the walk directions for the Platteville Walk in May. Don will accompany Deb to meet with a reporter from the Dubuque *Telegraph Herald* to get an article published about our upcoming Tri-State walks.

At the next Board Meeting in May, Don plans to bring a rough draft of the 2015 walks. He is trying to schedule a time for the Green Bay (Brown County) and Oconto County walks and will need to work around the Green Bay Packers schedule. The Board also discussed the letter we had received from Sara Brish of Active Portage County that requested our continued participation in Walk Wisconsin. The Board felt that we could commit to participating in Walk Wisconsin, held in Stevens Point, every other year. Tom Doyle will let Sara know that the Dairyland Walkers will participate in the June 2015 Walk Wisconsin event.

Don suggested that the Board to come up with a more formal review or set of criteria that our year-round and seasonal walks must meet to ensure their continuation. For example, is the club breaking even on the walk after paying the AVA sanction fees? This can be discussed at a future Board Meeting.

Unfinished Business

Dairyland Walkers North Central Regional Rendezvous 2014 (Russ)

Russ had distributed copies of the draft brochure and registration form for the North Central Regional Rendezvous. After receiving a few comments and suggestions, Russ will make some minor changes to the brochure. Russ will also give Phyllis Olson a PDF and link to the brochure so she can include it in her North Central Regional Newsletter.

2014 Alaska Cruise Update (Tom Doyle)

The AVA stamps have been received for the three Alaska seasonal walks in Haines, Seward, and Ketchikan hosted by the Dairyland Walkers in 2014. The written directions and maps have also been completed for these three AK walks. There is a meeting scheduled on Sunday May 4 at the Gundlach house to distribute more information to those participating in the Alaska Cruise in June.

Walking Vacation to British Isles 2015

Although Doug was not at the meeting, he did email the latest information he had from Elke. Per Elke, the 2015 trip may be the last two weeks of September, or the last week of September and the first week of October. It is still too early to have any more details.

DeForest Walk (Mary)

Mary had 250 brochures printed for the DeForest Walk, and handed out a list of the places where she has already distributed 220 brochures. Most of the places are fitness centers and athletic shoe stores. The brochure was also posted on the DeForest Area School District Website under Community E-Flyers and listed as "Family Fun Walk". Mary will need volunteers to help at the Start/Finish table on Saturday, April 26. She plans to hold a pre-walk for volunteers on Friday afternoon, April 25.

Newsletter Articles for May/June Edition

The Board suggested the following Newsletter articles for the May/June edition. The submission deadline is Sunday, April 20:

1. Last chance for Tri-State Walk – Don to write
2. May and June Saturday Group Walk and Eats – Mary
3. June 28 Lake Kegonsa Walk – Don will talk to Paula and Victor about writing an article
4. Sparta and Black River State Forest – Don
5. Bus Trip to Sparta – Tom Doyle to write
6. Summary of Pie Walk – Don/Gwen
7. Summary of DeForest Walk- Mary would have to get permission from Jerry to submit an article after the walk on April 26 because of the April 20 deadline
8. British Isles Trip- Doug
9. Recap of May Thursday and Wednesday Walk and Eats planned – Bonnie
10. North Central Regional Rendezvous; attach brochure to newsletter - Russ

The next Board Meeting will be May 14, 2014 at the Lakeview Branch Library. The Next General Membership Meeting will be on April 9, 2014 at the Sequoya Branch Library. The next walking events are the Middleton Pie Walk on Saturday, March 15 and the DeForest Walk on Saturday, April 26.

