

**DAIRYLAND WALKERS MONTHLY MEETING**  
**THE ASSOCIATED BANK**  
**(on Londonderry Drive)**  
**FEBRUARY 6, 2002**

**Officers Present:** Jerry Wilson (Co-President); Russ Crane (Treasurer); Karen Reger (Secretary); Bonnie Hamer (Newsletter Editor), Barbara Borde (Member at Large)

**In Attendance:** 12

**Program**

Barb Borde introduced the Flow Motion Fliers, who gave a demonstration of tai chi. They did several sets of movements, or forms, both individually and with partners. They also did a series of forms using fans. Some gave testimonials as to the benefits of doing this Eastern martial art, which included building bone density, helping with balance, helping with concentration, and being something that seniors are able to do. Club members participated in several movements. A list was passed out giving locations and times for classes that the group's coach teaches.

**Board Meeting Minutes**

Copies of the Board meeting minutes of January 7, 2002, were passed out.

**Treasurer's Report**

Russ gave the Treasurer's Report. As of today, we have a balance of \$872.39. We are not going to have any awards for special events this year, so that will cut out an expense. The newsletter will only come out every other month, requiring more careful planning, but that will also cut down on expenses. Bonnie indicated that the Post Office doesn't really want us to staple our newsletters. Russ also mentioned that he had the frequent walker coupons and the *Starting Points* available at the meeting.

**Snowshoe Event**

Even though there was no snow for this outing on January 27, those who did it said it was a very nice event, good weather being a contributing factor.

**Snowman Shuffle at East Towne Mall**

This will be on February 23, starting from the indoor area by the movie theaters. Ed Reid is going to put a snowman consisting of nine parts (for the nine walking laps) on the back of the start cards, and walkers will check off a part as they complete a lap. He has been busy with publicity, trying to get the word out. The walk has an early start time of 7:00 a.m., and walkers must be finished by noon. Mall management doesn't want us interfering with shoppers. They may give us some handouts, perhaps coupons for the food court, and they are going to furnish a table and chairs. Ed and Bonnie would also like some help at the start of the event.

**Club Event Booklet**

Bruce Dewey agreed to have some more booklets printed (200 to 300 more) as we did not have any extras to give out to people interested in our walks on this particular night. Russ stated that people like to leave these in out-of-state boxes, and the State Tourism Department uptown also is interested in having copies of these.

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## **Bus Trips**

Sign-up sheets for our two upcoming bus trips (to La Crosse and Mackinac) were available. We have a block of rooms in a motel for the Mackinac trip, in St. Ignace. Due to the expense, four people to a room might be a possible option.

## **Future Board Meeting**

The next Board meeting will be held on March 18, at 6:00 p.m., at this same location.

## **General Club Meeting**

The next club meeting will be on April 11, at Madison's main downtown library. It was asked if we're having meetings on different nights, to enable people to come at least some of the time. Jerry indicated that that is being done – to vary the meeting nights, realizing that not all people can make it on a certain night.

## **Stores**

Russ said that he needs to order some more start cards and state bars.

## **Syttende Mai**

Jerry indicated that workers are needed. Kim Stanfill-McMillan is again making the club award. Bruce indicated that last year, he started walking at about a quarter to six, finished the walk, not being crowded, got on the shuttle bus to Madison, and saw the crowd making its way to Stoughton. Ron Moore said that things were better last year on the route – water was available sooner and there was food for participants.

## **Walk Boxes**

Karen mentioned that when she and Russ did the Capitol walk the previous Sunday, there weren't many A awards in the box. Ron Moore said that was also the case when he had done the walk, and thought that there should be more awards what with the nice weather perhaps encouraging people to get out and walk. Ron also mentioned that some of the directions for that walk were a little confusing. Karen indicated she had written some comments on the back of her start card. But people agreed that the new route was more like a 10K should be, and it was a nice walk.

It was mentioned that the East Side and Arboretum walk boxes have a lot of different awards in them, and perhaps we didn't have to have quite that many. Next year all the awards will be B awards. It was pointed out that in looking at the *Starting Point*, many walks throughout the country either have B awards and/or credit only walks.

Russ mentioned that he'd like the walk box coordinators to check on their boxes periodically, every two weeks if possible.

## **Walks**

The Middleton walk has been reversed, and there is an alternative to crossing the water if there has been a lot of rain. One way to vary walks is to do them in the reverse direction – it makes you see things in a different way.

The routes are in good shape, but there is some ice in a few places.

Bruce reported that he had recently done four walks in Hawaii. Ed had done the Biltmore House walk, which he will give a presentation on in June.

The meeting was adjourned at 9:00.

Submitted by Karen Reger.