Meeting adjourned at 7:28 PM

Submitted by: Mary B. Liebig, Secretary

Attachment B

Minutes Pending Approval

**Dairyland Walkers Bimonthly Meeting
Sequoya Branch Library
4340 Tokay Blvd
Madison, WI
April 9th 2014**

Officers Present: Doug Wiest (President), Terry Wendt (Vice-President), Mary Liebig (Secretary), Diane Thornbery (Treasurer)

Board Members Present: Barb Lund (Board Member at Large), Don Suloff (Trailmaster), Karen Reger (Publicity), Tom McCrill (Website Administrator) Tricia Gundlach (Volunteer Coordinator), and Tom Gundlach (AVA Electronic Sanctioning Volunteer)

In Attendance: 24

Meeting

President Wiest called the meeting to order at 6:30pm. There being no additions or corrections to the agenda previously emailed to the Board, the agenda was adopted. New members Terry Cowles and Tim Zimmer introduced themselves. They moved to Madison from Texas. Terry first participated in Volkssporting while in the Air Force.

Meeting Minutes

There being no additions or corrections to the minutes of the membership meeting held on February 12th 2014, they stand approved as previously emailed to the Board.

Treasurer's Report (Diane)

The report was previously emailed to the Board. The report noted income of \$478.00 and expenses of \$1,091.21 since the previous report on March 13, 2014. Current balance is \$1,146.98. Of this balance, \$1,000 is restricted for trips. The report was accepted and filed for audit.

Other Reports

Vice President (Terry)

Terry reported that the next membership meeting on Wednesday, June 11 will be held at Hody's, located at 1914 Aurora St. in Middleton. Following that, the August 13th membership meeting will be a 5K walk/potluck picnic to be held at Lakeview Park in Middleton. Terry has contacted Immanuel Lutheran Church to check the possibility of holding the December membership meeting there. The church is located on Madison's eastside and was the site of the December 2013 membership meeting.

Trailmaster (Don)

Don mentioned that the AVA is trying to coordinate nationwide walking events to start at 10:11AM on December 13, 2014. This sequence of numbers 10/11/12/13/14 will not repeat again for many years. Our club is exploring the possibility of hosting a walk on 12/13/14 to participate in this effort.

In 2015, our club will celebrate its 20th anniversary. Five new counties will be featured in planned 2015 walks.

Volunteer Coordinator (Tricia)

Tricia would like to form a volunteer recognition committee and invited members to join. The committee may meet one or two times. Tricia also mentioned that the North Central Regional Rendezvous on October 3-5, 2014 will require a large volunteer effort to help with food, set-up, and manning the start/finish table.

Website Administrator (Tom McCrill)

One thing the Dairyland Walkers website needs is more pictures! Members are asked to snap pictures on their club walks and email them to Tom McCrill.

Old Business

DLW North Central Regional Rendezvous 2014 – Brief Update

The brochures for the North Central Regional Rendezvous have been mailed. Russ has already started to receive registrations.

Alaska Cruise/Land Package June 2014 (Tom Gundlach)

The group is set to go. There are 24 people doing both the land/cruise package and an additional 2 people will do the cruise portion only. Our club has sanctioned three seasonal walks at Haines, Seward, and Ketchikan. The walks will run from April 1 to December 31, 2014 and are ports of call on the Alaska cruise.

Walking Vacation to Britain (Doug)

This trip is planned for the last week of September/first week of October 2015. The tentative plan calls for flying into Scotland and flying home from London. There should be opportunities to do at least 6 IVV walks. There will be an optional trip extension to Paris.

New Business

DeForest Walk (Mary)

Mary announced plans for a DeForest pre-walk on Friday, April 25 starting at 2PM at Conservancy Commons Park Shelter. Mary also brought copies of the 5K and 10K maps and directions, along with the DeForest AVA stamp. She invited those members unable to walk at either the April 25 pre-walk or April 26 event to register and pick up a map after the meeting.

Speaker: Jack Loud; Sports for Active Seniors

Karen Reger introduced us to Jack Loud, the Vice President of Sports for Active Seniors, or SAS. Jack told us about the history and intent of the club. The club was formed in 1990 for those age 55 and up who like to participate in active, non-competitive sports. There are a number of different sports offered such as biking, walking, tennis, golf, bowling, skiing, and canoeing.

The next Membership Meeting will be held on June 11, 2014, at Hody's Bar & Grill in Middleton. The next special event walk is the DeForest walk on Saturday, April 26, 2014.

Meeting adjourned at 7:20pm

Mary Liebig, Secretary

Attachment C



**MADISON AREA VOLKSSPORT ASSOCIATION
MEMBERSHIP APPLICATION**

Name: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail address: _____

Phone: () _____

Please list names of others in household who wish to be members:

- One-Year Membership \$12.00
 - Extra New Walker Packets _____ x \$5.00 _____
 - Donation * _____
- Total Enclosed: _____

* The Madison Area Volkssport Association (Dairyland Walkers), is a non-profit organization with 501(c)(3) status. All donations are greatly appreciated and are fully tax deductible.

Send completed Membership Application and payment to the Membership Chair:

Tom Doyle
5824 Lochinvars Trail
Marshall, WI 53559-9720

May and June Events (Plus remaining April event)

Note Correction to posting on National AVA Website (below) * Start Times

| | |
|--|--|
| Dates: | 4/26/2014 - 4/26/2014 |
| City / State: | DeForest, WI |
| Event Name: | DeForest Wisconsin Walk |
| Event Type: | Walk |
| Event ID: | 98198 |
| Distance - Trail Ratings: | 10K & 5K - 1A |
| Description: | Both the 5K and 10K routes are mostly on the Upper Yahara River Trail, a 4K trail of 10 foot wide porous asphalt and boardwalk. Much of the trail is in a natural and wooded setting along the Yahara River. The finish to both routes includes a 1.5K stroll through the residential Conservancy Place neighborhood. |
| Amenities: | Strollers: easy Wheelchairs: easy Pets: Yes Restrooms: |
| Special Programs: | Rainbow Color-Named Places |
| Start Times: | 7:45 a.m. to 10:00 a.m. Finish by noon. 9:00 am – 12:00 Noon. Finish by 3:00 pm. |
| Location: | Conservancy Commons Park Shelter |
| Start Point / Driving Directions: | 6822 Yellowwood Lane, DeForest, WI 53582. From I-39/90/94 take exit 131 toward Waunakee. Turn left onto WI-19 West. Travel 1.3 miles & turn right on River Rd. After about 1.5 miles and after passing under the Interstate, turn left to stay on River Rd. Follow River Rd. about 0.5 miles and turn right on Innovation Dr. After 0.5 miles turn right on Yellowwood Ln. and the start point. Ample parking available. |
| Awards & Fees: | IVV Credit Only |
| Comments: | GPS: N43.22140 W89.35534 SPECIAL PROGRAMS INFO: 1. Strolling Somewhere Over the Rainbow - Yellow 2. Walking the USA A-Z - letter D 3. Wisconsin Counties - Dane |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Mary B. Liebig (608) 846-2299 |
| Website: | No Website Listed |
| E-Mail Contact: | mbliebig@charter.net |

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| | |
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| Dates: | 5/17/2014 - 5/18/2014 |
| City / State: | Platteville, WI |
| Event Name: | 3 State Weekend |
| Event Type: | Walk |
| Event ID: | 98200 |
| Distance - Trail Ratings: | 10K & 5K - 2B |
| Description: | The walk will feature the University of Wisconsin-Platteville campus and the historic main street of Platteville. The walk will pass the Mining Museum and view the world's largest "M". |
| Amenities: | Strollers: hard Wheelchairs: NO Pets: Yes Restrooms: Yes |
| Special Programs: | Fraternal Organization, Honoring Our Flag, Main Street, Murals, National Register of Historic Places, Trekking With the Trees |
| Start Times: | 8:00 a.m. to 12:00 noon, finish by 3:00 p.m. |
| Location: | Platteville Chamber of Commerce/Wisconsin Welcome Center |
| Start Point / Driving Directions: | 275 W. Business Highway 151. From US-151, take exit 19 north on Hwy 80/81. At intersection with Business 151, turn left to the start point. Ample parking available. |
| Awards & Fees: | IVV Credit Only |
| Comments: | GPS: N42.72652 W90.47832SPECIAL PROGRAMS INFO:1. Fraternal Organizations2. Honoring Our Flag3. National Register of Historic Places4. Struttin' Down Main Street5. Trekking With the Trees6. Walking America's Murals7. Walking the USA A-Z -Letter P8. Wisconsin Counties - Grant |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Deborah Rice (608) 342-1867 |
| Website: | www.dairylandwalkers.com/walks/event-walks/platteville-wisconsin-walk/ |
| E-Mail Contact: | ricede@uwplatt.edu |

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|--|---|
| Dates: | 6/28/2014 - 6/28/2014 |
| City / State: | Stoughton, WI |
| Event Name: | Lake Kegonsa Walk |
| Event Type: | Walk |
| Event ID: | 98202 |
| Distance - Trail Ratings: | 10K & 5K - 1C |
| Description: | Walkers will loop through the park on numerous trails of various lengths, through native prairies, oak woodlands, and wetlands. Part of the walk is along Lake Kegonsa. |
| Amenities: | Strollers: NO Wheelchairs: NO Pets: No Restrooms: Yes |
| Special Programs: | Lakes and Reservoirs |
| Start Times: | 8:00 a.m. to 12:00 noon, finish by 3:00 p.m. |
| Location: | Upper Picnic Area Shelter, Lake Kegonsa State Park |
| Start Point / Driving Directions: | <p>2405 Door Creek Rd., Stoughton, WI 53589.</p> <p>From Madison: take US-12/18 east past I-90. Turn right on Co Hwy AB. At "T" intersection with Co Hwy MN, turn left. Turn right on Door Creek Rd. Park is at other end of Door Creek Rd on right.</p> <p>From Southeast: From I-90 westbound, take exit 147 (Hwy N - Stoughton & Cottage Grove). Turn left on Co Hwy N toward Stoughton. Turn right on Koshkonong Rd. At "T" intersection, turn left on Door Creek Rd. Park is at the end of Door Creek Rd on right.</p> <p>From Northwest: From I-90 eastbound, take exit 147 (Co Hwy N - Stoughton & Cottage Grove). Turn right on Co Hwy N toward Stoughton. Turn right on Koshkonong Rd. At "T" intersection, turn left on Door Creek Rd. Park is at end of Door Creek Rd on right.</p> <p>From I-94: Take exit 244 (Co Hwy N) and go south on N toward Stoughton, passing through Cottage Grove and passing over I-90. About 0.6 miles south of I-90, turn right on Koshkonong Rd. At "T" intersection, turn left on Door Creek Rd. Park is at end of Door Creek Rd on right.</p> <p>Ample parking available.</p> <p>A PARK ADMISSION STICKER OR DAILY ENTRY FEE IS REQUIRED. DAILY FEE IS \$7 FOR WI LICENSED VEHICLES AND \$10 FOR OUT-OF-STATE VEHICLES.</p> |
| Awards & Fees: | IVV Credit Only |
| Comments: | <p>GPS: N42.97849 W89.22975</p> <p>SPECIAL PROGRAMS INFO:</p> <ol style="list-style-type: none"> 1. Lakes & Reservoirs - Lake Kegonsa 2. Walking the USA A-Z - letter S for Stoughton 3 Wisconsin Counties - Dane |
| Host Club: | Madison Area Volkssport Assn. |
| Contact: | Paula Romeo (608) 835-9626 |
| Website: | www.dairylandwalkers.com/walks/event-walks/lake-kegonsa-walk-stoughton-wisconsin/ |
| E-Mail Contact: | paula2159@charter.net |